Perceived value and benefits of the Community Paramedicine at Clinic (CP@clinic) Program: A descriptive qualitative study

**Objective:** To examine participant perceptions of their experience with CP@clinic as well as potential ongoing program benefits.

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**Data Collection**

- **4 CP@clinic Buildings:**
  - Hamilton (2)
  - Guelph (1)
  - York Region (1)
- **Focus Groups**
  - 8-12 Participants
  - Positive & negative feedback
  - How did participants feel
  - Areas for improvement

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**Overarching Themes**

Analysis yielded 6 themes across 2 broad areas

**Personal Benefits for Participants**

- Timely access to health information and services
- Support to achieve personal health goals
- A better understanding of health care system

**CP@clinic Program Structure**

- Created a sense of community
- Provided a comfortable and familiar place to talk about health
- Facilitated communication between health care professionals

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**Participant Views on Community Paramedic Roles**

- Trusted healthcare professional
- Patient advocate
- Emergency expert

**Participant Views on Continued Involvement with CP@clinic**

- Interest in continuing engagement with CP@clinic
- Helpful to focus on personal goals
- Noticed positive changes in health

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**Key Points**

- CP@clinic was successful in creating a supportive and friendly environment to facilitate health behavioural changes.
- Ongoing implementation of CP@clinic would allow residents to continue to build their chronic disease management knowledge and skills.

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