The Community Paramedicine at Clinic (CP@clinic) Program

Developed, researched, and implemented by the McMaster Community Paramedicine (MCP) Research Team. Director: Dr. Gina Agarwal, Professor

The CP@clinic Program is an innovative and evidence–based program to address the high 911 call rate and high needs of the vulnerable population of older adults living in social housing.

PARTICIPANT BENEFITS

40.5% of participants who had high blood pressure had normal blood pressure after attending CP@clinic

79% of participants were at a high risk for diabetes

15% of them dropped in risk category in 6 to 12 months

QALY

Participants who attended CP@clinic had significant increases in Quality-Adjusted Life Years (QALYs) with gains between 0.05–0.15

The quality of life of participants who attended CP@clinic significantly improved in self-care, ability to engage in usual activities, and pain and discomfort.

HEALTHCARE BENEFITS

For every $1 spent on the CP@clinic Program, the Emergency Care System sees $2 in benefits.

Net savings per social housing resident:

CP@clinic Program has been shown to significantly reduce 911 EMS calls by approximately 20%

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