

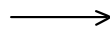
Perceived value and benefits of the Community Paramedicine at Clinic (CP@clinic) Program: A descriptive qualitative study

CP@clinic took place in social housing buildings to support cardiovascular health and diabetes management for older adults. **Community Paramedicine (CP)** is increasingly being used to provide chronic disease management for vulnerable populations in the community.

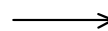
Objective: To examine participant perceptions of their experience with CP@clinic as well as potential ongoing program benefits.

Data Collection

4 CP@clinic Buildings:
 Hamilton (2)
 Guelph (1)
 York Region (1)



Focus Groups
 8-12 Participants



Positive & negative feedback



How did participants feel



Areas for improvement

Overarching Themes

Analysis yielded 6 themes across 2 broad areas

Personal Benefits for Participants

- Timely access to health information and services
- Support to achieve personal health goals
- A better understanding of health care system



CP@clinic Program Structure

- Created a sense of community
- Provided a comfortable and familiar place to talk about health
- Facilitated communication between health care professionals



Participant Views on Community Paramedic Roles

- Trusted healthcare professional
- Patient advocate
- Emergency expert



Participant Views on Continued Involvement with CP@clinic

- Interest in continuing engagement with CP@clinic
- Helpful to focus on personal goals
- Noticed positive changes in health

Key Points



- CP@clinic was successful in creating a supportive and friendly environment to facilitate health behavioural changes.
- Ongoing implementation of CP@clinic would allow residents to continue to build their chronic disease management knowledge and skills.