

THE GUT MICROBIOTA'S EFFECT ON SOCIABILITY IN FRUIT FLIES

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THE GUT MICROBIOTA'S EFFECT ON SOCIABILITY IN FRUIT FLIES

By

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## **Lay Abstract**

Many things in our internal and external environments can affect our social behaviours, including our gut microbiome. The gut microbiome could potentially affect social behaviours by interacting with the immune and nervous systems. Research has investigated the link between social behaviours and the gut microbiome in rodents mostly, but fruit flies are simple enough to be useful for this work. We worked with fruit flies to see how the gut microbiome affects sociability, a type of social behaviour that involves non-aggressive interactions with others. We removed the gut microbiomes of developing flies, and evaluated their sociability as adults. At first, we found that females without microbes were more sociable than normal females, but did not see this upon testing again. This difference could have been due to atmospheric and diet variations in the two experiments, and future research should see if these factors can affect social behaviours in flies.

## **Abstract**

Social behaviour is defined as interactions between conspecifics. One facet of it, sociability, involves non-aggression interactions between conspecifics. Little research has investigated the genetics of sociability; more emphasis has been placed on its modulation by the environment. One component of the environment that has been of particular interest is the gut microbiome. Prior research indicates that the gut microbiome likely affects the behaviour of hosts via local manipulation and as an offshoot of metabolic processes, via potential channels including the vagus nerve and the immune system. The effect of the gut microbiome on social behaviour has mostly been investigated using rodent models. Fruit flies would be a useful model, given the simplicity of their gut microbiome and protocols to manipulate to it. There has been insufficient research on gut microbiome modulation of social behaviour in fruit flies (*Drosophila melanogaster*). We investigated the effects of the gut microbiome on adult fly sociability by generating germ-free wild-type flies and raising them on a germ-free food medium. After housing the flies in mixed-sex groups for 72 hours, we scored their sociability using a sociability assay developed in the Dukas lab at McMaster University. We found that germ-free females were more sociable than control females. A follow-up experiment did not confirm this effect. We postulate that this inconsistency in the results may have been due to reasons such as variation in food quality and atmospheric conditions, or a lack of robustness in the effects of microbes on sociability. Future work in this area would benefit from access to better-regulated microbial work facilities, and should focus on simulating environmental variation in diet and atmospheric conditions to discern its impacts on fly social behaviour.

## **Acknowledgements**

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## Table of Contents

Descriptive Note	ii
Lay Abstract	iii
Abstract	iv
Acknowledgements	v
Table of Contents	vi
List of Figures and Table	vii
List of all Abbreviations and Symbols	viii
Declaration of Academic Achievement	ix
INTRODUCTION	1
CHAPTER 1: EFFECT OF GUT MICROBIOTA ON SOCIABILITY IN FLIES	17
1.1 Experiment 1a: Does removing the gut microbiota affect the sociability of flies?	17
1.2 Experiment 1b: Can we confirm the observed difference in sociability between control and axenic female flies?	31
DISCUSSION	34
REFERENCES	41

**List of Figures and Tables**

Figure 1: Sociability arena schematic.	26
Figure 2: Sex differences in sociability scores of treatment and control flies.	30
Figure 3: Sociability scores of female treatment and control flies.	33

### List of all Abbreviations and Symbols

Abbreviation:	Meaning:
ASD	autism spectrum disorder
AR	axenic room
CH	cuticular hydrocarbon
CVS	chronic variable stress
DGRP	<i>Drosophila</i> Reference Panel
dom	dominant
eAA	essential amino acid
ENS	enteric nervous system
GWAS	genome-wide association study
LB	Luria-Bertani
MFHD	maternal high-fat diet
MRD	maternal regular diet
NAR	non-axenic room
NOD	non-obese diabetic
PCR	polymerase chain reaction
qPCR	quantitative polymerase chain reaction
rRNA	ribosomal ribonucleic acid
SCFAs	short-chain fatty acids
sub	submissive
UV	ultraviolet
VFA	volatile fatty acid
VPA	valproic acid

### **Declaration of Academic Achievement**

I, Rajat Bhargava, was responsible for all microbial work, the majority of the behavioural work, all statistical analysis, and the academic writing. Reuven Dukas provided significant input on the experimental design, and significant feedback on all academic writing. Jianping Xu provided significant input on the microbial aspect of the experimental design, and contributed feedback that helped shape the final written thesis. Ben Evans and Ian Dworkin helped provide feedback that was useful for the final written thesis. Undergraduate students Aldruen Pates, Yatharth Patel, Andrew Roth, and Harmil Kalia greatly assisted with setup and observation on test days of experiments.

1 **INTRODUCTION**

2 **Introduction to social behaviour**

3 Social behaviour, which is defined broadly defined as interactions between conspecifics,  
4 has attracted attention across a plethora of species for many decades (Tinbergen 1953;  
5 Barnett 1958; Kruuk 1976; McGuire & Raleigh 1987; Heinrichs & Domes 2008;  
6 Anderson 2016). A vital facet of social behaviour is sociability, which is defined as the  
7 non-aggressive interactions between conspecifics. Examples of this include traveling in a  
8 group, roosting together, or feeding together (Scott et al. 2018).

9 **The genetic and environmental impact on sociability**

10 Prior research has investigated the genetic component of sociability in various species.  
11 Bralten et al. (2021) performed a genome-wide association study (GWAS) of sociability  
12 based on social functioning-oriented questions from adult humans (*Homo sapiens*) in the  
13 UK biobank. Through genetic correlation analyses, they looked at the genetic associations  
14 between their sociability scores and psychiatric disorders. They determined that  
15 population sociability's variation has a significant genetic component, and it is pertinent  
16 to various psychiatric illnesses. Petelle et al. (2015) determined the genetic variances of  
17 four characteristics-sociability, docility, activity, and exploration, in a wild-type  
18 population of yellow-bellied marmots (*Marmota flaviventris*). These traits showed  
19 significant additive genetic variance, and activity and sociability were positively  
20 correlated. Lee et al. (2021) disturbed and then restored expression of the Autism  
21 Spectrum Disorder (ASD)-associated gene *Shank3* in adult male mice (*Mus musculus*).

22 Restoration of *Shank3* in the medial prefrontal cortex resulted in improved sociability  
23 (assayed as a mouse's preference for an unfamiliar conspecific as opposed to a novel  
24 inanimate object) over a period of 5-8 weeks. Scott et al. (2018) developed novel arenas  
25 to assay sociability in fruit flies (*Drosophila melanogaster*), and found significant genetic  
26 variation in sociability in both sexes, and genetic variation in social plasticity amongst  
27 different genetic hybrid lines. They followed this up by artificially selecting on sociability  
28 in fruit flies (Scott et al. 2022), and found that after selecting for 25 generations, the high-  
29 sociability lineages had sociability scores about 50% higher than those of the low-  
30 sociability lineages. These lineages showed no differences in mating success, and an  
31 absence of relaxed selection after ten generations indicated no cost to maintaining high  
32 and low sociability. There is still a dearth of knowledge regarding the genetic  
33 underpinnings of sociability.

34 Prior research has also investigated the effect of the environment on sociability.  
35 Tönissaar et al. (2008) used Sprague–Dawley rats (*Rattus norvegicus*) with high and low  
36 sociability to study the effects of chronic variable stress (CVS) on sociability. Cold water,  
37 tail pinch with a clothespin, etc. were the applied stressors. After three weeks, high  
38 sociability rats exposed to CVS showed lessened intake of sucrose in comparison with the  
39 baseline, suggesting that chronic exposure to stress makes highly social entities more  
40 easily anhedonic. Trezza & Vanderschuren (2008) were interested in seeing the effects of  
41 cannabinoid agonists on social play behaviour in adolescent male Wistar rats (*Rattus*  
42 *norvegicus*). Their results indicated that cannabinoid neurotransmission can both enhance  
43 and inhibit social play in adolescent rats, depending on how the endocannabinoid system

44 is stimulated. Campolongo et al. (2018) found that mice exposed to valproic acid (VPA)  
45 during gestation, and later reared with VPA mice, engaged in less play as juveniles and  
46 less frequent social interaction as adults. Interestingly, these behavioural modifications  
47 were not observed for VPA mice reared with control mice. Their results support the  
48 notion that social enrichment during early life can restore sociability in a mouse ASD  
49 model. Hewlett et al. (2018) similarly found evidence for early social enrichment and its  
50 benefit on sociability. Western honey bees (*Apis mellifera*) showed impairment in their  
51 sociability due to early adulthood isolation, but isolated bees even up to the age of six  
52 days exposed to their hive for the period of a day recovered significant sociability.

### 53 **Evolutionary theory of parasitic manipulation and the gut microbiome**

54 An aspect of the environment that has become a hotbed for research is the gut  
55 microbiome. The gut microbiome is increasingly being understood to influence brain  
56 physiology and behaviour, and studies are starting to show how it can affect the central  
57 nervous system (CNS) through a conceptualized bidirectional gut microbiome-brain axis  
58 (Davidson et al. 2020). The idea of microbes as parasites that are capable of manipulating  
59 host behaviour at the global level is widely accepted. The proponents of this idea cite  
60 examples such as ants infected with *Ophiocordyceps* or *Pandora* fungi leaving behind  
61 their maternal nesting area to perish in areas that are most conducive to fungal spread  
62 (Andersen et al. 2009; Csata et al. 2021), flies infected by the fungus *Entomophthora*  
63 *muscae* moving to elevations promoting fungal sporulation and dying there soon  
64 thereafter (Elya et al. 2022), or the protozoan *Toxoplasma gondii* eliciting a decreased  
65 aversion of rodents towards cat odours (Vyas et al. 2007). Johnson and Foster (2018)

66 provide compelling evidence against this line of thinking, by applying evolutionary  
67 theory of parasitic manipulation and host-symbiont interactions to the microbiome. They  
68 posit that influences on host behaviour via manipulation of functions at the local level and  
69 as a by-product of microbial metabolism are more plausible than host level behavioural  
70 manipulation. I will cover their main points here.

71         The evolution of the manipulation of host behaviour at a global level is only  
72 expected to occur in the absence of other competing non-manipulative microbial strains in  
73 the gut microbiome - which would reap the benefits of the manipulation without any  
74 costs, unlike the manipulative bacteria strain - and when the benefits of host manipulation  
75 outweigh the costs of manipulation (Johnson & Foster 2018). Such conditions are not  
76 likely to occur (Vickery & Poulin 2010). The evolution of costly manipulation  
77 mechanisms is not favoured when a microbial strain competes with other strains, as these  
78 will hinder the strain's ability to survive in the gut niche (Johnson & Foster 2018).

79         The local manipulation explanation for how the microbiota affects host behaviour  
80 says that symbiotic microbes are naturally selected to manipulate their immediate gut  
81 surroundings in a way that has salient benefits for them, and this in turn influences the  
82 host's CNS and behaviour as a side effect. A potential mechanism for how this may work  
83 is local modifications to the host's enteric nervous system (ENS), which could then affect  
84 the host's behaviour via correspondence between it and the CNS (Rao et al. 2016). The  
85 immune system and autonomic nervous system are extensively connected (Kenney &  
86 Ganta 2014), and so it is possible that microbial effects on the immune system could lead  
87 to behavioural alterations. Local manipulation seems more evolutionarily plausible than

88 global manipulation of host phenotypes, but still, there is a simpler explanation for how  
89 microbes can affect the behaviour of the host.

90         The simplest explanation for how microbes manipulate host behaviour is that they  
91 create by-products through their regular metabolic activities, which can initiate a cascade  
92 that ultimately affects the host behaviour (Johnson & Foster 2018). Examples of such  
93 metabolites are short-chain fatty acids (SCFAs), which can elicit immune responses  
94 (Corrêa-Oliveira et al. 2016), interact with the ENS and induce secretions (Mirzaei et al.  
95 2021), etc. Another plausible explanation for host behaviour changes as they relate to the  
96 effects of microbes is what is known as ‘evolved dependence’, which states that hosts that  
97 evolve alongside a symbiotic microbe may come to rely on it in terms of their  
98 physiological functioning (Weinersmith & Early 2016). In the absence of particular  
99 microorganisms, host physiology may be compromised, leading to effects on behaviour  
100 (Johnson & Foster 2018).

101

### 102 **Physiological mechanisms underlying the bidirectional gut-brain axis**

103 Sarkar et al (2020) uses Johnson and Foster (2018)’s line of thinking, and expands by  
104 thoroughly discussing available research on the actual physiological mechanisms that  
105 mediate the bidirectional gut-brain axis. Sylvia et al. (2018) also proposes potential  
106 mechanisms for this. I will briefly cover some of their main points here, supplementing  
107 them with additional studies that I found in the literature. There is a burgeoning literature  
108 indicating the immune system as being a potential channel through which the gut  
109 microbiota interacts with the brain. Bailey et al. (2011) for instance presented a social

110 stressor to CD-1 mice, and found an increase in interleukin-6 (IL-6), which was  
111 associated with stressor-induced changes in some bacterial genera. Antibiotic use  
112 significantly reduced the number of bacteria in the mice, as well as prevented the increase  
113 in IL-6. Agranyoni et al. (2021) performed selective breeding using the Sabra outbred  
114 mice strain to generate dominant (dom) and submissive (sub) mice, and transferred their  
115 gut microbiomes to male Swiss Webster mice using fecal transplantation. They found an  
116 uptick in numerous adipokines in both sub mice and germ-free mice that received the sub  
117 fecal transplant, in comparison to dom mice and germ-free mice that received the dom  
118 fecal transplant. They also found that germ-free/sub mice adopted the anti-social  
119 characteristics of sub mice. The upregulation of adipokines in both sub and germ-free/sub  
120 mice provides support for the role of the gut microbiota in adipocyte inflammation, which  
121 may affect social behaviours.

122         The vagus nerve has been suggested as a facilitator of gut microbiota brain cross-  
123 talk. Studies like Sgritta et al. (2019), where a vagotomy (vagus nerve removal)  
124 eliminated benefits of a probiotic, lend credence to this idea. The gut microbiota could be  
125 affecting the social brain by regulating signalling molecules. Microbial metabolites such  
126 as SCFAs can modulate the activity of host cells that produce signalling molecules, or  
127 microbes can directly activate signalling molecules (Sarkar et al. 2020). An example of  
128 such molecules would be glucocorticoids. Glucocorticoids can cross the blood-brain  
129 barrier, and germ-free (axenic) rodents have shown increased levels of corticosterone  
130 when exposed to stress in comparison to controls (Crumevolle-Arias et al. 2014). There  
131 is evidence for the gut microbiota also modulating the signaling of a neuropeptide

132 hormone often associated with sociability, oxytocin. Desbonnet et al. (2015) for instance  
133 found that antibiotic use in mice reduced hypothalamic oxytocin levels. Sgritta et al.  
134 (2019) interestingly found that treatment of *Shank3*-knockout mice with *Lactobacillus*  
135 *reuteri* increased oxytocin expression in the paraventricular nucleus. Buffington et al.  
136 (2016) also interesting found the same result as Sgritta et al. (2019), in the offspring of  
137 mothers on a high-fat diet.

138           Another mechanism through which the microbiome could be affecting behaviour  
139 is olfaction, in what can be called the microbiome-olfaction-behaviour pathway. The  
140 fermentation hypothesis posits that olfactory cues are bacterial metabolites that are used  
141 for chemical communication (Archie & Theis 2011). Bacteria make many odourants.  
142 Since there is the understanding that bacterial products can function as signalling  
143 molecules that directly or indirectly elicit behavioural change, there is a dire need to  
144 include olfaction into studies of the gut-brain axis (Bienenstock et al. 2018). Theis et al.  
145 (2013) sequenced the bacterial communities in pastes (scent markings) of wild spotted  
146 and striped hyenas (*Crocuta crocuta*). They found that the hyena pastes were teeming  
147 with odour-producing fermentative bacteria, and bacterial communities there had  
148 structures that covaried with volatile fatty acid (VFA) profiles (the main constituents of  
149 pastes) in the pastes. As well, the spotted and striped hyenas had different VFA and  
150 bacterial profiles, and these profiles varied with the sex and reproductive status of spotted  
151 hyenas occupying the same group. This study supports the fermentation hypothesis.  
152 Grieves et al. (2021) looked at the preen oil chemical composition and preen gland  
153 bacterial composition in song sparrows (*Melospiza melodia*). Bird body odour mostly

154 consists of preen oil. They found that the preen oil's chemical makeup differed across  
155 populations and between sexes. They also found population differences but no sex-based  
156 variations in the microbial community structure of the preen gland. There was no  
157 association between preen gland microbiota and preen oil chemicals overall. This study  
158 does not corroborate the fermentation hypothesis. As Sarkar et al. (2020) notes, overall,  
159 there is little and often conflicting evidence regarding physiological pathways that  
160 mediate microbial contributions to host social behaviours. More well-designed  
161 experiments to elucidate these physiological links are required.

162

163 **Effect of the gut microbiome on social behaviour in rodent models and other**  
164 **animals**

165 The effect of the gut microbiome on social behaviour has mostly been investigated using  
166 rodent models thus far. Three of the most common laboratory techniques used in  
167 conducting this research are the use of pharmacological reagents (such as antibiotics,  
168 probiotics, and prebiotics), germ-free (axenic) models, and microbiota fecal  
169 transplantation. These are covered in detail elsewhere (Sarkar et al. 2018). Mice studies  
170 have shown that axenic mice display deficits in sociability (Hsiao et al. 2013; Desbonnet  
171 et al. 2014; Stilling et al. 2018; Buffington et al. 2016), which microbiota re-integration  
172 can partially restore (Stilling et al. 2018; Buffington et al. 2016). A study by Arentsen et  
173 al. (2015) interestingly found that an absence of the gut microbiome actually increased  
174 sociability in adult male mice; it should be noted that these researchers speculate the  
175 discrepancy between their results and prior literature to be potentially due to the particular

176 strain of the stimulus mice used in their three-chamber social approach test. Some studies  
177 have looked at the impact of parental diet of rodents on the gut microbiome of offspring,  
178 along with their social behaviour. Buffington et al. (2016) created maternal high-fat diet  
179 (MFHD) C57Bl6/J mice offspring, by feeding mothers with high-fat diets. These  
180 offspring showed reduced preference for social novelty and sociability. Since mice  
181 exchange gut microbiota via the fecal-oral route (Ridaura et al. 2013), they co-housed  
182 MFHD offspring with MRD (maternal regular diet) offspring for about 4-5 weeks, and  
183 interestingly found that these MFHD mice exhibited normal sociability and preference  
184 social novelty. Gacias et al. (2016) worked with two genetically different mouse strains,  
185 non-obese diabetic (NOD) mice and C57BL/6 mice. They found that daily administration  
186 of vehicle (dH<sub>2</sub>O) in NOD mice made them socially avoidant. Transfer of gut microbiota  
187 from NOD mice that underwent vehicle administration to recipients treated with  
188 antibiotics made them socially avoidant, and led to their microbiota having an abundance  
189 of *Clostridiales*. Afroz et al. (2021) worked with C57Bl/6 mice and found that a high salt  
190 parental diet reliably altered the gut microbiome of offspring. It also resulted in ASD-like  
191 behavioural abnormalities in adult male mice, including increased hyperactivity,  
192 increased repetitive behaviours, and reduced sociability. Fecal microbiota transplantation  
193 with rodents has been used in the context of investigating other aspects of social  
194 behaviour as well. Agranyoni et al. (2021) found that adult mice that share closely related  
195 genetic backgrounds but exhibit a distinct social characteristic of dominance or  
196 submissiveness possess significantly different gut microbiota compositions, which  
197 correspond to their social behaviours. The role of the gut microbiome in shaping social

198 behaviour was corroborated by a follow up fecal microbiota transplantation experiment,  
199 during which a single transplantation from submissive donor mice caused axenic mice to  
200 adopt submissive behavioural patterns. Watanabe et al. (2021) found that axenic BALB/c  
201 mice were more aggressive than controls, and transplanting control mice feces in 0-week-  
202 old germ-free mice significantly reduced their aggression.

203         The effect of the gut microbiome on social behaviour has been investigated in  
204 other species as well. Perofsky et al. (2018) looked at Verreaux's sifaka (*Propithecus*  
205 *verreauxi*), a type of lemur, and found that a social group's more gregarious individuals  
206 have more diverse gut microbiota. Supplementation of honey bees with *Lactobacillus* and  
207 *Bifidobacterium* increased eusocial cooperative behaviours (Alberoni et al. 2018). Sylvia  
208 et al. (2017) used Siberian hamsters (*Phodopus sungorus*) to investigate the effects on  
209 social behaviour of administering a broad-spectrum antibiotic over a short period of time.  
210 They found that a single antibiotic treatment markedly reduced aggression in females.  
211 Cusick et al. (2022) used Siberian hamsters to look at interactions between maternal stress  
212 and maternal microbiome manipulations on offspring social behaviour. They found that  
213 female offspring pertaining to stressed mothers exhibited elevated aggression in  
214 comparison to control female offspring, whereas males showed no difference in  
215 comparison to control male offspring. The combination of stress and antibiotic use  
216 yielded interesting results, where female offspring showed similar levels of aggression to  
217 control female offspring, and male offspring showed slightly more aggression than  
218 control offspring. The alteration of the maternal microbiome modulated prenatal stress  
219 effects in a sex-specific manner evidently.

220

221 **The effects of social behaviours and social environments on the gut microbiome**

222 The bidirectionality of the gut-brain axis implies that social behaviour can initiate a

223 cascade that affects the gut microbiota. Some research has indeed looked at the

224 microbiome-social behaviour relationship in the opposite direction, where social

225 behaviour may affect the gut microbiome. It should be noted that this research is often

226 correlational, making it difficult to say anything definitive. Antwis et al. (2018)

227 performed social network analysis and 16s ribosomal ribonucleic acid (rRNA) gene

228 amplicon sequencing in Carneddau Welsh mountain ponies (*Equus ferus caballus*). They

229 found that social interactions, such as stallion-mare and mother-offspring interactions,

230 spatial structuring, and network ties affect the composition of the gut microbiome.

231 Individuals in this species impact each other's gut microbiome, and ultimately also

232 impact that of the entire group. Tung et al. (2015) looked at two social groups, comprising

233 wild adult yellow baboons (*Papio cynocephalus*) from the Amboseli ecosystem in

234 southern Kenya. They found that an individual baboon's microbiome composition were

235 predicted by membership in a given social group, as well as its contacts in a grooming-

236 based social network. Since the two social groups lived in a homogenized environment

237 and had a shared diet, researchers were able to exclude diet as the reason for the

238 association between social proximity and gut microbial composition. Their findings

239 suggest that social interactions of groups are crucial for the transmission of gut

240 microbiomes between members of the same group. Amaral et al. (2017) placed mother-

241 reared infant rhesus monkeys (*Macaca mulatta*) in small social groups, and found there to

242 be homogenization of their gut microbiota within 2 weeks. Microbial communities were  
243 more similar within peer groups than across groups. Moeller et al. (2016) looked at  
244 Kasekala chimpanzees (*Pan troglodytes*) from Gombe, Tanzania, and found that gut  
245 microbiomes of the chimpanzees were more homogenized during seasons of increased  
246 sociability. They also found that regular social interaction yielded increased diversity  
247 within individual microbiomes. Taken together, their results indicate that social behaviour  
248 may play a role in the generation of the gut microbiome in this species, and in the  
249 maintenance of the richness of microbial species. Kwong et al. (2017) collected bees at  
250 several sites around the world, and found that five central gut bacterial lineages exist in  
251 corbiculate bees (*Hymenoptera: Apidae*)-a clade consisting of pollinators- the acquisition  
252 of which aligned with the appearance of their eusociality. Their results indicate that  
253 vertical transfer of microbes through social contact may have had a pivotal role in shaping  
254 the corbiculate bee microbiome over the clade's evolutionary history.

255         Some studies have found a negative association of social behaviour with the gut  
256 microbiome. Raulo et al. (2018) worked with red-bellied lemurs (*Eulemur rubriventer*) to  
257 see if gut microbiome was associated with various social factors, including individual  
258 sociability, group membership, and social network position. They found that social  
259 network position and group membership predicted gut microbiota composition, but  
260 surprisingly there was a negative correlation between the diversity of the gut microbiome  
261 and individual sociability. Powell et al. (2018) and Copeland et al. (2022) both looked at  
262 queen bees in Western honey bees, and found counterintuitively that deficient social  
263 environments led to increased gut microbiome size and diversity. Their results undermine

264 the importance of the social environment for maintaining the diversity of the gut  
265 microbiome, but nonetheless point towards social behaviour possibly affecting the gut  
266 microbiome.

267

268 **The case for fruit flies as a model for studying the effects of the gut microbiome on**  
269 **social behaviour**

270 To date, non-human studies looking at the effects of the gut microbiome and social  
271 behaviour have focused on mostly rodent models (Sherwin et al. 2019). Our  
272 comprehension of how microbes interact and affect social behaviour is limited by our use  
273 of a select few animal models, and other model organisms should be considered. Soares et  
274 al. (2019) suggest the use of fish models like zebrafish to look at the bidirectional  
275 relationship between the gut microbiome and social behaviour. The gut microbiome of  
276 fish is instrumental in the innate immune response (de Bruijn et al. 2018), and exhibits  
277 shifts in its composition over the course of development (Shin et al. 2015). The  
278 limitations with using fish models for this research is that living in aquation conditions  
279 could increase the possibility of microbial contamination through the water (Soares et al.  
280 2019). Insects present intriguing models, as they vary markedly in terms of the attributes  
281 of their gut microbiome, as well with regards to how sociable they are (Liberti et al.  
282 2020). There is a host of insect literature that points towards microbes affecting odour  
283 profiles to impact conspecific social interactions and chemical signaling (Wada-  
284 Katsumata et al. 2015; Venu et al. 2014; Sharon et al. 2010; Aguilera-Olivares et al.  
285 2016), which further makes insects an intriguing prospect. Fruit flies emerge as a viable

286 simple animal model that can be used in gut microbiome research. Relative to mammals,  
287 this simple system allows for unambiguous methodology to alter the gut microbiome, and  
288 ascertain the function of individual microbial strains. Axenic fruit flies growing on  
289 nutrient-rich media can persist for many generations, and likely indefinitely. In contrast,  
290 experimentation with axenic roundworms (*Caenorhabditis elegans*) and zebra fish (*Danio*  
291 *rerio*) (other simple animal models) is usually confined to the larval stage, as roundworms  
292 require bacteria to fully develop, and zebra fish axenic protocols are costly (Douglas  
293 2019). This, alongside recent discovery of stable colonizing microbial strains in fruit flies  
294 (Ludington & Ja 2020) makes the fruit fly an intriguing model for gut microbiome  
295 research.

### 296 **Gut microbiome research in fruit flies**

297 Gut microbiome research with fruit flies has investigated topics including the role of the  
298 gut microbiome in locomotion and activity modulation (Schretter et al. 2018; Selkrig et  
299 al. 2018), its effects on memory (Silva et al. 2021), sleep (Selkrig et al. 2018; Silva et al.  
300 2021), olfaction-based foraging (Wong et al. 2017; Qiao et al. 2019), physiological  
301 changes during aging (Ren et al. 2007; Clark et al. 2015; Lee et al. 2019) and in the  
302 modeling of various neurodegenerative diseases (Feltzin et al. 2019; Wu et al. 2017;  
303 Westfall et al. 2019; Kong et al. 2018).

304 The research on the gut microbiome and social behaviour in fruit flies is still  
305 scarce however. Venu et al. (2014), like Qiao et al. (2019) and Wong et al. (2017), looked  
306 at the role of the gut microbiota in olfactory-guided food decision-making, but looked at  
307 it through the lens of social attraction. They found evidence for fruit flies relying on larval

308 microbiome-derived volatile metabolites for attraction to profitable food patches found at  
309 long distances. Research has looked at the role of the gut microbiota in the mating of fruit  
310 flies. Lizé et al. (2014) looked at kin selection in three species of *Drosophila*, one of  
311 which was monandrous, another one lived in dense aggregations, and another one was a  
312 food generalist species. They wanted to know whether relatedness, familiarity, and food  
313 eaten during development modulated copulation investment in the three species. In the  
314 food generalist species, they found that the food consumed during development  
315 effectively masked true kin recognition. Food type affected copulation duration, and  
316 antibiotic treatment eliminated this effect, indicating the influence of the gut microbiota.  
317 Leitão-Gonçalves et al. (2017) looked at the effects of commensal bacteria on  
318 reproduction in fruit flies, and found that commensal bacteria provision reversed  
319 decreased reproduction due to essential amino acid (eAA) deprivation. Sharon et al.  
320 (2010) found an influence of commensal bacterial on fruit fly mating preferences.  
321 Depending on which diet the fly was raised (starch or corn-molasses-yeast), they showed  
322 a mating preference that continued for many generations. Antibiotic treatment removed  
323 this preference, indicating that it was facilitated by the gut microbiota. Further infection  
324 experiments with microbes from fly media before antibiotic treatment confirmed this.  
325 Analysis of cuticular hydrocarbon (CH) profiles in antibiotic treated and untreated flies  
326 indicated that the gut microbiota could be affecting the levels of sex pheromones. Najarro  
327 et al. (2015) successfully replicated the diet-induced mating preferences observed in  
328 Sharon et al. (2010) using a different fruit fly strain.

329           Some studies have shown contradictory results regarding the effects of the gut  
330 microbiome on social behaviours in fruit flies. Microbiota-based alterations in mating  
331 were reported in some studies (Sharon et al. 2010; Najarro 2015), but not others  
332 (Leftwich et al. 2017; Selkrig et al. 2018). Chiang et al. (2022) note that these studies all  
333 used different wild-type flies and had different methods for generating the axenic  
334 condition, which may have caused a variety of consequences on the host and led to these  
335 inconclusive results. Rosenberg et al. (2018), a letter from individuals involved in the  
336 work of Sharon et al. (2010), pointed out that while Leftwich et al. (2017) published a  
337 properly controlled, sufficiently powered experiment trying to replicate the work of  
338 Sharon et al. (2010), they may have failed to reproduce the mating preference results  
339 because they switched from 0.1% methyl paraben in the media used before the  
340 experiment to 0.3 % methyl paraben in the media during the experiment. They note that  
341 in their own work they found that methyl paraben essentially eliminates mating  
342 preference when it is present in too high concentrations. Other contradictory results can  
343 be seen with regards to aggression. Grinberg et al. (2022) found that antibiotic-treated  
344 male flies had heightened aggression (Grinberg et al. 2022), whereas Jia et al. (2021) found  
345 that axenic male flies showed a decrease in it (Jia et al. 2021). Grinberg et al. (2022)  
346 speculate that this discrepancy in results could be due to the procedure applied to remove  
347 fly microbes, facility-related effects on wild-type fly microbiomes, and differences in  
348 behavioural tests. Interestingly, there is evidence that *Wolbachia* infection can increase  
349 aggression in male flies (Rohrscheib et al. 2015). Another study (Arbuthnott et al. 2016)  
350 looked at the effect of *Wolbachia* infection of female attractiveness, and did not find a

351 significant effect. They note that it is imperative for studies to have proper controls, as if  
352 they did not have uninfected, antibiotic-treated lines in their assay, they would have  
353 incorrectly declared an effect of *Wolbachia* on female attractiveness.

## 354 **CHAPTER 1: EFFECT OF GUT MICROBIOTA ON SOCIABILITY IN FLIES**

### 355 **1a. Does removing the gut microbiota affect the sociability of flies?**

#### 356 **Rationale**

357 There is an evident lack of research on the effects of the gut microbiome on social  
358 behaviour in fruit flies. In particular, there is a dire need to investigate how the gut  
359 microbiome affects sociability. This would give us a better informed evolutionary  
360 ecological perspective on how sociability can evolve and be maintained, and give us  
361 greater insight into underlying causes for deficiencies in sociability. Chen et al. (2019)  
362 did look at something that appears to be sociability, which they label as ‘direct social  
363 contact’. Their protocol involved placing two same-sex flies into different layers of a two-  
364 layer chamber, with a plastic transparent barrier in place until the 20 minute direct social  
365 contact assay started. They then derived a direct social contact index, which provided a  
366 measure of the proportion of the total observation period that the two flies spent in direct  
367 contact with each other. Their protocol only looked at only two males or females at a  
368 time. Scott et al. (2022) used a sociability arena protocol that allows for the interaction of  
369 multiple same-sex flies at a time, which we find to be more ecologically valid. The  
370 protocol of Chen et al. (2019) also seems to have no clear metric for determining what  
371 constitutes close social proximity, whereas for Scott et al. (2022) the determination is

372 clear: flies in the same compartment are in close social proximity to each other. We  
373 wanted to focus our investigation on the effects of the gut microbiome on fruit fly  
374 sociability. We used the protocol of Venu et al. (2014) for creating axenic fruit flies, and  
375 a sociability selection arena protocol from Scott et al. (2022) to test this. We used a fly  
376 population sourced from wild-caught female flies from Hamilton, Ontario in 2018.

### 377 **Protocol:**

378 The procedure for creating the axenic cultures was adapted from Venu et al. (2014) and  
379 Brummel et al. (2014), along with insight from Silva et al. (2021) regarding when to set  
380 up axenic and control treatments. This procedure involves dechoriation, which removes  
381 the chorion (outer protective layer of the egg). Emerging larvae feed on the chorion and  
382 ingest the microbes on it, generating the basis of their microbiome. This is why it is  
383 imperative to remove the chorion to create truly axenic flies (Bakula 1967). The  
384 procedure for setting up and running the sociability test was adapted from Scott et al.  
385 (2018, 2022). We ran a total of five replicates.

### 386 **Setting Up Vials for Axenic Flies**

#### 387 *Preparing and Storing Stock Solutions for Antibiotics and Antifungals*

388 We prepared stock solutions with concentrations of 4.16 mg/mL, 10.40 mg/mL, 2.60  
389 mg/mL, 5 mg/mL, and 104.00 mg/mL for ampicillin, chloramphenicol, fluconazole,  
390 benomyl, and methyl paraben respectively. With the exception of ampicillin, which we  
391 dissolved in double distilled water, we dissolved everything in 100% ethanol. Before  
392 mixing and dissolving, we added the solvent for each stock solution to an autoclaved

393 glass container using a graduated cylinder. Once we added the solutes and mixed and  
394 dissolved them in their respective solvents, we used 45  $\mu\text{m}$  single-use syringes and filters  
395 to sterilely add the stock volumes to new autoclaved glass containers. We stored the  
396 methyl paraben and fluconazole stock solutions at room temperature, the chloramphenicol  
397 and benomyl stock solutions at 2-8  $^{\circ}\text{C}$  in a refrigerator, and the ampicillin stock solution  
398 in a -20  $^{\circ}\text{C}$  freezer.

#### 399 *Preparing Antibiotic-Free LB Agar Plates*

400 We used 15 mm diameter petri dishes. The concentration of Luria-Bertani (LB) broth and  
401 agar in the LB agar solution was 25 g/L and 18g/L respectively. We autoclaved the LB  
402 agar solution in a glass Pyrex container using a stir bar. After this, under a laminar flow  
403 cabinet with its blower turned on, we poured approximately 10 mL of the LB agar  
404 solution to each petri dish. We allowed the plates to dry overnight in the laminar flow  
405 cabinet before refrigeration at 2-8 degrees Celsius.

#### 406 *Sterilizing Equipment (Up Until Dechoriation)*

407 We carefully sterilized equipment (plastic vials, brushes, fly mesh, etc.) up until the  
408 dechoriation stage using ethanol and ultraviolet (UV) irradiation before use. We rinsed  
409 almost everything with 70% ethanol, and allowed it to dry briefly. During that time, we  
410 wiped a level II biosafety cabinet down with 70% ethanol and cleaned it using UV  
411 irradiation for 15 minutes. After this, we placed the equipment in the level II biosafety  
412 cabinet and exposed it to UV radiation for 15 minutes. We were careful to avoid looking  
413 directly at the UV radiation, or exposing any skin to it.

414 ***Preparing Axenic Food***

415 *This was the same as the regular protocol for making standard food in the Dukas lab at*  
416 *McMaster University, Canada, with some modifications.*

417 We prepared standard food (1 % w/v agar powder, 7.5% w/v cornmeal, 9% w/v  
418 sucrose, 3.2% w/vol baker's yeast (*Saccharomyces cerevisiae*)) in a glass Pyrex container  
419 placed on a hotplate. We used a whisk to break up any clumps, and a spatula to stir  
420 evenly. This needed to be stirred well to evenly distribute the yeast and to break up any  
421 clumps. Once we had added these ingredients by the 50 °C mark, we autoclaved the  
422 solution. During this time, we sterilized the spatula and thermometer using ethanol and  
423 irradiated with UV light for 15 minutes under a level II biosafety cabinet. At the  
424 conclusion of 30 minutes, we transferred the solution to a laminar flow cabinet and used a  
425 thermometer to observe it cooling to 50 degrees Celsius. When it reached this point, we  
426 used a 1000 µL micropipette to add antibiotics (2 g/L methylparaben, 10 mg/L  
427 fluconazole, and 5 mg/L benomyl) and antifungals (50 mg/L ampicillin and 20 mg/L  
428 chloramphenicol) to the food. We stirred the food thoroughly to make sure the antibiotics  
429 and antifungals were homogeneously spread throughout it. Immediately after this (to  
430 prevent over-cooling and solidification), we transferred the food to about 16 autoclaved  
431 glass vials in increments of roughly 10 mL/vial.

432 We exposed the vials to the blower in the biosafety cabinet for approximately four  
433 hours prior to dechorionating, to get rid of excess moisture.

434 ***Setting Up Egg-Laying + Retrieving Bottles***

435 We set up bottles with standard food at around 9 p.m., creating grid pattern markings in  
436 the center that were about 2 mm deep into the food (this encourages egg-laying around  
437 the edges). We added one bottle to each cage of the focal wild-type population. At around  
438 9 a.m. the next morning, we removed the bottles from their cages.

439 ***Checking for Contamination in the Axenic Vials***

440 Before dechoriation, we spot checked for contamination by swabbing the food in a few  
441 sample axenic vials and plating on agar LB plates.

442 ***Dechoriation + Checking to See if it Worked***

443 We cut down each bottle, so that the exterior plastic was only slightly above the level of  
444 the food inside. This simulated working with a petri dish.

445 We sterilized equipment as described before in "Sterilizing Equipment (Up Until  
446 Dechoriation)". We transferred everything over to a laminar flow cabinet and turned on  
447 the blower. We added distilled water to the surface of the bottle and gently wiped with a  
448 sterilized paintbrush to suspend the eggs. We then poured the slurry over the center of a  
449 mesh held over a waste container to collect the eggs.

450 We placed the center of the mesh with the eggs over a sterilized container, and  
451 poured 90 mL of a 2.7% sodium hypochlorite solution (two times diluted industrial grade  
452 bleach) through the mesh gently. We let the eggs soak in the solution for two minutes to  
453 remove the chorion from the embryo. We used sterilized forceps to gently dip the center

454 of the nylon mesh (with the eggs) in and out of the solution periodically (to resuspend the  
455 eggs) over the course of these two minutes.

456 We then set up a funnel over a waste container. We placed the center of the mesh  
457 into the funnel. We used 90 mL of distilled water twice and 90 mL of 70% ethanol twice  
458 to wash the eggs. Using a sterile brush, we transferred the eggs to the axenic vials in the  
459 laminar flow cabinet. We transferred 40-60 eggs to each axenic food vial. We left one  
460 axenic food vial without eggs and used it to spot test for contamination via plating at this  
461 point; we observed the LB plate over the course of 1-2 days to confirm that the food was  
462 axenic. We capped each vial (including the axenic food vial without eggs) with an  
463 autoclaved foam plug after we had added eggs to it. Once we had set up the vials, we  
464 transferred them to a clear plastic container designated for the axenic flies, with  
465 conditions of 25 °C, 50% relative humidity, and a 12:12 hour (regular) light:dark cycle.

#### 466 **Setting Up Vials for Control (Xenic) Flies**

467 We did the egg-laying for the control flies approximately 48 hours after that for the  
468 axenic flies, based on the insight from Silva et al. (2021) that axenic flies reliably eclose  
469 36-48 hours after control flies. Sterilization using ethanol and UV was not imperative  
470 here, like it was for setting up axenic fly vials.

#### 471 ***Preparing Standard Food***

472 This was the same as the protocol for preparing axenic food, except we added no  
473 antibiotic reagent, and the only antifungal reagent we added was methyl paraben.

474 ***Setting Up Egg-Laying + Retrieving Bottles***

475 This was the same as the protocol for axenic flies.

476 ***Rinsing with Distilled Water***

477 We cut the bottles so the plastic was slightly above the level of the food medium. We  
478 added double distilled water to the surface, and used a brush to suspend the eggs. We then  
479 poured the slurry over a mesh held over a waste container to collect the eggs. We inserted  
480 the mesh inside a funnel, and washed into the waste container with four rounds of double  
481 distilled water.

482 We then transferred the eggs using a brush to the standard food vials at a density  
483 of 40-60 eggs/vial. We left one standard food vial without eggs and used it to set up a  
484 positive control plate at this point; we inspected the LB plate over the course of 1-2 days.  
485 We capped all vials (including the standard food vial with no eggs) with foam plugs, and  
486 transferred them to a clear plastic container designated for the control flies, with  
487 conditions of 25 °C, 50% relative humidity, and a 12:12 hour (regular) light:dark cycle.

488 ***Plating and Sexing Axenic and Control Flies***

489 We spot tested via plating from the two axenic and control vials set up without eggs. We  
490 observed these over the course of 1-2 days to confirm that the axenic food did not have  
491 microbial contamination and that the standard food was a proper positive control.

492 We discarded any axenic flies that eclosed less than 36-48 hours later than the  
493 time it took for control flies to eclose. This means that legitimate axenic flies and control

494 flies should have eclosed around the same time. We used a few flies from each axenic fly  
495 vial with an equal sex ratio (Heys et al. 2018) to prepare homogenates on LB agar plates.  
496 We observed them over the course of 1-2 days to check for any microbial growth, which  
497 would indicate microbial contamination in particular vials, rendering them unusable. We  
498 also prepared homogenates using a couple of flies with equal sex ratio from each control  
499 fly vial, to set up positive control plates.

500           When the axenic and control flies eclosed, we cleared them and sexed them under  
501 a laminar flow cabinet within 8 hours of clearing. We sexed them on ice, using a petri  
502 dish and a paint brush that we had sterilized using ethanol and UV irradiation. We  
503 transferred 10 axenic males and 10 axenic females to each of ~ 14 new axenic food vials  
504 (extra vials set up to account for potential fly mortality or escape). We transferred 10  
505 standard males and 10 standard females to each standard food vial. Interestingly, we  
506 consistently observed that the axenic flies took on average a minute and a half less than  
507 the control flies to knock out during ice exposure. We then transferred the vials to  
508 designated plastic containers with conditions of 25 °C, 50% relative humidity, and a 12  
509 hour: 12-hour light:dark cycle for approximately 72 hours.

#### 510 **Preparation for Test**

511 12 hours before the 72-hour housing period had finished, we made axenic food and  
512 control food at a thickness of 1 mm in petri dishes sterilized using ethanol and 15 minutes  
513 of UV light exposure. We left these to dry using the blower of a level II biosafety cabinet

514 for 1.5 hours, before capping them with their covers and putting them in a refrigerator at  
515 2-8 degrees Celsius.

516         A few hours before the 72-hour housing period had finished, we sterilized the  
517 sociability arenas, aspirators, spatulas, Tupperware containers, and metal stands that we  
518 used during the testing by using ethanol and 15 minutes of UV light exposure. Each  
519 Tupperware container was large enough to fit a metal stand that would hold sociability  
520 arenas on its horizontal surface. An hour before the 72-hour housing period had finished,  
521 we prepared an orange juice + yeast solution (3g yeast/100 mL), by autoclaving the  
522 orange juice and mixing the yeast into it under a laminar flow cabinet after it had cooled  
523 to 50 °C. We poured the solution over the food in petri dishes in a laminar flow cabinet so  
524 that a thin layer covered the food, and left it to refrigerate for a short time.

### 525 **Sociability Arenas**

526 The sociability arenas were 3D printed circular dishes that were 37 mm wide and 5 mm  
527 high. They had eight compartments, divided by thin walls that had 5 mm wide and 3 mm  
528 high openings. The arenas were capped with a Petri dish cover with a 3 mm hole. A  
529 schematic of a sociability arena is provided in figure 1.

530

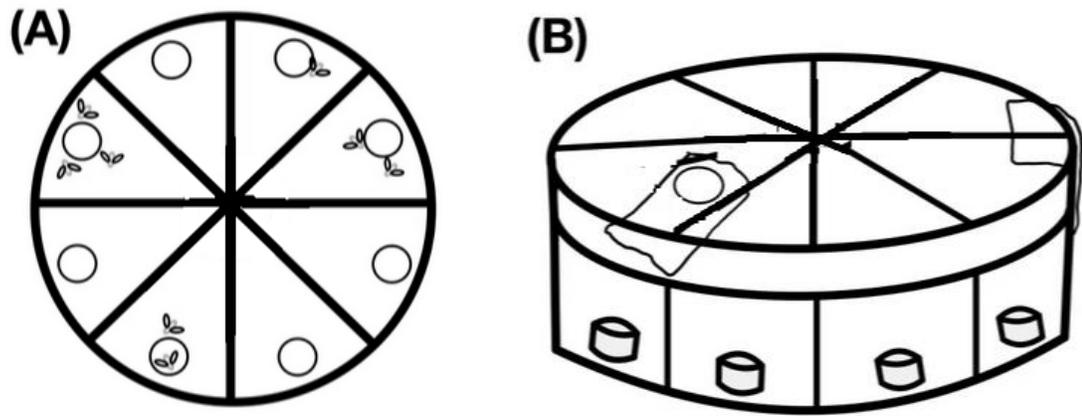
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538 **Figure 1:** Diagrams of sociability arena. A) Top view without any lid. Circles represent  
539 food patches. B) Side view with a lid taped down on both sides (one piece of tape covers  
540 the opening in the lid through which flies are added).

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547 **Test**

548 72 hours after we had transferred the flies to their individual housing conditions, we set  
549 up the sociability arenas. We created circular food patches 5 mm in diameter, and added  
550 one to each compartment in each sociability arena using a spatula. We added a thin piece  
551 of tape to two opposing sides of each arena's lid, to make sure that the lid did not shift  
552 after we added the flies. The individual adding the flies used scent-free mouthwash to try  
553 to reduce any transference of bacteria from them to the flies while aspirating. We placed  
554 the arenas on a metal rack with a flat surface, which we placed inside a large Tupperware  
555 container. We then placed a sterilized container filled with double deionized water below  
556 the metal rack, to maintain approximately 50% relative humidity. The relative humidity  
557 of the room where we ran our tests fluctuated day to day based on external atmospheric  
558 conditions, and thus the amount of water required to maintain a relative humidity of about  
559 50% in the container varied between different test days.

560 We left the flies in their arenas for a 1.5-hour acclimation period, with the lid  
561 placed on top of the Tupperware container. After this, we observed how many flies were  
562 in each compartment at the start of a 1.5 observation period and every 10 minutes  
563 thereafter.

564 In this experiment, the total sample size for each of the four treatments was 30  
565 arenas. There were no fly mortalities or escapes from the arenas during the tests.

566 **Data Processing and Statistical Analysis**

567 We used the observation values to calculate a sociability score based on an  
568 aggregation index, as done by Scott et al. (2018, 2022). The sociability score is equal to  
569 variance/mean. A score of zero would represent the lowest possible score, a score of one  
570 would mean that there is a random distribution, and a score of eight would represent the  
571 highest possible sociability score. We then averaged the data for each arena across the  
572 entire 1.5-hour observation window.

573 We used R (version 4.2.0; R Core Team 2022) to conduct the statistical analyses.  
574 We used the ‘DHARMA’ R package (version 0.4.6; Hartig & Hartig 2022) to make  
575 diagnostic plots, and constructed a linear mixed effect model using the ‘lmer’ function of  
576 the ‘lme4’ package (version 1.1-31; Bates et al. 2015). ‘Treatment’, ‘sex’, and the  
577 interaction between them were treated as fixed effects, ‘sociability score’ was the  
578 response variable, and ‘box number’, ‘day’, and ‘arena number’ were random effects.  
579 The “lmerTest” R package (version 3.1-3; Kuznetsova et al. 2017) was used to extract t-  
580 values and p-values from the linear mixed effect model. We used the ‘emmeans’ function  
581 of the ‘emmeans’ R package (version 1.8.2; Lenth 2022) to conduct pairwise comparisons  
582 between the different groups. The emmeans function uses the Tukey method to adjust p-  
583 values for multiple comparisons (Lenth 2022). We used the ‘ggplot2’ package (version  
584 3.3.6; Wickham 2016) to create a boxplot.

585

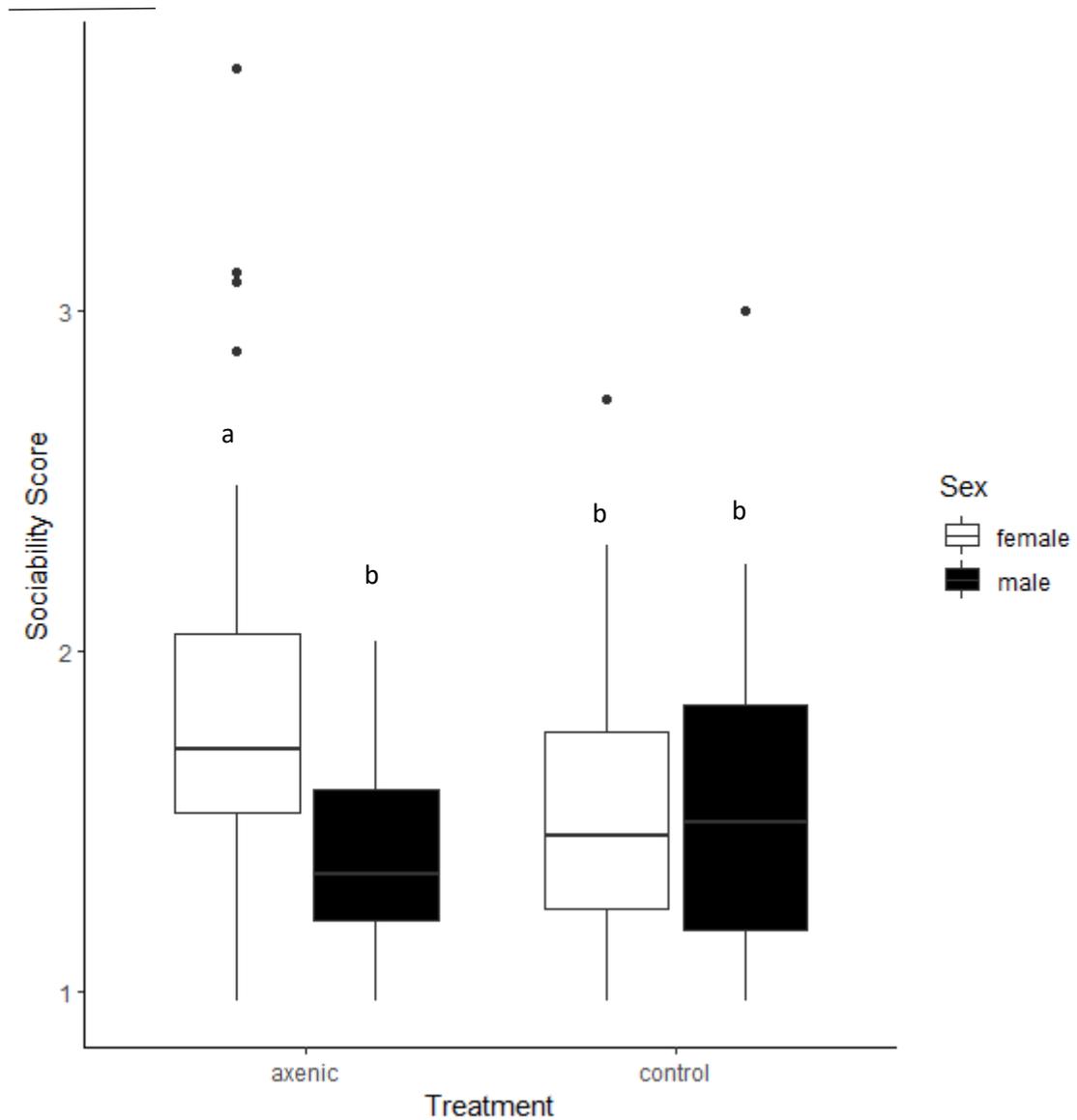
586 **Results:**

587 We found a main effect of treatment, where axenic flies unexpectedly had higher  
588 sociability scores than control flies ( $t_{(111)}=2.660$ ,  $p<0.01$ ; Fig. 2). There was also a main  
589 effect of sex, where females had higher sociability scores than males ( $t_{(110)}=3.900$ ,  $p$   
590  $<0.001$ ; Fig. 2). There was also an interaction between treatment and sex ( $t_{(111)}=2.655$ ,  
591  $p<0.01$ ; Fig. 2). Adjusting for multiple comparisons, axenic females were more sociable  
592 than axenic males ( $t_{(110)}= 3.900$ ,  $p<0.001$ ; Fig. 2), control females ( $t_{(111)}= 2.660$ ,  $p <0.05$ ;  
593 Fig. 2), and control males ( $t_{(107)}= 2.806$ ,  $p<0.05$ ; Fig. 2).

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598 **Figure 2:** Boxplot of the sociability scores for arenas with axenic females (N=30 arenas),  
599 axenic males (N=30 arenas), control females (N=30 arenas), and control males (N=30  
600 arenas). The measure of centrality depicted here is the median sociability score. The  
601 letters about the whiskers indicate which groups are statistically different or not  
602 statistically different from each other.

603 **1b. Can we confirm the observed difference in sociability between control and**  
604 **axenic female flies?**

605 **Rationale:**

606 We needed to see if the difference between control and axenic females in our first  
607 experiment could be verified by running a follow up experiment. The sample size for the  
608 control and axenic control female treatments was 30 arenas in the first experiment. To  
609 rule out there being a significant effect owing to a low sample size, we needed to run  
610 another experiment where the sample size for the control and axenic control female  
611 treatments would be higher.

612 **Protocol:**

613 We ran five replicates again. The protocol here was the same as it was for the first  
614 experiment, with some alterations. We switched to a different brand of baker's yeast, as  
615 there was no longer any available supply of the brand we used in the first experiment. We  
616 transferred eggs to 32 control vials and 32 axenic vials instead of 16 control vials and 16  
617 axenic vials. The reason for this was that we intended to use twice as many females in our  
618 experiments than in the prior experiment.

619 We still added 10 males and 10 females to each vial to remain consistent with the  
620 first experiment. Thus, during the tests, we still released both males and females to fly  
621 cages that we aspirated females from during arena set up. We had to be careful to  
622 regularly remove males from the fly cages, to avoid a prolonged male-biased sex ratio for

623 the axenic or the control flies, which could have affected the female flies and confounded  
624 our results.

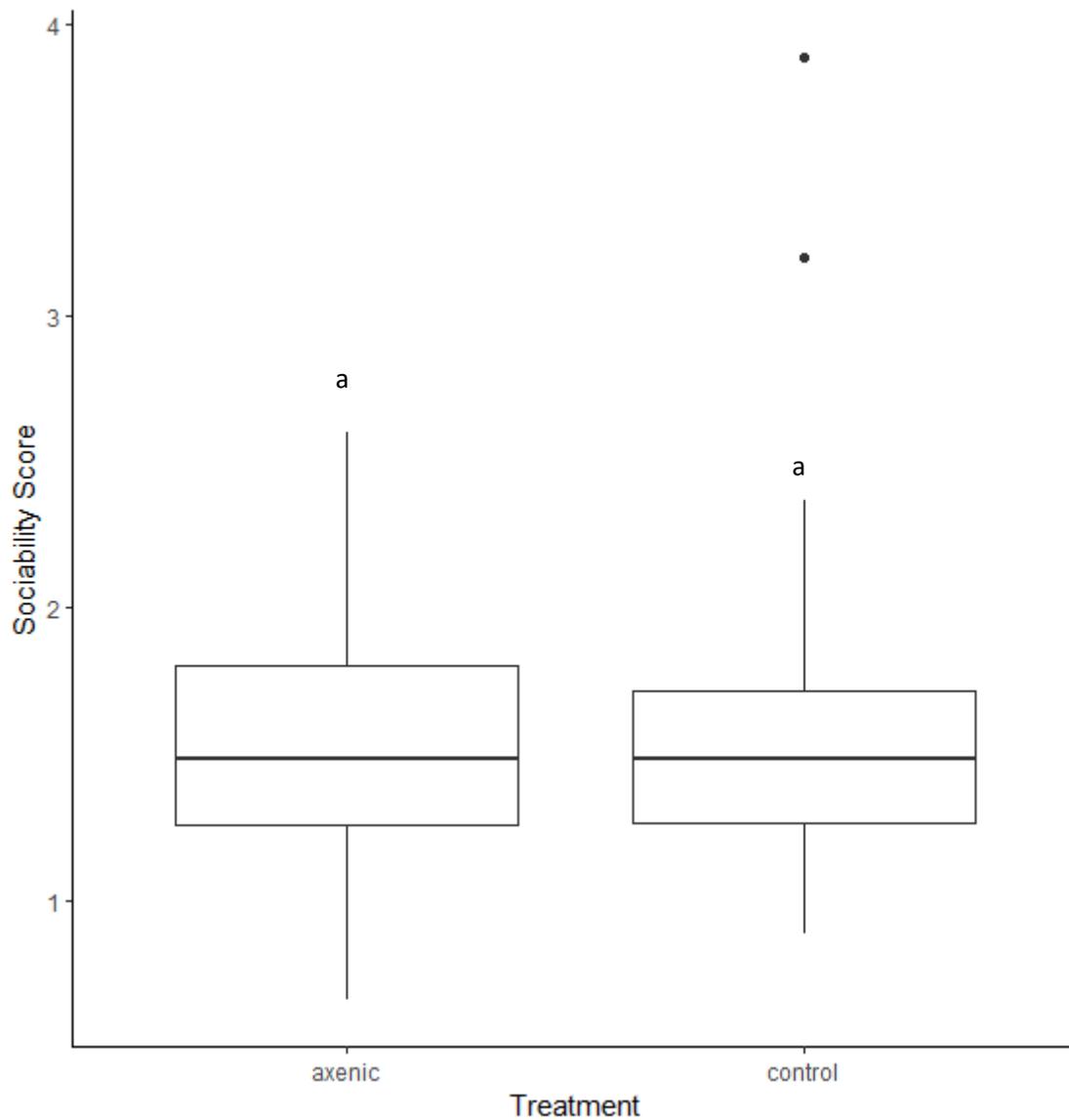
625 We should note there was an inordinate amount of mortality with the first  
626 replicate, but we still ran the test as we had enough females to run it. During the second  
627 replicate's test, flies in arena #19 escaped before the end of the observation period. For  
628 this reason, the total sample size for the control treatment was 59 arenas instead of 60.  
629 The total sample size for the axenic treatment was 60 arenas.

630 In terms of statistical analysis, we did things as we did for the first experiment, but  
631 did not include 'sex' as a fixed effect in our linear mixed model. We also did not use the  
632 emmeans package to conduct pairwise comparisons.

633 **Results:**

634 We did not see a significant difference between the axenic treatment and control  
635 treatment ( $t_{(111)} = 0.701$ ,  $p = 0.485$ ; Fig. 3).

636



637

638 **Figure 3:** Boxplot of the sociability scores for arenas with axenic females (N=60 arenas)  
639 and control females (N=59 arenas). The measure of centrality depicted here is the median  
640 sociability score.

641

642

643 **DISCUSSION**

644 **Sociability in males versus females**

645 In our first experiment, we found that there was a main effect of sex, where females were  
646 more sociable than males. This effect was driven by the axenic females group, as control  
647 females did not show greater sociability in comparison to control males (Fig. 2). The  
648 difference between axenic females and males is subject to further experimentation, where  
649 we need to increase the sample size and see if the difference still holds up. Prior literature  
650 is mixed on the sex difference in sociability between males and females. Seltsman et al.  
651 (2019) found that in semi-captive Asian elephants (*Elephas maximus*), males tended to  
652 live in less social family units than females. Scott et al. (2018) looked at 60 *Wolbachia*-  
653 free fruit fly lines from the *Drosophila* Reference Panel (DGRP), and Scott et al. (2022)  
654 generated artificial selection lineages from approximately 600 wild-type fruit fly females  
655 caught in Hamilton, Ontario. They both found that males have higher sociability scores  
656 than females. Looking at rodent studies that have actually investigated the link between  
657 the gut microbiome and sociability, only Desbonnet et al. (2014), Hsiao et al. (2013), and  
658 Afroz et al. (2021) looked at both males and females, and they found no differences in  
659 sociability between the two sexes. Buffington et al. (2016) and Stilling et al. (2018) only  
660 looked at males. ASD is more prevalent in males than females (Werling & Geschwind  
661 2013), and thus much of the literature using rodents as ASD models to explore potential  
662 links between the gut microbiome and markers of ASD like reduced sociability only use  
663 males. There is no clear picture of how the sociability of males compares to that of  
664 females across all species; future research using animal models to study ASD should

665 make a concerted effort to look at both males and females, to help shed light on potential  
666 sex differences with regards to sociability.

667

### 668 **Possible explanations for the lack of treatment effect in follow-up experiment**

669 In our first experiment, we found that axenic females were more sociable than control  
670 females (Fig. 2). Upon expanding the sample size in our second experiment, we did not  
671 find this difference between axenic females and control females (Fig. 3). Although we are  
672 not sure about why there was this discrepancy in our results, there are some possibilities  
673 to consider. One potential explanation for this is the phenomenon of regression to the  
674 mean, where there is a tendency for measurements following extreme measurements to be  
675 closer to the mean (Barnett et al. 2005). The axenic females mean sociability score in the  
676 first experiment could have been an extreme result attributable to the sample size of 30  
677 arenas in the first experiment, which regressed towards the mean in the second  
678 experiment as the sample size was increased twofold.

679 Another possibility could be due to a change in the diet between the two  
680 experiments. As mentioned earlier on, we had to switch to another brand of baker's yeast  
681 during the second experiment. Douglas (2018) discusses the contradictory results of Fast  
682 et al. (2018). Fast et al. (2018) formed gnotobiotic flies - meaning their microbiota was  
683 removed and then selected microbes were introduced in a controlled manner - with  
684 various bacteria in their *Drosophila* cultures. This study had some unanticipated results  
685 based on prior literature, one of which was flies bearing *L. plantarum* - a probiotic that

686 has shown beneficial effects on growth rates in fruit fly larvae and juvenile mice before  
687 (Storelli et al. 2011; Schwarzer et al. 2016) - dying early than axenic flies. Douglas  
688 (2018) explains that the results of Fast et al. (2018) fit into the trend of inconsistent  
689 results between different studies, and posits that these inconsistencies are context-  
690 dependent: it depends on diet, bacterial strain, genotype, etc. For our experiments, there is  
691 a possibility that the two utilized baker's yeast brands differed in the quality of their  
692 strains, and thus there were contradictory results between the two experiments. Other  
693 literature has looked at the effects of yeast quality in fruit flies. Grangeteau et al. (2018)  
694 looked at the effects of different qualities of baker's yeast added to juvenile diet on adult  
695 life traits. They found that juvenile diets modulated adult survival, food preference,  
696 cuticular pheromones, and mating behaviour. With mating behaviour being a social  
697 behaviour and the evidence for cuticular pheromones being involved in the gut-brain axis,  
698 it would not be unfeasible for yeast quality to influence sociability. This is subject to  
699 further investigation.

700 Another possibility is that there was atmospheric variation during the time of  
701 testing between the first and second experiment, and the effect of the gut microbiota on  
702 fly sociability is not robust enough to be maintained regardless of surrounding conditions.  
703 As mentioned earlier on, the humidity outside varied between different test days, and this  
704 affected the humidity in the lab space where we conducted the sociability tests. This  
705 caused us to vary the amount of water added inside of the plastic containers containing  
706 the sociability arenas, in order to maintain a relative humidity of 50% inside of the  
707 container. In some cases, no water was added to the container, and in some cases, a lot

708 more than normal was added. One possibility with future investigations is to buffer  
709 against extreme atmospheric conditions by raising the flies under more extreme  
710 conditions. Bublik et al. (2013) worked with a different species of fruit fly (*Drosophila*  
711 *simulans*) than the one we worked with, investigating how different combinations of  
712 humidity and temperature affect resistance in adults. They found that flies that were  
713 exposed to combined heat and humidity stress were able to effectively generate plastic  
714 responses to improve tolerance to both stresses. This may be worth experimenting with in  
715 future gut microbiota-behavioural work with *Drosophila melanogaster*, to see if the  
716 behaviour of flies reared under more extreme conditions is less affected under extreme  
717 atmospheric conditions.

#### 718 **Microbial workspace-related limitation**

719 There was another limitation aside from the ones already discussed. We tried to determine  
720 the gut microbiota makeup in the control and axenic flies, to confirm that the axenic  
721 manipulation worked. We did reliably see a development delay - as described in Silva et  
722 al. (2021) - where flies from the axenic treatment took two days longer to eclose than flies  
723 from the control treatment, as well as a difference in incapacitation time between the  
724 axenic and control treatment while sexing on ice. But still, a quantitative means of  
725 confirming that the axenic treatment worked was required. We intended to use adult  
726 axenic and control flies collected from our second experiment to do intestine extraction,  
727 microbial DNA isolation, and subsequent polymerase chain reaction (PCR) amplification  
728 using the protocol provided by Fink et al. (2013). However, potentially owing to ongoing  
729 microbial work with soil in the microbiology facility we had access to, we had issues with

730 contamination and were not able to complete this work. In the future, it would be ideal for  
731 us to work in the absence of surrounding microbial work. Not only this, but it would be  
732 ideal for us to work exclusively in what is known as an axenic room (AR). An axenic  
733 room ensures maximum sterility in the surrounding environment as opposed to a non-  
734 axenic room (NAR), which is what we were working in. Lebeuf et al. (2021) looked at  
735 microbial loads in cages housing mice over two weeks in an AR and a NAR. They found  
736 that AR management protocol led to a microbial load that was 1000 times lower than that  
737 found in the NAR. They also found that the proportion of bacteria sourced in the  
738 environment was significantly higher in NAR samples than AR samples; this could be  
739 due to things such as differences in air circulation. Evidently, working in an AR facility  
740 going forward would not only reduce contamination of developing axenic flies, but also  
741 reduce contamination issues with subsequent microbial quantitative PCR (qPCR).

#### 742 **Prospects**

743 Our work adds to an existing body of literature investigating the effects of the gut  
744 microbiome on social behaviour, that has contradictory results and lacks clarity. Future  
745 investigations should simulate atmospheric variation in a controlled manner, and see how  
746 it affects behavioural assays in gut microbiome-social behaviour research. Aside from  
747 this, there is much more to be explored in this field of research. Our observation that  
748 axenic flies knocked out on ice faster than control flies calls for further inquiry through  
749 proper experimentation. Other literature has found that the gut microbiome affects the  
750 tolerance of temperature in fruit flies. Henry and Colinet (2018) found that axenic flies  
751 recovered more slowly from a chill coma protocol, and had lower survival upon cold

752 exposure than control flies. They did not find evidence for heat tolerance being affected  
753 by gut microbiome removal. A study in *Drosophila subobscura* however found that  
754 control flies that underwent mild heat exposure showed higher thermal tolerance than  
755 axenic flies (Jaramillo et al. 2021). Looking at rodents, Harshaw et al. (2022) worked  
756 with C57BL/6 mice and found that maternal antibiotic treatment of mothers produced  
757 offspring that were significantly less active in response to cold than the offspring of  
758 mothers from the control treatment. Investigation of the effects of cold exposure on  
759 incapacitation time in fruit flies would help contribute to the gut microbiome-thermal  
760 resistance literature.

761 Further investigations on the effect of the gut microbiome on sociability in fruit  
762 flies and other species should place a greater importance on looking at the repeatability of  
763 sociability. Consistent inter-individual variation in sociability is a facet of the variation in  
764 personality amongst animals (Gartland et al. 2022); it is thus important to look at if  
765 differences in sociability can be maintained over a period of time. Strickland & Frère  
766 (2018) looked at the repeatability of sociability in a natural population of Eastern water  
767 dragons (*Intellagama leseurii*), and found that males showed significant repeatability  
768 across the years, while females did not. It would be interesting to look at sex differences  
769 in the repeatability of sociability in axenic fruit flies, in extension to the result in our first  
770 experiment that axenic females are more sociable than axenic males. We could look at  
771 sociability in axenic fruit flies over several generations, or even investigate it over the  
772 course of an axenic fly's lifetime. Sociability could be measured during larval  
773 development, and also later on at different timepoints post-eclosion. This would of course

774 be challenging, considering repeated behavioural measurements over time increases the  
775 chances of microbial contamination, but it is still worth considering.

776         Much work remains to be done with sociability in general. One potential avenue  
777 to further our understanding of it involves looking at the effects of the winner-loser effect  
778 on sociability in fruit flies. The winner-loser effect can be described as a higher chance of  
779 a winner winning an ensuing social conflict, and a loser losing an ensuing social conflict,  
780 regardless of what the opponent's identity is (Dugatkin 1997). Nakajo et al. (2020)  
781 created loser zebrafish (*Danio rerio*) that underwent repeated social defeat. Using a social  
782 preference test, they assayed sociability. They found no clear change in sociability in  
783 defeated zebrafish after the social defeat paradigm. Krishnan et al. (2007) however found  
784 evidence for reduced sociability in mice subjected to chronic social defeat. It would be  
785 interesting to combine the winner and loser generation protocol from Filice & Dukas  
786 (2019) and the sociability assay from Scott et al. (2022) to see how winning or losing  
787 affects sociability in fruit flies.

788

### 789 **Concluding remarks**

790 In conclusion, we found a main effect for sex in our first experiment, where females were  
791 more sociable than males. This was facilitated by the significant difference between  
792 axenic females and males, and there was no difference between control females and  
793 males. We also found a main effect for treatment in our first experiment, where axenic  
794 flies were more sociable than control flies. In our follow-up experiment where we tried to  
795 confirm the difference in sociability between axenic females and control females by

796 increasing the sample size, we did not detect the same difference. Our results contribute  
797 to existing literature looking at the effects of the gut microbiome on social behaviours,  
798 where results are often contradictory. Future research should focus on how environmental  
799 variation in diet and atmospheric conditions can affect social behaviours in flies.

800

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