

Older Adults in Social Housing: A systemically vulnerable population that needs to be prioritized



This policy note describes the characteristics of **older adults living in social housing** in Canada and discusses why they are a **vulnerable, underserved population** in need of immediate attention and priority

Social Housing:

Lower-cost rental housing provided by government, regional, or not-for-profit organizations



Older Adults in Social Housing have



low-income



poor housing conditions



difficulty accessing supports



low health & digital literacy



higher chronic disease risk



poor mental health & social isolation



high emergency utilization



lack of research and tailored programs

Call to Action!

In Ontario, there are **AS MANY** seniors in social housing as there are in long-term care

Governments, policy-makers, and researchers need to support this growing, vulnerable population by dedicating funding, research, and program/resource allocation, that is informed by the demographics, social determinants of health, and needs of this population