

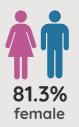


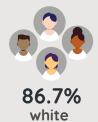
Risk of falls and fear of falling in older adults residing in public housing in Ontario, Canada



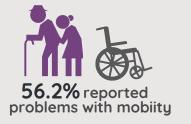
Data collected through assessments as part of the RCT for the CP@clinic Program

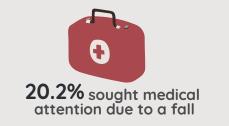














Older adults in social housing are almost TWICE as likely to have an incidence of falls compared to the general older adult population



34.5% experienced a fall in the past year



Daily fruit and vegetable consumption associated with lower risk of having a fall in the past year



38.8% had fear of falling



Alcohol consumption associated with higher risk of having a fear of falling



is a targeted risk assessment program that can be implemented in the community to identify older adults at risk and prevent future falls





