# MINIMAL IMPORTANT DIFFERENCE TO INFORM

# PATIENT-REPORTED OUTCOME MEASURES

# REPORTING, CREDIBILITY, AND ESTIMATION OF ANCHOR-BASED MINIMAL IMPORTANT DIFFERENCE FOR PATIENT-REPORTED OUTCOME MEASURES

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# ABSTRACT

Patient-reported outcome measures (PROMs) are becoming an integral part of healthcare decision making. Clinical trials, systematic reviews, and clinical practice guidelines incorporate them to learn about the effect of medical interventions in patients' health status, without interference or mediation from clinicians or proxies. The use of these types of measures, however, is not without challenges. In particular, the complexity of the PROMs makes it difficult for patients, clinicians, and researchers to fully grasp the extent to which a treatment effect is negligible or trivial, small but important, moderate, or large. One of the most documented ways to address this issue is the use of the minimal important difference (MID), the smallest change in a PROM, either beneficial or harmful, that patients would perceive as important. A patient-oriented way to determine this threshold is the estimation of an anchor-based MID, where PROM results are compared against an external independent criterion -the anchor- that is in itself understandable and relevant for patients. This dissertation is an effort to facilitate the identification, evaluation, and utilization of MID estimates for PROMs. First, this thesis describes the development and reliability assessment of a new instrument to determine the credibility of primary studies ascertaining MID estimates, Second, it describes the conduct of a systematic survey to inform the creation of an inventory of all available anchor-based MIDs in the medical literature until 2015. Third, it reports an analysis of the state of the art of current MID estimates from a reporting and credibility perspective. Finally, this work concludes with a summary of the main results, presentation of strengths and limitations, and insights related to the implications for future research.

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<sup>&</sup>lt;sup>1</sup> Sambunjak D, Straus SE, Marusic A. A systematic review of qualitative research on the meaning and characteristics of mentoring in academic medicine. J Gen Intern Med. 2010 Jan;25(1):72-8

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<sup>&</sup>lt;sup>2</sup> Bastian B, Jetten J, Ferris LJ. Pain as social glue: shared pain increases cooperation. Psychol Sci. 2014 Nov;25(11):2079-85

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# LIST OF ABBREVIATIONS

Abbreviation	Definition
APPADL	Ability to Perform Physical Activities of Daily Living Questionnaire
BMJ	British Medical Journal
CIHR	Canadian Institutes of Health Research
CI	Confidence Interval
CONSORT	Consolidated Standards of Reporting Trials
CINAHL	Cumulative Index of Nursing and Allied Health Literature database
ECOG	Eastern Cooperative Oncology Group
EQ-5D	EuroQol Five Dimensions Questionnaire
EQUATOR	Enhancing the Quality and Transparency of Health research
FACT-B	Functional Assessment of Cancer Therapy-Breast Cancer
FDA	Food and Drug Administration
GRADE	Grading of Recommendations Assessment, Development and Evaluation
GROC	Global rating of change
HAQ	Health Assessment Questionnaire
HRQoL	Health-related quality of life
ICMJE	International Committee of Medical Journal Editors
JCE	Journal of Clinical Epidemiology
KOOS	Knee injury and Osteoarthritis Outcome Score
MID	Minimal important difference
NRS	Numerical rating scale
NSAID	Non-steroidal anti-inflammatory drugs
OA	Osteoarthritis
ODI	Oswestry Disability Index
OHIP-20	20-item oral health impact profile
OKS	Oxford Knee Score
PASS	Patient acceptable symptom state

PRISMA	Preferred Reporting Items for Systematic Reviews and Meta- Analyses
PRO	Patient reported outcome
PROQOLID	Patient Reported Outcome and Quality of Life Instruments Database
PROM	Patient reported outcome measure
PROMIS	Patient-Reported Outcomes Measurement Information System
RCT	Randomized clinical trial
ROC	Receiver operating characteristic
RTI	Raw transition item
SD	Standard deviation
SEM	Standard error of measurement
SF-36	36 item Short Form Survey
TKR	Total knee replacement
VAS	Visual analogue scale
WOMAC	Western Ontario and McMaster University Osteoarthritis Index

# **DECLARATION OF ACADEMIC ACHIEVEMENT**

**Chapter 1:** A slightly modified version of this chapter was submitted to the Journal of the American Dental Association and is under revision. ACL and GHG conceived the idea for this manuscript. ACL wrote the first draft of the manuscript. ACL and GHG critically revised the final draft of the manuscript.

**Chapter 2:** This chapter is under review at the British Medical Journal. ACL, TD, GHG, BCJ, GN, SE conceived the study idea; ACL, TD, AQ, MP, GG led the development of the credibility instrument; ACL, TD, AQ, MP, ND, DZ, MB, XJ, RBP, OU, FF, SS, HPH, RWMV, HH, YR, RAS, and LL extracted data and assessed the credibility of MIDs in our inventory for the reliability analyses; ACL and TD wrote the first draft of the manuscript, ACL, TD, GG, AQ, MP, ND, DZ, RBP, OU, SS, HPH, RWMV, LL, BCJ, DLP, SE, TF, GN, HJS, MB, LT interpreted the data analysis and critically revised the manuscript.

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# **Chapter 1: Introduction of the thesis**

Over the past 20 years, there has been a move towards the provision of a more patient-centered health care that emphasizes the practice of personalized, patient value-sensitive medicine.<sup>1</sup> This paradigm has found, in shared decision making, a framework for patients and clinicians to partner in a deliberation process to determine together a suitable course of action. <sup>2</sup> This cultural shift has also influenced clinical research, where the new perspective mandates studies "with patients" (co-production) rather than "on patients" (utilitarian perspective), engaging with them in all stages, from evidence generation to its implementation in practice. <sup>3</sup>

#### Patient-reported outcome measures and issues of interpretation

Measuring what matters to patients is the primary role of patient-reported outcome measures (PROMs). "A PRO is any report of the status of a patient's health condition that comes directly from the patient, without interpretation of the patient's response by a clinician or anyone else." <sup>4</sup> Using PROMs in clinical practice impacts both individual and population level health management. <sup>5</sup> For example, at the individual-patient management level, PROMs better inform shared decision making, facilitate patient and clinician communication, and allow for a better determination of individual patient's symptoms and functioning.<sup>6-8</sup> Regarding population health management, PROMs provide essential information for policy decision-making and guidelines, reimbursement decisions, and have been described as the cornerstone for implementing value-based care. <sup>9-11</sup>

The relevance of PROMs is also reflected in their exponential increase in the medical literature, with a median of approximately 10% increase in the number of references addressing PROM-related issues indexed in PubMed per year over the last 30 years (Figure 1.1). The Consolidated Standards of Reporting Trials (CONSORT) and its extension for reporting of PROs in randomized trials, <sup>12</sup> the development of the National Institutes of Health's Patient-Reported Outcomes Measurement Information System (PROMIS), <sup>13</sup> and the implementation of guidance for industry on using PROMs to

support labeling claims by the US Food and Drug Administration, <sup>14</sup> provide additional examples of efforts to further advance including patients' perspective in research deliverables.



**Figure 1. 1.** Number of references related to the term "patient-reported outcome measure" indexed in PubMed per year up to August 2019 (Search: "Patient Reported Outcome Measures" [Mesh] or patient reported outcome)

The growing enthusiasm for the use of PROMs also comes with challenges. <sup>5</sup> Including patients' perspectives to inform the effect of health care interventions requires not only reliable and valid PROMs, but also measures that allow appropriate interpretation of results – in particular, understanding the magnitude of the treatment effects. In other words, decision-makers need to be able to judge whether PROM results represent negligible, small but important, moderate, or large treatment effects. <sup>15</sup>

Determining the smallest magnitude of change that patients consider important can be very helpful in interpreting magnitude in treatment effects . <sup>16</sup> To illustrate this point, consider a randomized control trial (RCT) comparing the use of neutral zone technique versus conventional technique for the fabrication of mandibular complete dentures and

their impact on quality of life, measured using the 20-item oral health impact profile (OHIP-20).<sup>17,18</sup> The authors found that, on average, patients receiving neutral zone technique had an score of 14.21 in the OHIP-20, while those receiving the conventional technique reported an average score of 14.53, representing a difference of 0.32 points in the instrument. Is this difference in means trivial or actually small but important?

# From hypothesis testing to estimation methods and the need to define a threshold for significance

When describing the relevance of scientific findings, to distinguish significant from nonsignificant results the research community has focused on hypothesis testing and p-values as a mean.<sup>19</sup> Statisticians have documented the considerable limitations of this approach. <sup>20-22</sup> One of the key shortcomings is the tendency to equate statistical significance with practical importance. As a result, a consensus has emerged to focus instead on estimation methods and the associated presentation of confidence intervals (CIs).<sup>23</sup>

Because they provide a range of plausible results in the same units as the outcome measure of interest, confidence intervals represent progress toward making research findings more easily accessible and understandable. However, the issue of defining threshold to evaluate the extent to which a treatment effect can be judged as unimportant or important remains.

# The solution to facilitate the interpretation of PROMs and threshold for significance: The minimal important difference

Using a concept called a minimal important difference (MID) addresses the challenges in interpreting PROMs and in particular the need to establish a threshold between an unimportant versus a small but important impact. An MID corresponds to the smallest change in score of an outcome of interest, either beneficial or harmful, that patients would

perceive as important. <sup>24,25</sup> Since it was first described, there has been an exponential growth in the number of publications in the medical literature referring to the concept (Figure 1.2).



**Figure 1. 2.** Number of references related to the term "minimal important difference" indexed in PubMed per 2-year stratum from 1989 to August 2019 (Search: "Minimal Clinically Important Difference" [Mesh] or minimal Important difference)

There are two main approaches in the literature for estimating a MID: 1) distributionbased, and 2) anchor-based. Distribution-based methods evaluate a change in a PROM by estimating statistical parameters (e.g., pared *t-statistic*, effect size, standard error of measurement, standard deviation of 0.5, etc.). <sup>26-28</sup> These methods have been questioned as they rely on the statistical characteristics of the PROM, and do not reflect the patient perspective, highly desired when interpreting the impact of health care interventions.

In anchor-based methods, PROM results are compared against an external independent criterion – the anchor– that is in itself understandable and relevant for patients and exhibits at least a moderate correlation with the PROM. <sup>29,30</sup> Examples of anchors are health care utilization, response to treatment, disease severity, and presence of symptoms.

Investigators establish the MID by relating results of the anchor to those of the target PROM.

Investigators can apply anchor-based methods in a longitudinal or a cross-sectional fashion. <sup>27</sup> The global rating of change or transition item is one of the most frequently used longitudinal anchor-based methods (e.g., "Are you feeling better or worse, and if so, what is the extent of the change?"). <sup>30</sup> Other examples of anchor-based methods use a comparison to disease-related criteria, preference ratings, and comparison to a known population. <sup>27</sup> The main advantage of anchor-based methods over distribution-based methods is the inclusion of criteria that are relevant for patients.

Resolving the scenario presented above, authors of an RCT determined that edentulous patients receiving a complete mandibular denture using the conventional technique experienced 0.32 additional points in the OHIP-20 compared to those who had dentures fabricated using the neutral zone technique, after 2 month post final adjustment. Using an anchor-based method reflecting change within patients over time (15-point scale global rating of change), a study published in 2009 determined that the MID for the OHIP-20 is approximately a difference of 9 points in the scale in patients suffering of edentulism. <sup>31</sup> Thus, one can infer that both groups experienced, on average, an improvement greater than the MID, the difference in improvement in the two groups was trivial (Figure 1.3).



**Figure 1. 3.** Example of the use of a MID estimate to interpret the effect of neutral zone technique compared to conventional technique on quality of life measured with the 20-item oral health impact profile (OHIP-20), when fabricating mandibular complete dentures.<sup>17</sup>

Knowledge of the MID can thus assist in the interpretation of the effects of health care interventions and their precision in systematic reviews and clinical practice guidelines. <sup>24</sup> When assessing the certainty of the evidence using the Grading of Recommendations, Assessment and Evaluation (GRADE) approach, <sup>32</sup> one can consider whether an entire confidence interval lies on one side of a threshold of importance or crosses that threshold.<sup>33</sup> The MID can provide such threshold for a PROM: either rating down is required (CI crosses the MID) or it is not required (entire CI lies on one side of the MID). <sup>34</sup> The responder analysis, an estimation of the proportion of patients in each arm of a clinical trial who have a response that is at least as great as the MID can complement the interpretation of a mean difference. <sup>35,36</sup>

The purpose of this thesis is to advance the interpretation of PROMs by facilitating the identification and application of MID estimates. Chapter 2 describes the creation and

reliability assessment of a novel instrument to assess the credibility of anchor-based MID estimates. Chapter 3 reports the conduct of a systematic survey to inform the creation of an inventory summarizing all available anchor-based MID estimates in the medical literature for PROMs, including a description of the main features of the studies ascertaining the MID, the characteristics of the population in which the assessment was conducted, the anchor used and the methodology implemented for the MID estimation, and an evaluation of the credibility of each MID using the tool presented in chapter 2. Chapter 4 provides an assessment of the completeness of reporting of primary studies empirically ascertaining anchor-based MID estimates and the impact of reporting deficiencies on their credibility. Finally, chapter 5 is a discussion informed by the previous chapters that highlights the main findings, presents strengths and limitations of this work, and explains the implications of this thesis for future research and development in the field.

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# Chapter 2: Development and inter-rater reliability of an instrument to evaluate the credibility of anchor-based minimal important difference estimates for patient reported outcomes

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# ABSTRACT

**Objective:** Anchor-based approaches for minimal important difference (MID) estimation relate a change in a patient reported outcome measure (PROM) to an external criterion (i.e. the anchor) that is understandable and relevant to patients. The aim of this study was to develop an instrument to evaluate the credibility of anchor-based MID estimates for PROMs and assess the reliability of this instrument. We defined credibility as the extent to which the design and conduct of studies measuring MIDs are likely to have protected against misleading estimates.

**Design:** On the basis of a literature review and our groups' experience with methods of ascertaining MIDs, we developed initial criteria for evaluating the credibility of anchorbased MIDs. Iterative discussion among the team and pilot testing with experts in the field and potential users led to the development of the final version of the instrument. Teams of two reviewers independently applied the newly developed instrument to evaluate credibility of a random sample of MID estimates for inter-rater reliability testing of the instrument.

Main outcomes and measures: Core credibility criteria applicable to all anchor types, additional criteria for transition rating anchors, and inter-rater reliability coefficients.

**Results:** The credibility instrument includes the following core criteria relevant for any anchor: the anchor is rated by, interpretable, and relevant to the patient; the MID estimate is precise; the correlation between the anchor and PROM is satisfactory, and the authors select a threshold on the anchor that reflects a small but important difference. The extension for transition rating anchors includes the following items: the time elapsed between baseline and follow-up measurement for MID estimation is optimal; and the correlations of the transition rating with the pre, post, and change score in the PROM are satisfactory. The inter-rater reliability for all of the core criteria and the single evaluable criterion from the extension ranged from good (Cohen's kappa  $\geq 0.7$ ) to very good ( $\geq 0.8$ ) agreement.

Reporting issues prevented us from evaluating reliability of the three remaining criteria in the extension for transition rating anchors.

**Conclusions:** Researchers, clinicians, trialists and health care policy decision-makers can now make use of a reliable instrument to evaluate the design, conduct and analysis of studies estimating anchor-based MIDs.

# INTRODUCTION

For decades, evaluation of outcomes in clinical research and practice has relied on survival, longevity, major morbid events (e.g. mortality, stroke) and laboratory endpoints (e.g. serum creatinine, hemoglobin A1C). More recently, a shift towards patient-centered care has resulted in a greater emphasis on evaluating patients' symptoms, functional status, and perceived well-being. These outcomes typically measured from direct patient inquiry using questionnaires – previously referred to as 'health-related quality of life' measures – are now most commonly labelled as patient-reported outcomes (PROs). PROs represent reports of patients' health status that comes directly from patients without interpretation by a physician or anyone else<sup>37</sup>.

Many PRO measures (PROMs) have established validity, reliability and responsiveness. The interpretation of PROMs has, however, remained challenging. In particular, clinical application requires knowing if an apparent treatment effect is trivial in magnitude, small but important, moderate or large<sup>38</sup>. To aid interpretation of PROMs, researchers developed a concept known as the minimal important difference (MID)<sup>39</sup>. The MID, which provides a measure of the smallest change – either positive or negative – that patients perceive as an important benefit or harm<sup>39,40</sup>, represents the most commonly used reference point for PROM interpretation.

There are two approaches for determining the MID: distribution- and anchor-based methods. Distribution-based methods rely on the statistical characteristics of the distribution of PROM scores and thus fail to incorporate patients' perspective, severely limiting their usefulness in aiding interpretation of PROMs<sup>41,42</sup>. Anchor-based methods address the MID by associating a PROM with an independent measure – an external criterion or "anchor" – that is understandable and relevant to patients<sup>29</sup>, and are accepted as the optimal way of establishing the MID.

Anchor-based MID estimations vary in the choice of anchor, the relation between the anchor and PROM under consideration, the statistical methods used to establish the MID, and study sample size. Some of these choices are more satisfactory than others – indeed, poor choices can lead to MIDs that mislead, and misleading MIDs will result in seriously flawed interpretation of results. Thus, for optimal use of MIDs, investigators and decision makers must be able to distinguish between more and less credible MIDs.

We define credibility as the extent to which the design and conduct of studies measuring MIDs are likely to have protected against misleading estimates. Currently, no accepted standards for appraising the credibility of an anchor-based MID exist. In this article, we describe the development of an instrument to evaluate the credibility of anchor-based MIDs and report on the inter-rater reliability of this instrument.

# **METHODS**

# **Development of a Credibility Instrument for Studies Determining MIDs**

#### Item generation

In a related article, we reported on the methods and results of a systematic survey to develop an inventory of all published anchor-based MIDs for PROMs in the medical literature (Submitted Dec 2018 to the BMJ). Briefly, we searched MEDLINE, EMBASE and PsycINFO for studies published from 1989 to April, 2015<sup>39</sup>. The search strategy, adapted to each database, included terms representing the MID concept along with terms addressing PROMs (Appendix 2). From the search results, we identified and reviewed methods articles addressing MID estimation using anchor-based approaches, including theoretical descriptions, summaries, commentaries and critiques. We used standard thematic analysis techniques<sup>43</sup> to abstract concepts related to the credibility of studies estimating MIDs, specifically the extent to which the design, conduct and analysis of studies are likely to have protected against misleading estimates. On the basis of this survey of the literature and our groups' experience with methods of ascertaining MIDs<sup>39,44-49</sup>, we developed initial criteria for evaluating the credibility of anchor-based MIDs.

# Face and content validity

We presented the initial criteria to experts (i.e. researchers with expertise in instrument development, MID estimation and PROs) and target users (i.e. clinicians, trialists, systematic reviewers and guideline developers). These individuals reviewed the instrument for clarity, wording, comprehensiveness and item relevance, and provided suggestions to improve the instrument; we incorporated this feedback. An early version of the instrument has been published elsewhere<sup>50</sup>. Subsequent work, including application of the draft instrument to anchor-based MID estimation studies included in our MID inventory (Submitted Dec 2018 to the BMJ) and additional applications of the instrument to inform the development of a clinical practice guideline<sup>51</sup>, led to item modification and reduction. We conducted this iterative process of pilot testing and user feedback until we achieved consensus for the final version of the credibility instrument.

# Response options

With the exception of the first item, which has a yes/no response, each item provides a fivepoint adjectival scale. The response options for items in the instrument are: definitely yes; to a great extent; not so much; definitely no; impossible to tell, with wording such that a response of 'definitely yes' indicates no concern regarding the credibility of the MID estimate. Responses of 'definitely yes' and 'definitely no' imply that information provided in the MID report under evaluation allows an unequivocal judgment in relation to the item; the "to a great extent" and "not so much" responses denote lower certainty. In the absence of information or sufficient detail to make an informed judgment about credibility, one may use the "impossible to tell" response option.

# **Reliability Study of the Credibility Instrument**

# Sample of MID estimates and Raters

In our aforementioned inventory of anchor-based MIDs, we summarized over 3,000 estimates and their associated credibility, including MIDs for PROMs across different populations, conditions, and interventions, obtained using different anchors and statistical methods (Submitted Dec 2018 to the BMJ). We enlisted help from Masters and PhD trainees with background in health research methodology to conduct study screening, data extraction and the credibility assessment. Prior to commencing the review process, the reviewers received extensive training regarding MID methodology, including background readings of key MID methods articles, web teleconferences to review screening and data extraction materials, and pilot and calibration exercises. Teams of two reviewers independently extracted relevant data from included studies for each MID estimate, collecting information on study design, characteristics of the PROM, anchor and analytic method, sample size, the MID estimate and associated measure of precision, time elapsed between administration of the PROM and follow up assessments of the PROM and anchor (for longitudinal designs); and applied the newly developed instrument to evaluate credibility of the MID estimates.

## Sampling method

For a random sample of 200 MID estimates from our inventory, we retrieved the credibility assessments performed by each pair of reviewers using the newly developed instrument. We sampled in excess (see sample size below) to account for potential discrepancies in the MIDs extracted between reviewers and incomplete data. For instance, situations in which one reviewer could have missed an MID reported in the study, we would only have a single credibility assessment. To ensure observations in our sample were independent of each other, when a single study reported multiple MIDs, we only included one estimate.

#### Sample size

We tested the reliability of our credibility instrument using classical test theory<sup>52</sup>. Given that assessments regarding credibility involve subjective judgments and different

individuals collecting data may experience and interpret phenomena of interest differently, we measured inter-rater reliability. According to Shoukri<sup>53</sup>, considering 2 raters per MID estimate, an expected reliability of 0.7, with a desired 95% confidence interval (CI) width of 0.2, and an  $\alpha$  of 0.05, would require a minimum of 101 MIDs assessed per rater.

#### Analysis

For each item of the instrument, we calculated inter-rater reliability and associated 95% CI, as measured by a weighted kappa,  $\kappa$ , with quadratic weights assigned using the formula:  $w_i = 1 - \frac{i^2}{(k-1)^2}$ , where *i* is the difference between categories (i.e. response options) and *k* is the total number of categories. We considered a reliability coefficient of at least 0.7 to represent good inter-rater reliability<sup>54-56</sup>.

#### RESULTS

We identified 41 relevant MID methods articles<sup>25,27,29,30,40,41,47,48,57-89</sup> that informed the item generation stage of instrument development. There were two substantive modifications from the first draft<sup>50</sup> to the definitive instrument presented here. In the first, we removed three items due to issues of redundancy and relevance; re-phrased one item addressing to what extent the anchor and the PROM are measuring the same construct; and added one new item addressing the precision around the MID estimate. In the second, we added a new item evaluating whether the anchor threshold selected for MID estimation reflects a small but important difference; and developed additional criteria for assessing the credibility of a transition rating anchor (further described below).

#### **Credibility Instrument**

The instrument consists of five criteria essential for determining the credibility of any anchor-based MID (Table 2.1). In our inventory of anchor-based MIDs (Submitted Dec 2018 to the BMJ) and a separate systematic review to identify MIDs for knee specific PROMs<sup>51</sup>, we found that MIDs are most often derived using transition rating anchors. Anchors of this sort require patients to recall a prior health state and compare that state to

how they are currently feeling. This retrospection required criteria ensuring that transition ratings accurately reflect the change in health status and are not unduly influenced by the baseline or endpoint status; thus, for this context, we developed a four-item extension of the core credibility instrument (Table 2.2.). Below, we describe each question included in the instrument followed by an explanation detailing the relevance of the item for evaluating credibility. We provide two worked examples in Appendix 3 in which we have applied our instrument to assess the credibility of two MID estimates, each from a published study.

Table 2. 1. Credibility instrument for judging the trustworthiness of minimal important difference estimates

# MINIMAL IMPORTANT DIFFERENCE CREDIBILITY ASSESSMENT TOOL

Is the patient or necessary proxy					
res	responding directly to both the				
pat	patient-reported outcome measure and				
the	the anchor?				
	Yes				
	No				
	Impossible to tell				

Impossible to ten	
Is the anchor easily understandable and relevant for patients or necessary proxy? Definitely yes To a great extent Not so much Definitely no Impossible to tell	With "easily understandar presented with the and hypothetically) as an outc the patients are able to a outcome (anchor) and us example, when address outcome measure address an intervention for iron patient's global rating of to understand and more re- iron levels.

*If a clinician or anyone else is responding to the anchor directly* and the patients are capable of providing this information, the answer should be "no." Any other necessary proxy (e.g. caregiver, parent, wife, relative) responding to the anchor, the answer is "ves". Rationale:

ble and relevant" we mean that, when chor (either actually presented or come, and without too much education, understand the data provided for the se it easily for decision-making. For sing a multi-item patient-reported ing the potential therapeutic effects of n-deficiency anemia, an anchor of *improvement in fatigue may be easier* elevant for decision-making than serum

*If you were a patient, how would you answer this question?* Rationale:

Has the anchor shown good correlation with the patient-reported outcome measure? Definitely yes  $(\geq 0.7)$ To a great extent ( $\geq 0.5$  to < 0.7) Not so much ( $\geq 0.3$  to < 0.5) Definitely no (<0.3)

Impossible to tell

This assessment is made using the correlation coefficients reported by the authors. If the anchor is a transition question then this is correlation between the transition item and the PROM change score. For any other anchor, this is the correlation between the change in the anchor and the change in the PROM. If the study is cross-sectional, this is the correlation between the anchor and the PROM score. Only consider the absolute value of the correlation coefficient. Rationale:

Is the MID precise?					
Definitely yes ( $\leq 20\%$ or $\geq 200$					
ients)					

Precision around the MID estimate is quantified by the width of the 95% CI and expressed as a percentage. For example, if the MID estimate is 23.5 and the 95% CI ranges from 23.1 to 23.8, then precision may be calculated as: 23.8 - 23.1 / 23.5 \* 100 =
To a great extent (21-50% or 150- 199 patients) Not so much (51-100% or 100- 149 patients) Definitely no (>100% or <100 patients) Impossible to tell	3%. According to our guide provided for our responses to this credibility question, a result of 3% would warrant a rating of definitely yes. In many cases, the authors may not report any measure of variability (e.g. SD, SE, 95% CI). In these situations, we ask that you consider the sample size used to estimate the MID. We provide ranges for both situations (i.e. percentage of the confidence interval width in relation to the MID, and sample sizes) to help inform your judgment. If the judgments according to the two criteria differ, we suggest using the higher (more permissive) of the two ratings. Rationale:
Does the threshold or difference between groups on the anchor used to estimate the MID reflect a small but important difference? Definitely yes To a great extent Not so much Definitely no Impossible to tell	Establishing the degree of change on a PROM that constitutes the MID requires some knowledge about the degree of change on the anchor that is small but important to patients. In addition to inspecting the threshold on the anchor, it is necessary to judge whether the method of analysis indeed calculates a small but important difference. Below, we present examples and provide associated guidance.
	For transition rating anchors, consider the wording and number of responses. For instance, the mean change in PROM score in patients with a transition rating anchor scale designation of 'a little better' on a seven-point scale including the categories 'much worse, somewhat worse, a little worse, no change, a little better, somewhat better, much better,' as reflecting an MID would warrant a definitely yes, whereas a choice of "much better" would warrant a definitely no.
	In some cases, authors may use a threshold for their analysis and include only patients who achieved this threshold; other times, they may include patients who achieved this threshold or greater. For instance, the investigators may define the MID as the mean change in the PROM score in patients who achieved $a \ge 5\%$ change in weight loss. This approach includes even those patients who had a 10%, 30% or 50% reduction in weight loss and thus would warrant a definitely no. Rationale:

PROM patient reported outcome measure; MID minimal important difference; CI confidence interval, SD standard deviation, SE standard error

 Table 2. 2. Credibility instrument extension for transition rating anchors

#### MINIMAL IMPORTANT DIFFERENCE CREDIBILITY ASSESSMENT TOOL – EXTENSION FOR TRANSITION RATINGS

Is the amount of elapsed time between
baseline and follow-up measurement for
MID estimation optimal?
Definitely yes ( $\leq 1 \text{ month}$ )
To a great extent (>1 to $\leq 2$ months)
Not so much (>2 months to $\leq$ 3 months
Definitely no (>3 months)
Not reported

If there is a range of follow-up reported, consider the following when making your judgment: If the range falls over 3 categories (e.g. 3 weeks to 3 months), then select the middle category (i.e. in this example, you would select 'to a great extent'); If the range falls over 2 categories (e.g. 6 weeks to 3 months), then select the more conservative option (longest follow-up) (i.e. in this example, you would select 'not so much') Rationale:

To answer the next 3 questions, you first need to determine if the scale of the anchor and PROM are in the same direction.

For each question we provide 2 guides: If higher values on the anchor and PROM represent the SAME state (i.e. both represent a better or worse condition), use <u>Guide A</u>; If higher values on the anchor and PROM represent DIFFERENT states (i.e. higher scores on the PROM are worse, while higher values on the anchor are better), use Guide B

Does the transition item have a substantial correlation with the PROM score at follow- up? Definitely yes To a great extent Not so much Definitely no Not reported	Guide A Definitely yes (>0.2) To a great extent (0.1 to 0.2) Not so much (<0.1) Definitely no (negative correlation) Rationale:	Guide B Definitely yes (<-0.2) To a great extent (-0.1 to - 0.2) Not so much (>-0.1) Definitely no (positive correlation)
Does the transition item correlate with the PROM score at baseline? Definitely yes To a great extent Not so much Definitely no Not reported	Definitely yes (negative correlation) To a great extent (<0.1) Not so much (0.1 to 0.2) Definitely no (>0.2) Rationale:	Definitely yes (positive correlation) To a great extent (>-0.1) Not so much (-0.1 to -0.2) Definitely no (<-0.2)
Is the correlation of the transition item with the PROM change score appreciably greater than the correlation of the transition item with the PRO score at follow-up? Definitely yes To a great extent Not so much Definitely no	Definitely yes $(\geq 0.2)$ To a great extent $(0.1 \text{ to } < 0.2)$ Not so much $(0 \text{ to } < 0.1)$ Definitely no $(<0)$ Rationale:	Definitely yes ( $\leq$ -0.2) To a great extent (-0.1 to >-0.2) Not so much (0 to >-0.1) Definitely no (>0)

Not reported

PROM patient reported outcome measure; MID minimal important difference; CI confidence interval, SD standard deviation, SE standard error

#### <u>Core criteria</u>

## Item 1. Is the patient or necessary proxy responding directly to both the patient reported outcome measure and the anchor?

An anchor-based method for estimating an MID involves linking a specific PROM (e.g. Short-Form 36, Beck Depression Inventory, Chronic Respiratory Questionnaire) to an external criterion such as a patient or physician transition rating, another PROM, or a clinical endpoint (e.g. hemoglobin level, Eastern Cooperative Oncology Group (ECOG) performance status). Patient-reported anchors are more desirable than clinical measures or those that are clinician assessed. Situations in which the patient is unable to directly provide information to inform the outcome (e.g. elderly individuals with dementia, infants and preverbal toddlers) require a proxy respondent. We suggest using the same standards recommended for a patient directly responding to the PROM when evaluating the credibility of MIDs for a necessary proxy-reported PROM.

## Item 2. Is the anchor easily understandable and relevant for patients or necessary proxy?

A desirable anchor is one that is easily understandable and is highly relevant to patients. Typical appropriate anchors include global ratings of change on health status<sup>16,46,90,91</sup>, status on an important and easily understood measure of function<sup>92</sup>, the presence of symptoms<sup>93</sup>, disease severity<sup>94</sup>, response to treatment<sup>94,95</sup>, or the prognosis for future events such as mortality<sup>93,96,97</sup>, health care utilization<sup>98</sup> or job loss<sup>93,99,100</sup>.

## Item 3. Has the anchor shown a satisfactory correlation with the patient-reported outcome measure?

The usefulness of anchor-based approaches is critically dependent on the relationship between the PROM and the anchor. When determining the credibility of the MID, we consider how closely the anchor is related to the target PROM and attribute greater importance to MIDs generated from closely linked concepts. That is, the anchor and PROM should be measuring the same or similar underlying constructs, and therefore should be appreciably correlated. A moderate to high correlation (at least 0.5) suggests the validity of the anchor<sup>30,101,102</sup>. An anchor that has very low or no correlation with the PRO instrument will likely yield inaccurate MID estimates. The instrument provides a guide for judging the correlation coefficient.

#### Item 4. Is the MID precise?

To judge precision, we focus on the 95% CI around the point estimate of the MID. When authors do not provide a measure of precision, the number of patients informing the MID estimation provides an alternative criterion. In the instrument, we provide a guide for judging precision when the investigators report the 95% CI around the MID estimate based on the likelihood that inferences regarding the magnitude of a treatment effect would differ at the extremes of the confidence interval. If a measure of precision is not reported, we provide guidance regarding appropriate sample size based on the relation between sample size and precision in studies in the inventory that did provide 95% CIs.

## Item 5. Does the threshold or difference between groups on the anchor reflect a small but important difference?

To respond to this credibility question, one needs to make a judgement regarding whether the selected threshold, or groups compared on the anchor, reflect a small (rather than moderate or large) but important difference. Even after the threshold is set, there are a multitude of analytic methods to compute the MID, and it is necessary to judge whether the chosen method of analysis calculates an MID. Box 1 provides a framework for making these judgments, and we provide some examples of high and low credibility MIDs estimated with different types of anchors.

#### Box 1. Judging whether the MID represents a small but important difference

- 1. What is the original scale of the anchor and is it transformed in any way?
- 2. Does the scale (or transformed scale) of the anchor capture variability in the underlying construct?
- 3. What is the threshold used or comparison being made on the anchor? Does this threshold/comparison represent a difference that is minimally important?

4. Does the analytical method ensure that the MID represents a small but important difference? Example 4 below demonstrates how a poorly chosen analytic method could yield misguided MID estimates.

#### Examples of high credibility:

- Investigators calculated the MID for the Western Ontario and McMaster University Osteoarthritis Index (WOMAC) pain domain as the mean change in the WOMAC pain score in patients who reported themselves as "a little better" to the question "how was the pain in your operated hip during the past week, as compared to before the operation" offering response options extremely better, very much better, much better, better, a little better, a very little better, almost the same/hardly any better, no change (with parallel responses for worsening)<sup>84</sup>.
- 2. To estimate the MID for the Functional Assessment of Cancer Therapy-Breast Cancer (FACT-B), investigators compared ECOG performance status (scores range from 0-4, higher scores signify worse performance status) at follow up to baseline performance status. If the rating at follow up was lower than at baseline, then patients were considered "improved"; if higher score, they were considered "worsened". A patient was considered "unchanged" if the scores at baseline and follow-up were the same. The MID was defined as the mean change in FACT-B scores among patients who were "improved"<sup>103</sup>.

#### Examples of low credibility:

3. Patients responded to the following: "Compared to before treatment my back problem is a) much better, b) better, c) unchanged, d) worse". Investigators defined the MID for deterioration for the Oswestry Disability Index (ODI) by calculating the difference in ODI score between those patients who rated themselves "worse" and those who were "unchanged"<sup>104</sup>. This is low credibility because worse could mean a little worse or much worse.

4. Investigators estimated the MID for the Ability to Perform Physical Activities of Daily Living Questionnaire (APPADL) by taking the difference in mean APPADL change scores for those who achieve 5% or more weight loss from baseline to 6 months and those who achieved less than 5%<sup>105</sup>. This is problematic because we have no idea how patients whose weight falls by 6% react – that is, are they pleased they have made a substantial weight reduction, consider this small but important, or regard it as trivial. Further, the researchers use a misguided analytic method. In their group of patients who they classify as having a small but important improvement, they included not only patients who had a 5%, but also a 10%, 30% or 50% reduction in weight loss together. Subtracting the APPADL mean change score for the group of patients achieving a less than 5% change in weight loss from those that experienced a change greater than 5%, could yield an estimate for the MID that constitutes a small, moderate or even large difference depending on the proportion of patients who achieved large percentage weight losses.

#### **Extension for Transition Rating Anchors**

## Item 1. Is the amount of elapsed time between baseline and follow-up measurement for MID estimation optimal?

Despite the intuitive appeal of transition questions, patients have considerable difficulty recalling prior health states<sup>30,70,106</sup>. As the duration of time over which patients must cast their memory increases, the difficulty increases<sup>30,70</sup>. Patients can often recall prior states for periods of up to 4 weeks<sup>30</sup>; as time intervals extend into months, patients are more likely to confuse change over time with current status<sup>70</sup>.

Judgments for items 2-4 of the extension requires knowledge regarding the directionality of the PROM and transition scale. In the instrument, we provide guidance to address situations in which higher scores on both the PROM and anchor represent the same direction (i.e. both represent a worse or better condition) and when they represent different directions.

## Item 2. Does the transition item have a substantial correlation with the PROM score at follow-up?

Ideally, the correlation between the transition rating with the pre-score and the transition rating with the post-score would be equal and opposite, an ideal that seldom occurs. To the extent that the post-score shows at least some correlation with the transition, the MID estimate is more credible than if there were no correlation<sup>30</sup>.

#### Item 3. Does the transition item correlate with the PROM score at baseline?

If the pre-score correlates with the transition rating, we are more confident that patients are taking their baseline status into account when scoring the transition rating<sup>30</sup>.

# Item 4. Is the correlation of the transition item with the PROM change score appreciably greater than the correlation of the transition item with the PROM score at follow-up?

A correlation of at least 0.5 between the transition rating and the change in PROM is necessary but insufficient to confirm that the transition rating is in fact measuring change as opposed to current health status. A correlation of the post-score with the transition that is similar or greater than the correlation of the change with the transition provides evidence that the rating likely reflects only current status, and thus decreases confidence in the MID estimate<sup>30</sup>.

The instrument provides a guide for judging the correlation coefficients addressed in items 2-4.

#### **Reliability analyses**

The analysis for the assessment of inter-rater reliability included 135 MIDs assessed by two raters for the core credibility criteria and 137 MIDs for the first item in the extension. Participants providing credibility ratings included Masters and PhD trainees with

backgrounds in health research and MID methods. For the remaining items in the extension, only 12 studies reported the correlation between the post-score and transition rating addressed in item two and four, and 10 studies provided the correlation between the prescore and transition rating required for item three. Due to the limited sample sizes we were unable to conduct an evaluation of the inter-rater reliability for these items.

Overall, the inter-rater reliability for all items ranged from good (Cohen's kappa  $\geq 0.7$ ) to very good ( $\geq 0.8$ ) agreement (Table 2.3). The item from the extension addressing duration of follow up had the highest Cohens' kappa and the item addressing the understandability and relevance of the anchor the lowest.

Table 2. 3. Inter-rater reliability coefficients

Item	Weighted K (95% CI)
Core Instrument	
Is the patient or necessary proxy responding directly to both the	0.80 (0.64 to 0.95)
patient-reported outcome and the anchor?	
Is the anchor easily understandable and relevant for patients or	0.70 (0.66 to 0.76)
necessary proxy?	
Has the anchor shown good correlation with the patient-reported	0.90 (0.86 to 0.94)
outcome measure?	
Is the MID precise?	0.80 (0.67 to 0.87)
Does the threshold or difference between groups on the anchor used	0.74 (0.71 to 0.79)
to estimate the MID reflect a small but important difference?	
Extension for Transition Ratings	
Is the amount of elapsed time between baseline and follow-up	0.94 (0.91 to 0.96)
measurement for MID estimation optimal?	

CI, confidence interval; MID minimal important difference; κ, kappa

#### DISCUSSION

#### Main findings

We have developed an instrument – the first of its kind – to evaluate the design, conduct and analysis of studies measuring anchor-based MIDs. All five criteria in the core credibility instrument proved reliable with good to excellent agreement between reviewers. The items addressing the understandability and relevance of the anchor, and whether the threshold on the anchor represents a small but important difference had lower but still very satisfactory kappa estimates.

#### **Strengths and limitations**

Strengths of our study include the use of prior literature and study team expertise in development of our criteria, and modification based both on expert feedback and extensive experience in applying the instrument. Similar methods have proved successful for developing methodological quality appraisal standards across a wide range of topics<sup>107-111</sup>. We undertook a rigorous assessment that demonstrated the high reliability of the instrument.

Our study has limitations. First, although a multidisciplinary team with a broad range of content and methodological expertise led the development of the credibility instrument, these individuals represent only a fraction of worldwide experts in PRO and MID methodology. Second, given researchers in the field have not reached a consensus regarding optimal anchor-based approaches, types of anchors and analytical methods, methodological issues may subsequently emerge that will require modification of the instrument. Third, reviewers who participated in our reliability study all had graduate-level methodology training and received extensive additional instruction on MID methodology, extracted data from at least 30 studies reporting MID estimates, and participated in pilot testing with different iterations of the instrument. Thus, reliability may be lower in less well-trained and instructed individuals. We have, however, developed detailed instructions and examples included in this paper and the appended material that are likely to enhance reliability in those with less experience than the raters who participated in this study. Fourth, we were unable to assess inter-rater reliability for three items in the extension for transition rating anchors, as only 3% of studies included in our inventory of MID estimation studies evaluated the correlations necessary to judge the validity of transition rating anchors.

#### Implications and future research

Since the MID was first introduced in 1989<sup>39</sup>, methods for calculating the MID have evolved. In our linked inventory of published anchor-based MIDs, we identified 17 statistical methods, each with its own merits and limitations. We also found varying quality of the anchor, and the threshold selected for defining the MID may not always be optimal. Different methodological and statistical approaches to calculate MIDs will yield different estimates for the same PROM<sup>84,112</sup>. Given the multiplicity of MID estimates often available for a given PROM and unstandardized methodology, researchers and decision-makers in search of MIDs need to critically evaluate the quality of the available estimates. Our credibility instrument provides a comprehensive approach to assessing the credibility of anchor-based MID estimates. Widespread adoption and implementation of our credibility instrument will not only facilitate improved appraisal of MIDs by users such as trialists, systematic reviewers, guideline developers, clinicians, funders, and policymakers, but also guide the development of trustworthy MID estimates.

In developing our inventory of anchor-based MIDs, and in other related work<sup>113</sup>, we found that the literature often includes a number of candidate MIDs for the same PROM. Moreover, the magnitude of these estimates sometimes varies widely. Several other researcher groups have made similar observations, stressing the importance of improved understanding of factors influencing the magnitude of MIDs<sup>67,84,114-116</sup>. Future research should, therefore, focus on understanding how different methodological and statistical approaches contribute to variability in MIDs.

Our instrument focuses on the methodological issues that could potentially lead to flawed and thus misleading MID estimates, which may in part explain why different methods may yield variable estimates. Variability in MIDs may, however, also be related to a multitude of other factors, including the clinical setting, patient characteristics (e.g. age, gender, disease severity, diagnosis), intervention and duration of follow-up. Findings from subsequent investigations may thus provide insights into the appropriate use – with respect to context and trustworthiness – of MIDs for interpretation of PROMs in clinical research and practice.

#### CONCLUSIONS

In order to better inform management choices, patients, clinicians, and researchers require knowledge of MIDs to facilitate interpretation of treatment effects on PROMs. Consideration of the credibility of an MID involves complex judgments. We have developed a reliable instrument that will allow users to distinguish between MID estimates that are more and less credible. This work not only provides guidance for addressing credibility of MIDs to optimize the presentation and interpretation of results from PROMs in clinical trials, systematic reviews health technology assessments and clinical practice guidelines, but also has important implications for how investigators should conduct future MID estimation studies.

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#### What is already known on this topic

• Interpreting results from patient-reported outcome measures (PROMs) is critical for optimal health care decision-making

- The minimal important difference (MID), which provides a measure of the smallest change in a PROM that patients consider important, can greatly facilitate judgments regarding magnitude of effect on PROM outcomes
- Credibility of MID estimates varies, and guidance on determining credibility has remained, until now, very limited

#### What this study adds

- We have developed an instrument the first of its kind to evaluate the design, conduct and analysis of studies measuring MIDs
- This instrument will allow users to distinguish between MID estimates that are more and less credible to optimize the presentation and interpretation of results from PROMs in clinical trials, systematic reviews, health technology assessments and clinical practice guidelines
- This instrument will also promote higher methodologic standards for robust anchorbased MID estimation

#### Linked articles

Alonso Carrasco-Labra\*, Tahira Devji\*, Anila Qasim, Mark Phillips, Niveditha Devasenapathy, Dena Zeraatkar, Meha Bhatt, Xuejing Jin, Romina Brignardello-Petersen, Olivia Urquhart, Farid Foroutan, Stefan Schandelmaier, Hector Pardo-Hernandez, Robin WM Vernooij, Hsiaomin Huang, Yamna Rizwan, Reed Siemieniuk, Lyubov Lytvyn, Bradley C Johnston, Donald L Patrick, Shanil Ebrahim, Toshi Furukawa, Gihad Nesrallah, Holger J Schunemann, Mohit Bhandari, Lehana Thabane, Gordon H Guyatt. Minimal important difference estimates for patient-reported outcomes: The MID inventory. Submitted to *BMJ*. Dec 2018.

#### **Contributors statement**

ACL, TD, GHG, BCJ, GN, SE conceived the study idea; ACL, TD, AQ, MP, GG led the development of the credibility instrument; ACL, TD, AQ, MP, ND, DZ, MB, XJ, RBP, OU, FF, SS, HPH, RWMV, HH, YR, RAS, and LL extracted data and assessed the

credibility of MIDs in our inventory for the reliability analyses; TD and ACL wrote the first draft of the manuscript; ACL,TD, GG, AQ, MP, ND, DZ, RBP, OU, SS, HPH, RWMV, LL, BCJ, DLP, SE, TF, GN, HJS, MB, LT interpreted the data analysis and critically revised the manuscript. ACL and TD are the guarantors.

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Appendix 2. 1. Search Strategy for Medline, January 1989 to April 2015

1.	(clinical* important difference? or clinical* meaningful difference? or clinical*
	meaningful improvement? or clinical*
	relevant mean difference? or clinical* significant change? or clinical* significant
	difference? or clinical* important
	improvement? or clinical* meaningful change? or mcid or minim* clinical*
	important or minim* clinical* detectable or minim* clinical* significant or minim*
	detectable difference? or minim* important change? or minim* important
	difference? or smallest real difference? or subjectively significant difference?).tw.
2.	"Quality of Life"/
3.	"outcome assessment(health care)"/or treatment outcome/or treatment failure/
4.	exp pain/
5.	exp disease attributes/or exp "signs and symptoms"/
6.	or/2–5
7.	1 and 6
8.	health status indicators/or "severity of illness index"/or sickness impact profile/or
	interviews as topic/or questionnaires/
	or self report/
9.	Pain Measurement/
10.	patient satisfaction/or patient preference/
11.	or/8–10
12.	7 and 11
13.	limit 12 to yr="1989 -Current"
14.	(quality of life or life qualit??? or hrqol or hrql).mp.
15.	(assessment? outcome? or measure? outcome? or outcome? studies or outcome?
	study or outcome? assessment? or
	outcome? management or outcome? measure* or outcome? research or patient?
	outcome? or research outcome? or
	studies outcome? or study outcome? or therap* outcome? or treatment outcome?
	or treatment failure?).mp.
16.	pain????.mp.
17.	((activity or sever* or course) adj3 (disease or disabilit* or symptom*)).mp.
18.	or/14–17
19.	1 and 18
20.	(questionnaire? or instrument? or interview? or inventor* or test??? or scale? or
	subscale? or survey? or index?? or
-	indices or form? or score? or measurement?).mp.
21.	(patient? rating? or subject* report? or subject* rating? or self report* or self
	evaluation? or self appraisal? or self assess* or self rating? or self rated).mp.
22.	(patient? report* or patient? observ* or patient? satisf*).mp.

23.	anchor base??.mp.
24.	or/20–23
25.	19 and 24
26.	limit 25 to yr="1989 -Current"
27.	13 or 26

**Appendix 2. 2.** Application of the Minimally Important Difference Credibility Assessment Tool – Worked Examples

Below we provide worked examples in which we have applied our instrument to assess the credibility of two anchor-based minimal important difference (MID) estimates, each from a published study. For each example, we first provide relevant excerpts taken directly from the articles and highlight information critical for informing the credibility assessment. We then provide a completed credibility evaluation with detailed explanations supporting our judgments.

# Example 1 - Escobar, A., Pérez, L. G., Herrera-Espiñeira, C., Aizpuru, F., Sarasqueta, C., De Tejada, M. G. S., ... & Bilbao, A. (2013). Total knee replacement; minimal clinically important differences and responders. *Osteoarthritis and cartilage*, *21*(12), 2006-2012.

## Total knee replacement; minimal clinically important differences and responders

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Escobar and colleagues estimate what they call minimally clinically important differences – in our terminology, minimally important difference or MIDs - for patients undergoing total knee replacement (TKR). The original publication reports approximately 40 MIDs for the pain and function domains of the Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC), using two different patient cohorts. The authors use three unique anchors – rating of pain/function compared to before surgery, global satisfaction with surgical management, and a rating of whether the patient felt surgery was worthwhile. The authors used two different analytic methods – the mean change method, and Receiver Operating Characteristic (ROC) curve analysis – to estimate MIDs, and reported MIDs stratified by tertiles of baseline severity.

Below, we provide excerpts (direct quotes) from the article to perform the credibility assessment for the MID estimated for WOMAC pain using the ROC method for cohort 2.

#### INTRODUCTION

"The main goal of this study was to provide new data on MCID and responders at 1 year in patients who have undergone TKR, measured by pain and functional dimensions of Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC) which could facilitate the interpretation of WOMAC changes."

#### METHODS

"The second cohort is a 1-year prospective study that took place in 15 hospitals; three in Andalusia, three in the Canary Islands and nine in the Basque Country (Spain). Consecutive patients placed on the waiting list to undergo primary TKR for osteoarthritis between September 2003 and September 2004 and between March 2005 and December 2006 and managed in any of the hospitals were eligible for the study. We collected data from medical records and directly from patients. We sent to the patients questionnaires at baseline and 12 months post-surgery." "The data used in this study comprise a subset of patients who

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have completed preoperative and postoperative health related quality of life questionnaires and all the transition questions."

"We used the WOMAC that is a disease-specific, self-administered questionnaire<sup>15</sup>. It has a multidimensional scale made up of 24 items grouped into three dimensions: pain (five items), stiffness (two items), and physical function (17 items). We have studied pain and function dimensions through the Likert version with five response levels, representing different degrees of intensity: none (0), mild (1), moderate (2), severe (3) or extreme (4). The final scores were determined by adding the corresponding items for each dimension, and standardizing to a range of values from 0 to 100. According to recent recommendations<sup>16</sup> we have used the reverse option, from 0 (worst) to 100 (best). The WOMAC has been translated and validated into Spanish<sup>17,18</sup>."

#### Statistical analysis

"We used different statistical methods to calculate the cut-off values for MCID which has been defined<sup>6</sup> as the smallest difference between the scores in a questionnaire that the patient perceives to be beneficial. All patients had to answer two raw transition items (RTI), about their improvement or deterioration, one about pain and another about function 1 year after TKR (Compared to before surgery, how would you rate pain (functional limitation) in the same knee?). The five responses were "a great deal better", "somewhat better", "equal", "somewhat worse" and "a great deal worse". Second, we have used the Receiver Operating Characteristics (ROC) curve approach, considering the dichotomized RTI (a great deal better and somewhat better vs equal, somewhat worse and a great deal worse) as the dependent variable, and the change score for each dimension as independent. As optimal cut-off value of each dimension, the one which maximized the sum of sensitivity and specificity was considered. We draw 500 bootstrap samples<sup>20</sup>, calculated their respective ROC curves and derived the 95% confidence interval (CI)."

"To assess the usefulness of RTI in establishing the MCID, we have evaluated their validity and reliability<sup>12</sup>. Validity through the association between RTI and the change score in pain, by means of partial correlation coefficients, controlling for baseline score. We hypothesized that correlation should be higher than  $0.5^{21}$ . We evaluated the correlation among RTI and pre and post-scores by Spearman's correlation coefficient."

#### RESULTS

#### Samples description

"There were 415 and 497 patients in the first and second cohorts respectively. In both groups, about 70% were females, the mean age was 71 years old and the mean Body Mass Index (BMI) was 30." "As it was expected, there were large improvements, both in pain and function, about 34 and 32 points, respectively [at 1 year]." "In comparing baseline pain, function, age, BMI and gender, ... In the second [cohort], non-included patients scored five points higher in pain and function and, there were 6% more females (data not shown)."

"The partial correlation coefficients between RTI-change scores in pain [was]  $\dots 0.62$  (second cohort)." "The correlation between RTI-baseline pain was  $\dots -0.05$  in the  $\dots$  second cohort, while with the 1-year score it was  $\dots 0.47$ ."

#### MCID for pain

<u>"Table II</u> shows data on the SEM and MCID in the pain dimension with their 95% CI along with the percentage of patients who were above those values." "The global value obtained by ROC analysis was about 22 points."

#### Table II

MCID data for the WOMAC pain domain

	Second cohort ( $n = 497$ )	
	Cut-off value (95% CI)	Patients %§
SEM*	8.3	
MCID† global‡	28.1 (25.1 - 31.0) n = 207	63.4
MCID† tertiles‡		
Worst	44.5(39.9-49.2) n = 67	69.6
Medium	27.1 (23.4 - 30.7) n = 71	
Best	13.1 (8.8–17.4) $n = 69$	
ROC global	23.5 (23.1-23.8)	72.4
Worst	40.7 (40.2-41.1)	71.6
Medium	25.0 (24.7-25.3)	66.0
Best	9.0 (7.8–10.2)	75.0
Was the surgery worthwhile?		
- Patient's answer: Probably YES, n (%)	103 (20.7)	
MCID†	25.6 (21.6-29.7)	64.0
What is your global level of satisfaction with surgical managemen	1	
- Patient's answer: Somewhat satisfied, n (%)	138 (27.8)	
MCID†	27.5 (23.7–31.4)	63.4

Tertiles of pain: first cohort (second cohort): worst:  $\leq$ 37.5 ( $\leq$ 35); medium: 38–50 (35.5–50); best: >50 (>50). ROC: calculated as the point that maximized the sum of sensitivity and specificity.

\* SEM: standard error of measurement.

<sup>†</sup> MCID: Minimal clinically important difference.

<sup>‡</sup> Calculated as mean change in those patients who were "somewhat better".

<sup>§</sup> Percentage of patients exceeding the cut-off value.

Sample size in the "somewhat better category".

#### MINIMAL IMPORTANT DIFFERENCE CREDIBILITY ASSESSMENT TOOL

Is the patient or necessary proxy responding directly to both the patient-reported outcome measure and the anchor? Yes No

Impossible to tell

If a clinician or anyone else is responding to the anchor directly and the patients are capable of providing this information, the answer should be "no." Any other <u>necessary</u> proxy (e.g. caregiver, parent, wife, relative) responding to the anchor, the answer is "yes".

Rationale: Patients completed preoperative and postoperative health related quality of life questionnaires and all the transition questions.

Is the anchor easily understandable and relevant for patients or necessary proxy? Definitely yes To a great extent Not so much Definitely no Impossible to tell With "easily understandable and relevant" we mean that, when presented with the anchor (either actually presented or hypothetically) as an outcome, and without too much education, the patients are able to understand the data provided for the outcome (anchor) and use it easily for decision-making. For example, when addressing a multi-item patient-reported outcome measure addressing the potential therapeutic effects of an intervention for iron-deficiency anemia, an anchor of patient's global rating of improvement in fatigue may be easier to understand and more relevant for decision-making than serum iron levels.

If you were a patient, how would you answer this question? Rationale: The anchor is a transition rating that asks, "Compared to before surgery, how would you rate pain (functional limitation) in the same knee?). The five responses were "a great deal better", "somewhat better", "equal", "somewhat worse" and "a great deal worse".

Has the anchor shown good correlation with the patient-reported outcome measure? Definitely yes ( $\geq 0.7$ ) To a great extent ( $\geq 0.5$  to <0.7) Not so much ( $\geq 0.3$  to <0.5) Definitely no (<0.3) Not reported This assessment is made using the correlation coefficients reported by the authors. If the anchor is a transition question then this is correlation between the transition item and the PROM change score. For any other anchor, this is the correlation between the change in the anchor and the change in the PROM. If the study is cross-sectional, this is the correlation between the anchor and the PROM score. Only consider the absolute value of the correlation coefficient. Rationale: 0.62



Precision around the MID estimate is quantified by the width of the 95% CI and expressed as a percentage. For example, if the MID estimate is 23.5 and the 95% CI ranges from 23.1 to 23.8, then precision may be calculated as: 23.8 - 23.1 / 23.5 \* 100 =3%. According to our guide provided for our responses to this

To a great extent (11-25% or 150-
199 patients)
Not so much (26-49% or 100-149
patients)
Definitely no (≥50% or <100
patients)
Impossible to tell

credibility question, a result of 3% would warrant a rating of definitely yes. In many cases, the authors may not report any measure of variability (e.g. SD, SE, 95% CI). In these situations, we ask that you consider the sample size used to estimate the MID. We provide ranges for both situations (i.e. percentage of the confidence interval width in relation to the MID, and sample sizes) to help inform your judgment. If the judgments according to the two criteria differ, we suggest using the higher (more permissive) of the two ratings.

Rationale: MID estimate: 23.5; 95% CI: 23.1 to 23.8 (23.8 - 23.1) / 23.5 \* 100 = 3%

Does the threshold or differenceEstablebetween groups on the anchor used tothe MIestimate the MID reflect a small butthe andimportant difference?inspectDefinitely yeswhetheTo a great extentimportNot so muchassocial

Definitely no Impossible to tell Establishing the degree of change on a PROM that constitutes the MID requires some knowledge about the degree of change on the anchor that is small but important to patients. In addition to inspecting the threshold on the anchor, it is necessary to judge whether the method of analysis indeed calculates a small but important difference. Below, we present examples and provide associated guidance.

For transition rating anchors, consider the wording and number of responses. For instance, the mean change in PROM score in patients with a transition rating anchor scale designation of 'a little better' on a seven-point scale including the categories 'much worse, somewhat worse, a little worse, no change, a little better, somewhat better, much better,' as reflecting an MID would warrant a definitely yes, whereas a choice of "much better" would warrant a definitely no.

In some cases, authors may use a threshold for their analysis and include only patients who achieved this threshold; other times, they may include patients who achieved this threshold or greater. For instance, the investigators may define the MID as the mean change in the PROM score in patients who achieved  $a \ge 5\%$ change in weight loss. This approach includes even those patients who had a 10%, 30% or 50% reduction in weight loss and thus would warrant a definitely no.

Rationale: Anchor question: "Compared to before surgery, how would you rate pain in the same knee?". Response options: "a great deal better", "somewhat better", "equal", "somewhat worse" and "a great deal worse". Groups compared: "<u>a great deal better" and "somewhat better</u>" vs "<u>equal", "somewhat worse</u>" <u>and a "great deal worse</u>". We have suggested a rating of 'not so much', as there are only 2 levels representing improvement on the anchor: "somewhat better" may reflect a change in pain that is small but important; however, the limited number of categories for improvement will likely lead patients who have experienced a change that is moderate, who would not consider themselves as being "a great deal better", to rate themselves as "somewhat better", which would lead to an overestimate of the MID. PROM patient reported outcome measure; MID minimal important difference; CI confidence interval, SD standard deviation, SE standard error

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#### MINIMAL IMPORTANT DIFFERENCE CREDIBILITY ASSESSMENT TOOL – EXTENSION FOR TRANSITION RATINGS



If there is a range of follow-up reported, consider the following when making your judgment: If the range falls over 3 categories (e.g. 3 weeks to 3 months), then select the middle category (i.e. in this example, you would select 'to a great extent'); If the range falls over 2 categories (e.g. 6 weeks to 3 months), then select the more conservative option (longest follow-up) (i.e. in this example, you would select 'not so much')

Rationale: Follow-up at 1-year

To answer the next 3 questions, you first need to determine if the scale of the anchor and PROM are in the same direction.

For each question we provide 2 guides: If higher values on the anchor and PROM represent the SAME state (i.e. both represent a better or worse condition), use <u>Guide A</u>; If higher values on the anchor and PROM represent DIFFERENT states (i.e. higher scores on the PROM are worse, while higher values on the anchor are better), use Guide B

· · · · · · · · · · · · · · · · · · ·		
Does the transition item have a substantial	Guide A	Guide B
correlation with the PROM score at follow-	Definitely yes $(>0.2)$	Definitely yes (<-0.2)
<u>up?</u>	To a great extent (0.1 to	To a great extent (-0.1 to -
Definitely yes	0.2)	0.2)
To a great extent	Not so much $(<0.1)$	Not so much $(>-0.1)$
Not so much	Definitely no (negative	Definitely no (positive
Definitely no	<i>correlation)</i>	correlation)
Not reported	Kationale: 0.47	
Does the transition item correlate with the	Definitely yes (negative	Definitely yes (positive
<u>PROM</u> score at baseline?	correlation)	correlation)
Definitely yes	To a great extent ( $<0.1$ )	<i>To a great extent (&gt;-0.1)</i>
To a great extent	Not so much (0.1 to 0.2)	Not so much (-0.1 to -0.2)
Not so much	Definitely no $(>0.2)$	<i>Definitely no (&lt;-0.2)</i>
Definitely no	Kationale: -0.05	
Not reported		

PROM patient reported outcome measure; MID minimal important difference; CI confidence interval, SD standard deviation, SE standard error

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**Example 2 -** Ornetti, P., Dougados, M., Paternotte, S., Logeart, I., & Gossec, L. (2011). Validation of a numerical rating scale to assess functional impairment in hip and knee osteoarthritis: comparison with the WOMAC function scale. *Annals of the rheumatic diseases*, *70*(5), 740-746.

### Validation of a numerical rating scale to assess functional impairment in hip and knee osteoarthritis: comparison with the WOMAC function scale

Paul Ornetti,<sup>1–3</sup> Maxime Dougados,<sup>3</sup> Simon Paternotte,<sup>3</sup> Isabelle Logeart,<sup>4</sup> Laure Gossec<sup>3</sup>

The objective of this study was to compare the psychometric properties of a function numerical rating scale (NRS) with the function domain of the Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC) and with a physician rating of patient function. Ornetti et al. also estimated minimally clinically important improvement (MCII) – in our terminology, minimally important difference (MID) – values for the two PROs in patients with knee and hip osteoarthritis (OA). The authors report 8 different MIDs, including unique MIDs for both knee and hip OA patients. The authors used two separate anchors – global state and functional status – to estimate MIDs.

Below, we provide relevant excerpts from the article to perform the credibility assessment for the MCII estimated for NRS function in knee OA patients anchored to global state.

#### PATIENTS AND METHODS Study population

"Data were extracted from a previously-reported prospective study (MOVE),<u>16</u> involving outpatients with hip or knee OA, as defined by the American College of Rheumatology.<u>18</u> <u>19</u> Briefly, all patients were recruited by 399 French rheumatologists in private practice. To be included, patients had to experience pain related to OA >30 mm on a 0–100 VAS [visual analogue scale] and to require treatment with NSAIDs [non-steroidal antiinflammatory drugs]. All patients initially visited their rheumatologist and inclusion began with the onset of NSAID treatment or with a switch from one NSAID to another." "A final visit to the same rheumatologist was scheduled 4 weeks later."

#### Outcome measures: Function NRS

"All patients were asked to assess their functional impairment on an 11-point NRS (patient NRS), the score ranging from 0 to 10; high scores indicate a high level of disability. The patient NRS wording was: "*What is the degree of difficulty you have experienced for the daily activities during the last 48 hours due to your (knee or hip) OA*"

(online supplementary data). This PRO was assessed at baseline and after 4 weeks, without knowledge of the previous result."

#### Other measurements

"At the baseline visit, demographic (age, gender, body mass index) and disease data (disease duration, radiological Kellgren and Lawrence grade,<u>20</u> current symptomatic slow-acting OA drugs and NSAID intake) were collected."

"At baseline and at the final visit, all patients were asked to assess the ... PROs ..."

#### "... MCII"

"The MCII was defined as the smallest change in measurement that signifies an important improvement in patient's symptoms. 13 15" "All patients had to assess:

• Their degree of improvement of global state (global MCII) on a three-point Likert scale (worsened function, no change, improved function). Among the patients who improved, the degree of improvement was scored on a four-point-Likert scale (poor, fair, good, excellent).<u>16</u>"

"The global ... MCII values of each function scale were calculated at the final visit ..."

#### STATISTICAL ANALYSIS

"MCII ..."

"The MCII of each function scale was defined as the 75th centile of the absolute change in score among patients whose final evaluation of response to a NSAID was improved (improvement good or excellent).<u>16"</u>

#### RESULTS

"In all, 881 patients with knee OA were enrolled ..." "Mean age of the patients was  $66.7\pm11.1$  years, 67.7% were female and mean OA duration was  $4.1\pm5.4$  years. Patients had high functional impairment patient NRS (for knee (mean  $5.93\pm1.92$ )."

#### "MCII..."

"Using MCII ... questions focusing on functional impairment, 53.8% of patients with knee OA ... indicated a functional improvement after treatment with NSAIDs ..."

"Patients with knee OA considered their global state as improved for a change of patient NRS  $\geq$ 2.72 (global MCII) ..."

#### DISCUSSION

"This study which enrolled a large cohort of symptomatic patients with OA requiring treatment with NSAIDs validates a new, copyright-free instrument to assess functional impairment, the patient-reported NRS."

"The use of MCII ... is of increasing interest in OA clinical research <u>16</u> <u>17</u> and in routine practice <u>32</u> to define the thresholds for monitoring response to treatment. <u>15</u>"

 Table 5
 minimal clinically important improvement (MCII) scores for global state and functional state

in patients with knee	e or hip OA
	Global MCII (95% CI)
Knee OA	
Patient NRS (0–10)	-2.72 (-2.92 to -2.51)
Physician NRS (0–10)	-2.50 (-2.68 to -2.32)
WOMAC function (0–100)	-17.13 (-20.07 to -14.19)

Global MCII is defined as the smallest change in global state that signifies an important improvement in a patient's symptoms. MCII, minimal clinically important improvement; NRS, numerical rating scale; OA, osteoarthritis; WOMAC, Western Ontario and McMaster Universities osteoarthritis index.

#### MINIMAL IMPORTANT DIFFERENCE CREDIBILITY ASSESSMENT TOOL

Is t	he patient or necessary proxy
res	ponding directly to both the
pat	ient-reported outcome measure and
the	anchor?
	Yes
	No
	Impossible to tell

Is the anchor easily understandable

proxy?

Definitely yes

Not so much

Definitely no

To a great extent

Impossible to tell

and relevant for patients or necessary

If a clinician or anyone else is responding to the anchor directly and the patients are capable of providing this information, the answer should be "no." Any other <u>necessary</u> proxy (e.g. caregiver, parent, wife, relative) responding to the anchor, the answer is "yes".

Rationale: All patients were asked to assess their functional impairment on an 11-point NRS (patient NRS) and their degree of improvement of global state (global MCII) on a three-point Likert scale.

With "easily understandable and relevant" we mean that, when presented with the anchor (either actually presented or hypothetically) as an outcome, and without too much education, the patients are able to understand the data provided for the outcome (anchor) and use it easily for decision-making. For example, when addressing a multi-item patient-reported outcome measure addressing the potential therapeutic effects of an intervention for iron-deficiency anemia, an anchor of patient's global rating of improvement in fatigue may be easier to understand and more relevant for decision-making than serum iron levels.

If you were a patient, how would you answer this question? Rationale: All patients had to assess their degree of improvement of global state (global MCII) on a three-point Likert scale (worsened function, no change, improved function). Among the patients who improved, the degree of improvement was scored on a four-point-Likert scale (poor, fair, good, excellent). The exact question asked to patients was not reported, and the adjectives used to describe improvement on the anchor may be challenging to quantify in terms of relative importance of improvement.

Has the anchor shown good	
correlation with the patient-reported	
outcome measure?	
☐ Definitely yes (≥0.7)	
To a great extent ( $\geq 0.5$ to $< 0.7$ )	
Not so much ( $\geq 0.3$ to $< 0.5$ )	
Definitely no (<0.3)	

This assessment is made using the correlation coefficients reported by the authors. If the anchor is a transition question then this is correlation between the transition item and the PROM change score. For any other anchor, this is the correlation between the change in the anchor and the change in the PROM. If the study is cross-sectional, this is the correlation between the anchor and the PROM score. Only consider the absolute value of the correlation coefficient.



Rationale: Correlation coefficient not reported.



Precision around the MID estimate is quantified by the width of the 95% CI and expressed as a percentage. For example, if the MID estimate is 23.5 and the 95% CI ranges from 23.1 to 23.8, then precision may be calculated as: 23.8 - 23.1 / 23.5 \* 100 =3%. According to our guide provided for our responses to this credibility question, a result of 3% would warrant a rating of definitely yes. In many cases, the authors may not report any measure of variability (e.g. SD, SE, 95% CI). In these situations, we ask that you consider the sample size used to estimate the MID. We provide ranges for both situations (i.e. percentage of the confidence interval width in relation to the MID, and sample sizes) to help inform your judgment. If the judgments according to the two criteria differ, we suggest using the higher (more permissive) of the two ratings.

Rationale: MID estimate: -2.72; 95% CI: -2.92 to -2.51 (-2.51 - (-2.92)) / -2.72 \* 100 = 15%

Does the threshold or difference between groups on the anchor used to estimate the MID reflect a small but important difference? Definitely yes To a great extent Not so much Definitely no Impossible to tell	Establishing the degree of change on a PROM that constitutes the MID requires some knowledge about the degree of change on the anchor that is small but important to patients. In addition to inspecting the threshold on the anchor, it is necessary to judge whether the method of analysis indeed calculates a small but important difference. Below, we present examples and provide associated guidance.
	For transition rating anchors, consider the wording and number of responses. For instance, the mean change in PROM score in patients with a transition rating anchor scale designation of 'a little better' on a seven-point scale including the categories 'much worse, somewhat worse, a little worse, no change, a little better, somewhat better, much better,' as reflecting an MID would warrant a definitely yes, whereas a choice of "much better" would warrant a definitely no. In some cases, authors may use a threshold for their analysis and include only patients who achieved this threshold; other times,
they may include patients who achieved this threshold or greater. For instance, the investigators may define the MID as the mean change in the PROM score in patients who achieved a $\geq 5\%$ change in weight loss. This approach includes even those patients who had a 10%, 30% or 50% reduction in weight loss and thus would warrant a definitely no.	
---	
Rationale: The authors defined the MID of each function scale as the 75th centile of the absolute change in score among patients whose final evaluation of response to an NSAID was improved (improvement of good or excellent). First, the threshold used to define the MID (i.e. good or excellent) will very likely yield an MID estimate that is larger than a small but important improvement. Second, the choice of analytical method estimates the MCII as the 75% centile of the change scores among this group of patients, which represents the lowest score that is greater than 75% of the scores, hence further inflating the MID	
estimate.	

PROM patient reported outcome measure; MID minimal important difference; CI confidence interval, SD standard deviation, SE standard error

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### MINIMAL IMPORTANT DIFFERENCE CREDIBILITY ASSESSMENT TOOL – EXTENSION FOR TRANSITION RATINGS

Is the amount of elapsed time between baseline and follow-up measurement for MID estimation optimal? Definitely yes ( $\leq 1 \mod 1$ ) To a great extent (>1 to  $\leq 2$  months) Not so much (>2 months to  $\leq$ 3 months) Definitely no (>3 months) Not reported

If there is a range of follow-up reported, consider the following when making your judgment: If the range falls over 3 categories (e.g. 3 weeks to 3 months), then select the middle category (i.e. in this example, you would select 'to a great extent'); If the range falls over 2 categories (e.g. 6 weeks to 3 months), then select the more conservative option (longest follow-up) (i.e. in this example, you would select 'not so much')

*correlation*)

*To a great extent* (>-0.1)

*Not so much (-0.1 to -0.2)* 

Definitely no (<-0.2)

Rationale: Follow-up at 4 weeks

To answer the next 3 questions, you first need to determine if the scale of the anchor and PROM are in the same direction.

For each question we provide 2 guides: If higher values on the anchor and PROM represent the SAME state (i.e. both represent a better or worse condition), use <u>Guide A</u>; If higher values on the anchor and PROM represent DIFFERENT states (i.e. higher scores on the PROM are worse, while higher values on the anchor are better), use Guide B

the unterior une optimer), not other B						
Does the transition item have a substantial	Guide A	<u>Guide B</u>				
correlation with the PROM score at follow-	Definitely yes $(>0.2)$	Definitely yes $(<-0.2)$				
up?	To a great extent (0.1 to	To a great extent (-0.1 to -				
Definitely yes	0.2)	0.2)				
To a great extent	Not so much $(<0.1)$	<i>Not so much (&gt;-0.1)</i>				
Not so much	Definitely no (negative	Definitely no (positive				
Definitely no	correlation)	correlation)				
Not reported	Rationale: Correlation coeff	icient not reported.				
Does the transition item correlate with the	Definitely yes (negative	Definitely yes (positive				

Does the transition item correlate with the Definitely yes (negative PROM score at baseline? *correlation*) Definitely yes *To a great extent* (<0.1) Not so much (0.1 to 0.2)To a great extent Definitely no (>0.2)Not so much Rationale: Correlation coefficient not reported. Definitely no Not reported

Is the correlation of the transition item with	Definitely yes (≥0.2)	Definitely yes ( $\leq -0.2$ )
the PROM change score appreciably greater	To a great extent (0.1 to $<$	To a great extent (-0.1 to $>$ -
than the correlation of the transition item	0.2)	0.2)
with the PRO score at follow-up?	Not so much (0 to $<0.1$ )	Not so much (0 to $>$ -0.1)
	Definitely no (<0)	Definitely no (>0)

Definitely yes
To a great extent
Not so much
Definitely no
Not reported

Rationale: Correlation coefficient not reported.

PROM patient reported outcome measure; MID minimal important difference; CI confidence interval, SD standard deviation, SE standard error

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# Chapter 3: Minimal important difference estimates for patientreported outcomes: The MID inventory

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#### ABSTRACT

**Objectives:** To develop an inventory summarizing all anchor-based minimally important difference (MID) estimates for patient-reported outcome measures (PROMs) available in the medical literature and conduct an evaluation of their credibility.

**Design:** Systematic review to inform the development of an MID inventory.

**Data sources:** We searched MEDLINE, EMBASE, PsycINFO, and the PROQOLID internal library for studies published between 1989 and April 2015.

**Eligibility criteria:** We included primary studies empirically calculating an anchor-based MID estimate for any PROM in adults and adolescents, irrespective of the type of anchor used.

**Review methods:** Pairs of reviewers independently screened and selected studies, extracted data, and evaluated the credibility of the MID estimates using a new tool.

**Results:** In total, 338 included studies, the majority conducted in North America (112 studies) and Europe (103 studies), reported 3,389 MID estimates for 358 PROMs. To maximize the likelihood of patients experiencing change, 91 studies determined the MID in the setting of pharmacological interventions. Of the 358 PROMs, 67% (241) were classified as disease or condition specific of which 31% related to musculoskeletal disorders. Of the MID estimates, 56% (1,885 MIDs) used a global rating of change anchor. The most common credibility issues included weak correlation (735 MIDs (21%)) or no information regarding the correlation (2,405 MIDs (71%)) between the PROM and the anchor, and imprecision in the MID estimate (2,087 MIDs (62%)).

**Conclusions:** A large number of MID estimates for assisting in the interpretation of PROMs exist. However, the credibility of most estimates remains limited. This MID inventory will allow more effective use of MID estimates for healthcare decision making, thus improving the interpretability of studies reporting PROMs.

#### **INTRODUCTION**

Outcomes that matter to patients have become a key focus in studies evaluating the effects of healthcare interventions. Patient-reported outcome measures (PROMs), a specific type of patient-centered outcome, can be defined as information about a patient's health condition that comes directly from the patient without interpretation by a clinician or anyone else.<sup>1</sup> Investigators have developed PROMs measuring constructs such as function and pain; many instruments measure a number of domains that bear on a broader construct, for instance, how dyspnea in daily life, fatigue, and emotional function affect the health-related quality of life in patients with heart and lung disease.

Although undeniably important, the difficulties with intuitive understanding of PROM reports hinder inferences regarding the magnitude of change – from trivial to very large – that patients have experienced in the constructs of interest.<sup>2</sup> The minimal important difference (MID), initially defined as "the smallest difference that patients perceive as beneficial and that would mandate, in the absence of troublesome side effects and excessive cost, a change in the patient's management"<sup>3</sup> is the most common approach to facilitating the interpretation of PROMs. An update of this definition includes the patient's perception not only of the benefits but also of harms, and the possibility of an "informed proxy" as a valid informant when the patient is incapable of providing the information.<sup>4</sup>

Investigators use two main strategies to determine an MID: distribution and anchor-based. Distribution-based approaches that rely on the statistical characteristics of the sample fail to incorporate the patient perspective and vary widely depending on sample characteristics.<sup>5,6</sup> Anchor-based approaches relate a change in a PROM to an external criterion (i.e., the anchor) that is itself interpretable, and provides meaning to the change experienced in the PROM.<sup>7</sup> Empirical evidence suggests that estimates from distribution-based approaches and should be used only when the latter are unavailable.<sup>8,9</sup>

Although widely accepted, the use of anchor-based MID estimates also present challenges. Investigators must conduct searches to identify reports of MIDs and when, as is often the case, the literature includes a number of candidate MIDs, choosing the most credible is likely to prove difficult.<sup>10-12</sup> Therefore, to facilitate the interpretation of PROMs, and to increase our understanding of and access to MIDs, we summarized all anchor-based MID estimates for PROMs available in the medical literature, and evaluated their credibility.

### **METHODS**

Readers can find a detailed report of the methods of our review in a previously published protocol.<sup>13</sup> This report adheres to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) criteria that are relevant for this type of review.<sup>14</sup>

### **Eligibility criteria**

We included primary studies empirically estimating an anchor-based MID for one or more PROMs (in our terminology, the target instruments) in adolescent ( $\geq$ 13 to 17) or adult ( $\geq$ 18) populations. PROMs of interest measured health-related quality of life, functional ability, symptom severity and psychological distress and well-being.<sup>13</sup> Using a previously published taxonomy,<sup>15</sup> we classified PROMs in two main categories with two and four subcategories: 1) generic (health profiles and utility measures), and 2) specific (disease/condition, symptom, function, and population specific).

We included any reported MID estimate irrespective of the participants' condition or disease, type of intervention used in the study, or nature of the anchor. We included reports using any MID related terminology (e.g. minimally clinically important difference, subjective significant difference, clinical important difference, minimally detectable change, etc.) and any anchor with which results on the target instrument were related, irrespective of the interpretability of that anchor.<sup>13</sup> This included longitudinal (e.g. global rating of change, prognosis of future events, change in disease-related outcomes) and cross-

sectional (e.g. comparison to another group with a different status on the same condition or domain, preference rating) designs.<sup>5</sup>

We excluded systematic reviews of anchor-based MID estimation studies; abstracts from conferences; studies in which authors explicitly targeted a moderate or large important difference as opposed to an MID; MIDs estimated using a combined anchor and distribution-based approach; and estimates obtained using pooled data from multiple cohorts (i.e. different primary investigations).

#### Literature search

We searched Medline, EMBASE, and PsycINFO for studies published between 1989 and April 2015 (the MID concept was first described in the medical literature in 1989<sup>3</sup>). The search strategy, adapted to each database, included terms representing the MID concept along with terms addressing PROMs (Appendix 4). To complement this search, we accessed the Patient Reported Outcome and Quality of Life Instruments Database (PROQOLID)<sup>16</sup> internal library and retrieved additional relevant citations and reviewed reference lists from relevant reviews and eligible studies.

#### Study selection, data collection and analysis

Teams of two reviewers independently screened titles and abstracts for potentially eligible studies. Any studies identified as potentially relevant by either screener were selected for full text evaluation, again conducted in duplicate. Reviewers resolved disagreement by discussion or, if needed, by consultation with a third reviewer (ACL, TD).

Prior to commencing data extraction, all reviewers received extensive training and participated in calibration exercises in which reviewers abstracted and thoroughly discussed data from up to seven studies. The unit of data extraction was the MID estimates. For each MID, we abstracted information pertaining to: the country of the study; population demographics; PROM characteristics; interventions administered in the context of the MID

estimation; anchor details (i.e. type, construct(s), range of options/categories/values, threshold selected to represent a "small but important difference", specific anchor-based method); MID estimate, its associated measure of variability and direction; details regarding MID determination (e.g. number of patients informing the MID estimate, duration of follow up (if applicable), analytical (or estimation) approach, correlations between the PROM and anchor). Each pair of reviewers resolved disagreements by discussion with input from a third reviewer (ACL, TD). We used descriptive statistics such as frequencies and percentages to summarize the data.

#### Credibility assessment

We defined credibility as "the extent to which the design and conduct of studies measuring MIDs are likely to have protected against misleading estimates".<sup>13</sup> We assessed the credibility of MID estimates using an instrument developed in the context of this project; we report the development of the instrument, its characteristics and reliability elsewhere. (Submitted Dec 2018 to the BMJ). The instrument is designed for assessment of an individual MID estimate; thus, each MID estimate from a single study providing multiple estimates warrants its own credibility evaluation. The tool includes two components: 1) a core instrument with five criteria applicable to any anchor-based MID estimation, and 2) an extension of the core instrument with four criteria addressing global ratings of change – also referred to as a transition rating – anchors. With the exception of the first item, which has a yes/no response, each item in the instrument provides a five-point adjectival scale. The range of response options for remaining items include: definitely yes; to a great extent; not so much; definitely no; impossible to tell, with wording such that a response of 'definitely yes' suggests no issues regarding the credibility of the MID estimate. Two reviewers independently conducted the credibility evaluation, resolving disagreements by discussion with input and the presence of a third reviewer for quality control (ACL, TD).

The results of this systematic review informed the development of an inventory that includes all identified anchor-based MID estimates.

#### RESULTS

#### Search Results

Of 5,656 unique citations, 1,716 proved potentially eligible after title and abstract screening, of which 338 studies were eligible after full text evaluation (Figure 3.1). For individuals in search of a specific MID, we have created a comprehensive reference list of all included studies classified according to clinical area and indexed by each PROM (Appendix 5).



Figure 3. 1. PRISMA flowchart for study selection process

### **Study level characteristics**

Table 3.1 describes the study characteristics. Of 338 included studies, the majority were conducted in North America or Europe with the most common area of study being musculoskeletal and other pain. To maximize the likelihood of participants experiencing change, many investigators conducted their studies in the context of patients receiving interventions, most commonly pharmacological, surgical or invasive interventions, and rehabilitation. Among all studies, 44% were conducted exclusively in adults under age 65, 45% in adults of all ages, 2% exclusively in those over 65, whereas 0.5% were exclusively in adolescents or in adolescents and adults of all ages. Figure 3.2.a shows that most of the



studies (n=270) reported no more than two PROMs, while 60 included between three to five PROMs.



**Figure 3. 2.** a) Frequency of PROM reported in individual studies; b) Frequency of MIDs available for PROMs; c) Maximum number of MIDs reported for a PROM in a single study

#### **PROM characteristics**

Table 3.1 presents characteristics of the 358 PROMs for which MIDs were available, majority of which were specific for a disease/condition, a symptom or a function; while only a few PROMs were classified as generic health profiles or utility indices. Disease/condition-specific PROMs most commonly addressed musculoskeletal disorders, cancer, and neurologic conditions. Symptom-specific PROMs most frequently evaluated non-specific or non-musculoskeletal pain, musculoskeletal symptoms, fatigue and dyspnea; and function-specific PROMs frequently assessed physical function and sleep. Figure 3.2.b shows that most PROMs have more than one MID available, with four PROMs having more than 100 MID estimates available.

#### **MID** characteristics

Table 3.1 presents the characteristics of the 3,389 individual MID estimates for the 358 PROMs reported in the 338 eligible studies. Most studies addressed the MID related to

participants' improvement, with relatively few studies addressing worsening of condition or conducting analyses under the assumption that MIDs on the target instrument were similar for improvement and deterioration. Figure 3.2.c presents the maximum number of MIDs reported for a PROM in a single study.

Most of the MID estimates (n=305) were generated from studies using longitudinal designs, (i.e. patients provided responses to the target instrument on two occasions, along with a global rating of change or a measure of satisfaction administered at follow-up; alternatively, change in another PROM or clinical endpoint, or the occurrence of an event was evaluated at follow-up), as opposed to cross-sectional study designs (i.e. investigators either asked participants to compare their status on the target domain to others at a single point in time, or the investigators compared target instrument scores from groups that differed on the anchor).

#### Anchor type and anchor-based methods

The anchor type (i.e. the source of information) and anchor method (i.e. nature of anchor) varied considerably across MID estimations (Table 3.1). Investigators typically used anchors in which patients reported their own status (2,706 MIDs, 80%). Common patient-reported anchors included the use of a transition rating, accounting for 1,756 (65%) MIDs; measures of satisfaction (233 MIDs, 9%); occurrence of an event (e.g. incontinence episodes) or other PROMs assessing health status (e.g. pain visual analogue scale, health assessment questionnaire (HAQ) disability index, Short Form-36) (441 MIDs, 16%). Investigators used a proxy as the source of information for the anchor for 356 MID estimates (11%), which was often informed by a clinician (332 MIDs, 93%) providing their impression of change in health status using a transition rating or assessing performance status or disease activity. Investigators used other anchors such as clinical or laboratory data (e.g. hemoglobin level, number of metastatic sites, forced vital capacity), performance-based measures (e.g. accelerometry data, best-corrected visual acuity), and administrative data (e.g. occurrence of death and rehospitalization) less frequently.

	Regions: count (%)	
	North America	112 (33)
	Europe	103 (30)
	Asia	14 (4)
	Australia	11 (3)
	South America	1 (0)
	Africa	1 (0)
	Multiple continents	18 (5)
	Not reported	78 (23)
	Notreported	78 (23)
	Most common interventions: count (%)	
Study loval data (n=228)	Pharmacological	91 (27)
Study level data (II–558)	Surgical/invasive	53 (16)
	Rehabilitation	37 (11)
	No intervention	9(3)
	Alternative medicine	5(1)
	Behavior	$\frac{2(1)}{2(1)}$
	Other	141 (42)
		111 (12)
	Design: count (%)	
	Longitudinal	305 (90)
	Cross-sectional	16 (5)
	Both	16 (5)
	Unclear	1 (0.3)
	Type of PROM: count (%)	
	Disease/condition specific	241 (67)
	Musculoskeletal disorders	75 (31)
	Cancer	43 (18)
	Neurologic	24 (10)
	Urologic/Gynecologic	17 (7)
	Upper respiratory	14 (6)
	Other	68 (28)
PROM level data (n=358)	Symptom specific	64 (18)
	Non-specific/non- Musculoskeletal pain	21 (33)
	Estime	$\frac{14(22)}{0(14)}$
	Faligue	9 (14)
	Other	0(13)
	Function specific	21 (6)
	Physical function	11 (52)
	Sleep	4 (19)

Table 3. 1. Characteristics of the included studies, PROMs and reported MIDs

	Sexual function	2 (10)
	Work limitations	2 (10)
	Social function	1 (5)
	Activities of daily living	1 (5)
	Utility index	16 (4)
	Generic health profile	13 (4)
	Other	3 (0.8)
	MID direction: count (%)	
	Improvement	2,288 (68)
	Worsening	584 (17)
	Improvement/worsening	380 (11)
	Unclear	137 (4)
	Anchor-based methods: count (%)	
	Global rating of change	1,885 (56)
	Change in disease related outcomes	777 (23)
	Comparison to another group	454 (13)
MID 1	Satisfaction scale	238 (7)
MID level data (n=3,389)	Combination of methods	23 (0.7)
	Prognosis of future events	12 (0.4)
	Anchor type: count (%)	
	Self-reported	2,706 (80)
	Proxy-reported	356 (11)
	Laboratory data	121 (4)
	Performance-based measure	76 (2)
	Combination of types	45 (1)
	Self and proxy reported	22 (1)
	Administrative data	13 (0.4)
	Unclear	50 (1)

PROM, Patient-reported outcome measure; MID, Minimal important difference estimate

#### Analytical approach for MID estimation

1

After the anchor is selected and participants are classified according to the magnitude of difference on the anchor that is small but important to patients, investigators have used a variety of analytical approaches to compute the MID estimate (Table 3.2). In longitudinal studies, investigators most frequently examined the change in the target instrument in those who experienced a small but important change on the anchor or compared to the change in another group (e.g. patients reporting no change). Less frequently, authors used a receiver operating characteristic (ROC) curve analysis, and only infrequently other approaches. In cross-sectional studies, investigators most frequently compared scores on the target

instrument in groups that differed on the anchor, but also quite frequently used regression approaches.

 Table 3. 2. Analytical approach according to study design and operational definition

 (n=3,389)

ar	nalytical pproach	n (%)	Operational definition
N.	lean change	1,425 (50)	The MID is the mean change in PROM scores over time within the subgroup of participants who reported a small but important improvement (or worsening).
M di Longitudinal design (n=2.871)	Aean ifference	576 (20)	The MID is the difference in PROM scores over time in the participants in one group minus the mean change in PROM scores over time in the participants in another group. The participants in the defined groups typically have a different status on the same condition or disease- related outcome. When a global rating of change anchor is used, often the participants who reported a small but important improvement (or worsening) are compared to those in the no change group.
(II 2,071) R op ch ct	Receiver perating haracteristic urve	519 (18)	The MID is the optimal cut-off point may be defined by determining the lowest overall misclassifications (e.g. point closest to 0,1 criterion, closest to the -45° tangent line, maximizing the distance to the identity line, etc.). Other approaches to ROC analysis include but are not limited to an 80% specificity rule and the use of an optimal likelihood ratio.
0	Other	351 (12)	Use of a logistic or linear regression model, ANOVA, discriminant function analysis, linkage or scale- alignment
M di Cross- sectional design (n=481)	Aean lifference Dther	352 (73)	The MID is the difference in PROM scores between participants who rated themselves as a little bit better (or a little bit worse) compared to another participant, and participants who rated themselves as about the same as compared to another participant; or the difference in PROM scores between participants in groups with a different status on the same condition or disease-related outcome. Use of a logistic or linear regression model
Unclear (n=37)		37 (100)	Insufficient information reported to determine the MID analytical method

PROM, Patient-reported outcome measure; MID, Minimal important difference estimate; ROC, Receiver operating characteristic curve

## Credibility assessment of available MID estimates

Table 3.3 presents the distribution of credibility ratings for the MID estimates. In most cases, studies met the first criterion – patients or proxies usually responded to both the target instrument and the anchor. Investigators usually chose easily understandable anchors (second criterion), but unfortunately these easily understandable anchors frequently used a threshold or difference between groups that failed to reflect a small but important change and, sometimes, were so poorly presented that judgement was not possible (fifth criterion). Investigators typically failed on the third and fourth criteria, usually neglecting to report the correlation between the target instrument and the anchor, and not enrolling sufficient patients to ensure a precise estimate of the MID. For more than 2,000 MIDs that used a global rating of change as the anchor, very few satisfied the four additional criteria in the extension of the credibility tool. The duration of time between the first and second administration of the target PROM was excessively long in over half the MIDs (more than 3 months), and very few investigators reported correlations between the transition score and the pre and post score on the target instrument.

**Table 3. 3.** Credibility assessment of MID estimates

Core Credibility Items (n=3,389) Count (%)	Definitely no	Not so much	To a great extent	Definitely yes	Impossible to tell
1. Is the patient or necessary proxy responding directly to BOTH the PROM and the anchor?	620 (18)	-	-	2,716 (80)	53 (2)
2. Is the anchor easily understandable and relevant for patients or necessary proxy?	126 (4)	178 (5)	662 (20)	2,310 (68)	113 (3)
3. Has the anchor shown good correlation with the PROM?	246 (7)	489 (14)	204 (6)	45 (1)	2,405 (71)
4. Is the MID estimate precise?	1,610 (48)	477 (14)	311 (9)	552 (16)	439 (13)
5. Does the threshold or difference between groups on the anchor used to estimate the MID reflect a small but important difference?	880 (26)	713 (21)	1,282 (38)	163 (5)	351 (10)
Extension Credibility Items (n=2,075) Count (%)					
1. Is the amount of elapsed time between baseline and follow-up	1,103 (53)	349 (17)	184 (9)	347 (17)	92 (4)

	measurement for MID estimation optimal?					
2.	Does the transition item have a substantial positive correlation with the PROM score at follow-up?	10 (0)	8 (0)	11 (0)	41 (2)	2005 (97)
3.	Does the transition item correlate negatively or very weakly positively with the PROM score at baseline?	9 (0)	10 (0)	12 (0)	23 (1)	2021 (97)
4.	Is the correlation of the transition item with the PROM change score appreciably greater than the correlation of the transition item with the PROM score at follow-up?	22 (1)	10 (0)	9 (0)	8 (0)	2026 (98)

PROM, patient-reported outcome measure; MID, Minimal important difference

On the basis of the results of this systematic review, we have developed an inventory of anchor-based MID estimates that will allow users to search for all available MIDs for PROMs. For each MID we have summarized information pertaining to the study design, PROM characteristics, population demographics, intervention details, MID methodology, anchor details, and assessment of credibility. Individuals interested in accessing the inventory can do so here: www.promid.org (in development).

#### DISCUSSION

#### **Main findings**

This effort represents the first systematic summary of all available anchor-based MID estimates for PROMs in the medical literature. We identified 338 primary studies reporting 3,389 anchor-based MID estimates for 358 PROMs across all clinical disciplines. Disease/condition-specific PROMs have the largest representation in our inventory and studies most frequently used longitudinal designs, with self-reported global ratings of change by far the most common type of anchor. The credibility of the MID estimates varied substantially, and reporting issues often limited the credibility evaluation.

A number of insights emerged from this study. First, there are a large number of MID estimates available in the literature that can be used to inform the interpretation of a great many PROMs across a wide variety of clinical areas. Second, individual studies often report

a number of MIDs, usually for only one or two PROMs; for individual PROMs there are often between one to five available MID estimates. Third, investigators make use of a variety of anchor-based methodologies; however, their relative merits remain to be established. Fourth, although the majority of the estimations were informed by anchors that were easily understandable and relevant, and to which patients or proxies responded directly, most studies failed to report the correlation between the PROM and the anchor, and presented issues of imprecision. Thus, there are substantial deficiencies in the methodology of most MID assessments; very large improvements in methodology are needed.

#### **Strengths and limitations**

The first strength of our work is its scope: it is likely that our inventory includes a nearcomplete collection of the anchor-based MIDs in adolescents and adults reported in the peer-reviewed medical literature, with a description of salient characteristics including credibility of MID estimates. We conducted extensive screening using broad inclusive criteria at a title and abstract level, minimizing the risk of missing MID estimates due to inconsistencies in terminology. We used a piloted form that underwent iterative testing to ensure it covered all relevant characteristics and methodological aspects of MID estimation studies. We conducted extensive calibration processes, selecting and extracting data in duplicate, and implementing a quality control with a third researcher checking the collected information. In addition, in the context of the development of this inventory, we created and applied a novel instrument to assess the credibility of MID estimates. The instrument proved to have high reliability (Submitted Dec 2018 to the BMJ).

This study also has limitations. The lack of standardized reporting for MID estimation studies presented challenges when building search strategies and conducting screening at title and abstract and full-text level, leaving the possibility that our search missed some available MID estimates. It is likely, however, that only a small proportion of the available MIDs published in peer-review journals included in the most common electronic databases to which our search was limited escaped detection. To ensure completeness, future updates of this inventory may need to include grey literature, and access to other less commonly utilized sources of information. Finally, our study is comprehensive only to April 2015; we are currently in the process of identifying resources to update the search, data abstraction, and credibility assessments.

#### **Relation to prior work**

To the best of our knowledge, this is the first attempt to systematically summarize all available anchor-based MID estimates in the literature. A number of reports have provided guidance for advancing the use of MID estimates to place PROM results in context and facilitate interpretation.<sup>17</sup> Investigators have proposed examining the magnitude of treatment effects in relation to the MID, and also examining the proportion of patients in intervention and control groups who have achieved improvements (or deteriorations) greater than the MID – a so-called "responder analysis".<sup>18</sup> This approach allows the presentation of pooled effect estimates using relative (risk ratio, odds ratio) and absolute measures (risk difference, number needed to treat for benefit or harm).<sup>19</sup>

When conducting a meta-analysis in which studies use different PROMs measuring the same construct, authors can report mean difference in MID units, as an alternative to the standardized mean difference – a measure associated with considerable challenges in interpretability.<sup>20</sup> Another approach suggests the use of MIDs for the calculation of the probability for trial participants to experience a treatment effect that is greater than or at least equal to the MID.<sup>21,22</sup> Authors have also suggested a role for MID estimates for determining sample size calculation.<sup>7,22,23</sup>

#### Implications for research and use of MID estimates

All methods presented in the previous section rely on the assumption that a credible MID estimate is available for the PROM under evaluation. Currently, determining whether an MID estimate for a given PROM is available presents two important challenges: 1) users

of MIDs need to conduct comprehensive systematic reviews to identify primary studies reporting MID estimates for the PROM of interest, and 2) as our study showed, it is likely that more than one estimate would be available, requiring decisions of which estimate(s) to use. The credibility assessment of the MID will constitute a key, if not a pre-eminent criterion for this choice.

Recent publications provide examples of practical applications of MID estimates for improving the interpretation of PROMs in the context of primary studies, systematic reviews and clinical practice guidelines.<sup>12,21,24-26</sup> By providing easy access to available MIDs, including ratings of their credibility, this inventory aims to close the gap between MID estimation studies and subsequent application of their MID estimates in clinical research and practice by reducing the time, effort, and likelihood of error in MID estimate selection.

Since the early 2000s, more patient-centered approaches, such as emphasizing the use of PROMs and capturing the patient perspective to inform decision making, has gained attention in the medical community.<sup>12,27,28</sup> To use PROM results effectively, decision-makers must be able to accurately interpret the magnitude of treatment effects. Using an anchor-based MID estimate based on the patient's perspective provides the needed interpretation that then informs the trade-off between benefits, harms, and burdens of medical interventions.<sup>29</sup> Our inventory of the available MID estimates will greatly facilitate use of MIDs in interpreting PROM results. Future efforts will focus on making this inventory of MID estimates easily available to key stakeholders, maintaining updated records of the latest studies published in the medical literature, and including an assessment of their credibility. This resource will serve as a repository for users and developers of MID estimates, simplifying their identification and utilization in primary and secondary research, and clinical practice guidelines.

#### What is already known on this topic

- The use and optimal interpretation of patient-reported outcome measures (PROMs) are essential for patient-centered clinical research and practice.
- Minimal important difference (MID) estimates facilitate the interpretation of PROMs, providing a threshold that reflects patient perspectives on what constitutes a small but important change.
- Currently, the identification and selection of MID estimates is challenging for researchers and clinicians.

### What this study adds

- We have created an inventory of all available anchor-based minimal important difference estimates in the medical literature, including an evaluation of their credibility.
- There are a large number of MID estimates available that can be used to inform the interpretation of a great many PROMs across a wide variety of clinical areas.

#### Linked articles

Tahira Devji\*, Alonso Carrasco-Labra\*, Anila Qasim, Mark Phillips, Niveditha Devasenapathy, Dena Zeraatkar, Meha Bhatt, Xuejing Jin, Romina Brignardello-Petersen, Olivia Urquhart, Farid Foroutan, Stefan Schandelmaier, Hector Pardo-Hernandez, Robin WM Vernooij, Hsiaomin Huang, Yamna Rizwan, Reed Siemieniuk, Lyubov Lytvyn, Bradley C Johnston, Donald L Patrick, Shanil Ebrahim, Toshi Furukawa, Gihad Nesrallah, Holger J Schunemann, Mohit Bhandari, Lehana Thabane, Gordon H Guyatt. Development and inter-rater reliability of an instrument to evaluate the credibility of anchor-based minimal important difference estimates for patient reported outcomes. Submitted to *BMJ*. Nov 2018

#### Contributors statement

ACL, TD, BCJ, GN, SE, GHG conceived the study idea; ACL, TD, AQ, MP, GG created the data extraction form for the MID inventory and led the development of the credibility

instrument; TD, ACL, AQ, MP, ND, DZ, MB, XJ, RBP, OU, FF, SS, HPH, RWMV, HH, YR, RAS, and LL extracted data and assessed the credibility of MIDs in our inventory; ACL and TD wrote the first draft of the manuscript; ACL, TD, GG, AQ, MP, ND, DZ, RBP, OU, SS, HPH, RWMV, LL, BCJ, DLP, SE, TF, GN, HJS, MB, LT interpreted the data analysis and critically revised the manuscript. ACL and TD are the guarantors.

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#### **Competing interests' statement**

All authors have completed the ICMJE uniform disclosure form and declare no support from any organization for the submitted work. There are no other relationships or activities that could appear to have influenced the submitted work.

Ethical approval statement: Not required.

Data sharing statement: No additional data available.

**Transparency statement:** ACL, TD and GHG affirm that the manuscript is an honest, accurate, and transparent account of the recommendation being reported; that no important aspects of the recommendation have been omitted; and that any discrepancies from the recommendation as planned (and, if relevant, registered) have been explained.

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Appendix 3. 1. Search Strategy for Medline, January 1989 to April 2015

Database: Ovid MEDLINE(R) 1946 to Present with Daily Update Search Strategy:

1	(clinical* important difference? or clinical* meaningful difference? or	5231
	clinical* meaningful improvement? or clinical* relevant mean	
	difference? or clinical* significant change? or clinical* significant	
	difference? or clinical* important improvement? or clinical*	
	meaningful change? or mcid or minim* clinical* important or minim*	
	clinical* detectable or minim* clinical* significant or minim*	
	detectable difference? or minim* important change? or minim*	
	important difference? or smallest real difference? or subjectively	
	significant difference?).tw.	100007
2	"Quality of Life"/	102387
3	"outcome assessment(health care)"/ or treatment outcome/ or treatment	602632
	failure/	0.1 (0.0
4	exp pain/	281620
5	exp disease attributes/ or exp "signs and symptoms"/	2141451
6	or/2-5	2666010
7	1 and 6	2720
8	health status indicators/ or "severity of illness index"/ or sickness	441974
	impact profile/ or interviews as topic/ or questionnaires/ or self report/	
9	Pain Measurement/	53721
10	patient satisfaction/ or patient preference/	54114
11	or/8-10	521840
12	7 and 11	1182
13	limit 12 to yr="1989 -Current"	1180
14	(quality of life or life qualit??? or hrqol or hrql).mp.	157316
15	(assessment? outcome? or measure? outcome? or outcome? studies or	737085
	outcome? study or outcome? assessment? or outcome? management or	
	outcome? measure* or outcome? research or patient? outcome? or	
	research outcome? or studies outcome? or study outcome? or therap*	
	outcome? or treatment outcome? or treatment failure?).mp.	
16	pain????.mp.	442420
17	((activity or sever* or course) adj3 (disease or disabilit* or	150384
	symptom*)).mp.	
18	or/14-17	1335860
19	1 and 18	2758
20	(questionnaire? or instrument? or interview? or inventor* or test??? or	4884173
	scale? or subscale? or survey? or index?? or indices or form? or score?	
	or measurement?).mp.	

21	(patient? rating? or subject* report? or subject* rating? or self report*	96219
	or self evaluation? or self appraisal? or self assess* or self rating? or	
	self rated).mp.	
22	(patient? report* or patient? observ* or patient? satisf*).mp.	86741
23	anchor base??.mp.	185
24	or/20-23	4931748
25	19 and 24	2274
26	limit 25 to yr="1989 -Current"	2256
27	13 or 26	2301

Database: Embase - 1980 to April 2015 - Search Strategy:

1	(clinical* important difference? or clinical* meaningful difference? or	7353
	clinical* meaningful improvement? or clinical* relevant mean	
	difference? or clinical* significant change? or clinical* significant	
	difference? or clinical* important improvement? or clinical*	
	meaningful change? or meid or minim* clinical* important or minim*	
	clinical* detectable or minim* clinical* significant or minim*	
	detectable difference? or minim* important change? or minim*	
	important difference? or smallest real difference? or subjectively	
	significant difference?).tw.	
2	"Quality of Life"/	202827
3	quality adjusted life year/	9537
4	exp treatment outcome/	867722
5	exp pain/	686857
6	exp disease course/	1733745
7	symptom/	83652
8	exp disease activity/	212815
9	exp disease severity/	991780
10	or/2-9	3195376
11	1 and 10	4192
12	health survey/	139499
13	exp questionnaire/	332570
14	exp interview/	119874
15	pain assessment/	59009
16	exp "named inventories, questionnaires and rating scales"/	123421
17	rating scale/	74530
18	self evaluation/	17604
19	patient satisfaction/	74674
20	or/12-19	798335
21	20 and 11	1882
22	limit 21 to yr="1989 -Current"	1880
23	(quality of life or life qualit??? or hrqol or hrql).mp.	252623

24	(assessment? outcome? or measure? outcome? or outcome? studies or	1018285
	outcome? study or outcome? assessment? or outcome? management or	
	outcome? measure* or outcome? research or patient? outcome? or	
	research outcome? or studies outcome? or study outcome? or therap*	
	outcome? or treatment outcome? or treatment failure?).mp.	
25	pain????.mp.	707707
26	((activity or sever* or course) adj3 (disease or disabilit* or	683760
	symptom*)).mp.	
27	(bothersomeness or ((level? or degree?) adj3 bother*)).mp.	566
28	or/23-27	2283571
29	1 and 28	4127
30	(questionnaire? or instrument? or interview? or inventor* or test??? or	6260382
	scale? or subscale? or survey? or index?? or indices or form? or score?	
	or measurement?).mp.	
31	(patient? rating? or subject* report? or subject* rating? or self report*	134646
	or self evaluation? or self appraisal? or self assess* or self rating? or	
	self rated).mp.	
32	(patient? report* or patient? observ* or patient? satisf*).mp.	119788
33	anchor base??.mp.	280
34	or/30-33	6335006
35	29 and 34	3411
36	limit 35 to yr="1989 -Current"	3388
37	22 or 36	3468

Database: PsycINFO - 1967 to April 2015 - Search Strategy:

1	(clinical* important difference? or clinical* meaningful difference? or	1090
	clinical* meaningful improvement? or clinical* relevant mean	
	difference? or clinical* significant change? or clinical* significant	
	difference? or clinical* important improvement? or clinical*	
	meaningful change? or mcid or minim* clinical* important or minim*	
	clinical* detectable or minim* clinical* significant or minim*	
	detectable difference? or minim* important change? or minim*	
	important difference? or smallest real difference? or subjectively	
	significant difference?).tw.	
2	"Quality of Life"/	22076
3	Well being/	20059
4	exp Treatment Outcomes/	25350
5	exp pain/	35913
6	Symptoms/	37745
7	Disease Course/	8253
8	or/2-7	140385
9	1 and 8	413
10	Treatment Effectiveness Evaluation/	13605

11	Self-Evaluation/	7307
12	Self Report/	11334
13	Pain Measurement/	942
14	exp Questionnaires/	12287
15	exp Rating Scales/	16649
16	Client Satisfaction/	3565
17	or/10-16	62945
18	9 and 17	84
19	(quality of life or life qualit??? or hrqol or hrql).mp.	37410
20	(assessment? outcome? or measure? outcome? or outcome? studies or	59226
	outcome? study or outcome? assessment? or outcome? management or	
	outcome? measure* or outcome? research or patient? outcome? or	
	research outcome? or studies outcome? or study outcome? or therap*	
	outcome? or treatment outcome? or treatment failure?).mp.	
21	pain????.mp.	67462
22	((activity or sever* or course) adj3 (disease or disabilit* or	33374
	symptom*)).mp.	
23	or/19-22	180640
24	1 and 23	540
25	(questionnaire? or instrument? or interview? or inventor* or test??? or	1296323
	scale? or subscale? or survey? or index?? or indices or form? or score?	
	or measurement?).mp.	
26	(client? rating? or subject* report? or subject* rating? or self report* or	90635
	self evaluation? or self appraisal? or self assess* or self rating? or self	
	rated).tw.	
27	(client? report* or client? observ* or client? satisf*).tw.	1771
28	anchor base??.mp.	51
29	or/25-28	1314342
30	24 and 29	486
31	18 or 30	500
32	limit 31 to yr="1989 -Current"	498

Appendix 3. 2. Complete reference list of all included MID estimation studies

categorized by clinical topic area

#### Allergy Medicine

Rhinoconjunctivitis Quality of Life Questionnaire (RQLQ)

Turner DS, Holger J.; Griffith, Lauren E.; Beaton, Dorcas E.; Griffiths, Anne M.; Critch, Jeffrey N.; Guyatt, Gordon H. Using the entire cohort in the receiver operating characteristic analysis maximizes precision of the minimal important difference. J Clin Epidemiol. 2009;62(4):374-379.

Juniper EF, Guyatt GH, Griffith LE, Ferrie PJ. Interpretation of rhinoconjunctivitis quality of life questionnaire data. The Journal of allergy and clinical immunology. 1996;98(4):843-845.

Rhinoconjunctivitis Quality of Life Questionnaire (RQLQ) - Japanese version

Higaki TO, M.; Kariya, S.; Fujiwara, T.; Haruna, T.; Hirai, H.; Murai, A.; Gotoh, M.; Okubo, K.; Yonekura, S.; Okamoto, Y.; Nishizaki, K. Determining minimal clinically important differences in Japanese cedar/cypress pollinosis patients. Allergology International. 2013;62(4):487-493.

Rhinoconjunctivitis Total Symptom Score (RTSS)

Devillier PC, O.; Vicaut, E.; De Beaumont, O.; Robin, B.; Dreyfus, J. F.; Bousquet, P. J. The minimally important difference in the Rhinoconjunctivitis Total Symptom Score in grass-pollen-induced allergic rhinoconjunctivitis. Allergy: European Journal of Allergy and Clinical Immunology. 2014;69(12):1689-1695.

Total nasal symptom score (TNSS) 5 item

Higaki TO, M.; Kariya, S.; Fujiwara, T.; Haruna, T.; Hirai, H.; Murai, A.; Gotoh, M.; Okubo, K.; Yonekura, S.; Okamoto, Y.; Nishizaki, K. Determining minimal clinically important differences in Japanese cedar/cypress pollinosis patients. Allergology International. 2013;62(4):487-493.

Allergy, Ear Nose and Throat

Rhinitis Control Assessment Test (RCAT)

Meltzer EOS, M.; Nathan, R.; Garris, C.; Stanford, R. H.; Kosinski, M. Reliability, validity, and responsiveness of the Rhinitis Control Assessment Test in patients with rhinitis. Journal of Allergy and Clinical Immunology. 2013;131(2):379-386.

#### Cardiology

Atrial Fibrillation Effect On QualiTy-Of-Life (AFEQT)

Dorian PB, C.; Mullin, C. M.; Bubien, R.; Godejohn, D.; Reynolds, M. R.; Lakkireddy, D. R.; Wimmer, A. P.; Bhandari, A.; Spertus, J. Interpreting changes in quality of life in atrial fibrillation: how much change is meaningful? Am Heart J. 2013;166(2):381-387.e388.

Cambridge Pulmonary Hypertension Outcome Review (CAMPHOR) Utility Index

Meads DMM, S. P.; Doughty, N.; Das, C.; Gin-Sing, W.; Langley, J.; Pepke-Zaba, J. The responsiveness and validity of the CAMPHOR Utility Index. Eur Respir J. 2008;32(6):1513-1519.

Chronic Heart Failure Questionnaire (CHQ)

Bennett SJO, Neil B.; Eckert, George J.; Embree, Jennifer L.; Browning, Sherry; Hou, Nan; Chui, Michelle; Deer, Melissa; Murray, Michael D. Comparison of quality of life measures in heart failure. Nurs Res. 2003;52(4):207-216.

Chronic Respiratory Disease Questionnaire (CRQ) / Chronic Heart Failure Questionnaire (CHQ)

Jaeschke RS, J.; Guyatt, G. H. Measurement of health status. Ascertaining the minimal clinically important difference. Control Clin Trials. 1989;10(4):407-415.

EuroQol-5D Utility Index (EQ-5D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

Intensity of average breathlessness Numerical Rating Scale (NRS)

Oxberry SGB, J. M.; Clark, A. L.; Cleland, J. G. F.; Johnson, M. J. Minimally clinically important difference in chronic breathlessness: Every little helps. Am Heart J. 2012;164(2):229-235.

Intensity of worst breathlessness Numerical Rating Scale (NRS)

Oxberry SGB, J. M.; Clark, A. L.; Cleland, J. G. F.; Johnson, M. J. Minimally clinically important difference in chronic breathlessness: Every little helps. Am Heart J. 2012;164(2):229-235.

mBorg scale-rated average breathlessness intensity

Oxberry SGB, J. M.; Clark, A. L.; Cleland, J. G. F.; Johnson, M. J. Minimally clinically important difference in chronic breathlessness: Every little helps. Am Heart J. 2012;164(2):229-235.

mBorg scale-rated worst breathlessness intensity

Oxberry SGB, J. M.; Clark, A. L.; Cleland, J. G. F.; Johnson, M. J. Minimally clinically important difference in chronic breathlessness: Every little helps. Am Heart J. 2012;164(2):229-235.

Minnesota Living With Heart Failure Questionnaire (MLHF)

Bennett SJO, Neil B.; Eckert, George J.; Embree, Jennifer L.; Browning, Sherry; Hou, Nan; Chui, Michelle; Deer, Melissa; Murray, Michael D. Comparison of quality of life measures in heart failure. Nurs Res. 2003;52(4):207-216.

Short Form Health Survey 12-Item (SF-12)

Bennett SJO, Neil B.; Eckert, George J.; Embree, Jennifer L.; Browning, Sherry; Hou, Nan; Chui, Michelle; Deer, Melissa; Murray, Michael D. Comparison of quality of life measures in heart failure. Nurs Res. 2003;52(4):207-216.

Short-Form Six-Dimension (SF-6D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

#### Dentistry

Condition-specific Oral Impacts on Daily Performances index (CS-OIDP)

Tsakos GB, Eduardo; D'Aiuto, Francesco; Pikhart, Hynek; Tonetti, Maurizio; Sheiham, Aubrey; Donos, Nikolaos. Assessing the minimally important difference in the oral impact on daily performances index in patients treated for periodontitis. J Clin Periodontol. 2010;37(10):903-909.

Dentine Hypersensitivity Experience Questionnaire (DHEQ)

Baker SRG, B. J.; Sufi, F.; Barlow, A.; Robinson, P. G. The Dentine Hypersensitivity Experience Questionnaire: a longitudinal validation study. J Clin Periodontol. 2014;41(1):52-59.

General Oral Health Assessment Index (GOHAI)

Jonsson BO, K. Evaluation of the effect of non-surgical periodontal treatment on oral health-related quality of life: estimation of minimal important differences 1 year after treatment. J Clin Periodontol. 2014;41(3):275-282.

Oral health impact profile (OHIP-14)

Locker DJ, Aleksandra; Clarke, Martha. Assessing the responsiveness of measures of oral health-related quality of life. Community Dent Oral Epidemiol. 2004;32(1):10-18.

Oral Health Impact Profile (OHIP-20)

Allen PFOS, Maeve; Locker, David. Determining the minimally important difference for the Oral Health Impact Profile-20. Eur J Oral Sci. 2009;117(2):129-134.

Oral Health Impact Profile (OHIP-G) - German population adaptation

John MTR, Daniel R.; Szentpetery, Andras; Steele, James. An approach to define clinical significance in prosthodontics. J Prosthodont. 2009;18(5):455-460.

Oral Impacts on Daily Performances index (OIDP)

Tsakos GB, Eduardo; D'Aiuto, Francesco; Pikhart, Hynek; Tonetti, Maurizio; Sheiham, Aubrey; Donos, Nikolaos. Assessing the minimally important difference in the oral impact on daily performances index in patients treated for periodontitis. J Clin Periodontol. 2010;37(10):903-909.

UK oral health-related quality-of-life measure (OHQoL-UK)

Jonsson BO, K. Evaluation of the effect of non-surgical periodontal treatment on oral health-related quality of life: estimation of minimal important differences 1 year after treatment. J Clin Periodontol. 2014;41(3):275-282.

Xerostomia Inventory (XI)

Thomson WM. Measuring change in dry-mouth symptoms over time using the Xerostomia Inventory. Gerodontology. 2007;24(1):30-35.

#### Dermatology

Dermatology Life Quality Index (DLQI)

Shikiar RH, Gale; Leahy, Michael; Lennox, Richard D. Minimal important difference (MID) of the Dermatology Life Quality Index (DLQI): results from patients with chronic idiopathic urticaria. Health Qual Life Outcomes. 2005;3:36.

Shikiar RW, Mary Kaye; Okun, Martin M.; Thompson, Christine S.; Revicki, Dennis A. The validity and responsiveness of three quality of life measures in the assessment of psoriasis patients: results of a phase II study. Health Qual Life Outcomes. 2006;4:71.

EuroQol-5D Utility Index (EQ-5D)

Shikiar RW, Mary Kaye; Okun, Martin M.; Thompson, Christine S.; Revicki, Dennis A. The validity and responsiveness of three quality of life measures in the assessment of psoriasis patients: results of a phase II study. Health Qual Life Outcomes. 2006;4:71.

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

EuroQol-5D visual analogue scale (EQ-5D-VAS)

Shikiar RW, Mary Kaye; Okun, Martin M.; Thompson, Christine S.; Revicki, Dennis A. The validity and responsiveness of three quality of life measures in the assessment of psoriasis patients: results of a phase II study. Health Qual Life Outcomes. 2006;4:71.

Psoriasis Symptom Diary (PSD)

Strober BEN, J.; Mallya, U. G.; Guettner, A.; Papavassilis, C.; Gottlieb, A. B.; Elewski, B. E.; Turner-Bowker, D. M.; Shields, A. L.; Gwaltney, C. J.; Lebwohl, M. Item-level psychometric properties for a new patient-reported psoriasis symptom diary. Value Health. 2013;16(6):1014-1022.

Self-Assessed Simplified Psoriasis Index (saSPI)

Chularojanamontri LG, C. E.; Chalmers, R. J. Responsiveness to change and interpretability of the simplified psoriasis index. Journal of Investigative Dermatology. 2014;134(2):351-358.

Short Form Health Survey 36-Item (SF-36)

Shikiar RW, Mary Kaye; Okun, Martin M.; Thompson, Christine S.; Revicki, Dennis A. The validity and responsiveness of three quality of life measures in the assessment of psoriasis patients: results of a phase II study. Health Qual Life Outcomes. 2006;4:71.

Short-Form Six-Dimension (SF-6D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

Ear Nose and Throat

Annoyance visual analogue scale (VAS)

Adamchic IL, B.; Hauptmann, C.; Tass, P. A. Psychometric evaluation of visual analog scale for the assessment of chronic tinnitus. Am J Audiol. 2012;21(2):215-225.

Dizziness Handicap Inventory (DHI) - Norwegian version

Tamber A-LW, Kjersti T.; Strand, Liv Inger. Measurement properties of the Dizziness Handicap Inventory by cross-sectional and longitudinal designs. Health Qual Life Outcomes. 2009;7:101.

Loudness visual analogue scale (VAS)

Adamchic IL, B.; Hauptmann, C.; Tass, P. A. Psychometric evaluation of visual analog scale for the assessment of chronic tinnitus. Am J Audiol. 2012;21(2):215-225.

Modified Sino-Nasal Outcome Test-16 (SNOT-16)

Garbutt JS, Edward; Piccirillo, Jay. Use of the modified SNOT-16 in primary care patients with clinically diagnosed acute rhinosinusitis. Arch Otolaryngol Head Neck Surg. 2011;137(8):792-797.

Sino-Nasal Outcome Test-22 (SNOT-22)

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

Hopkins CG, S.; Slack, R.; Lund, V. J.; Browne, J. P. Psychometric validity of the 22-item Sinonasal Outcome Test. Clin Otolaryngol. 2009;34(5):447-454.

Sino-Nasal Outcome Test-22 (SNOT-22) - Lithuanian version

Vaitkus SP, E.; Balsevicius, T.; Siupsinskiene, N.; Staikuniene, J.; Ryskiene, S.; Lisauskaite, L.; Vaitkus, J. Translation, cross-cultural adaptation, and validation of the sino-nasal outcome test (SNOT)-22 for Lithuanian patients. Eur Arch Otorhinolaryngol. 2013;270(6):1843-1848.

Ear Nose and Throat, Infectious Disease

Activity Impairment Assessment (AIA)

Quadri NL, A.; Keating, K. N.; Nafees, B.; Piccirillo, J.; Wild, D. Psychometric evaluation of the Sinonasal Outcome Test-16 and activity impairment assessment in acute bacterial sinusitis. Otolaryngol Head Neck Surg. 2013;149(1):161-167.

Sino-Nasal Outcome Test-16 (SNOT-16)

Quadri NL, A.; Keating, K. N.; Nafees, B.; Piccirillo, J.; Wild, D. Psychometric evaluation of the Sinonasal Outcome Test-16 and activity impairment assessment in acute bacterial sinusitis. Otolaryngol Head Neck Surg. 2013;149(1):161-167.

Ear Nose and Throat, Rheumatology

Oral health impact profile (OHIP-14) - Turkish version

Hayran OM, G.; Inanc, N.; Ergun, T.; Direskeneli, H. Assessment of minimal clinically important improvement by using Oral Health Impact Profile-14 in Behcet's disease. Clin Exp Rheumatol. 2009;27(2 Suppl 53):S79-84.

**Emergency Medicine** 

Average pain numerical rating scale (NRS)

Mehling WEG, Viranjini; Acree, Michael; Pressman, Alice; Carey, Tim; Goldberg, Harley; Hecht, Frederick M.; Avins, Andrew L. Acute low back pain and primary care: how to define recovery and chronification? Spine. 2011;36(26):2316-2323.

Nausea visual analogue scale (VAS)

Hendey GWD, Neil F.; Fuller, Kimberly. Clinically significant changes in nausea as measured on a visual analog scale. Ann Emerg Med. 2005;45(1):77-81.

Pain intensity numerical rating scale (NRS)

de Vet HCWO, Raymond W. J. G.; Terwee, Caroline B.; van der Roer, Nicole; Knol, Dirk L.; Beckerman, Heleen; Boers, Maarten; Bouter, Lex M. Minimally important change determined by a visual method integrating an anchor-based and a distribution-based approach. Qual Life Res. 2007;16(1):131-142.

Kendrick DBS, Tania D. The minimum clinically significant difference in patient-assigned numeric scores for pain. Am J Emerg Med. 2005;23(7):828-832.

Bernstein SLB, Polly E.; Gallagher, E. John. Relationship between intensity and relief in patients with acute severe pain. Am J Emerg Med. 2006;24(2):162-166.

Pain numerical rating scale (NRS)

Bijur PEC, Andrew K.; Esses, David; Gallagher, E. John. Identifying the minimum clinically significant difference in acute pain in the elderly. Ann Emerg Med. 2010;56(5):517-521.e511.

Bijur PEC, Andrew K.; Esses, David; Gallagher, E. John. Problems with measurement of the minimum clinically significant difference in acute pain in elders. Acad Emerg Med. 2011;18(2):135-139.

Bijur PEL, Clarke T.; Gallagher, E. John. Validation of a verbally administered numerical rating scale of acute pain for use in the emergency department. Acad Emerg Med. 2003;10(4):390-392.

Pain severity visual analogue scale (VAS)

Gallagher EJB, Polly E.; Latimer, Clarke; Silver, Wendy. Reliability and validity of a visual analog scale for acute abdominal pain in the ED. Am J Emerg Med. 2002;20(4):287-290.

Pain visual analogue scale (VAS)

Todd KHF, K. G.; Funk, J. P.; Bonacci, R. Clinical significance of reported changes in pain severity. Ann Emerg Med. 1996;27(4):485-489.

Lee JSH, Elisabeth; Stiell, Ian G.; Wells, George A. Clinically important change in the visual analog scale after adequate pain control. Acad Emerg Med. 2003;10(10):1128-1130.

Bird SBD, E. W. Clinically significant changes in pain along the visual analog scale. Ann Emerg Med. 2001;38(6):639-643.

Kelly AM. Does the clinically significant difference in visual analog scale pain scores vary with gender, age, or cause of pain? Acad Emerg Med. 1998;5(11):1086-1090.

Kelly AM. The minimum clinically significant difference in visual analogue scale pain score does not differ with severity of pain. Emerg Med J. 2001;18(3):205-207.

Gallagher EJL, M.; Bijur, P. E. Prospective validation of clinically important changes in pain severity measured on a visual analog scale. Ann Emerg Med. 2001;38(6):633-638.

Meek RK, Anne-Maree; Hu, Xue Feng. Use of the visual analog scale to rate and monitor severity of nausea in the emergency department. Acad Emerg Med. 2009;16(12):1304-1310.

Bijur PEL, Clarke T.; Gallagher, E. John. Validation of a verbally administered numerical rating scale of acute pain for use in the emergency department. Acad Emerg Med. 2003;10(4):390-392.

Mark MSMA, T. T. S.; Choi, Y. F.; Wong, T. W. The minimum clinically significant difference in visual analogue scale pain score in a local emergency setting. Hong Kong Journal of Emergency Medicine. 2009;16(4):233-236.

Pictoral Representation of Pain (PRP)
Eken CA, O.; Bektas, F.; Bilge, U.; Kucukyilmaz, O.; Korkmaz, N.; Ankun, G.; Cete, Y. Reliability and validity of a new pain measurement tool: Pictorial representation of pain. Turkiye Acil Tip Dergisi. 2011;11(1):3-8.

Roland-Morris Disability Questionnaire (RMDQ)

Mehling WEG, Viranjini; Acree, Michael; Pressman, Alice; Carey, Tim; Goldberg, Harley; Hecht, Frederick M.; Avins, Andrew L. Acute low back pain and primary care: how to define recovery and chronification? Spine. 2011;36(26):2316-2323.

Roland-Morris Disability Questionnaire 5-item (RMDQ-5)

Friedman BWS, C. B.; Mulvey, L.; Esses, D.; Bijur, P. E.; John Gallagher, E. Derivation of an abbreviated instrument for use in emergency department low back pain research: the five-item Roland Morris Questionnaire. Acad Emerg Med. 2013;20(10):1013-1021.

Satisfaction visual analogue scale (VAS)

Singer AJT, H. C., Jr. Determination of the minimal clinically significant difference on a patient visual analog satisfaction scale. Acad Emerg Med. 1998;5(10):1007-1011.

Worst pain numerical rating scale (NRS)

Mehling WEG, Viranjini; Acree, Michael; Pressman, Alice; Carey, Tim; Goldberg, Harley; Hecht, Frederick M.; Avins, Andrew L. Acute low back pain and primary care: how to define recovery and chronification? Spine. 2011;36(26):2316-2323.

#### Endocrinology

Ability to Perform Physical Activities of Daily Living (APPADL)

Hayes RPS, E. M.; Naegeli, A. N.; Curtis, B. H. Test-retest, responsiveness, and minimal important change of the ability to perform physical activities of daily living questionnaire in individuals with type 2 diabetes and obesity. Diabetes Technol Ther. 2012;14(12):1118-1125.

Diabetes Medication Satisfaction (DiabMedSat)

Brod MC, Torsten; Kongso, Jens Harald; Bushnell, Donald M. Examining and interpreting responsiveness of the Diabetes Medication Satisfaction measure. J Med Econ. 2009;12(4):309-316.

Hypoglycaemia Fear Survey (HFS-II)

Stargardt TG-F, L.; Krobot, K. J.; Alexander, C. M. Fear of hypoglycaemia: Defining a minimum clinically important difference in patients with type 2 diabetes. Health and Quality of Life Outcomes. 2009;7(91).

Short Osteoporosis Quality Of Life Questionnaire (ECOS-16)

Badia XD-P, Adolfo; Lahoz, Raquel; Lizan, Luis; Nogues, Xavier; Iborra, Jordi. The ECOS-16 questionnaire for the evaluation of health related quality of life in post-menopausal women with osteoporosis. Health Qual Life Outcomes. 2004;2:41.

Well-Being Questionnaire (W-BQ28)

Speight JK, L. A.; Davies, M. J. Generic and diabetes-specific well-being in the AT.LANTUS Followon study: Further psychometric validation of the W-BQ28 indicates its utility in research and clinical practice in Type 2 diabetes in the UK. Diabet Med. 2012;29(9):e345-e353.

Gastroenterology

Abdominal pain numerical rating scale (NRS)

Spiegel BB, R.; Harris, L. A.; Lucak, S.; Naliboff, B.; Esrailian, E.; Chey, W. D.; Lembo, A.; Karsan, H.; Tillisch, K.; Talley, J.; Mayer, E.; Chang, L. Measuring irritable bowel syndrome patient-reported outcomes with an abdominal pain numeric rating scale. Aliment Pharmacol Ther. 2009;30(11-12):1159-1170.

Daily Diary of Gastroparesis Symptoms Questionnaire (GSDD)

McCallum RWL, A.; Esfandyari, T.; Bhandari, B. R.; Ejskjaer, N.; Cosentino, C.; Helton, N.; Mondou, E.; Quinn, J.; Rousseau, F.; T. Z. P. Phase 2b Study Group. Phase 2b, randomized, double-blind 12-week studies of TZP-102, a ghrelin receptor agonist for diabetic gastroparesis. Neurogastroenterol Motil. 2013;25(11):e705-717.

## EuroQol-5D Utility Index (EQ-5D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

EuroQol-5D visual analogue scale (EQ-5D-VAS)

Coteur GF, B.; Keininger, D. L.; Kosinski, M. Evaluation of the meaningfulness of health-related quality of life improvements as assessed by the SF-36 and the EQ-5D VAS in patients with active Crohn's disease. Aliment Pharmacol Ther. 2009;29(9):1032-1041.

Fecal Incontinence Quality of Life Scale (FIQL) - Dutch version

Bols EMH, H. J.; Berghmans, L. C.; Baeten, C. G.; de Bie, R. A. Responsiveness and interpretability of incontinence severity scores and FIQL in patients with fecal incontinence: a secondary analysis from a randomized controlled trial. Int Urogynecol J Pelvic Floor Dysfunct. 2013;24(3):469-478.

Gastrointestinal Quality of Life Index (GIQLI)

Chan LM, Shamkant; Walker, Rowan; Arns, Wolfgang; Ambuhl, Patrice; Schiavelli, Ruben. Patient-reported gastrointestinal symptom burden and health-related quality of life following conversion from mycophenolate mofetil to enteric-coated mycophenolate sodium. Transplantation. 2006;81(9):1290-1297.

#### Gastrointestinal Symptom Rating Scale (GSRS)

Chan LM, Shamkant; Walker, Rowan; Arns, Wolfgang; Ambuhl, Patrice; Schiavelli, Ruben. Patient-reported gastrointestinal symptom burden and health-related quality of life following conversion from mycophenolate mofetil to enteric-coated mycophenolate sodium. Transplantation. 2006;81(9):1290-1297.

# Gastroparesis Cardinal Symptom Index-Daily Diary (GCSI-DD)

Revicki DAC, M.; Kuo, B.; Szarka, L. A.; McCormack, J.; Parkman, H. P. Evaluating symptom outcomes in gastroparesis clinical trials: validity and responsiveness of the Gastroparesis Cardinal Symptom Index-Daily Diary (GCSI-DD). Neurogastroenterol Motil. 2012;24(5):456-463, e215-456.

Short Form Health Survey 36-Item (SF-36)

Coteur GF, B.; Keininger, D. L.; Kosinski, M. Evaluation of the meaningfulness of health-related quality of life improvements as assessed by the SF-36 and the EQ-5D VAS in patients with active Crohn's disease. Aliment Pharmacol Ther. 2009;29(9):1032-1041.

### Short-Form Six-Dimension (SF-6D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

## Vaizey score

Bols EMJH, E. J. M.; Deutekom, M.; Berghmans, B. C. M.; Baeten, C. G. M. I.; De Bie, R. A. Inconclusive psychometric properties of the vaizey score in fecally incontinent patients: A prospective cohort study. Neurourology and Urodynamics. 2010;29(3):370-377.

## Gastroenterology, Rheumatology

University of California Los Angeles Scleroderma Clinical Trial Consortium Gastrointestinal Tract 2.0 (UCLA SCTC 2.0) Instrument

Khanna DF, Daniel E.; Maranian, Paul; Seibold, James R.; Impens, Ann; Mayes, Maureen D.; Clements, Philip J.; Getzug, Terri; Hays, Ron D. Minimally important differences of the UCLA Scleroderma Clinical Trial Consortium Gastrointestinal Tract Instrument. J Rheumatol. 2011;38(9):1920-1924.

General Surgery

EuroQol-5D Utility Index (EQ-5D)

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

Gastrointestinal Quality of Life Index (GIQLI)

Shi H-YL, King-Teh; Lee, Hao-Hsien; Uen, Yih-Huei; Na, Hsueh-Li; Chao, Fang-Tse; Chiu, Chong-Chi. The minimal clinically important difference in the Gastrointestinal Quality-of-Life Index after cholecystectomy. Surg Endosc. 2009;23(12):2708-2712.

Short Form Health Survey 36-Item (SF-36) - UK version

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

Hematology

Mean Symptom Complex Severity (MSCS) score

Vernon MKR, Anne M.; Wyrwich, Kathleen W.; White, Martha V.; Grienenberger, Aurelie. Psychometric validation of two patient-reported outcome measures to assess symptom severity and changes in symptoms in hereditary angioedema. Qual Life Res. 2009;18(7):929-939.

Pain visual analogue scale (VAS)

Lopez BLF, Pamela; Davis-Moon, Linda; Corbin, Theodore; Ballas, Samir K. Clinically significant differences in the visual analog pain scale in acute vasoocclusive sickle cell crisis. Hemoglobin. 2007;31(4):427-432.

Treatment Outcome Score (TOS)

Vernon MKR, Anne M.; Wyrwich, Kathleen W.; White, Martha V.; Grienenberger, Aurelie. Psychometric validation of two patient-reported outcome measures to assess symptom severity and changes in symptoms in hereditary angioedema. Qual Life Res. 2009;18(7):929-939.

Infectious Disease

Assessment of Body Change and Distress (ABCD) questionnaire

Duracinsky ML, P.; Armstrong, A. R.; Dolivo, M.; Mouly, F.; Chassany, O. A longitudinal evaluation of the impact of a polylactic acid injection therapy on health related quality of life amongst HIV patients treated with anti-retroviral agents under real conditions of use. BMC Infect Dis. 2013;13:92.

Hepatitis C virus patient-reported outcomes (HCV-PRO) instrument

Anderson RTB, R. W.; Erickson, P.; Revicki, D. A.; Dietz, B.; Gooch, K. Psychometric evaluation of the hepatitis C virus patient-reported outcomes (HCV-PRO) instrument: validity, responsiveness, and identification of the minimally important difference in a phase 2 clinical trial. Qual Life Res. 2014;23(3):877-886.

Wisconsin Upper Respiratory Symptom Survey (WURSS-21)

Barrett BB, Roger; Mundt, Marlon. Comparison of anchor-based and distributional approaches in estimating important difference in common cold. Qual Life Res. 2008;17(1):75-85.

Barrett BB, Roger L.; Mundt, Marlon P.; Thomas, Gay R.; Barlow, Shari K.; Highstrom, Alex D.; Bahrainian, Mozhdeh. Validation of a short form Wisconsin Upper Respiratory Symptom Survey (WURSS-21). Health Qual Life Outcomes. 2009;7:76.

Wisconsin Upper Respiratory Symptom Survey (WURSS-44)

Barrett BB, Roger; Mundt, Marlon. Comparison of anchor-based and distributional approaches in estimating important difference in common cold. Qual Life Res. 2008;17(1):75-85.

Barrett BB, Roger L.; Mundt, Marlon P.; Thomas, Gay R.; Barlow, Shari K.; Highstrom, Alex D.; Bahrainian, Mozhdeh. Validation of a short form Wisconsin Upper Respiratory Symptom Survey (WURSS-21). Health Qual Life Outcomes. 2009;7:76.

Musculoskeletal and Chronic Pain (Multi-Disciplinary)

### Arm Pain

Pain intensity numerical rating scale (NRS)

Kovacs FMA, V.; Royuela, A.; Corcoll, J.; Alegre, L.; Tomas, M.; Mir, M. A.; Cano, A.; Muriel, A.; Zamora, J.; Del Real, M. T. G.; Gestoso, M.; Mufraggi, N. Minimum detectable and minimal clinically important changes for pain in patients with nonspecific neck pain. BMC Musculoskelet Disord. 2008;9(43).

Patient-Specific functional scale (PSFS)

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

Upper Extremity Functional Index (UEFI)

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

#### Back Pain

Bournemouth Questionnaire (BQ)

Hurst HB, Jennifer. Assessing the clinical significance of change scores recorded on subjective outcome measures. J Manipulative Physiol Ther. 2004;27(1):26-35.

Bournemouth Questionnaire (BQ)

Newell DB, Jennifer E. Responsiveness of the Bournemouth questionnaire in determining minimal clinically important change in subgroups of low back pain patients. Spine. 2010;35(19):1801-1806.

Brief Pain Inventory (BPI)

Yeh CHC, L. C.; Chiang, Y. C.; Huang, L. C. Auricular point acupressure for chronic low back pain: A feasibility study for 1-week treatment. Evidence-based Complementary and Alternative Medicine. 2012;2012(383257).

Core Outcome Measures Index (COMI)

Genevay SM, M.; Courvoisier, D. S.; Foltz, V.; Mahieu, G.; Demoulin, C.; Fontana, A. G.; Norberg, M.; de Goumoens, P.; Cedraschi, C.; Rozenberg, S.; Section Rachisde la Societe Francaise de, Rhumatologie. Validity of the French version of the Core Outcome Measures Index for low back pain patients: a prospective cohort study. Eur Spine J. 2014;23(10):2097-2104.

Dartmouth Cooperative (COOP) Charts

Bronfort GB, Lex M. Responsiveness of general health status in chronic low back pain: A comparison of the COOP charts and the SF-36. Pain. 1999;83(2):201-209.

Disease activity numerical rating scale (NRS)

Tubach FR, P.; Martin-Mola, E.; Awada, H.; Bellamy, N.; Bombardier, C.; Felson, D. T.; Hajjaj-Hassouni, N.; Hochberg, M.; Logeart, I.; Matucci-Cerinic, M.; van de Laar, M.; van der Heijde, D.; Dougados, M. Minimum clinically important improvement and patient acceptable symptom state in pain and function in rheumatoid arthritis, ankylosing spondylitis, chronic back pain, hand osteoarthritis, and hip

and knee osteoarthritis: Results from a prospective multinational study. Arthritis Care Res (Hoboken). 2012;64(11):1699-1707.

## EuroQol-5D Utility Index (EQ-5D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

van der Roer NO, Raymond W. J. G.; Bekkering, Geertruida E.; van Tulder, Maurits W.; de Vet, Henrica C. W. Minimal clinically important change for pain intensity, functional status, and general health status in patients with nonspecific low back pain. Spine. 2006;31(5):578-582.

EuroQol-5D Utility Index (EQ-5D) - Dutch weights / Dutch version

Soer RR, M. F.; Speijer, B. L. G. N.; Coppes, M. H.; Vroomen, P. C. A. J. Clinimetric properties of the EuroQol-5D in patients with chronic low back pain. Spine Journal. 2012;12(11):1035-1039.

EuroQoL-5D visual analogue scale (EQ-5D-VAS) - Dutch version

Soer RR, M. F.; Speijer, B. L. G. N.; Coppes, M. H.; Vroomen, P. C. A. J. Clinimetric properties of the EuroQol-5D in patients with chronic low back pain. Spine Journal. 2012;12(11):1035-1039.

Functional disability numerical rating scale (NRS)

Tubach FR, P.; Martin-Mola, E.; Awada, H.; Bellamy, N.; Bombardier, C.; Felson, D. T.; Hajjaj-Hassouni, N.; Hochberg, M.; Logeart, I.; Matucci-Cerinic, M.; van de Laar, M.; van der Heijde, D.; Dougados, M. Minimum clinically important improvement and patient acceptable symptom state in pain and function in rheumatoid arthritis, ankylosing spondylitis, chronic back pain, hand osteoarthritis, and hip and knee osteoarthritis: Results from a prospective multinational study. Arthritis Care Res (Hoboken). 2012;64(11):1699-1707.

# Functional rating index (FRI)

Childs JDP, Sara R. Psychometric properties of the functional rating index in patients with low back pain.[Erratum appears in Eur Spine J. 2005 Dec;14(10):1013]. Eur Spine J. 2005;14(10):1008-1012.

Hannover Functional Ability Questionnaire (FFbH-R)

Strand LIA, Bodil; Lygren, Hildegunn; Skouen, Jan Sture; Ostelo, Raymond; Magnussen, Liv Heide. Responsiveness to change of 10 physical tests used for patients with back pain. Phys Ther. 2011;91(3):404-415.

Low-Back Short Form-36 Physical Functioning 18 (SF-36 PF18)

Davidson MK, Jennifer L.; Eyres, Sophie. A low back-specific version of the SF-36 Physical Functioning scale. Spine. 2004;29(5):586-594.

#### modified Von Korff Scales

Froud RA, G. Using ROC curves to choose minimally important change thresholds when sensitivity and specificity are valued equally: The forgotten lesson of pythagoras. Theoretical considerations and an example application of change in health status. PLoS ONE. 2014;9(12).

# Oswestry Disability Index (ODI)

Childs JDP, Sara R. Psychometric properties of the functional rating index in patients with low back pain.[Erratum appears in Eur Spine J. 2005 Dec;14(10):1013]. Eur Spine J. 2005;14(10):1008-1012.

de Vet HCB, L. M.; Bezemer, P. D.; Beurskens, A. J. Reproducibility and responsiveness of evaluative outcome measures. Theoretical considerations illustrated by an empirical example. Int J Technol Assess Health Care. 2001;17(4):479-487.

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

# Oswestry Disability Index (ODI) - version 2

Maughan EFL, Jeremy S. Outcome measures in chronic low back pain. Eur Spine J. 2010;19(9):1484-1494.

Pain Disability Index (PDI)

Soer RR, Michiel F.; Vroomen, Patrick C. A. J.; Stegeman, Patrick; Coppes, Maarten H. Responsiveness and minimal clinically important change of the Pain Disability Index in patients with chronic back pain. Spine. 2012;37(8):711-715.

Pain intensity numerical rating scale (NRS)

van der Roer NO, Raymond W. J. G.; Bekkering, Geertruida E.; van Tulder, Maurits W.; de Vet, Henrica C. W. Minimal clinically important change for pain intensity, functional status, and general health status in patients with nonspecific low back pain. Spine. 2006;31(5):578-582.

de Vet HCWO, Raymond W. J. G.; Terwee, Caroline B.; van der Roer, Nicole; Knol, Dirk L.; Beckerman, Heleen; Boers, Maarten; Bouter, Lex M. Minimally important change determined by a visual method integrating an anchor-based and a distribution-based approach. Qual Life Res. 2007;16(1):131-142.

Childs JDP, Sara R.; Fritz, Julie M. Responsiveness of the numeric pain rating scale in patients with low back pain. Spine. 2005;30(11):1331-1334.

Pain numerical rating scale (NRS)

Tubach FR, P.; Martin-Mola, E.; Awada, H.; Bellamy, N.; Bombardier, C.; Felson, D. T.; Hajjaj-Hassouni, N.; Hochberg, M.; Logeart, I.; Matucci-Cerinic, M.; van de Laar, M.; van der Heijde, D.; Dougados, M. Minimum clinically important improvement and patient acceptable symptom state in pain and function in rheumatoid arthritis, ankylosing spondylitis, chronic back pain, hand osteoarthritis, and hip and knee osteoarthritis: Results from a prospective multinational study. Arthritis Care Res (Hoboken). 2012;64(11):1699-1707.

Maughan EFL, Jeremy S. Outcome measures in chronic low back pain. Eur Spine J. 2010;19(9):1484-1494.

Pain self-efficacy questionnaire (PSEQ)

Maughan EFL, Jeremy S. Outcome measures in chronic low back pain. Eur Spine J. 2010;19(9):1484-1494.

Patient-Specific functional scale (PSFS)

Maughan EFL, Jeremy S. Outcome measures in chronic low back pain. Eur Spine J. 2010;19(9):1484-1494.

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

Quebec Back Pain Disability Scale (QBPDS)

van der Roer NO, Raymond W. J. G.; Bekkering, Geertruida E.; van Tulder, Maurits W.; de Vet, Henrica C. W. Minimal clinically important change for pain intensity, functional status, and general health status in patients with nonspecific low back pain. Spine. 2006;31(5):578-582.

Quebec Back Pain Disability Scale (QBPDS) - Portuguese version

Vieira ACM, S.; Fernandes, R.; Carnide, F.; Cruz, E. B. Responsiveness and interpretability of the Portuguese version of the Quebec Back Pain Disability Scale in patients with chronic low back pain. Spine. 2014;39(5):E346-352.

Roland-Morris Disability Questionnaire (RMDQ)

Jordan KD, Kate M.; Lewis, Martyn; Croft, Peter. A minimal clinically important difference was derived for the Roland-Morris Disability Questionnaire for low back pain. J Clin Epidemiol. 2006;59(1):45-52.

Maughan EFL, Jeremy S. Outcome measures in chronic low back pain. Eur Spine J. 2010;19(9):1484-1494.

de Vet HCB, L. M.; Bezemer, P. D.; Beurskens, A. J. Reproducibility and responsiveness of evaluative outcome measures. Theoretical considerations illustrated by an empirical example. Int J Technol Assess Health Care. 2001;17(4):479-487.

Riddle DLS, P. W.; Binkley, J. M. Sensitivity to change of the Roland-Morris Back Pain Questionnaire: part 2. Phys Ther. 1998;78(11):1197-1207.

Froud RA, G. Using ROC curves to choose minimally important change thresholds when sensitivity and specificity are valued equally: The forgotten lesson of pythagoras. Theoretical considerations and an example application of change in health status. PLoS ONE. 2014;9(12).

Short Form Health Survey 36-Item (SF-36)

Bronfort GB, Lex M. Responsiveness of general health status in chronic low back pain: A comparison of the COOP charts and the SF-36. Pain. 1999;83(2):201-209.

Short-Form Six-Dimension (SF-6D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

### Back and/or Leg pain

Bournemouth Questionnaire (BQ)

Lauridsen HHM, Claus; Korsholm, Lars; Grunnet-Nilsson, Niels; Hartvigsen, Jan. What is an acceptable outcome of treatment before it begins? Methodological considerations and implications for patients with chronic low back pain. Eur Spine J. 2009;18(12):1858-1866.

Leg pain intensity numerical rating scale (NRS)

Kovacs FMA, Victor; Royuela, Ana; Corcoll, Josep; Alegre, Luis; Cano, Alejandra; Muriel, Alfonso; Zamora, Javier; del Real, Maria Teresa Gil; Gestoso, Mario; Mufraggi, Nicole. Minimal clinically important change for pain intensity and disability in patients with nonspecific low back pain. Spine. 2007;32(25):2915-2920.

Low back pain intensity numerical rating scale (NRS)

Kovacs FMA, Victor; Royuela, Ana; Corcoll, Josep; Alegre, Luis; Cano, Alejandra; Muriel, Alfonso; Zamora, Javier; del Real, Maria Teresa Gil; Gestoso, Mario; Mufraggi, Nicole. Minimal clinically important change for pain intensity and disability in patients with nonspecific low back pain. Spine. 2007;32(25):2915-2920.

Oswestry Disability Index (ODI) - version 2.1

Lauridsen HHM, Claus; Korsholm, Lars; Grunnet-Nilsson, Niels; Hartvigsen, Jan. What is an acceptable outcome of treatment before it begins? Methodological considerations and implications for patients with chronic low back pain. Eur Spine J. 2009;18(12):1858-1866.

Pain intensity numerical rating scale (NRS)

Kovacs FMA, Victor; Royuela, Ana; Corcoll, Josep; Alegre, Luis; Cano, Alejandra; Muriel, Alfonso; Zamora, Javier; del Real, Maria Teresa Gil; Gestoso, Mario; Mufraggi, Nicole. Minimal clinically important change for pain intensity and disability in patients with nonspecific low back pain. Spine. 2007;32(25):2915-2920.

Pain numerical rating scale (NRS)

Lauridsen HHM, Claus; Korsholm, Lars; Grunnet-Nilsson, Niels; Hartvigsen, Jan. What is an acceptable outcome of treatment before it begins? Methodological considerations and implications for patients with chronic low back pain. Eur Spine J. 2009;18(12):1858-1866.

Roland-Morris Disability Questionnaire (RMDQ)

Kovacs FMA, Victor; Royuela, Ana; Corcoll, Josep; Alegre, Luis; Cano, Alejandra; Muriel, Alfonso; Zamora, Javier; del Real, Maria Teresa Gil; Gestoso, Mario; Mufraggi, Nicole. Minimal clinically important change for pain intensity and disability in patients with nonspecific low back pain. Spine. 2007;32(25):2915-2920.

# Chronic Pain (Non-specific)

PROMIS computerized-adaptive test (CAT) Emotional Distress Domain-Anxiety

Swanholm EM, Wade; Makris, Una; Noe, Carl; Gatchel, Robert. Estimates of minimally important differences (MIDs) for two Patient-Reported Outcomes Measurement Information System (PROMIS) computer-adaptive tests in chronic pain patients. Journal of Applied Biobehavioral Research. 2014;19(4):217-232.

PROMIS computerized-adaptive test (CAT) Emotional Distress Domain-Depression

Swanholm EM, Wade; Makris, Una; Noe, Carl; Gatchel, Robert. Estimates of minimally important differences (MIDs) for two Patient-Reported Outcomes Measurement Information System (PROMIS) computer-adaptive tests in chronic pain patients. Journal of Applied Biobehavioral Research. 2014;19(4):217-232.

## Knee Pain

Lower Extremity Functional Scale (LEFS) using computerized adaptive test (CAT)

Wang Y-CH, Dennis L.; Stratford, Paul W.; Mioduski, Jerome E. Baseline dependency of minimal clinically important improvement. Phys Ther. 2011;91(5):675-688.

Western Ontario and McMaster Universities Arthritis Index (WOMAC)

Terwee CBR, Leo D.; Dekker, Joost; Bierma-Zeinstra, Sita M.; Peat, George; Jordan, Kelvin P.; Croft, Peter; de Vet, Henrica C. W. Mind the MIC: large variation among populations and methods. J Clin Epidemiol. 2010;63(5):524-534.

# Leg Pain

Lower Extremity Functional Scale (LEFS)

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

Patient-Specific functional scale (PSFS)

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

## Neck Pain

Bournemouth Questionnaire (BQ)

Hurst HB, Jennifer. Assessing the clinical significance of change scores recorded on subjective outcome measures. J Manipulative Physiol Ther. 2004;27(1):26-35.

Neck Disability Index (NDI)

Pool JJMO, Raymond W. J. G.; Hoving, Jan L.; Bouter, Lex M.; de Vet, Henrica C. W. Minimal clinically important change of the Neck Disability Index and the Numerical Rating Scale for patients with neck pain. Spine. 2007;32(26):3047-3051.

Young BAW, Michael J.; Strunce, Joseph B.; Boyles, Robert E.; Whitman, Julie M.; Childs, John D. Responsiveness of the Neck Disability Index in patients with mechanical neck disorders. Spine J. 2009;9(10):802-808.

Jorritsma WD, P. U.; de Vries, G. E.; Geertzen, J. H.; Reneman, M. F. Detecting relevant changes and responsiveness of Neck Pain and Disability Scale and Neck Disability Index. Eur Spine J. 2012;21(12):2550-2557.

Schuller WO, R. W. J. G.; Janssen, R.; de Vet, H. C. W. The influence of study population and definition of improvement on the smallest detectable change and the minimal important change of the neck disability index. Health and Quality of Life Outcomes. 2014;12(1).

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

Neck Disability Index (NDI) - Norwegian version

Johansen JBR, C.; Bakke, E.; Mengshoel, A. M.; Andelic, N. Reliability and responsiveness of the Norwegian version of the Neck Disability Index. Scandinavian Journal of Pain. 2014;5(1):28-33.

Neck Pain and Disability Scale (NPAD)

Jorritsma WD, P. U.; de Vries, G. E.; Geertzen, J. H.; Reneman, M. F. Detecting relevant changes and responsiveness of Neck Pain and Disability Scale and Neck Disability Index. Eur Spine J. 2012;21(12):2550-2557.

Pain intensity numerical rating scale (NRS)

Pool JJMO, Raymond W. J. G.; Hoving, Jan L.; Bouter, Lex M.; de Vet, Henrica C. W. Minimal clinically important change of the Neck Disability Index and the Numerical Rating Scale for patients with neck pain. Spine. 2007;32(26):3047-3051.

Kovacs FMA, V.; Royuela, A.; Corcoll, J.; Alegre, L.; Tomas, M.; Mir, M. A.; Cano, A.; Muriel, A.; Zamora, J.; Del Real, M. T. G.; Gestoso, M.; Mufraggi, N. Minimum detectable and minimal clinically important changes for pain in patients with nonspecific neck pain. BMC Musculoskelet Disord. 2008;9(43).

Patient-Specific functional scale (PSFS)

Abbott JHS, John. Minimum Important Differences for the Patient-Specific Functional Scale, 4 Region-Specific Outcome Measures, and the Numeric Pain Rating Scale. J Orthop Sports Phys Ther. 2014;44(8):560-564.

# Neurology

#### ABILHAND

Wang T-nL, Keh-chung; Wu, Ching-yi; Chung, Chia-ying; Pei, Yu-cheng; Teng, Yu-kuei. Validity, responsiveness, and clinically important difference of the ABILHAND questionnaire in patients with stroke. Arch Phys Med Rehabil. 2011;92(7):1086-1091.

Amyotrophic Lateral Sclerosis Assessment Questionnaire (ALSAQ-40)

Jenkinson CP, V.; Jones, G.; Fitzpatrick, R. Interpreting change scores on the Amyotrophic Lateral Sclerosis Assessment Questionnaire (ALSAQ-40). Clin Rehabil. 2003;17(4):380-385.

Back &/or buttock symptoms numerical rating scale (NRS)

Cleland JAW, J. M.; Houser, J. L.; Wainner, R. S.; Childs, J. D. Psychometric properties of selected tests in patients with lumbar spinal stenosis. Spine Journal. 2012;12(10):921-931.

Barthel Index (BI)

Hsieh Y-WW, Chun-Hou; Wu, Shwu-Chong; Chen, Pau-Chung; Sheu, Ching-Fan; Hsieh, Ching-Lin. Establishing the minimal clinically important difference of the Barthel Index in stroke patients. Neurorehabil Neural Repair. 2007;21(3):233-238.

Covi Anxiety Scale

Rejas JP, Antonio; Ruiz, Miguel Angel. Standard error of measurement as a valid alternative to minimally important difference for evaluating the magnitude of changes in patient-reported outcomes measures. J Clin Epidemiol. 2008;61(4):350-356.

Disabilities of the Arm, Shoulder, and Hand (DASH)

Sorensen AAH, D.; Tan, W. H.; Ketchersid, J.; Calfee, R. P. Minimal clinically important differences of 3 patient-rated outcomes instruments. J Hand Surg [Am]. 2013;38(4):641-649.

Disabilities of the Arm, Shoulder, and Hand (QuickDASH)

Sorensen AAH, D.; Tan, W. H.; Ketchersid, J.; Calfee, R. P. Minimal clinically important differences of 3 patient-rated outcomes instruments. J Hand Surg [Am]. 2013;38(4):641-649.

Disability and Impact Profile (DIP)

de Groot VB, H.; Uitdehaag, B. M. J.; de Vet, H. C. W.; Lankhorst, G. J.; Polman, C. H.; Bouter, L. M. The usefulness of evaluative outcome measures in patients with multiple sclerosis. Brain. 2006;129(Pt 10):2648-2659.

Fatigue Impact Scale (FIS)

Rendas-Baum RY, Min; Cattelin, Francoise; Wallenstein, Gene V.; Fisk, John D. A novel approach to estimate the minimally important difference for the Fatigue Impact Scale in multiple sclerosis patients. Qual Life Res. 2010;19(9):1349-1358.

Fatigue Severity Scale (FSS) - local language translations

Robinson D, Jr.; Zhao, N.; Gathany, T.; Kim, L. L.; Cella, D.; Revicki, D. Health perceptions and clinical characteristics of relapsing-remitting multiple sclerosis patients: baseline data from an international clinical trial. Curr Med Res Opin. 2009;25(5):1121-1130.

Functional Status Questionnaire (FSQ)

Paltamaa JS, T.; Leskinen, E.; Wikstrom, J.; Malkia, E. Measuring deterioration in international classification of functioning domains of people with multiple sclerosis who are ambulatory. Phys Ther. 2008;88(2):176-190.

Hamburg Quality Of Life Questionnaire Multiple Sclerosis (HAQUAMS)

Gold SMS, Holger; Stein, Heike; Solf, Katrin; Schulz, Karl-Heinz; Heesen, Christoph. Responsiveness of patient-based and external rating scales in multiple sclerosis: head-to-head comparison in three clinical settings. J Neurol Sci. 2010;290(1-2):102-106.

#### Headache Impact Test (HIT-6)

Coeytaux RRK, Jay S.; Chao, Ryon; Mann, J. Douglas; Devellis, Robert F. Four methods of estimating the minimal important difference score were compared to establish a clinically significant change in Headache Impact Test. J Clin Epidemiol. 2006;59(4):374-380.

Smelt AFA, W. J.; Terwee, C. B.; Ferrari, M. D.; Blom, J. W. What is a clinically relevant change on the HIT-6 questionnaire? An estimation in a primary-care population of migraine patients. Cephalalgia. 2014;34(1):29-36.

Medical Outcomes Study (MOS) Sleep Scale - global index of sleep interference

Rejas JP, Antonio; Ruiz, Miguel Angel. Standard error of measurement as a valid alternative to minimally important difference for evaluating the magnitude of changes in patient-reported outcomes measures. J Clin Epidemiol. 2008;61(4):350-356.

#### Modified Oswestry Disability Index (ODI)

Cleland JAW, J. M.; Houser, J. L.; Wainner, R. S.; Childs, J. D. Psychometric properties of selected tests in patients with lumbar spinal stenosis. Spine Journal. 2012;12(10):921-931.

Modified Swiss Spinal Stenosis Scale (SSS)

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Multiple Sclerosis Walking Scale-12 (MSWS)

Schwartz CEA, A.; Motl, R. W. Investigating the minimal important difference in ambulation in multiple sclerosis: A disconnect between performance-based and patient-reported outcomes? J Neurol Sci. 2014;347(1-2):268-274.

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## Sheehan Disability Scale (SDS)

Rejas JP, Antonio; Ruiz, Miguel Angel. Standard error of measurement as a valid alternative to minimally important difference for evaluating the magnitude of changes in patient-reported outcomes measures. J Clin Epidemiol. 2008;61(4):350-356.

# Short Form Health Survey 36-Item (SF-36)

Merkies ISJvN, S. I.; Hanna, K.; Hughes, R. A. C.; Deng, C. Confirming the efficacy of intravenous immunoglobulin in CIDP through minimum clinically important differences: shifting from statistical significance to clinical relevance. J Neurol Neurosurg Psychiatry. 2010;81(11):1194-1199.

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de Groot VB, H.; Uitdehaag, B. M. J.; de Vet, H. C. W.; Lankhorst, G. J.; Polman, C. H.; Bouter, L. M. The usefulness of evaluative outcome measures in patients with multiple sclerosis. Brain. 2006;129(Pt 10):2648-2659.

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Cleland JAW, J. M.; Houser, J. L.; Wainner, R. S.; Childs, J. D. Psychometric properties of selected tests in patients with lumbar spinal stenosis. Spine Journal. 2012;12(10):921-931.

Unidimensional Fatigue Impact scale (U-FIS)

Twiss JD, L. C.; McKenna, S. P.; Eckert, B. Interpreting scores on multiple sclerosis-specific patient reported outcome measures (the PRIMUS and U-FIS). Health and Quality of Life Outcomes. 2010;8(117).

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Neurology, Neurosurgery

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Sino-Nasal Outcome Test-16 (SNOT-16)

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#### Neurosurgery

Barrow Neurological Institute Pain Scale (BNI-PS)

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Reddy VKP, S. L.; Patrawala, S. A.; Lockney, D. T.; Su, P. F.; Mericle, R. A. Microvascular decompression for classic trigeminal neuralgia: determination of minimum clinically important difference in pain improvement for patient reported outcomes. Neurosurgery. 2013;72(5):749-754; discussion 754.

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Parker SLG, S. S.; Zuckerman, S. L.; Mendenhall, S. K.; Wells, J. A.; Shau, D. N.; McGirt, M. J. Comprehensive assessment of 1-year outcomes and determination of minimum clinically important difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

## Head pain numerical rating scale (NRS)

Parker SLG, S. S.; Zuckerman, S. L.; Mendenhall, S. K.; Wells, J. A.; Shau, D. N.; McGirt, M. J. Comprehensive assessment of 1-year outcomes and determination of minimum clinically important difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

# Headache Disability Index (HDI)

Parker SLG, S. S.; Zuckerman, S. L.; Mendenhall, S. K.; Wells, J. A.; Shau, D. N.; McGirt, M. J. Comprehensive assessment of 1-year outcomes and determination of minimum clinically important difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

## modified Japanese Orthopaedic Association (mJOA)

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difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

Neck Disability Index (NDI)

Parker SLG, S. S.; Zuckerman, S. L.; Mendenhall, S. K.; Wells, J. A.; Shau, D. N.; McGirt, M. J. Comprehensive assessment of 1-year outcomes and determination of minimum clinically important difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

Neck pain numerical rating scale (NRS)

Parker SLG, S. S.; Zuckerman, S. L.; Mendenhall, S. K.; Wells, J. A.; Shau, D. N.; McGirt, M. J. Comprehensive assessment of 1-year outcomes and determination of minimum clinically important difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

Pain visual analogue scale (VAS)

Reddy VKP, S. L.; Lockney, D. T.; Patrawala, S. A.; Su, P. F.; Mericle, R. A. Percutaneous stereotactic radiofrequency lesioning for trigeminal neuralgia: determination of minimum clinically important difference in pain improvement for patient-reported outcomes. Neurosurgery. 2014;74(3):262-266; discussion 266.

Reddy VKP, S. L.; Patrawala, S. A.; Lockney, D. T.; Su, P. F.; Mericle, R. A. Microvascular decompression for classic trigeminal neuralgia: determination of minimum clinically important difference in pain improvement for patient reported outcomes. Neurosurgery. 2013;72(5):749-754; discussion 754.

Short Form Health Survey 12-Item (SF-12)

Parker SLG, S. S.; Zuckerman, S. L.; Mendenhall, S. K.; Wells, J. A.; Shau, D. N.; McGirt, M. J. Comprehensive assessment of 1-year outcomes and determination of minimum clinically important difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

Zung Self-rating Depression Scale (ZDS)

Parker SLG, S. S.; Zuckerman, S. L.; Mendenhall, S. K.; Wells, J. A.; Shau, D. N.; McGirt, M. J. Comprehensive assessment of 1-year outcomes and determination of minimum clinically important difference in pain, disability, and quality of life after suboccipital decompression for Chiari malformation I in adults. Neurosurgery. 2013;73(4):569-581; discussion 581.

Neurosurgery, Orthopedic Surgery

Arm pain numerical rating scale (NRS)

Carreon LYG, Steven D.; Campbell, Mitchell J.; Anderson, Paul A. Neck Disability Index, short form-36 physical component summary, and pain scales for neck and arm pain: the minimum clinically important difference and substantial clinical benefit after cervical spine fusion. Spine J. 2010;10(6):469-474.

Back pain numerical rating scale (NRS)

Copay AGG, Steven D.; Subach, Brian R.; Berven, Sigurd; Schuler, Thomas C.; Carreon, Leah Y. Minimum clinically important difference in lumbar spine surgery patients: a choice of methods using the Oswestry Disability Index, Medical Outcomes Study questionnaire Short Form 36, and pain scales. Spine J. 2008;8(6):968-974.

Back pain visual analogue scale (VAS)

Hagg OF, P.; Nordwall, A.; Swedish Lumbar Spine Study, Group. The clinical importance of changes in outcome scores after treatment for chronic low back pain. Eur Spine J. 2003;12(1):12-20.

Parker SLM, Stephen K.; Shau, David N.; Adogwa, Owoicho; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Minimum clinically important difference in pain, disability, and quality of life after neural decompression and fusion for same-level recurrent lumbar stenosis: understanding clinical versus statistical significance. J Neurosurg Spine. 2012;16(5):471-478.

Parker SLA, Owoicho; Paul, Alexandra R.; Anderson, William N.; Aaronson, Oran; Cheng, Joseph S.; McGirt, Matthew J. Utility of minimum clinically important difference in assessing pain, disability, and health state after transforaminal lumbar interbody fusion for degenerative lumbar spondylolisthesis. J Neurosurg Spine. 2011;14(5):598-604.

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Cervical Spine Outcomes Questionnaire (CSOQ)

Skolasky RLA, Todd J.; Maggard, Anica M.; Riley, Lee H., 3rd. Minimum clinically important differences in the Cervical Spine Outcomes Questionnaire: results from a national multicenter study of patients treated with anterior cervical decompression and arthrodesis. J Bone Joint Surg Am. 2011;93(14):1294-1300.

# Core Outcome Measures Index (COMI)

Mannion AFP, F.; Kleinstuck, F. S.; Lattig, F.; Jeszenszky, D.; Bartanusz, V.; Dvorak, J.; Grob, D. The quality of spine surgery from the patient's perspective: part 2. Minimal clinically important difference for improvement and deterioration as measured with the Core Outcome Measures Index. Eur Spine J. 2009;18 Suppl 3:374-379.

#### EuroQol-5D Utility Index (EQ-5D)

Parker SLM, Stephen K.; Shau, David N.; Adogwa, Owoicho; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Minimum clinically important difference in pain, disability, and quality of life after neural decompression and fusion for same-level recurrent lumbar stenosis: understanding clinical versus statistical significance. J Neurosurg Spine. 2012;16(5):471-478.

Parker SLA, Owoicho; Paul, Alexandra R.; Anderson, William N.; Aaronson, Oran; Cheng, Joseph S.; McGirt, Matthew J. Utility of minimum clinically important difference in assessing pain, disability, and health state after transforaminal lumbar interbody fusion for degenerative lumbar spondylolisthesis. J Neurosurg Spine. 2011;14(5):598-604.

Parker SLA, O.; Mendenhall, S. K.; Shau, D. N.; Anderson, W. N.; Cheng, J. S.; Devin, C. J.; McGirt, M. J. Determination of minimum clinically important difference (MCID) in pain, disability, and quality of life after revision fusion for symptomatic pseudoarthrosis. Spine Journal. 2012;12(12):1122-1128.

EuroQol-5D Utility Index (EQ-5D) - US weights

Parker SLM, Stephen K.; Shau, David; Adogwa, Owoicho; Cheng, Joseph S.; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Determination of minimum clinically important difference in pain, disability, and quality of life after extension of fusion for adjacent-segment disease. J Neurosurg Spine. 2012;16(1):61-67.

#### General Function Score (GFS)

Hagg OF, P.; Nordwall, A.; Swedish Lumbar Spine Study, Group. The clinical importance of changes in outcome scores after treatment for chronic low back pain. Eur Spine J. 2003;12(1):12-20.

Leg pain numerical rating scale (NRS)

Copay AGG, Steven D.; Subach, Brian R.; Berven, Sigurd; Schuler, Thomas C.; Carreon, Leah Y. Minimum clinically important difference in lumbar spine surgery patients: a choice of methods using the Oswestry Disability Index, Medical Outcomes Study questionnaire Short Form 36, and pain scales. Spine J. 2008;8(6):968-974.

# Leg pain visual analogue scale (VAS)

Parker SLM, Stephen K.; Shau, David; Adogwa, Owoicho; Cheng, Joseph S.; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Determination of minimum clinically important difference in pain, disability, and quality of life after extension of fusion for adjacent-segment disease. J Neurosurg Spine. 2012;16(1):61-67.

Parker SLM, Stephen K.; Shau, David N.; Adogwa, Owoicho; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Minimum clinically important difference in pain, disability, and quality of life after

neural decompression and fusion for same-level recurrent lumbar stenosis: understanding clinical versus statistical significance. J Neurosurg Spine. 2012;16(5):471-478.

Parker SLA, Owoicho; Paul, Alexandra R.; Anderson, William N.; Aaronson, Oran; Cheng, Joseph S.; McGirt, Matthew J. Utility of minimum clinically important difference in assessing pain, disability, and health state after transforaminal lumbar interbody fusion for degenerative lumbar spondylolisthesis. J Neurosurg Spine. 2011;14(5):598-604.

Patel MSN, M.; Sell, P. A comparison of patient-reported outcome measures after spinal surgery. Bone & Joint Journal (British). 2015;97-B(3):366-371.

Low-back pain visual analogue scale (VAS)

Parker SLM, Stephen K.; Shau, David; Adogwa, Owoicho; Cheng, Joseph S.; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Determination of minimum clinically important difference in pain, disability, and quality of life after extension of fusion for adjacent-segment disease. J Neurosurg Spine. 2012;16(1):61-67.

### Maine Seattle Back Questionnaire (MSBQ)

Grovle LH, A. J.; Hasvik, E.; Natvig, B.; Brox, J. I.; Grotle, M. Patients' ratings of global perceived change during 2 years were strongly influenced by the current health status. J Clin Epidemiol. 2014;67(5):508-515.

Neck Disability Index (NDI)

Skolasky RLA, Todd J.; Maggard, Anica M.; Riley, Lee H., 3rd. Minimum clinically important differences in the Cervical Spine Outcomes Questionnaire: results from a national multicenter study of patients treated with anterior cervical decompression and arthrodesis. J Bone Joint Surg Am. 2011;93(14):1294-1300.

Carreon LYG, Steven D.; Campbell, Mitchell J.; Anderson, Paul A. Neck Disability Index, short form-36 physical component summary, and pain scales for neck and arm pain: the minimum clinically important difference and substantial clinical benefit after cervical spine fusion. Spine J. 2010;10(6):469-474.

Auffinger BML, R. R.; Dahdaleh, N. S.; Wong, A. P.; Lam, S. K.; Koski, T.; Fessler, R. G.; Smith, Z. A. Measuring surgical outcomes in cervical spondylotic myelopathy patients undergoing anterior cervical discectomy and fusion: assessment of minimum clinically important difference. PLoS ONE. 2013;8(6):e67408.

Auffinger BL, S.; Shen, J.; Roitberg, B. Z. Measuring surgical outcomes in subaxial degenerative cervical spine disease patients: minimum clinically important difference as a tool for determining meaningful clinical improvement. Neurosurgery. 2014;74(2):206-213; discussion 213-204.

Auffinger BL, S.; Shen, J.; Thaci, B.; Roitberg, B. Z. Usefulness of minimum clinically important difference for assessing patients with subaxial degenerative cervical spine disease: statistical versus substantial clinical benefit. Acta Neurochir (Wien). 2013;155(12):2345-2354; discussion 2355.

Neck pain numerical rating scale (NRS)

Carreon LYG, Steven D.; Campbell, Mitchell J.; Anderson, Paul A. Neck Disability Index, short form-36 physical component summary, and pain scales for neck and arm pain: the minimum clinically important difference and substantial clinical benefit after cervical spine fusion. Spine J. 2010;10(6):469-474.

Neck pain visual analogue scale (VAS)

Auffinger BML, R. R.; Dahdaleh, N. S.; Wong, A. P.; Lam, S. K.; Koski, T.; Fessler, R. G.; Smith, Z. A. Measuring surgical outcomes in cervical spondylotic myelopathy patients undergoing anterior cervical discectomy and fusion: assessment of minimum clinically important difference. PLoS ONE. 2013;8(6):e67408.

Auffinger BL, S.; Shen, J.; Roitberg, B. Z. Measuring surgical outcomes in subaxial degenerative cervical spine disease patients: minimum clinically important difference as a tool for determining meaningful clinical improvement. Neurosurgery. 2014;74(2):206-213; discussion 213-204.

### Oswestry Disability Index (ODI)

Hagg OF, P.; Nordwall, A.; Swedish Lumbar Spine Study, Group. The clinical importance of changes in outcome scores after treatment for chronic low back pain. Eur Spine J. 2003;12(1):12-20.

Parker SLM, Stephen K.; Shau, David; Adogwa, Owoicho; Cheng, Joseph S.; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Determination of minimum clinically important difference in pain, disability, and quality of life after extension of fusion for adjacent-segment disease. J Neurosurg Spine. 2012;16(1):61-67.

Parker SLM, Stephen K.; Shau, David N.; Adogwa, Owoicho; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Minimum clinically important difference in pain, disability, and quality of life after neural decompression and fusion for same-level recurrent lumbar stenosis: understanding clinical versus statistical significance. J Neurosurg Spine. 2012;16(5):471-478.

Parker SLA, Owoicho; Paul, Alexandra R.; Anderson, William N.; Aaronson, Oran; Cheng, Joseph S.; McGirt, Matthew J. Utility of minimum clinically important difference in assessing pain, disability, and health state after transforaminal lumbar interbody fusion for degenerative lumbar spondylolisthesis. J Neurosurg Spine. 2011;14(5):598-604.

Parker SLA, O.; Mendenhall, S. K.; Shau, D. N.; Anderson, W. N.; Cheng, J. S.; Devin, C. J.; McGirt, M. J. Determination of minimum clinically important difference (MCID) in pain, disability, and quality of life after revision fusion for symptomatic pseudoarthrosis. Spine Journal. 2012;12(12):1122-1128.

Patel MSN, M.; Sell, P. A comparison of patient-reported outcome measures after spinal surgery. Bone & Joint Journal (British). 2015;97-B(3):366-371.

Oswestry Disability Index (ODI) - version 1

Copay AGG, Steven D.; Subach, Brian R.; Berven, Sigurd; Schuler, Thomas C.; Carreon, Leah Y. Minimum clinically important difference in lumbar spine surgery patients: a choice of methods using the Oswestry Disability Index, Medical Outcomes Study questionnaire Short Form 36, and pain scales. Spine J. 2008;8(6):968-974.

# Pain visual analogue scale (VAS)

Grovle LH, A. J.; Hasvik, E.; Natvig, B.; Brox, J. I.; Grotle, M. Patients' ratings of global perceived change during 2 years were strongly influenced by the current health status. J Clin Epidemiol. 2014;67(5):508-515.

#### Sciatica Bothersomeness Index (SBI)

Grovle LH, A. J.; Hasvik, E.; Natvig, B.; Brox, J. I.; Grotle, M. Patients' ratings of global perceived change during 2 years were strongly influenced by the current health status. J Clin Epidemiol. 2014;67(5):508-515.

Scoliosis Research Society 22 (SRS 22) Patient Questionnaire

Bago JP-G, Francisco J. S.; Les, Esther; Hernandez, Pablo; Pellise, Ferran. Minimal important differences of the SRS-22 Patient Questionnaire following surgical treatment of idiopathic scoliosis. Eur Spine J. 2009;18(12):1898-1904.

Carreon LYS, James O.; Diab, Mohammad; Sucato, Daniel J.; Sturm, Peter F.; Glassman, Steven D.; Spinal Deformity Study, Group. The minimum clinically important difference in Scoliosis Research Society-22 Appearance, Activity, And Pain domains after surgical correction of adolescent idiopathic scoliosis. Spine. 2010;35(23):2079-2083.

Scoliosis Research Society 22R (SRS 22R) Patient Questionnaire

Crawford 3rd CHG, Steven D.; Bridwell, Keith H.; Berven, Sigurd H.; Carreon, Leah Y. The Minimum Clinically Important Difference in SRS-22R Total Score, Appearance, Activity and Pain Domains After Surgical Treatment of Adult Spinal Deformity. Spine. 2015;40(6):377-381.

Short Form Health Survey 12-Item (SF-12)

Parker SLM, Stephen K.; Shau, David; Adogwa, Owoicho; Cheng, Joseph S.; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Determination of minimum clinically important difference in pain, disability, and quality of life after extension of fusion for adjacent-segment disease. J Neurosurg Spine. 2012;16(1):61-67.

Parker SLM, Stephen K.; Shau, David N.; Adogwa, Owoicho; Anderson, William N.; Devin, Clinton J.; McGirt, Matthew J. Minimum clinically important difference in pain, disability, and quality of life after

neural decompression and fusion for same-level recurrent lumbar stenosis: understanding clinical versus statistical significance. J Neurosurg Spine. 2012;16(5):471-478.

Parker SLA, O.; Mendenhall, S. K.; Shau, D. N.; Anderson, W. N.; Cheng, J. S.; Devin, C. J.; McGirt, M. J. Determination of minimum clinically important difference (MCID) in pain, disability, and quality of life after revision fusion for symptomatic pseudoarthrosis. Spine Journal. 2012;12(12):1122-1128.

#### Short Form Health Survey 36-Item (SF-36)

Skolasky RLA, Todd J.; Maggard, Anica M.; Riley, Lee H., 3rd. Minimum clinically important differences in the Cervical Spine Outcomes Questionnaire: results from a national multicenter study of patients treated with anterior cervical decompression and arthrodesis. J Bone Joint Surg Am. 2011;93(14):1294-1300.

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## PROMIS-Cancer Depression (Depression-10)

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#### PROMIS-Cancer Fatigue (Fatigue-17)

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# PROMIS-Cancer Fatigue (Fatigue-7)

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#### PROMIS-Cancer Pain Interference (PainInt-10)

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# PROMIS-Cancer Physical Function (PhysFunc-10)

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# Short Form Health Survey 36-Item (SF-36)

Patrick DLG, D. D.; Zagari, M. J.; Mathijs, R.; Sweetenham, J.; Epoetin Alfa Study, Group. Assessing the clinical significance of health-related quality of life (HrQOL) improvements in anaemic cancer patients receiving epoetin alfa. Eur J Cancer. 2003;39(3):335-345.

Jayadevappa RM, S. B.; Wittink, M.; Wein, A. J.; Chhatre, S. Comparison of distribution- and anchorbased approaches to infer changes in health-related quality of life of prostate cancer survivors. Health Serv Res. 2012;47(5):1902-1925.

## Social Difficulties Inventory (SDI)

Wright PM, Laura; Smith, Adam B.; Velikova, Galina; Selby, Peter. Measurement and interpretation of social distress using the social difficulties inventory (SDI). Eur J Cancer. 2008;44(11):1529-1535.

The Expanded Prostate Cancer Index Composite-Short Form 26 (EPIC-26)

Skolarus TAD, R. L.; Sanda, M. G.; Chang, P.; Greenfield, T. K.; Litwin, M. S.; Wei, J. T. Minimally important difference for the expanded prostate cancer index composite short form. Urology. 2015;85(1):101-105.

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Ringash JOS, Brian; Bezjak, Andrea; Redelmeier, Donald A. Interpreting clinically significant changes in patient-reported outcomes. Cancer. 2007;110(1):196-202.

UCLA prostate cancer index (UCLA-PCI)

Jayadevappa RM, S. B.; Wittink, M.; Wein, A. J.; Chhatre, S. Comparison of distribution- and anchorbased approaches to infer changes in health-related quality of life of prostate cancer survivors. Health Serv Res. 2012;47(5):1902-1925.

Work Limitations Questionnaire (WLQ)

Tamminga SJV, J. H.; Frings-Dresen, M. H.; De Boer, A. G. Measurement properties of the Work Limitations Questionnaire were sufficient among cancer survivors. Qual Life Res. 2014;23(2):515-525.

World Health Organization Quality Of Life Assessment Instrument (WHOQOL-100)

Den Oudsten BLZ, W. P.; De Vries, J. The minimal clinical important difference in the World Health Organization Quality of Life instrument - 100. Support Care Cancer. 2013;21(5):1295-1301.

#### Ophthalmology

Graves' Ophthalmopathy Quality of Life Questionnaire (GO-QOL)

Terwee CBD, F. W.; Mourits, M. P.; Gerding, M. N.; Baldeschi, L.; Kalmann, R.; Prummel, M. F.; Wiersinga, W. M. Interpretation and validity of changes in scores on the Graves' ophthalmopathy quality of life questionnaire (GO-QOL) after different treatments. Clin Endocrinol (Oxf). 2001;54(3):391-398.

Impact Of Dry Eye On Everyday Life (IDEEL)

Fairchild CJC, Robin L.; Begley, Carolyn G. Clinically important difference in dry eye: change in IDEEL-symptom bother. Optom Vis Sci. 2008;85(8):699-707.

Modified Low Vision Quality of Life questionnaire (LVQOL)

de Boer MRdV, Henrica C. W.; Terwee, Caroline B.; Moll, Annette C.; Volker-Dieben, Hennie J. M.; van Rens, Ger H. M. B. Changes to the subscales of two vision-related quality of life questionnaires are proposed. J Clin Epidemiol. 2005;58(12):1260-1268.

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de Boer MRdV, Henrica C. W.; Terwee, Caroline B.; Moll, Annette C.; Volker-Dieben, Hennie J. M.; van Rens, Ger H. M. B. Changes to the subscales of two vision-related quality of life questionnaires are proposed. J Clin Epidemiol. 2005;58(12):1260-1268.

National Eye Institute-Visual Function Questionnaire-25 (NEI-VFQ-25)

Gillespie BWM, D. C.; Niziol, L. M.; Janz, N. K. Estimating minimally important differences for two vision-specific quality of life measures. Invest Ophthalmol Vis Sci. 2014;55(7):4206-4212.

Naik RKG, K. S.; Rentz, A. M.; Kowalski, J. W.; Revicki, D. A. Psychometric evaluation of the National Eye Institute Visual Function Questionnaire and Visual Function Questionnaire Utility Index in patients with non-infectious intermediate and posterior uveitis. Qual Life Res. 2013;22(10):2801-2808.

Ocular Surface Disease Index (OSDI)

Miller KLW, John G.; Mink, David R.; Satram-Hoang, Sacha; Wilson, Steven E.; Perry, Henry D.; Asbell, Penny A.; Pflugfelder, Stephen C. Minimal clinically important difference for the ocular surface disease index. Arch Ophthalmol. 2010;128(1):94-101.

Short Form Health Survey 36-Item (SF-36)

Bilbao AQ, Jose M.; Escobar, Antonio; Garcia, Susana; Andradas, Elena; Bare, Marisa; Elizalde, Belen; Group, I. RYSS-Cataract. Responsiveness and clinically important differences for the VF-14 index, SF-36, and visual acuity in patients undergoing cataract surgery. Ophthalmology. 2009;116(3):418-424.e411.

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Gillespie BWM, D. C.; Niziol, L. M.; Janz, N. K. Estimating minimally important differences for two vision-specific quality of life measures. Invest Ophthalmol Vis Sci. 2014;55(7):4206-4212.

Visual Function Index (VF-14)

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

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Naik RKG, K. S.; Rentz, A. M.; Kowalski, J. W.; Revicki, D. A. Psychometric evaluation of the National Eye Institute Visual Function Questionnaire and Visual Function Questionnaire Utility Index in patients with non-infectious intermediate and posterior uveitis. Qual Life Res. 2013;22(10):2801-2808.

#### Orthopedic Surgery

American Shoulder and Elbow Surgeons Standardized Shoulder Assessment Form (ASES)

Michener LAM, Philip W.; Sennett, Brian J. American Shoulder and Elbow Surgeons Standardized Shoulder Assessment Form, patient self-report section: reliability, validity, and responsiveness. J Shoulder Elbow Surg. 2002;11(6):587-594.

Tashjian RZD, Julia; Green, Andrew; Porucznik, Christina A.; Powell, Amy P. Minimal clinically important differences in ASES and simple shoulder test scores after nonoperative treatment of rotator cuff disease. J Bone Joint Surg Am. 2010;92(2):296-303.

#### Copenhagen Hip and Groin Outcome Score (HAGOS)

Kemp JLC, N. J.; Roos, E. M.; Crossley, K. M. Psychometric properties of patient-reported outcome measures for hip arthroscopic surgery. Am J Sports Med. 2013;41(9):2065-2073.

## Disabilities of the Arm, Shoulder and Hand (DASH) - Danish version

Lundquist CBD, K.; Christiansen, D. H. Responsiveness of a Danish version of the Disabilities of the Arm, Shoulder and Hand (DASH) questionnaire. Dan Med J. 2014;61(4):A4813.

#### Disabilities of the Arm, Shoulder, and Hand (DASH)

Sorensen AAH, D.; Tan, W. H.; Ketchersid, J.; Calfee, R. P. Minimal clinically important differences of 3 patient-rated outcomes instruments. J Hand Surg [Am]. 2013;38(4):641-649.

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Schmitt JSDF, Richard P. Reliable change and minimum important difference (MID) proportions facilitated group responsiveness comparisons using individual threshold criteria. J Clin Epidemiol. 2004;57(10):1008-1018.

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#### Disabilities of the Arm, Shoulder, and Hand (QuickDASH)

Sorensen AAH, D.; Tan, W. H.; Ketchersid, J.; Calfee, R. P. Minimal clinically important differences of 3 patient-rated outcomes instruments. J Hand Surg [Am]. 2013;38(4):641-649.

van Kampen DAW, W. J.; van Beers, L. W.; Castelein, R. M.; Scholtes, V. A.; Terwee, C. B. Determination and comparison of the smallest detectable change (SDC) and the minimal important change (MIC) of four-shoulder patient-reported outcome measures (PROMs). Journal of Orthopaedic Surgery. 2013;8:40.

## EuroQol-5D Utility Index (EQ-5D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

Impellizzeri FMM, A. F.; Naal, F. D.; Hersche, O.; Leunig, M. The early outcome of surgical treatment for femoroacetabular impingement: success depends on how you measure it. Osteoarthritis Cartilage. 2012;20(7):638-645.

Paulsen AR, E. M.; Pedersen, A. B.; Overgaard, S. Minimal clinically important improvement (MCII) and patient-acceptable symptom state (PASS) in total hip arthroplasty (THA) patients 1 year postoperatively. Acta Orthopaedica. 2014;85(1):39-48.

### EuroQol-5D visual analogue scale (EQ-5D-VAS)

Impellizzeri FMM, A. F.; Naal, F. D.; Hersche, O.; Leunig, M. The early outcome of surgical treatment for femoroacetabular impingement: success depends on how you measure it. Osteoarthritis Cartilage. 2012;20(7):638-645.

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Hip Disability and Osteoarthritis Outcome Score-Physical Function Shortform (HOOS-PS)

Paulsen AR, E. M.; Pedersen, A. B.; Overgaard, S. Minimal clinically important improvement (MCII) and patient-acceptable symptom state (PASS) in total hip arthroplasty (THA) patients 1 year postoperatively. Acta Orthopaedica. 2014;85(1):39-48.

# Hip Disability and Osteroarthritis Outcome Score (HOOS)

Paulsen AR, E. M.; Pedersen, A. B.; Overgaard, S. Minimal clinically important improvement (MCII) and patient-acceptable symptom state (PASS) in total hip arthroplasty (THA) patients 1 year postoperatively. Acta Orthopaedica. 2014;85(1):39-48.

Kemp JLC, N. J.; Roos, E. M.; Crossley, K. M. Psychometric properties of patient-reported outcome measures for hip arthroscopic surgery. Am J Sports Med. 2013;41(9):2065-2073.

#### Hip Outcome Score (HOS)

Kemp JLC, N. J.; Roos, E. M.; Crossley, K. M. Psychometric properties of patient-reported outcome measures for hip arthroscopic surgery. Am J Sports Med. 2013;41(9):2065-2073.

Intermittent and constant osteoarthritis pain (ICOAP)

Singh JAL, R.; Landon, G. C.; Suarez-Almazor, M. Reliability and clinically important improvement thresholds for osteoarthritis pain and function scales: a multicenter study. J Rheumatol. 2014;41(3):509-515.

International Hip Outcome Tool (iHOT-33)

Kemp JLC, N. J.; Roos, E. M.; Crossley, K. M. Psychometric properties of patient-reported outcome measures for hip arthroscopic surgery. Am J Sports Med. 2013;41(9):2065-2073.

International Knee Documentation Committee (IKDC) Subjective Knee Form

Greco NJA, Allen F.; Mann, Barton J.; Cole, Brian J.; Farr, Jack; Nissen, Carl W.; Irrgang, James J. Responsiveness of the International Knee Documentation Committee Subjective Knee Form in comparison to the Western Ontario and McMaster Universities Osteoarthritis Index, modified Cincinnati Knee Rating System, and Short Form 36 in patients with focal articular cartilage defects. Am J Sports Med. 2010;38(5):891-902.

Knee injury and Osteoarthritis Outcome Score (KOOS)

Singh JAL, R.; Landon, G. C.; Suarez-Almazor, M. Reliability and clinically important improvement thresholds for osteoarthritis pain and function scales: a multicenter study. J Rheumatol. 2014;41(3):509-515.

Knee Injury and Osteoarthritis Outcome Score (KOOS) - Italian version

Monticone MF, S.; Salvaderi, S.; Motta, L.; Cerri, C. Responsiveness and minimal important changes for the Knee Injury and Osteoarthritis Outcome Score in subjects undergoing rehabilitation after total knee arthroplasty. Am J Phys Med Rehabil. 2013;92(10):864-870.

Knee injury and Osteoarthritis Outcome Score-Physical Function Shortform (KOOS-PS)

Singh JAL, R.; Landon, G. C.; Suarez-Almazor, M. Reliability and clinically important improvement thresholds for osteoarthritis pain and function scales: a multicenter study. J Rheumatol. 2014;41(3):509-515.

Knee Quality of Life (KQoL-26)

Chuang LHG, A.; Brealey, S. Comparative responsiveness and minimal change of the Knee Quality of Life 26-item (KQoL-26) questionnaire. Qual Life Res. 2013;22(9):2461-2475.

Lower Extremity Functional Scale (LEFS) using computerized adaptive test (CAT)

Hart DL, Wang YC, Stratford PW, Mioduski JE. A computerized adaptive test for patients with hip impairments produced valid and responsive measures of function. Archives of physical medicine and rehabilitation. 2008;89(11):2129-2139.

#### Lysholm Knee Score

Chuang LHG, A.; Brealey, S. Comparative responsiveness and minimal change of the Knee Quality of Life 26-item (KQoL-26) questionnaire. Qual Life Res. 2013;22(9):2461-2475.

### Manchester-Oxford foot questionnaire (MOxFQ)

Dawson JD, H.; Coffey, J.; Jenkinson, C.; Oxford; Birmingham, Foot; Ankle Clinical Research, Group. Responsiveness and minimally important change for the Manchester-Oxford foot questionnaire (MOXFQ) compared with AOFAS and SF-36 assessments following surgery for hallux valgus.[Erratum appears in Osteoarthritis Cartilage. 2011 Jul 19(7):920]. Osteoarthritis Cartilage. 2007;15(8):918-931.

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## Michigan Hand Outcomes Questionnaire (MHQ)

London DAS, J. G.; Calfee, R. P. Determining the Michigan Hand Outcomes Questionnaire minimal clinically important difference by means of three methods. Plast Reconstr Surg. 2014;133(3):616-625.

# Modified Cincinnati Knee Rating System (CKRS)

Greco NJA, Allen F.; Mann, Barton J.; Cole, Brian J.; Farr, Jack; Nissen, Carl W.; Irrgang, James J. Responsiveness of the International Knee Documentation Committee Subjective Knee Form in comparison to the Western Ontario and McMaster Universities Osteoarthritis Index, modified Cincinnati Knee Rating System, and Short Form 36 in patients with focal articular cartilage defects. Am J Sports Med. 2010;38(5):891-902.

#### Modified Harris Hip Score (MHHS)

Kemp JLC, N. J.; Roos, E. M.; Crossley, K. M. Psychometric properties of patient-reported outcome measures for hip arthroscopic surgery. Am J Sports Med. 2013;41(9):2065-2073.

#### Oxford Elbow Score (OES)

Dawson JD, Helen; Boller, Irene; Fitzpatrick, Ray; Little, Christopher; Rees, Jonathan; Carr, Andrew. Comparative responsiveness and minimal change for the Oxford Elbow Score following surgery. Qual Life Res. 2008;17(10):1257-1267.

### Oxford Hip Score (OHS)

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

Impellizzeri FMM, A. F.; Naal, F. D.; Hersche, O.; Leunig, M. The early outcome of surgical treatment for femoroacetabular impingement: success depends on how you measure it. Osteoarthritis Cartilage. 2012;20(7):638-645.

Beard DJH, K.; Dawson, J.; Doll, H.; Murray, D. W.; Carr, A. J.; Price, A. J. Meaningful changes for the Oxford hip and knee scores after joint replacement surgery. J Clin Epidemiol. 2015;68(1):73-79.

## Oxford Knee Score (OKS)

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

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#### Oxford Shoulder Score (OSS)

Ekeberg OMB-H, Erik; Keller, Anne; Tveita, Einar K.; Juel, Niels G.; Brox, Jens I. A questionnaire found disease-specific WORC index is not more responsive than SPADI and OSS in rotator cuff disease. J Clin Epidemiol. 2010;63(5):575-584.

van Kampen DAW, W. J.; van Beers, L. W.; Castelein, R. M.; Scholtes, V. A.; Terwee, C. B. Determination and comparison of the smallest detectable change (SDC) and the minimal important change (MIC) of four-shoulder patient-reported outcome measures (PROMs). Journal of Orthopaedic Surgery. 2013;8:40.

van de Water ATMS, Nora; Davidson, Megan; Evans, Matthew; Taylor, Nicholas F. Reliability and validity of shoulder function outcome measures in people with a proximal humeral fracture. Disabil Rehabil. 2014;36(13):1072-1079.

## Patient-Rated Wrist Evaluation (PRWE)

Sorensen AAH, D.; Tan, W. H.; Ketchersid, J.; Calfee, R. P. Minimal clinically important differences of 3 patient-rated outcomes instruments. J Hand Surg [Am]. 2013;38(4):641-649.

Schmitt JSDF, Richard P. Reliable change and minimum important difference (MID) proportions facilitated group responsiveness comparisons using individual threshold criteria. J Clin Epidemiol. 2004;57(10):1008-1018.

# Short Form Health Survey 12-Item (SF-12)

Schmitt JSDF, Richard P. Reliable change and minimum important difference (MID) proportions facilitated group responsiveness comparisons using individual threshold criteria. J Clin Epidemiol. 2004;57(10):1008-1018.

Clement NDM, D.; Simpson, A. H. The minimal clinically important difference in the Oxford knee score and Short Form 12 score after total knee arthroplasty. Knee Surgery, Sports Traumatology, Arthroscopy. 2014;22(8):1933-1939.

Short Form Health Survey 36-Item (SF-36)

Quintana JME, A.; Bilbao, A.; Arostegui, I.; Lafuente, I.; Vidaurreta, I. Responsiveness and clinically important differences for the WOMAC and SF-36 after hip joint replacement. Osteoarthritis Cartilage. 2005;13(12):1076-1083.

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Chuang LHG, A.; Brealey, S. Comparative responsiveness and minimal change of the Knee Quality of Life 26-item (KQoL-26) questionnaire. Qual Life Res. 2013;22(9):2461-2475.

Short Form Health Survey 36-Item (SF-36) - version 2

Dawson JB, I.; Doll, H.; Lavis, G.; Sharp, R.; Cooke, P.; Jenkinson, C. Minimally important change was estimated for the Manchester-Oxford Foot Questionnaire after foot/ankle surgery. J Clin Epidemiol. 2014;67(6):697-705.

Short-Form Six-Dimension (SF-6D)

Walters SJB, John E. Comparison of the minimally important difference for two health state utility measures: EQ-5D and SF-6D. Qual Life Res. 2005;14(6):1523-1532.

Quintana JME, A.; Bilbao, A.; Arostegui, I.; Lafuente, I.; Vidaurreta, I. Responsiveness and clinically important differences for the WOMAC and SF-36 after hip joint replacement. Osteoarthritis Cartilage. 2005;13(12):1076-1083.

Shoulder Pain and Disability Index (SPADI)

Ekeberg OMB-H, Erik; Keller, Anne; Tveita, Einar K.; Juel, Niels G.; Brox, Jens I. A questionnaire found disease-specific WORC index is not more responsive than SPADI and OSS in rotator cuff disease. J Clin Epidemiol. 2010;63(5):575-584.

Schmitt JSDF, Richard P. Reliable change and minimum important difference (MID) proportions facilitated group responsiveness comparisons using individual threshold criteria. J Clin Epidemiol. 2004;57(10):1008-1018.

Shoulder pain visual analogue scale (VAS)

Tashjian RZD, Julia; Porucznik, Christina A.; Powell, Amy P. Minimal clinically important differences (MCID) and patient acceptable symptomatic state (PASS) for visual analog scales (VAS) measuring pain in patients treated for rotator cuff disease. J Shoulder Elbow Surg. 2009;18(6):927-932.

Simple Shoulder Test (SST)

Tashjian RZD, Julia; Green, Andrew; Porucznik, Christina A.; Powell, Amy P. Minimal clinically important differences in ASES and simple shoulder test scores after nonoperative treatment of rotator cuff disease. J Bone Joint Surg Am. 2010;92(2):296-303.

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Subjective Shoulder Value (SSV)

van de Water ATMS, Nora; Davidson, Megan; Evans, Matthew; Taylor, Nicholas F. Reliability and validity of shoulder function outcome measures in people with a proximal humeral fracture. Disabil Rehabil. 2014;36(13):1072-1079.

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Hernandez-Sanchez SH, M. D.; Gomez, A. Responsiveness of the VISA-P scale for patellar tendinopathy in athletes. BJSM online. 2014;48(6):453-457.

Victorian Institute of Sport Assessment-Proximal Hamstring Tendons (VISA-H) questionnaire

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Western Ontario and McMaster Universities Arthritis Index (WOMAC)

Impellizzeri FMM, A. F.; Naal, F. D.; Hersche, O.; Leunig, M. The early outcome of surgical treatment for femoroacetabular impingement: success depends on how you measure it. Osteoarthritis Cartilage. 2012;20(7):638-645.

Tubach FD, Maxime; Falissard, Bruno; Baron, Gabriel; Logeart, Isabelle; Ravaud, Philippe. Feeling good rather than feeling better matters more to patients. Arthritis Rheum. 2006;55(4):526-530.

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Escobar AGP, L.; Herrera-Espineira, C.; Aizpuru, F.; Sarasqueta, C.; Gonzalez Saenz de Tejada, M.; Quintana, J. M.; Bilbao, A. Total knee replacement; minimal clinically important differences and responders. Osteoarthritis Cartilage. 2013;21(12):2006-2012.

Western Ontario and McMaster University Arthritis Index (WOMAC) - Dutch version

Terwee CBR, Leo D.; Knol, Dirk L.; De Boer, Michiel R.; De Vet, Henrica C. W. Linking measurement error to minimal important change of patient-reported outcomes. J Clin Epidemiol. 2009;62(10):1062-1067.

Western Ontario Rotator Cuff Index (WORC)

Ekeberg OMB-H, Erik; Keller, Anne; Tveita, Einar K.; Juel, Niels G.; Brox, Jens I. A questionnaire found disease-specific WORC index is not more responsive than SPADI and OSS in rotator cuff disease. J Clin Epidemiol. 2010;63(5):575-584.

#### Orthopedic Surgery, Plastic Surgery

6-item Carpal Tunnel Symptoms Scale (CTS-6)

Atroshi IL, Per-Erik; Ornstein, Ewald; Gummesson, Christina. The six-item CTS symptoms scale and palmar pain scale in carpal tunnel syndrome. J Hand Surg [Am]. 2011;36(5):788-794.

Brigham and Women's Hospital Carpal Tunnel Syndrome Questionnaire or Boston Carpal Tunnel Syndrome Questionnaire (BCTSQ)

Ozyurekoglu TM, Steven J.; Goldsmith, L. Jane; LaJoie, A. Scott. The minimal clinically important difference of the Carpal Tunnel Syndrome Symptom Severity Scale. J Hand Surg [Am]. 2006;31(5):733-738; discussion 739-740.

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Disabilities of the Arm, Shoulder, and Hand (DASH)

Kim JKP, E. S. Comparative responsiveness and minimal clinically important differences for idiopathic ulnar impaction syndrome. Clin Orthop. 2013;471(5):1406-1411.

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Disabilities of the Arm, Shoulder, and Hand (QuickDASH)

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Orthopedic Surgery, Rheumatology

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Kievit AJK, P. P.; Kievit, R. A.; Sierevelt, I. N.; Blankevoort, L.; Frings-Dresen, M. H. A reliable, valid and responsive questionnaire to score the impact of knee complaints on work following total knee arthroplasty: the WORQ. J Arthroplasty. 2014;29(6):1169-1175.e1162.

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Nichol MBE, Joshua D. Separating gains and losses in health when calculating the minimum important difference for mapped utility measures. Qual Life Res. 2008;17(6):955-961.

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Samsa GE, D.; Rothman, M. L.; Williams, G. R.; Lipscomb, J.; Matchar, D. Determining clinically important differences in health status measures: a general approach with illustration to the Health Utilities Index Mark II. Pharmacoeconomics. 1999;15(2):141-155.

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Wiebe SM, S.; Eliasziw, M.; Derry, P. A. Clinically important change in quality of life in epilepsy. J Neurol Neurosurg Psychiatry. 2002;73(2):116-120.

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Chung VCHW, V. C. W.; Lau, C. H.; Hui, H.; Lam, T. H.; Zhong, L. X.; Wong, S. Y. S.; Griffiths, S. M. Using Chinese Version of MYMOP in Chinese Medicine Evaluation: Validity, Responsiveness and Minimally Important Change. Health and Quality of Life Outcomes. 2010;8(111).

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Wiebe SM, S.; Eliasziw, M.; Derry, P. A. Clinically important change in quality of life in epilepsy. J Neurol Neurosurg Psychiatry. 2002;73(2):116-120.

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Perez-Campos ED, Jose Luis; de la Viuda, Esther; Gomez, Maria Angeles; Lertxundi, Roberto; Sanchez-Borrego, Rafael; Canals, Ignaci; Bermejo, Rafael; Arbat, Agnes; Badia, Xavier; Perulero, Nuria; Lete, Luis Ignacio. Development and validation of the SEC-QOL questionnaire in women using contraceptive methods. Value Health. 2011;14(6):892-899.

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Rejas JR, Miguel A.; Pardo, Antonio; Soto, Javier. Minimally important difference of the Treatment Satisfaction with Medicines Questionnaire (SATMED-Q). BMC Med Res Methodol. 2011;11:142.

Plastic Surgery

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Izu SCK, E. M.; Lopes, A. S.; Brandao, K. V.; Sousa, L. B.; Suguri, V. M.; Gregorio, L. C. Validation of the Rhinoplasty Outcomes Evaluation (ROE) questionnaire adapted to Brazilian Portuguese. Qual Life Res. 2014;23(3):953-958.

#### Psychiatry

Beck Depression Inventory-Second Edition (BDI-II) - Japanese version

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Le QAD, J. N.; Zoellner, L. A.; Feeny, N. C. Minimal clinically important differences for the EQ-5D and QWB-SA in Post-traumatic Stress Disorder (PTSD): results from a Doubly Randomized Preference Trial (DRPT). Health Qual Life Outcomes. 2013;11:59.

Health-Related Quality of Life for Eating Disorders questionnaire version-2 (HeRQoLEDv2)

Las Hayas CQ, Jose M.; Padierna, Jesus A.; Bilbao, Amaia; Munoz, Pedro; Francis Cook, E. Health-Related Quality of Life for Eating Disorders questionnaire version-2 was responsive 1-year after initial assessment. J Clin Epidemiol. 2007;60(8):825-833.

#### Insomnia Severity Index (ISI)

Morin CMB, Genevieve; Belanger, Lynda; Ivers, Hans. The Insomnia Severity Index: psychometric indicators to detect insomnia cases and evaluate treatment response. Sleep. 2011;34(5):601-608.

#### Medication Satisfaction Questionnaire (MSQ)

Vernon MKR, Dennis A.; Awad, A. George; Dirani, Riad; Panish, Jessica; Canuso, Carla M.; Grinspan, Augusto; Mannix, Sally; Kalali, Amir H. Psychometric evaluation of the Medication Satisfaction Questionnaire (MSQ) to assess satisfaction with antipsychotic medication among schizophrenia patients. Schizophr Res. 2010;118(1-3):271-278.

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#### Satisfactory Sexual Events (SSEs)

Symonds TS, Cathie; Sisson, Melanie; Soni, Paresh; Martin, Mona; Gunter, Lacey; Patrick, Donald L. Methods to determine the minimum important difference for a sexual event diary used by postmenopausal women with hypoactive sexual desire disorder. J Sex Med. 2007;4(5):1328-1335.

#### Respirology

Asthma Control Questionnaire (ACQ)

Juniper EFS, Klas; Mork, Ann-Christin; Stahl, Elisabeth. Measurement properties and interpretation of three shortened versions of the asthma control questionnaire. Respir Med. 2005;99(5):553-558.

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Asthma Quality of Life Questionnaire (AQLQ)

Juniper EFG, G. H.; Willan, A.; Griffith, L. E. Determining a minimal important change in a disease-specific Quality of Life Questionnaire. J Clin Epidemiol. 1994;47(1):81-87.

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Wyrwich KWM, Stacie M.; Kroenke, Kurt; Tierney, William M.; Babu, Ajit N.; Wolinsky, Fredric D. Interpreting quality-of-life data: methods for community consensus in asthma. Ann Allergy Asthma Immunol. 2006;96(6):826-833.

Chronic Respiratory Disease Questionnaire (CRQ)

Redelmeier DAG, G. H.; Goldstein, R. S. Assessing the minimal important difference in symptoms: a comparison of two techniques. J Clin Epidemiol. 1996;49(11):1215-1219.

Wyrwich KWM, Stacie M.; Kroenke, Kurt; Tierney, William M.; Babu, Ajit N.; Wolinsky, Fredric D. Measuring patient and clinician perspectives to evaluate change in health-related quality of life among patients with chronic obstructive pulmonary disease. J Gen Intern Med. 2007;22(2):161-170.

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Jaeschke RS, J.; Guyatt, G. H. Measurement of health status. Ascertaining the minimal clinically important difference. Control Clin Trials. 1989;10(4):407-415.

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Kocks JWHT, M. G.; Uil, S. M.; van den Berg, J. W. K.; Stahl, E.; van der Molen, T. Health status measurement in COPD: the minimal clinically important difference of the clinical COPD questionnaire. Respir Res. 2006;7:62.

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Fletcher KEF, Cynthia T.; Irwin, Richard S.; Corapi, Kristin M.; Norman, Geoffrey R. A prospective global measure, the Punum Ladder, provides more valid assessments of quality of life than a retrospective transition measure. J Clin Epidemiol. 2010;63(10):1123-1131.

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Santanello NCZ, J.; Seidenberg, B.; Reiss, T. F.; Barber, B. L. What are minimal important changes for asthma measures in a clinical trial? Eur Respir J. 1999;14(1):23-27.

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Karras DJS, M. E.; Terregino, C. A.; Lopez, B. L.; Griswold, S. K.; Arnold, G. K. Clinically meaningful changes in quantitative measures of asthma severity. Acad Emerg Med. 2000;7(4):327-334.

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Schunemann HJG, Lauren; Jaeschke, Roman; Goldstein, Roger; Stubbing, David; Guyatt, Gordon H. Evaluation of the minimal important difference for the feeling thermometer and the St. George's Respiratory Questionnaire in patients with chronic airflow obstruction. J Clin Epidemiol. 2003;56(12):1170-1176.

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Puhan MAF, M.; Buchi, S.; Schunemann, H. J. The minimal important difference of the hospital anxiety and depression scale in patients with chronic obstructive pulmonary disease. Health and Quality of Life Outcomes. 2008;6(46).

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Patel ASS, R. J.; Keir, G. J.; Bajwah, S.; Barker, R. D.; Maher, T. M.; Renzoni, E. A.; Wells, A. U.; Higginson, I. J.; Birring, S. S. The minimal important difference of the King's Brief Interstitial Lung Disease Questionnaire (K-BILD) and forced vital capacity in interstitial lung disease. Respir Med. 2013;107(9):1438-1443.

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van Stel HFM, A. Rianne; Colland, Vivian T.; Everaerd, Walter. Interpretation of change and longitudinal validity of the quality of life for respiratory illness questionnaire (QoLRIQ) in inpatient pulmonary rehabilitation. Qual Life Res. 2003;12(2):133-145.

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Wyrwich KWM, Stacie M.; Kroenke, Kurt; Tierney, William M.; Babu, Ajit N.; Wolinsky, Fredric D. Measuring patient and clinician perspectives to evaluate change in health-related quality of life among patients with chronic obstructive pulmonary disease. J Gen Intern Med. 2007;22(2):161-170.

Short Form Health Survey 36-Item (SF-36) - version 2

Wyrwich KWM, Stacie M.; Kroenke, Kurt; Tierney, William M.; Babu, Ajit N.; Wolinsky, Fredric D. Interpreting quality-of-life data: methods for community consensus in asthma. Ann Allergy Asthma Immunol. 2006;96(6):826-833.

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Watkins MLW, T. K.; Tabberer, M.; Brooks, J. M.; Donohue, J. F.; Anzueto, A.; Chen, W. H.; Crim, C. Shortness of breath with daily activities questionnaire: Validation and responder thresholds in patients with chronic obstructive pulmonary disease. BMJ Open. 2013;3(10).

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Xu WC, J. P.; Shapiro, S.; Lin, Y.; Yang, T.; Wang, C.; Bourbeau, J. Validation and clinical interpretation of the St George's Respiratory Questionnaire among COPD patients, China. Int J Tuberc Lung Dis. 2009;13(2):181-189.

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Kupferberg DHK, Robert M.; Slymen, Donald J.; Ries, Andrew L. Minimal clinically important difference for the UCSD Shortness of Breath Questionnaire. J Cardiopulm Rehabil. 2005;25(6):370-377.

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Perez TA, B.; Grosbois, J. M.; Bosch, V.; Guillemin, I.; Bravo, M. L.; Brun, M.; Tonnel, A. B.; Group, Tiphon Study. Validity, reliability, and responsiveness of a new short Visual Simplified Respiratory Questionnaire (VSRQ) for health-related quality of life assessment in chronic obstructive pulmonary disease. Int J Chron Obstruct Pulmon Dis. 2009;4:9-18.

Respirology, Rheumatology

Transition Dyspnoea Index (TDI)

Khanna DT, Chi-Hong; Furst, Daniel E.; Clements, Philip J.; Elashoff, Robert; Roth, Michael; Elashoff, David; Tashkin, Donald P.; for Scleroderma Lung Study, Investigators. Minimally important differences in the Mahler's Transition Dyspnoea Index in a large randomized controlled trial--results from the Scleroderma Lung Study. Rheumatology (Oxford). 2009;48(12):1537-1540.

#### Rheumatology

Bath Ankylosing Spondylitis Disease Activity Index (BASDAI)

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Pavy SB, Sinead; Calin, Andrei. Establishment of the minimum clinically important difference for the bath ankylosing spondylitis indices: a prospective study. J Rheumatol. 2005;32(1):80-85.

Bath Ankylosing Spondylitis Global Score (BAS-G)

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Chalder Fatigue Scale (CFS)

Pouchot JK, Raheem B.; Brant, Rollin; Lacaille, Diane; Lehman, Allen J.; Ensworth, Stephanie; Kopec, Jacek; Esdaile, John M.; Liang, Matthew H. Determination of the minimal clinically important difference for seven fatigue measures in rheumatoid arthritis. J Clin Epidemiol. 2008;61(7):705-713.

Goligher ECP, Jacques; Brant, Rollin; Kherani, Raheem B.; Avina-Zubieta, J. Antonio; Lacaille, Diane; Lehman, Allen J.; Ensworth, Stephanie; Kopec, Jacek; Esdaile, John M.; Liang, Matthew H. Minimal clinically important difference for 7 measures of fatigue in patients with systemic lupus erythematosus. J Rheumatol. 2008;35(4):635-642.

Disease activity numerical rating scale (NRS)

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#### Fatigue Assessment Scale (FAS)

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#### Fatigue visual analogue scale (VAS)

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Bennett RMB, Andrew G.; Cappelleri, Joseph C.; Zlateva, Gergana; Sadosky, Alesia B. Minimal clinically important difference in the fibromyalgia impact questionnaire. J Rheumatol. 2009;36(6):1304-1311.

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Global assessment of fatigue numerical rating scale (NRS)

Pouchot JK, Raheem B.; Brant, Rollin; Lacaille, Diane; Lehman, Allen J.; Ensworth, Stephanie; Kopec, Jacek; Esdaile, John M.; Liang, Matthew H. Determination of the minimal clinically important difference for seven fatigue measures in rheumatoid arthritis. J Clin Epidemiol. 2008;61(7):705-713.

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Global health status visual analogue scale (VAS)

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Health Assessment Questionnaire (HAQ) Disability Index

Kosinski MZ, S. Z.; Dedhiya, S.; Osterhaus, J. T.; Ware, J. E., Jr. Determining minimally important changes in generic and disease-specific health-related quality of life questionnaires in clinical trials of rheumatoid arthritis. Arthritis Rheum. 2000;43(7):1478-1487.

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Joint tenderness 4-point likert scale

Taylor WJR, D.; Dalbeth, N.; Schumacher, H. R.; Edwards, N. L.; Simon, L. S.; John, M. R.; Essex, M. N.; Watson, D. J.; Evans, R.; Rome, K.; Singh, J. A. Application of the OMERACT filter to measures of core outcome domains in recent clinical studies of acute gout. J Rheumatol. 2014;41(3):574-580.

Medical Outcomes Study Sleep Scale (MOS Sleep)

Wells GL, Tracy; Maxwell, Lara; MacLean, Ross; Tugwell, Peter. Determining the minimal clinically important differences in activity, fatigue, and sleep quality in patients with rheumatoid arthritis. J Rheumatol. 2007;34(2):280-289.

Modified Health Assessment Questionnaire (MHAQ) Disability Index

Kvamme MKK, Ivar Sonbo; Lie, Elisabeth; Kvien, Tore Kristian. Identification of cutpoints for acceptable health status and important improvement in patient-reported outcomes, in rheumatoid arthritis, psoriatic arthritis, and ankylosing spondylitis. J Rheumatol. 2010;37(1):26-31.

#### Multidimensional Assessment of Fatigue (MAF)

Pouchot JK, Raheem B.; Brant, Rollin; Lacaille, Diane; Lehman, Allen J.; Ensworth, Stephanie; Kopec, Jacek; Esdaile, John M.; Liang, Matthew H. Determination of the minimal clinically important difference for seven fatigue measures in rheumatoid arthritis. J Clin Epidemiol. 2008;61(7):705-713.

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#### Multidimensional Fatigue Inventory (MFI)

Pouchot JK, Raheem B.; Brant, Rollin; Lacaille, Diane; Lehman, Allen J.; Ensworth, Stephanie; Kopec, Jacek; Esdaile, John M.; Liang, Matthew H. Determination of the minimal clinically important difference for seven fatigue measures in rheumatoid arthritis. J Clin Epidemiol. 2008;61(7):705-713.

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#### Pain 5-point likert scale

Taylor WJR, D.; Dalbeth, N.; Schumacher, H. R.; Edwards, N. L.; Simon, L. S.; John, M. R.; Essex, M. N.; Watson, D. J.; Evans, R.; Rome, K.; Singh, J. A. Application of the OMERACT filter to measures of core outcome domains in recent clinical studies of acute gout. J Rheumatol. 2014;41(3):574-580.

#### Pain numerical rating scale (NRS)

Tubach FR, P.; Martin-Mola, E.; Awada, H.; Bellamy, N.; Bombardier, C.; Felson, D. T.; Hajjaj-Hassouni, N.; Hochberg, M.; Logeart, I.; Matucci-Cerinic, M.; van de Laar, M.; van der Heijde, D.; Dougados, M. Minimum clinically important improvement and patient acceptable symptom state in pain and function in rheumatoid arthritis, ankylosing spondylitis, chronic back pain, hand osteoarthritis, and hip and knee osteoarthritis: Results from a prospective multinational study. Arthritis Care Res (Hoboken). 2012;64(11):1699-1707.

#### Pain visual analogue scale (VAS)

Wolfe FM, Kaleb. Assessment of pain in rheumatoid arthritis: minimal clinically significant difference, predictors, and the effect of anti-tumor necrosis factor therapy. J Rheumatol. 2007;34(8):1674-1683.

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Patient's global health assessment (PGA)

Leung YYZ, T. Y.; Tam, L. S.; Kun, E. W. L.; Li, E. K. M. Minimal important difference and responsiveness to change of the SF-36 in patients with psoriatic arthritis receiving tumor necrosis factoralpha blockers. J Rheumatol. 2011;38(9):2077-2079.

PROMIS 20-item Physical Functioning Short Form (PROMIS PF-20)

Hays RDS, K. L.; Fries, J. F.; Krishnan, E. Responsiveness and minimally important difference for the Patient-Reported Outcomes Measurement Information System (PROMIS) 20-item physical functioning short form in a prospective observational study of rheumatoid arthritis. Ann Rheum Dis. 2015;74(1):104-107.

Raynaud's Condition Score (RCS) - Visual analgoue scale version

Khanna PPM, Paul; Gregory, Jeff; Khanna, Dinesh. The minimally important difference and patient acceptable symptom state for the Raynaud's condition score in patients with Raynaud's phenomenon in a large randomised controlled clinical trial. Ann Rheum Dis. 2010;69(3):588-591.

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Chiou CFS, C. D.; Cornelio, I.; Lubeck, D. P.; Paulus, H. E.; Dylan, M.; Chang, C. H.; Weisman, M. H. Development and validation of the revised Cedars-Sinai health-related quality of life for rheumatoid arthritis instrument. Arthritis Rheum. 2006;55(6):856-863.

Rheumatoid Arthritis Impact of Disease (RAID)

Dougados MB, Y.; Logeart, I.; van der Heijde, D.; Gossec, L.; Kvien, T. Defining cut-off values for disease activity states and improvement scores for patient-reported outcomes: The example of the Rheumatoid Arthritis Impact of Disease (RAID). Arthritis Research and Therapy. 2012;14(3).

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Short Form Health Survey 36-Item (SF-36) - version 2

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#### Sleep visual analogue scale (VAS)

Wheaton LP, Janet. The minimally important difference for patient-reported outcomes in spondyloarthropathies including pain, fatigue, sleep, and Health Assessment Questionnaire. J Rheumatol. 2010;37(4):816-822.

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#### Thoracic Surgery

University of California, San Diego Shortness of Breath Questionnaire (SOBQ)

Horita NM, N.; Morita, S.; Kojima, R.; Kimura, N.; Kaneko, T.; Ishigatsubo, Y. Small, moderate, and large changes, and the minimum clinically important difference in the University of California, San Diego Shortness of Breath Questionnaire. Copd. 2014;11(1):26-32.

#### Urology

Erection Quality Scale (EQS)

Rosen RCW, John; Mollen, Martin D.; Gondek, Kathleen; McLeod, Lori D.; Fisher, William A. Responsiveness and minimum important differences for the erection quality scale. J Urol. 2007;178(5):2076-2081.

Incontinence Impact Questionnaire Short Form (IIQ-7) adjusted

Utomo EK, I. J.; Wildhagen, M. F.; Steensma, A. B.; Bangma, C. H.; Blok, B. F. M. Validation of the urogenital distress inventory (UDI-6) and incontinence impact questionnaire (IIQ-7) in a Dutch population. Neurourology and Urodynamics. 2014;34(1):24-31.

Incontinence Impact Questionnaire Short Form (IIQ-7)

Utomo EK, I. J.; Wildhagen, M. F.; Steensma, A. B.; Bangma, C. H.; Blok, B. F. M. Validation of the urogenital distress inventory (UDI-6) and incontinence impact questionnaire (IIQ-7) in a Dutch population. Neurourology and Urodynamics. 2014;34(1):24-31.

Incontinence Impact Questionnaire-8 (IIQ-8)

Utomo EK, I. J.; Wildhagen, M. F.; Steensma, A. B.; Bangma, C. H.; Blok, B. F. M. Validation of the urogenital distress inventory (UDI-6) and incontinence impact questionnaire (IIQ-7) in a Dutch population. Neurourology and Urodynamics. 2014;34(1):24-31.

Interstitial Cystitis Symptom Index (ICSI)

Lubeck DPW, K.; Sant, G. R.; Alvarez-Horine, S.; Lai, C. Psychometric validation of the O'leary-Sant interstitial cystitis symptom index in a clinical trial of pentosan polysulfate sodium. Urology. 2001;57(6 Suppl 1):62-66.

King's Health Questionnaire (KHQ)

Kelleher CJP, A. M.; Reese, P. R.; Burgess, S. M.; Brodish, P. H. How much is enough and who says so? The case of the King's Health Questionnaire and overactive bladder. BJOG: An International Journal of Obstetrics and Gynaecology. 2004;111(6):605-612.

Michigan Incontinence Symptom Index (M-ISI)

Suskind AMD, R. L.; Morgan, D. M.; Delancey, J. O. L.; McGuire, E. J.; Wei, J. T. The Michigan incontinence symptom index (M-ISI): A clinical measure for type, severity, and bother related to urinary incontinence. Neurourology and Urodynamics. 2014;33(7):1128-1134.

Overactive Bladder Symptom And Health-Related Quality Of Life Questionnaire (OAB-Q)

Coyne KSM, Louis S.; Thompson, Christine L.; Kopp, Zoe S.; Khullar, Vikram. Determining the importance of change in the overactive bladder questionnaire. J Urol. 2006;176(2):627-632; discussion 632.

Overactive Bladder Symptom Score (OABSS)

Gotoh MH, Yukio; Yokoyama, Osamu; Nishizawa, Osamu. Responsiveness and minimal clinically important change in overactive bladder symptom score. Urology. 2011;78(4):768-773.

Sexual Experience Questionnaire (SEX-Q)

Mulhall JPK, Rosie; Kirby, Michael; Hvidsten, Kyle; Symonds, Tara; Bushmakin, Andrew G.; Cappelleri, Joseph C. Evaluating the sexual experience in men: validation of the sexual experience questionnaire. J Sex Med. 2008;5(2):365-376.

Urogenital Distress Inventory-Short Form (UDI-6)

Utomo EK, I. J.; Wildhagen, M. F.; Steensma, A. B.; Bangma, C. H.; Blok, B. F. M. Validation of the urogenital distress inventory (UDI-6) and incontinence impact questionnaire (IIQ-7) in a Dutch population. Neurourology and Urodynamics. 2014;34(1):24-31.

Vascular Surgery

Aberdeen Varicose Veins Questionnaire (AVVQ)

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

EuroQol-5D Utility Index (EQ-5D)

Browne JPvdM, Jan H.; Lewsey, James D.; Lamping, Donna L.; Black, Nick. Mathematical coupling may account for the association between baseline severity and minimally important difference values. J Clin Epidemiol. 2010;63(8):865-874.

Specific Quality of Life & Outcome Response - Venous (SQOR-V)

Lurie FK, Robert L. In prospective study using Specific Quality of Life & Outcomes Response-Venous (SQOR-V) questionnaire the recall bias had the same magnitude as the minimally important difference. Qual Life Res. 2011;20(10):1589-1593.

Vascular Quality of Life questionnaire (VascuQol)

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# Chapter 4: Serious issues of reporting exist in minimal important difference studies: Current state and suggestions for improvement

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# ABSTRACT

**Objective**: To evaluate reporting of estimates of the minimal important difference (MID) using anchor-based methods for patient-reported outcome measures (PROMs), and the impact of reporting deficiencies on their credibility.

**Study design and setting**: Systematic survey of primary studies empirically estimating MIDs. We searched Medline, EMBASE, PsycINFO, and the Patient-Reported Outcome and Quality of Life Instruments Database internal library up to April 2015. We evaluated study reporting focusing on participants' demographics, intervention(s) applied in the study, characteristics of PROM instruments and anchors, and MID estimation method. We assessed the impact of reporting issues on the credibility of MID estimates.

**Results**: In 338 studies reporting on 3,389 MID estimates for 358 distinct PROMs, authors frequently failed to adequately report key characteristics of PROMs and MIDs, including construct definition, ranges of values of the PROM, and number of participants included in the analysis. The most serious issues impacting credibility assessments included infrequent reporting of the correlation between the anchor and PROM (71%), lack of measures of variability accompanying the MID point estimate (13%), and insufficient information of the threshold to ascertain the MID (10%)

**Conclusion**: Serious issues of incomplete reporting in the MID literature threaten the optimal use of MID estimates to inform the magnitude of effects of interventions on PROMs.

**Keywords:** Patient-reported outcome, minimal important difference, anchor-based methods, reporting quality, credibility.

# What is new (text box)

# Key findings

- Authors frequently failed to adequately report key characteristics of PROMs and MID estimates, including construct definition, ranges of values of the PROM, and number of participants included in the analysis.
- The most serious issues impacting credibility assessments included infrequent reporting of the correlation between the anchor and PROM, lack of measures of variability accompanying the MID point estimate, and insufficient information of the threshold used to ascertain the MID.

# What this adds to what is known

- This is the first systematic evaluation on the completeness of reporting among primary studies empirically ascertaining anchor-based MIDs for PROMs, and the impact of reporting on MID credibility assessment.

# What is the implication, what should change now

- Improvement in reporting is necessary to facilitate the credibility assessment and use of MID estimates to interpret the magnitude of treatment effects of interventions on PROMs.

### **INTRODUCTION**

High quality reporting is essential to inform users of the medical literature and the public of key findings of any form of research. Limitations in reporting threaten users' ability to effectively evaluate the trustworthiness and relevance of research findings, compromising their applicability and increasing waste. <sup>117</sup> A report from 2009 suggested that nearly 50% of research reports suffered from serious issues that made them virtually unusable. <sup>118</sup>

Anchor-based minimal important difference (MID) estimates can inform interpretation of PROM results by defining the extent to which participants exposed to an intervention have experienced an important change in health status. <sup>16</sup> Anchor-based approaches relate results from the PROM under investigation to an independent standard that both patients and clinicians can recognize as representing a small but important difference on the construct being measured. Such studies have great potential in aiding interpretability of PROMs, but reporting and methodological deficiencies in MID studies can severely undermine this potential.

To address issues of transparency in research reports, The Enhancing the Quality and Transparency of Health research (EQUATOR) Network has developed a large number of reporting standards <sup>119,120</sup> that show promise in improving reporting quality.<sup>121</sup> The patient-reported outcome (PRO) measures (PROMs) extension of the Consolidated Standards of Reporting Trials Statement (CONSORT PRO) was published in 2013. <sup>12</sup> This statement proposes a number of items relevant to make RCT reports including PROMs more informative. Item 22, of this extension states that "PRO [patient-reported outcome] data should be interpreted in relation to clinical outcomes including survival data, where relevant". This guidance also suggests that "Further interpretation of PRO results may include discussion of a minimal important change or a responder definition (if validated for the particular PRO instrument used in the study)". <sup>12</sup>

Reporting guidance for MID estimation studies are currently unavailable. Given the lack of reporting standards, and the potentially great variability in reporting, users of MIDs may not be able to effectively evaluate their credibility, severely limiting the necessary step of distinguishing more from less trustworthy estimates (Ref – Credibility tool). To evaluate the reporting in studies empirically calculating MID estimates using anchor-based methods, and potentially inform future reporting standards, we undertook a systematic evaluation of reporting in MID estimation studies.

### **METHODS**

The methodology presented here summarizes a systematic survey conducted with the goal of creating an inventory of available anchor-based MID estimates and a tool to assess the credibility of these estimates. A previously published protocol <sup>122</sup> and subsequent MID inventory (CHAPTER 3) and credibility instrument manuscripts provide full details of the project's methods. (CHAPTER 2)

#### Selection criteria

We included primary studies empirically calculating anchor-based MID estimates for PROMs. We included studies conducted in adolescents and adults, irrespective of their condition, type of intervention, or type of anchor instrument used (e.g. self-reported, proxy reported, laboratory data, performance-based measure, etc.) We excluded conference proceedings, systematic reviews, and studies reporting only a pooled estimate combining both distribution and anchor-based MIDs.

### Literature search

We searched Medline, EMBASE, and PsycINFO up to April 2015. We limited our search starting in 1989, as an MID development approach was described for the first time that year<sup>16</sup> (Appendix 4). To complement this search, we accessed the Patient-Reported Outcome and Quality of Life Instruments Database (PROQOLID)<sup>123</sup> internal library and

retrieved additional relevant citations. In addition, we retrieved citations from the reference lists of relevant reviews and eligible studies.

### **Study selection**

We conducted two rounds of calibration to ensure optimal application of the eligibility criteria. Two reviewers independently conducted screening at title and abstract and full text level. Arbiters (ACL, TD) resolved issues when disagreement between reviewers regarding eligibility persisted after discussion.

### Data collection and evaluation of reporting quality

Reviewers underwent extensive calibration for data extraction and credibility assessment. In duplicate, and using MID estimates as the unit for extraction, we evaluated completeness of reporting for the following five domains:

### - Study characteristics and participants demographics

We abstracted the country(ies) where the study was conducted, number of participants at baseline, and eligibility criteria for participants (disease or condition, type of measure of central tendency and dispersion used to report age, male/female ratio) and recorded if not reported or unclear.

# - Reporting of interventions applied when estimating MIDs

We extracted the name/description of the intervention applied in the study according to authors' reporting and recorded if not reported or unclear.

### - PROM instrument

We abstracted characteristics of the PROM including the name of the instrument as reported in the study, the PROMs' construct and definition, whether the PROM was multi-domain, the lower and upper values that the PROM can reach and whether higher or lower values represented a better health state.

### - Anchor instrument

We extracted the description of the anchor used in the study, its construct and definition, number of categories in the scale and descriptors for global rating of change (GROC) anchors (e.g. a great deal worse, somewhat worse, a little worse, no change, a little better, somewhat better, a great deal better), the range in a scale and categories when using non-GROC anchors (e.g. pain on 11-point visual analogue scale (VAS) ranging from 0 (no pain) to 10 (worst imaginable pain)), the specific threshold defined by the authors to reflect a small but important change (e.g. patients who reported feeling "a little better and somewhat better"; one category change in an 11-point VAS of pain), and the number of participants included in the MID determination.

### - MID determination

We evaluated whether the authors reported the endpoints considered for MID estimation, length of follow up between the administration of the PROM and the anchor, MID estimation method (e.g. global rating of change, change in disease-related outcomes, comparison to another group with a different status on the same condition, etc.), analytical approach (e.g. mean change, mean difference, receiver operating characteristic curve, regression analysis, etc.), direction of the estimate (e.g. improvement, deterioration, or a single estimate that reflects both improvement and deterioration), and measure of variability for the MID point estimate (e.g. confidence interval, interquartile range, standard deviation, range, etc.).

### - Credibility assessment

We evaluated the credibility of individual MID estimates using a new instrument that has proved reliable. (CHAPTER 2) It includes five core items: 1) Is the patient or necessary proxy responding directly to both the PROM and the anchor? 2) Is the

anchor easily understandable and relevant for patients or necessary proxy? 3) Has the anchor shown good correlation with the PROM? 4) Is the MID estimate precise? and 5) Does the threshold or difference between groups on the anchor used to estimate the MID reflect a small but important difference? The possible answers for each credibility criterion range between definitely yes, to a great extent, not so much, definitely no, respectively from more to less credible answers. We included an additional category when judgement was not feasible: impossible to tell. In addition, we focused on the impact of the completeness of reporting to inform the credibility assessment. The "impossible to tell" category was selected when the information reported by the authors did not allow an evaluator to determine the degree credibility for a particular criterion. Although we consider that ratings of "definitely no" and "impossible to tell" reflect the lowest levels of credibility, for the purpose of evaluating reporting we described these two categories separately.

To minimize the chance of error, a third reviewer (ACL, TD) served as quality control and arbiters for the data extracted from the pair of reviewers.

### RESULTS

#### Search results

The full details of our systematic search, including results, can be found in another article. (CHAPTER 3) Briefly, out of 5,656 citations, we screened 1,716 in full text, of which 338 studies proved eligible. These 338 studies reported 3,389 individual MID estimates for 358 PROMs.

# **Reporting items**

# Participants' demographics

Authors generally reported items in this category properly. The single concerning reporting issue was that almost a quarter of the studies failed to report the country or countries where the study was conducted. (Table 4.1)

### Interventions applied when estimating MIDs

When determining an MID, authors usually either included interventions in the primary study to maximize the chance for finding a difference between groups or conducted their MID estimation within the context of a RCT. Most studies appropriately described the intervention applied. (Table 4.1)

#### **PROM** instrument

Most authors reported MID estimates for multiple PROMs. Among the most frequent reporting concerns, approximately half of the studies failed to report the construct definition of the PROMs (e.g. SF-36 measuring quality of life); approximately 15% failed to report the lower and upper values that the PROM can reach (e.g. SF-36 ranging from 0 to 100) and the meaning of higher values on the PROM scale (e.g. higher SF-36 values indicating better quality of life). (Table 4.1)

#### **Anchor instrument**

In approximately half the studies, authors failed to report the construct definition of the anchors. Approximately one in five studies did not report the number of participants included for the MID determination. (Table 4.1)

### **MID** determination

Understanding the credibility of reported MIDs requires a measure of variability among participants (e.g. confidence intervals, interquartile ranges, standard deviations, etc.). In its absence, investigators can use sample size to potential issues of precision. Approximately a third of the studies included a measure of variability for the MID estimate, (Table 4.1) and 66 studies (20%) failed to report the total number of participants responding to the anchor for the MID estimation.

**Table 4. 1.** Completeness of reporting of primary studies calculating anchor-based

 minimal important difference estimates (n=338)

	Reported n (%)	Not reported n (%)
Participants' demographics		
Country where the study was conducted	260 (77)	78 (23)
Disease or condition of the participants	338 (100)	0
Number of participants at baseline	335 (99)	3 (1)
Participants' age measure of central tendency	312 (92)	26 (8)
Participants' age measure of dispersion	305 (90)	33 (10)
Male/female ratio	317 (94)	21 (6)
Intervention(s) applied when estimating MIDs		
Description of the intervention applied	293 (87)	45 (13)
PROM instrument		
Name of the instrument	338 (100)	0
Construct measured	331 (98)	7 (2)
Definition of the PROM construct	175 (52)	163 (48)
PROM Domains	338 (100)	0
Lower value that the PROM can reach	286 (85)	52 (15)
Upper values that the PROM can reach	285 (84)	53 (16)
Meaning of the extreme values of the PROM	288 (85)	50 (15)
Anchor instrument		
Description of the anchor used	337 (100)	1 (0)
Construct measured	322 (95)	14 (5)
Definition of the anchor construct	154 (46)	183 (54)
Description of the range of options/values	326 (96)	12 (4)
Description of the threshold used to define the MID	329 (97)	9 (3)
Number of participants responding to the anchor	272 (80)	66 (20)
MID estimation		-
Number of endpoints	338 (100)	0

Length of follow up	320 (95)	17 (5)	
Estimation method	338 (100)	0	
Analytical method	336 (99)	2 (0)	
Description of the direction of the MID	328 (97)	10 (3)	
Measure of variability of MID (e.g. CI, IQR, SD, SE, range)	127 (38)	211 (62)	
MID: Minimal important difference; PROM: Patient reported outcome; CI: Confidence Interval; IQR: Interquartile range; SD: standard deviation; SE: Standard error			

### Credibility assessment and impact of reporting

Having patients directly responding to the anchor and PROM, and using anchor instruments that are easily understandable by patients, were the two criteria with the largest proportions of MIDs evaluated as credible, with approximately only 2 in 5 estimates exhibiting lower levels of credibility (i.e. "not so much", "definitely no", or "impossible to tell"). A number of articles failed to adequately report on three out of the five core credibility criteria, resulting in frequent ratings of "impossible to tell". The criterion addressing the extent to which the anchor has shown good correlation with the PROM represented the most serious failure of reporting (2,405 of 3,389, 71% of relevant MID estimates did not include the correlation between the anchor and PROM of interest). The second most serious reporting issue was for the criterion related to the precision of the MID estimate in which 13% were judged as credibility "impossible to tell" due to poor reporting. The third criterion of concern related to the evaluation of whether the threshold used to calculate the MID reflects a small but important change, with 10% of the MID estimates presenting serious reporting issues that prevented us from providing any credibility judgement. (Figure 4.1)



**Figure 4. 1.** Proportion (%) of minimal important difference estimates and evaluation of core credibility criteria (n=3,389 MIDs)

### DISCUSSION

# Main findings

We identified 3,389 anchor-based MID estimates in the medical literature linked to 358 distinct PROMs. Although studies report most information regarding participants' demographics, studies often fail to report on a number of issues necessary for appreciating the meaning and credibility of their results. First, authors often fail to adequately report key characteristics of PROMs involved in the MID estimation, including construct definition, ranges of values and meaning of values that patients can reach in the PROM scale. Second, authors frequently provide only limited information about the anchor including the underlying construct and the number of participants responding to the anchor. Third, reporting often fails on issues related to the MID estimation reporting of the correlation

between the anchor and the PROM, measures of variability accompanying MID point estimates, and threshold used in the study to ascertain an MID that reflects a small but important change.

### Strength and limitation of the current work

We surveyed a large proportion of the available MID literature and are confident that our findings represent the current state of reporting. We used rigorous review methods including duplicate and independent identification and selection of studies, data extraction, reporting and credibility assessment, and the use of a new reliable instrument to evaluate the credibility of MIDs. (Ref to credibility instrument BMJ)

Our work also has limitations. Although the credibility instrument was developed on the basis of a sound understanding of relevant methods literature and has proved reliable, more work will be required to further define optimal anchor-based MID methodology. This work will need to address standards regarding optimal methodology to empirically ascertain an MID along with requirements for optimal reporting. In the absence of such a consensus, our criteria to evaluate the reporting, though based on extensive experience in the area over 30 years and review of the relevant literature, required considerable judgment: others may have chosen different criteria.

### Impact of reporting issues on credibility assessment and MID selection

### **Description of the intervention applied**

Approximately 13% of the included studies did not report whether an intervention was used while determining the MID. A particularly effective intervention will increase the size of the difference in the PROM score between groups receiving and not receiving such intervention, and between responders and non-responders, and may thus influence the magnitude of the MID. The burden or adverse effects of the intervention may also have an influence. Preliminary evidence suggests, for instance, that surgical interventions may be

associated with larger MIDs than non-surgical interventions.<sup>113</sup> Knowing the intervention administered would allow MID users to more effectively select MIDs for PROMs of interest that closely reflect the users' setting and intervention of interest.

### **PROM** instrument

Selecting the appropriate MID to inform the effect of an intervention in a PROM requires, among other aspects, appropriate matching of the PROM of interest with the one used in the MID estimation study. This creates a two-fold issue. On one hand, guideline developers and systematic reviewers are already dealing with reporting challenges while trying to determine which specific PROM was used in a primary study relevant to their work.<sup>5</sup> They also face additional challenges related to the poor reporting of the PROMs included in studies empirically estimating an MID. We found that some PROMs selected for an MID estimation study suffered from issues of reporting that may further threaten the ability of users to appropriately match those MIDs with their PROM of interest, including lack of reporting of the PROM construct, lower and upper values that the PROM can reach, and the meaning associated this those values.

# **MID** estimation issues

The presentation of point estimates for MIDs with no measure of variability (e.g. 95% confidence intervals) – as occurred in 62% of our sample – represents incomplete reporting that is problematic. Ignoring variability and considering only point estimates could create a false sense of inconsistency across different MIDs for the same PROM when, in reality, those differences may be simply a result of chance. Users choosing among different MIDs for the same PROM would, all else being equal, reasonably prefer those associated with more precise estimates.

#### **Correlation between anchor and PROM**

The anchor chosen as external criteria to inform PROM interpretability must measure a construct closely related to the PROM itself. The correlation between anchor and PROM

represents the empirical test of the relatedness of the constructs, and at least a moderate correlation is required. <sup>30,101</sup> Very low correlation indicates that the constructs measured by the anchor and the PROM differ, thus seriously undermining the credibility of the associated MIDs. In almost 70% of situations, authors failed to report the correlation between anchor and PROM. This leaves users of MID estimates in serious doubt about the credibility of the MID estimates they are considering implementing.

# Threshold to determine the MID estimate

Anchor-based MID methods rely on defining a threshold or finding a difference between groups in relation to an external criterion that represents a small but important difference. Failure of MID estimation studies to define a threshold or use of a threshold that does not reflect a small but important change undermines their credibility. For 10% of MIDs, authors failed to report the threshold associated with the MID, leading to a classification of "impossible to tell". In such situations, users cannot determine if the value provided represents an MID, or perhaps a moderate or even large magnitude of effect.

### **Recommendations to improve the reporting of MID estimation studies**

We have listed here the most important incomplete reporting issues related insights from a comprehensive evaluation of more than 3,000 MIDs. Authors empirically ascertaining an MID can improve their reporting by: 1) appropriately describing the settings in which the study was conducted, 2) describing the intervention utilized in the study in sufficient detail to allow users to compare across different MID studies and their own context, 3) providing detailed description of the PROMs they studied, including the construct and the ranges of values associated with the measure along with the meaning for the extreme values, 4) providing detailed description of the construct that the anchor instrument is supposed to measure, the number of participants contributing to the analysis, and the threshold or difference between groups that was chosen to represent the MID, 5) reporting measures of variability accompanying the MID point estimate, and 6) measuring and reporting the correlation between the anchor and the PROM to which an MID is estimated.

# CONCLUSIONS

Users of PROMs often have a number of MID estimates available to assist them in understanding and defining the magnitude of intervention effects. Challenges emerge when choosing among MIDs available for a single PROM due to investigators failing to report key information. Our suggestions represent a preliminary account of relevant information that authors should report. A systematically developed, consensus-based reporting checklist would help to achieve high reporting standards in the MID literature.

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### **Competing interest**

All authors have completed the ICMJE uniform disclosure form and declare no support from any organization for the submitted work. There are no other relationships or activities that could appear to have influenced the submitted work.

Data sharing statement: No additional data available.

# **Patient contribution**

Patients were not involved in the development or conduct of the study

**Transparency statement:** ACL, TD and GHG affirm that the manuscript is an honest, accurate, and transparent account of the recommendation being reported; that no important

aspects of the recommendation have been omitted; and that any discrepancies from the recommendation as planned (and, if relevant, registered) have been explained.

### **Contributors statement**

ACL, TD, BCJ, GN, SE, GHG conceived the study idea; ACL, TD, BCJ, AQ, MP, GG created the data extraction form for the MID inventory and led the development of the credibility instrument; TD, ACL, AQ, MP, ND, DZ, MB, XJ, RBP, OU, FF, SS, HPH, RWMV, HH, YR, RAS, and LL extracted data and assessed the credibility of MIDs in our inventory; ACL and TD wrote the first draft of the manuscript; ACL, TD, GG, AQ, MP, ND, DZ, RBP, OU, SS, HPH, RWMV, LL, BCJ, DLP, SE, TF, GN, HJS, MB, LT interpreted the data analysis and critically revised the manuscript. ACL and TD are the guarantors.

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Chapter 5: Discussion

This thesis work represents an effort to advance the use and interpretation of PROMs for decision making by facilitating the identification, assessment, reporting, and access to MID estimates. This final section of the thesis summarizes the main findings across chapters, describes the strengths and limitations of this work and discusses implications for research in the field.

## **Summary of main findings**

This work started acknowledging that users of MIDs for facilitating the interpretation of PROMs need to deal with a multiplicity of estimates from the literature and a variety of methodologies for their ascertainment, where some may be more or less appropriate. In the same way that decision-makers distinguish between more and less trustworthy clinical research (e.g., assessment of the risk of bias or methodological quality), users of MIDs also need to distinguish between more and less credible MID estimates. In chapter 2, we addressed this issue by developing the first instrument to evaluate the credibility of a single MID estimate. The final version of the instrument has two parts: 1) core items applicable to any MID estimate irrespective of the type of anchor utilized, and 2) an extension with an additional set of items developed explicitly for transition rating anchors. The instrument showed good to excellent inter-rater reliability.

A second issue addressed in this thesis is the lack of centralized and convenient access for researchers to the MID literature. In chapter 3, we reported our systematic survey conducted to develop an inventory, a compressive compendium of all available anchorbased MID estimates for PROMs, from the inception of indexed medical literature, until 2015. We identified 3,389 single MID estimates informing more than 358 PROMs in a variety of clinical areas and health conditions. We also took this opportunity to use our recently developed instrument reported in chapter 2, to provide an assessment of the credibility associated with each estimate. The vast number of available MIDs, their indexing, description, and credibility assessment is probably the most significant contribution that this work offers to the research community.

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The final issue addressed in this thesis aimed to build upon previous chapters to provide an evaluation of the completeness of reporting of primary studies empirically ascertain an anchor-based MID estimate for PROMs (Chapter 4). We found that authors frequently failed to adequately report key characteristics of PROMs and MIDs, including construct definition, ranges of values of the PROM, number of participants included in the analysis, and the correlation between the anchor and PROM instrument. In this chapter, we encourage authors providing MID estimates to improve their reporting to further facilitate the assessment of credibility and application of MIDs for decision-making.

## **Strengths and limitations**

The strength of this thesis resides in its methodological rigor and comprehensive approach to advance the discipline, including several innovations that, we hope, will change the way researchers conduct and report their studies, and decision-makers identify, select, and apply MIDs to interpreting PROMs. The credibility of MIDs is informed by a tool that has proved to be highly reliable, with evidence of face and content validity, and submitted to extensive user-testing. Our extensive systematic searches conducted to create the MID inventory, duplicate and independent study selection, data extraction, data quality control, and credibility assessment minimized the possibility of error.

This work also has some limitations. Our credibility tool requires further examination of its construct validity, and a broader plan for dissemination and implementation to increase awareness among users. Although our instrument proved reliable for the items in the core credibility criteria, reporting issues did not allow us to provide evidence of reliability of the extension items addressing transition rating anchors. Another limitation relates to our specific focus on anchor-based MID estimates. We are aware that some researchers still consider distribution-based MIDs as relevant as anchor-based MIDs and have proposed a triangulation process where, both anchor and distribution-based estimates are combined

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to reach to a definitive MID. <sup>75,124</sup> Although in our view, distribution methods lack the critical ingredient of validity that patient input represents, we acknowledge that researchers interested in triangulation methods can use our work to inform only the anchor-based MID estimates.

## **Implications for research**

This work opens a breadth of opportunities in the MID estimation field. For example, an observation when developing the inventory is that, for some PROMs, we found substantial variability in MID estimates. Other related work also evidences this issue.<sup>113,125</sup> Having available the largest sample ever gathered of MIDs for PROMs across all disciplines in medicine will allow the research community to conduct PROM-specific investigations with the purpose of further understanding the reasons behind the apparent variability observed. Initial efforts attempting to explain this variability are already shedding light <sup>126-128</sup> on the origin of such variation. We can now explore issues related to the role of participants' baseline status, type of anchor, length of recall, and methods used to ascertain the MID and credibility.

Another example of the implications of this work is related to chapter 4 and our initial assessment of the reporting and impact on the credibility of MID estimates. At the moment of writing this manuscript, no reporting standard for primary studies empirically ascertaining an anchor-based MID is available. Creating such standard, in the form of a consensus checklist using a similar methodology as the ones offered by the EQUATOR Network, seems to be the immediate subsequent deliverable based on the findings of this thesis. A plan for further dissemination and implementation of the reporting checklist to medical journals and researchers should accompany the project. We hope that producing a reporting standard would result in an improvement in the quality of the research, increase in transparency, and better use of the estimates to inform PROMs interpretation.

A final future development derived from the efforts presented in this thesis is the creation of a web application, a platform that researchers conducting trials, systematic reviews and meta-analysis, and clinical practice guidelines can access when interested in finding an MID for a PROM. The inclusion of technology in the process of screening for MID studies, and the creation of a digital data repository, will allow us to maintain the inventory up-to-date and make reality that future in which patients and clinicians partner to make decisions about health care, using PROMs, for which highly credible MIDs are available to assist in interpretation of the magnitude of treatment effects.

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