

COVID-19 and Social Care Screening for Older Adults in Social Housing: A CP@clinic[®] Adaptation



This study examined a telephone adaptation of the Community Paramedicine at Clinic (CP@clinic) Program during the COVID-19 pandemic for older adults residing in social housing.



Family Medicine



Health Canada

Santé Canada

COMMUNITY PARAMEDICS:



SCREENED FOR:

COVID-19

EMERGENCY PREPAREDNESS

SOCIAL HEALTH FACTORS
(social isolation & food insecurity)

EDUCATED ON:

STAYING SAFE

SELF-ISOLATING

SELF-MONITORING



Participant Characteristics

Average Age
(n=134):
75.6 years

Average
Neighbourhood
Household
Income (n=184):
\$58,995

Social Health Factor Screening by Number of Visits

	Social Isolation	Food Insecurity
Visit 1 (n=168)	43 (25.6%)	9 (5.4%)
Visit 2 (n=65)	17 (26.2%)	2 (3.1%)
Visit 3+ (n=8)	8 (100%)	0 (0%)



FROM COMMUNITY PARAMEDICS' NOTES:

THEME 1: Participant experiences adapting to daily life in the pandemic

Groceries delivered (n=50)

Precautions taken to stay safe (n=61)

Medications delivered (n=30)

Ran their own errands (n=36)

THEME 2: Participant emotional experiences during the pandemic

Good spirits or doing well (n=33)

Boredom (n=6)

Coping with the help of family, friends, and/or church group (n=42)

Feelings of loneliness and/or isolation (n=13)

THEME 3: CP@clinic paramedics supporting participants during the pandemic

Encouraged participant to call when needed (n=7)

Provided tailored COVID-19 safety education (n=18)

Participants appreciated engaging with paramedics (n=11)

Discussed other (non-COVID) health concerns (n=27)



CP@clinic provided paramedics a platform to contact a large number of older adults to increase access to healthcare services and public health information during a time of great health need.

