

## PEDIATRIC PHYSICAL ACTIVITY AND ENDOTHELIAL FUNCTION

THE RELATIONSHIP BETWEEN OBJECTIVELY MEASURED HABITUAL  
PHYSICAL ACTIVITY IN PRESCHOOLERS AND PERIPHERAL ARTERY  
ENDOTHELIAL FUNCTION IN SCHOOL-AGED CHILDREN

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TITLE: The relationship between objectively measured habitual physical activity during the preschool years and peripheral artery endothelial function in school-aged children

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## LAY ABSTRACT

It is clear that preliminary signs of atherosclerosis begin during the early years of childhood, and typically precede the development of future cardiovascular disease. Engaging in habitual physical activity at higher intensities, has been shown to positively influence cardiovascular health, specifically in central and peripheral arteries. This study sought to investigate the trends in vascular health over time in children and examine the effect of moderate-to-vigorous physical activity engagement during the preschool years on vascular health during the school-age years. Our results suggest that as children age, their arteries get bigger in size and that school-aged girls have elevated vascular function when compared to boys. Children who engage in greater amounts of moderate-to-vigorous physical activity during their school-age years does not influence measures of vascular health. Additionally, engagement in habitual moderate to vigorous physical activity during the preschool years, does not impact these vascular health relationships during the school-age years.

## ABSTRACT

The development of atherosclerotic lesions and endothelial cell damage can originate during early childhood. Endothelial cells produce and release vasodilatory chemicals, which dictate the artery's ability to vasodilate or vasoconstrict. Brachial artery FMD is a non-invasive, reproducible and a sensitive technique used to detect changes in arterial diameter and is correlated with coronary artery endothelial function. Cross-sectional studies have indicated increases in arterial diameter in children between the ages of 6-18 years however, a longitudinal, observational design study has not been conducted to understand how arterial diameters and FMD change over time in children, with considerations for the influences of physical activity and sex. The purpose of this study was to understand the impact of age and sex on arterial diameter and FMD and investigate the effects of habitual moderate-to-vigorous physical activity (MVPA) during both the school-age and preschool years on endothelial function trajectories during the school-age years. Over three years, 418 children between 3-5 years old participated in the HOPP study annually, and 279 of these children attended the lab when they were between 6-12 years old for an additional 3 annual visits in the SKIP study. Habitual MVPA was measured for 7 days in both the HOPP and SKIP studies each year, and FMD was measured each year during SKIP. Linear mixed-effects modeling was implemented to study the trend in FMD and the influence of chronological and biological age, sex and MVPA on arterial function; effects are reported as unstandardized estimates (Est). Boys had larger baseline and peak brachial artery diameters compared to girls ( $p<0.001$ ). Girls had larger brachial artery FMD compared to boys ( $6.82\pm3.39$  vs.  $6.23\pm3.50$  %,  $p<0.001$ ).

There was an effect of MVPA in the SKIP study on allometrically scaled FMD (Est. -0.017, p=0.03), but not on relative FMD (Est. -0.01, p=0.17). MVPA in the preschool years did not predict school aged scaled FMD (Est. 0.11, p=0.24) or FMD (Est. -0.003, p=0.64). The observed trends in brachial artery diameter and FMD are in-line with expected changes in growth and maturation in children. Children who engaged in more habitual MVPA during the childhood years, but not the preschool years, demonstrated changes endothelial function during the school-age years.

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## LIST OF ABBREVIATIONS AND SYMBOLS

ANCOVA	Analysis of covariance
APHV	Age of peak height velocity
$\beta$	Beta
BF	Blood flow
BMI	Body Mass Index
$\text{Ca}^{2+}$	Calcium
cGMP	Cyclic guanosine monophosphate
cIMT	Carotid intima media thickness
CSEP	Canadian Society for Exercise Physiology
CVD	Cardiovascular disease
DO	Direct observation
ED	End-diastolic diameter
DLW	Doubly labelled water
EE	Energy expenditure
eNOS	Endothelial nitric oxide synthase
FMD	Flow-mediated dilation
FMD%	Relative flow-mediated dilation
GC	Guanylate cyclase
GTP	Guanosine triphosphate
HOPP	Health Outcomes and Physical activity in Preschoolers study
HR	Heart rate

KD	Kawasaki disease
LPA	Light physical activity
MVPA	Moderate-to-vigorous physical activity
MVPA-H	Moderate-to-vigorous physical activity in HOPP
MVPA-S	Moderate-to-vigorous physical activity in SKIP
NO	Nitric oxide
PA	Physical activity
RH	Reactive Hyperemia
ROI	Region of interest
PWV	Pulse wave velocity
SBP	Systolic blood pressure
SKIP	School-age Kids' health from early Investment in Physical activity study
SR	Shear rate
SS	Shear stress
TIDM	Type 1 Diabetes Mellitus
TPA	Total physical activity
V	Blood velocity
YPHV	Years to peak height velocity

## CHAPTER 1

### Literature Review

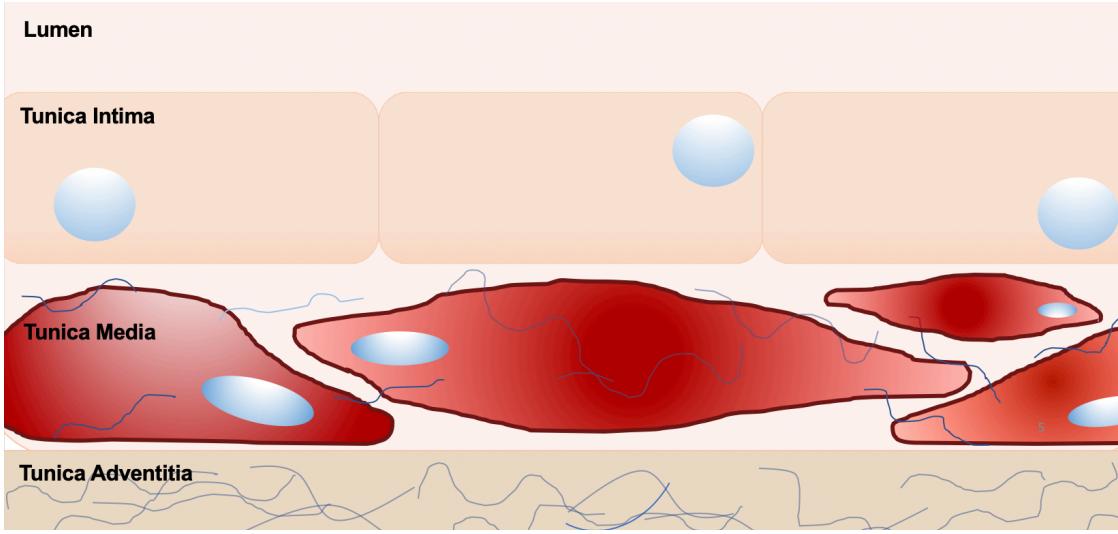
#### 1.1. Introduction

For the better part of the last two decades, cardiovascular disease (CVD) has been the global leading cause of morbidity and mortality, contributing to one third of all deaths worldwide (1). CVD is the overarching term used to describe disease states of the heart and blood vessels and is associated with a multitude of spontaneously occurring acute cardiovascular events such as myocardial infarction, sudden cardiac death, cerebral infarction and unstable angina (2,3). Risk factors for disease states are conditions or behaviours that are thought to be associated with the development of a disease and are used in the prediction and prevention of disease states (4). Risk factors commonly associated with CVD are high low-density lipoprotein, low high-density lipoprotein, smoking, obesity and physical inactivity. In contrast, risk markers are behaviours or conditions that are not causally related to the development of a disease, but rather are frequently a measure of the disease itself or the by-products of the disease process (4,5). Despite the known influence of traditional risk factors such as hypertension, obesity, elevated low-density lipoprotein, smoking and diabetes, which are often used to determine risk for CVD via the Framingham Risk Score (6), non-traditional, or novel risk markers such as measures of vascular function, like carotid-intima media thickness, pulse-wave velocity (PWV), and endothelial function (7–12) have become increasingly popular when trying to understand CVD risk and atherosclerotic development. Among these novel measures, endothelial function measured via the flow-mediated dilation

(FMD) test, detects the ability of blood vessels to respond to changes in blood flow-induced shear stress (SS) (9,10). Brachial artery FMD is non-invasive, both reproducible and sensitive, to blood-flow mediated arterial diameter responses, and has been shown to be correlated with central coronary artery endothelial function (9,13–15). As a research tool, FMD has become an increasingly popular technique used to provide additional information to CVD risk assessments in a variety of both healthy and chronic disease populations. Notably, the assessment of endothelial function in children has garnered more attention in recent decades (9,16–19), as an important identifier of CVD risk and marker of CVD progression at very early ages.

## **1.2. Arterial anatomy and endothelial function**

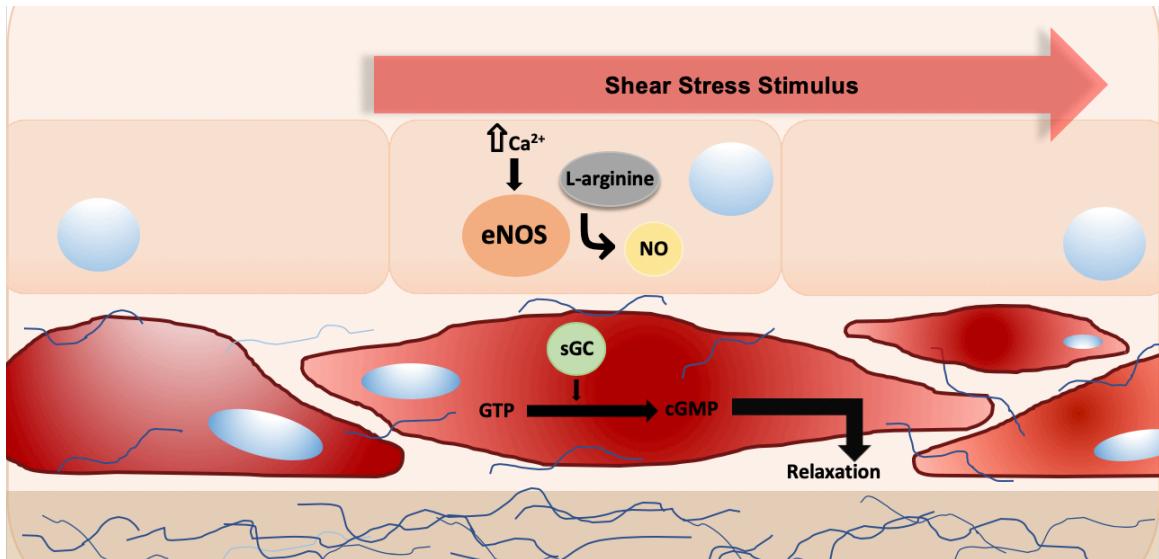
Arteries are the main blood vessels responsible for carrying blood away from the heart to the rest of the body and are made up of three distinct layers (**Figure 1**). The outermost layer, the tunica adventitia, is the most superficial and is comprised of collagen, elastin, nerves and vasa vasorum (51). The middle layer, the tunica media, is comprised of smooth muscle cells and elastic connective tissue; and the deepest layer, the tunica intima, is made up of a monocellular sheet of endothelial cells, known as the endothelium (51). The endothelium of blood vessels is continuous with the endocardial lining of the heart and is physically supported against the internal elastic lamina and tunica media via a collagen fiber network known as the basement membrane (51).



**Figure 1.** Arterial wall layers. Outer layer: tunica adventitia. Middle layer: tunica media. Deep layer: tunica intima. Lumen: space through which blood flows through the artery.

Changes to the structure and function of blood vessels are stimulated by the collective effects of a variety of stimuli including blood-flow mediated alterations in SS caused by changes in blood flow through the arterial lumen (20,21). The tunica intima, once thought to provide a selectively permeable barrier solely to water and electrolytes, is now known to be important for maintaining vascular structure and function through the release of various chemical factors (22). In 1980, Furchtgott and Zawadzki discovered that an intact endothelium was critical to endothelial-dependent arterial dilation (23). Endothelial cells work like paracrine organs to facilitate adjustments to arterial luminal diameter, such that through mechano-transduction, the tangential force – SS along the endothelial cells, signals an influx of calcium ( $\text{Ca}^{2+}$ ) into the cells, which binds to endothelial nitric oxide synthase (eNOS) (24). eNOS then catalyzes the synthesis of nitric oxide (NO) from the amino acid L-arginine (24). Upon eNOS activation, the newly formed NO diffuses into the underlying arterial smooth muscle layer, where it activates guanylate cyclase (GC)

(Figure 2). GC converts guanosine triphosphate (GTP) into cyclic guanosine monophosphate (cGMP), which then induces smooth muscle relaxation and arterial dilation. There are other mechanisms that can promote arterial vasodilation, namely through endothelium-derived hyperpolarizing factor and endothelial-derived prostaglandins (25). Nevertheless, NO is considered the primary regulator of endothelium-dependent vasodilation (26). The chemical pathways described above are controlled by mechanisms that regulate changes in blood flow, such as those seen with exercise (27), while damage to the endothelium or reductions in endothelial function are associated with CVD risk factors, such as physical inactivity, resulting in the reduced bioavailability of NO, which is seen as the hallmark of endothelial dysfunction (28).



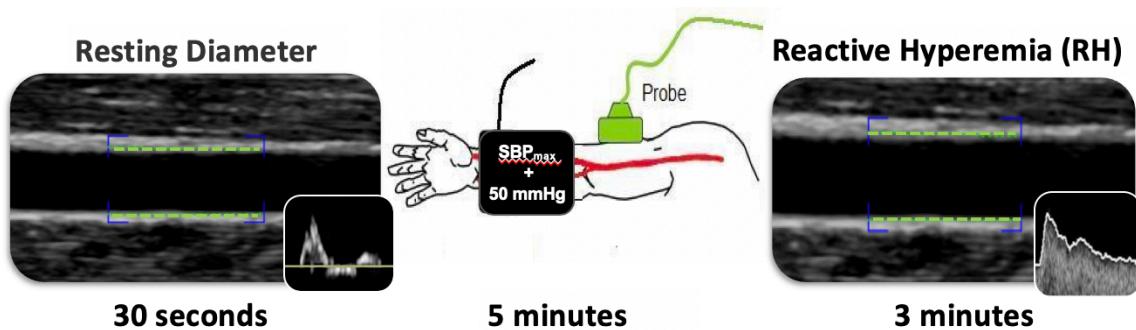
**Figure 2.** Endothelial-dependent dilation. The tangential shear stress stimulus of blood flowing through the arterial lumen activates eNOS through  $\text{Ca}^{2+}$  channels on the surface of the endothelium. Activated eNOS stimulates the production of the potent vasodilator, NO in the endothelial cell, which diffuses into the smooth muscle cells and activates a G-protein signalling cascade. Smooth muscle relaxation and arterial dilation occurs (eNOS, endothelial nitric oxide synthase;  $\text{Ca}^{2+}$ , calcium; NO, nitric oxide; GC, guanylate cyclase; GTP, guanosine triphosphate; cGMP, cyclic guanosine monophosphate).

### **1.3. Flow-mediated dilation as an assessment of endothelial function**

Endothelial function can be measured both invasively and non-invasively. Cardiac catheterization is considered a standard technique for assessing coronary artery endothelial function (29). This technique involves the intra-arterial administration of acetylcholine – a vasodilatory substance, while measuring changes in blood flow by Doppler flow wire and blood vessel diameter by coronary angiography (29,30). A very common non-invasive, standardized method used to measure arterial endothelial function, the FMD technique, is based on the premise of inducing a vasodilatory response at the brachial artery caused by blood flow-induced SS. In 1992, Celermajer *et al* published the foundational paper conceptualizing the measurement of endothelial function using the FMD technique. Since its inception, FMD has become a validated and popular method used to measure vascular arterial responses to altered blood flow states (31–33). Brachial artery FMD assesses artery endothelial function at the upper limb and has been shown to be closely associated with central coronary artery endothelial function (13,30,34), such that there is a high correlation between brachial artery FMD and coronary artery endothelial function, when assessed using catheterization (13). Additionally, in a study of 435 participants and another study of 618 healthy, middle-aged subjects with low clinical risk and absent of known cardiovascular events, FMD independently predicted cardiovascular events over and above traditional risk factors, when followed-up, on average, between 2.7 and 4.6 years (14,15).

Using brightness mode ultrasonography, the FMD test measures endothelial-dependent dilatory capacity, whereby brachial arterial diameter proximal to the

antecubital fossa is measured at rest to assess baseline arterial diameter. A pneumonic cuff is placed on the forearm distal to the olecranon process and inflated to supra-systolic pressures, inducing an ischemic state for 5 minutes. Upon cuff deflation, increased blood flow rapidly elevates SS forces through the brachial artery, along the tunica intima and a brief state of reactive hyperemic (RH) ensues, causing the release of NO from the endothelial cells and a vasodilatory response is captured post-occlusion. (**Figure 3**). According to standard protocol, arterial diameter is then typically quantified using edge-detection software (10). Absolute (mm) and relative (%) change in diameter is expressed using the peak and resting arterial diameters. Larger FMD responses suggest increased endothelial function, while smaller FMD responses indicate endothelial impairment or dysfunction. Not only is brachial artery FMD related to coronary endothelial function (13,34), but the test is also an independent predictor for CVD (35,36). A meta-analysis conducted in 2010, involving 14 cohort studies, made up of 5547 adult participants determined that a 1% decrease in FMD is associated with 8-13% increase in future CVD risk, (37).



**Figure 3.** Flow-mediated dilation technique. Thirty seconds of resting arterial diameter is captured at the brachial artery, proximal to the antecubital fossa prior to the induction of a 5-minute ischemic stimulus at the forearm. Three minutes of RH is recorded following the deflation of the pneumonic cuff.

#### **1.4. Risk factors preceding endothelial cell damage**

Damage to endothelial cells, otherwise known as endothelial cell injury, typically precedes the development of atherosclerosis, which is defined as the accumulation of cholesterol deposits in the intimal layer of blood vessels (38,39). These initial insults to the endothelial cells typically have their origins in childhood, with the presence of fatty streaks, otherwise known as minimal sudanophilic intimal deposits identified in the abdominal aorta of children as young as 3 years of age (40,41). A post-mortem autopsy study conducted in 93 subjects between age 2 to 39 years, identified those with 3 or 4 traditional risk factors including high body mass index (BMI), elevated systolic blood pressure (SBP), serum triglyceride concentration and serum LDL concentrations had fatty lesions and fibrous-plaque lesions in the coronary arteries 8.5 and 12 times as great compared to those with less than 3 risk factors, respectively (42).

According to Voller and Strong's multifactorial hypothesis, various risk factors may act together in numerous ways, at specific time points to cause endothelial cell injury (39). The accumulation of multiple risk factors beginning during childhood, is thought to accelerate atherosclerotic lesion development, increasing the risk for CVD later in life. Exposure to risk factors associated with endothelial cell damage may result in failure to regulate changes in blood flow, and SS chronically, which may then lead to the series of steps promoting the development of intimal lesions (43). The first evidence of the multifactorial process is the presence of non-elevated fatty intimal lesions comprised of connective tissue, lipid material and other substances with no significant underlying vascular damage (39,41). Eventually as the disease progresses, these intimal lesions are

converted into fibrous plaques with lipid deposits remaining in the core (39,41). Over time, the fibrous plaques may become larger and progressively cause stenosis in the lumen of the vessel, especially if another plaque is forming on the opposite side (41). A fibrous plaque can continue to become sufficiently larger through the accrual of additional lipid to its surface, making the area for blood to flow through the lumen significantly smaller (41). This inflammatory response continues through a positive feedback loop, resulting in substances such as fibrin, platelets and blood cells to collect in the mesh of arterial connective tissue (39,41). Similar to a cancerous tumour, the fibrous mass may become vascularized, increasing the risk for thrombosis, ulceration, hemorrhage and even full vessel occlusion (41). Some of the earliest work conducted to assess CVD risk factors in children was done in the 1970s through the Bogulusa study in the USA. Children between birth and 26-years of age were assessed three times over a five-year period for CVD risk factors which included measuring metabolic markers, such as serum lipid and lipoprotein levels (44). Upon repeated measures, they determined high levels of serum lipids and  $\beta$ -lipoprotein cholesterol, may increase risk for CVD later in life (44,45).

## **1.5.Vascular function in children**

### *1.5.1. Vascular function impairments in children with chronic conditions*

Children with chronic health conditions are more likely to develop risk factors related to CVD mortality risk when compared to those without disease. Like adults, children with chronic kidney disease are more likely to develop higher rates of CVD-

related risk factors such as development of atherosclerotic heart disease, congestive heart failure and myocardial infarctions (46). The 2017 annual report out of the US Renal Data System indicated that children and adolescents under the age of 21 years with end-stage renal disease on dialysis treatment were expected to live 42 to 53 years less compared to the general population (47). Similarly, those with Type 1 Diabetes Mellitus (T1DM) demonstrate between a two- and ten-fold increase risk of death from CVD compared to the healthy population. A recent study determined that 52 children aged 4.5 years on average, living with T1DM had significantly lower FMD compared to age and gender-matched controls by 65%, increasing their risk for future CVD risk (48). In another study investigating children with T1DM, 45 subjects with T1DM were compared to 35 healthy controls between 7 and 14 years of age, and reported healthy children had 50% higher FMD compared to those with diabetes, indicating healthy children have better endothelial function compared to those with T1DM (49,50). Kawasaki disease (KD) is another chronic disease inflicting pediatric populations, and has garnered attention as a risk factor for CVD (51,52). In 2005, Kadono *et al* investigated the effect of FMD in pediatric populations of T1DM, KD and controls, between 3 and 23 years of age and determined that both disease states displayed impairments in endothelial function compared to controls (53). While understanding the trends in FMD in populations of children with chronic diseases, it is equally important to consider trends in arterial function in healthy children to better understand endothelial function in a system not compromised by factors associated with chronic diseases.

### *1.5.2. Trends in endothelial function with age and sex in children*

Throughout the early years and during adolescence, children experience more rapid physical changes compared to any other period throughout the lifespan in accordance with growth and maturation. These changes include increases in the size of peripheral arteries such as the brachial artery. Between the ages of 6-18 years, healthy boys typically demonstrate a larger resting arterial diameter compared to age-matched girls (16). Additionally, with age, peripheral artery size increases, regardless of observed gender differences (16,18,53,54). Endothelial function also demonstrates progressive changes during this critical period of growth and development in both males and females, however no standardized, normative FMD values have been determined in the current FMD literature.

While there is a considerable amount of previous work outlining endothelial function in children with chronic health conditions, Hopkins *et al* (2015) (16) stress the importance of understanding trends in FMD in healthy populations. When assessed cross-sectionally, endothelial function in post-pubertal males decreased, while endothelial function plateaued in females at age 12 years in a group 978 healthy children between 6 and 18 years of age, with females having larger FMD's compared to males (16). Another study also reported females had larger FMD values compared to males between ages 10-17 years (18).

While normative values for endothelial function have not yet been validated in pediatric populations a technique known as allometric scaling is a controversial, yet available method to standardize FMD with respect to differences in arterial diameters

between sexes, populations and age groups. Upon allometrically scaling FMD to account for differences in baseline diameters between girls and boys, Hopkins *et al* (2015) (16) found sex differences were attenuated between the ages of 6-18 yrs, suggesting that because boys have larger arterial diameters than age-matched girls therefore, the capacity for the male artery to dilate is diminished.

## **1.6. Physical activity in children**

### *1.6.1. Physical activity guidelines for children*

It is well known that engaging in regular physical activity (PA) promotes health by decreasing the risk of noncommunicable diseases associated with age, such as osteoporosis, obesity and other metabolic and CVD across all ethnicities, genders and socioeconomic statuses (55,56). Of the modifiable risk factors suggested by Voller and Strong (1981), PA continues to be highlighted as a non-medicinal therapy shown to improve vascular heath and prevent CVD for all ages (57–59). In June 2016, the Canadian Society for Exercise Physiology (CSEP) released the Canadian 24-hour movement guidelines for the school-aged years (5-17 years). These guidelines highlight four specific elements instrumental to healthy active living behaviours, which include sweat, step, sleep and sit (60). The guidelines suggest that children during their school-aged years should: “*accumulate at least 60 minutes per day of moderate to vigorous physical activity involving a variety of aerobic activities. Vigorous physical activities and muscle and bone strengthening activities should each be incorporated at least 3 days per week*” (60). In November 2017, the Canadian 24-hour movement guidelines for the early

years (0-4 years) were established (61). CSEP (2016) proposes that the benefits of following the PA guidelines counteracts any possible PA-related health detriment. The 2017 guidelines for the early years suggest preschool children, aged 3-4 years, should: “*accumulate at least 180 minutes per day in a variety of physical activities, of which at least 60 minutes is energetic play – more is better. Not being restrained for more than 1 hour at a time or sitting for extended periods. Sedentary screen time should be no more than 1 hour; less is better. And when sedentary, engaging in pursuits such as reading and storytelling with a caregiver is encouraged* (61).”

#### *1.6.2. Early physical activity engagement improves cardiovascular health in children*

Physical activity exerts a positive effect on arterial function (53,57,62). Other novel, yet popular measures of vascular health are whole body-pulse wave velocity (PWV), β-stiffness index and carotid intima media thickness (cIMT). PWV is a measure of the speed of the arterial pressure wave propagation and is an index of arterial wall stiffness, whereby increases in stiffness are associated with increased risk for a host of CVD, such as stroke, and coronary artery disease (11,63–65). β-stiffness index measures the mechanical properties of the arterial wall and elevations in carotid and aortic artery stiffness indices are related to the severity of coronary atherosclerosis (66). cIMT is a reliable measure of lumen-intima interface to the media-adventitia interface taken using ultrasonography at 1-2cm proximal to the carotid bifurcation (67).

Recently, a prospective, observational cohort study of 418, 3- to 5-year-olds, assessed annually over a 3-year period demonstrated that those who engaged in higher

levels of MVPA had improved age associated trajectories of whole-body PWV and carotid artery  $\beta$ -stiffness index (57). This investigation also measured total physical activity (TPA), and showed that the relationship with PWV was consistent over time (57), however, the rate of change in PWV differed with levels of MVPA, with higher levels of MVPA being associated with a slower increase in PWV (57). This relationship with MVPA was mirrored for carotid  $\beta$ -stiffness, while this relationship was not observed for TPA (57). Taken together these results suggest that children who engaged in greater amounts of MVPA, but not TPA, attenuated their expected age-related increase in arterial stiffness. While these results suggest the beneficial effects of MVPA on novel measures of vascular health, there remains a paucity of literature examining the possible relationships between MVPA and FMD, using cohort-based longitudinal analysis.

Through cross-sectional study designs, it is well established that PA has an impact on vascular endothelial function in young children between the age of 5-17 years. In a study of 45 children between the age of 5-10 years, physical activity, expressed as a ratio between total energy expenditure and resting metabolic rate in both males and females was correlated with FMD, and remained correlated after adjusting for age, and age and sex (62). A randomized study of 483 healthy adolescents at age 13 years assessed PA using questionnaires, to capture subjective information about each child's participation in, and frequency, duration and intensity of PA (68). In this study vascular endothelial function, assessed at the brachial artery using the FMD test was positively correlated with higher levels of PA in the boys, however the girls showed no association, which was credited to less engagement in physical activity compared to their male counterparts (68).

The differences observed in endothelial function between males and females was quantified upon normalizing FMD to shear rate as was suggested in the technical guidelines at the time (19,69), however, the most recent standards for analyzing FMD suggest scaling the relative change in arterial diameter to baseline diameters which is seen as an advanced scaling method to account for inter-participant diameter variability (70). In another study, investigating the relationship between PA and vascular function in a sample of 129 children aged 10-11 years old, highlighted those who participated in greater amounts of intense PA demonstrated enhanced FMD, especially those that were stratified to the lowest FMD tertials; while this relationship was not observed in those in the highest PA tertials (19). It has been suggested that children who participate in greater amounts of high intensity PA, may receive the most benefit in terms of future CVD risk through improving endothelial function rather than enhancing their cardiorespiratory fitness *per se* (19).

#### *1.6.3. Definition of physical activity in children*

Physical activity is defined as any bodily movement, conducted via skeletal muscle, that results in energy expenditure (71). Importantly, physical activity differs from exercise and physical fitness, in that exercise is widely considered a sub-category of physical activity, whereby movement is planned, purposive and structured (71). Additionally, physical fitness is defined as a set of attributes that people have, or achieve, which can be measured using health-related, or athletic ability, components. Such health-related components include cardiorespiratory and muscular endurance, body composition

and flexibility (71). Trost and Neil, 2013 describe physical activity as a complex health behaviour that can be categorized into dimensions and domains (72). Dimensions of physical activity include frequency, intensity, type and time, which are described as objective measures used to overcome reporting biases common with subjective methods of physical activity assessment (72). Domains of physical activity are described as the specific capacity in which PA is attained, including occupational, leisure time and activity associated with transportation (72).

According to the most recent ParticipACTION report card released on June 19, 2018, only 39% of Canadian children between 5-17-years-old meet the age-recommended PA guidelines, resulting in a score of D+ (73). This is a perceived improvement in rating compared to the D- awarded in the 2016 report card, however, the grade change reflects a new approach to assessing PA in each age group, so children have not improved nor declined in meeting the guidelines since 2016. More specifically, there have been no changes in the amount of moderate-to-vigorous physical activity (MVPA) in Canadian children and youth between 2007 and 2015 (74). Much of the report focuses on the cognitive, mental and emotional wellbeing associated with engaging in MVPA; however, it does not specifically address the issue of physical activity intensity and associated impacts on vascular endothelial function. It is perceived that through active play, defined as “*a form of gross motor or total body movement in which young children exert energy in a freely chosen, fun, and unstructured manner* (75),” children will be more likely to partake in PA as there is less pressure on physical results, or measurable achievement. Through unstructured play, children are not only refining their physical abilities related to

coordination, muscle strength and adaptability, but it also fosters social development, creativity and self-concept (76,77), making it a feasible and reasonable choice to measure physical activity patterns in children.

#### *1.6.4. Measurement and assessment of physical activity*

Physical activity assessment in children continues to be a controversial topic in pediatric exercise literature. Measures of physical activity must be valid, reliable, practical and non-reactive to be used in research and for evaluative purposes (78). There are 3 types of measures that are typically used to assess PA: primary, secondary and subjective (79). Primary measures are typically known to be the criterion standards to assess PA and include the doubly labelled water technique (DLW), indirect calorimetry and direct observation (79). DLW and indirect calorimetry are widely used for field assessments of energy expenditure (EE) and assesses total caloric expenditure by estimating carbon dioxide production through isotope dilution over a 3 day period (79). EE is a physiological result of PA and has been shown to have a relationship with disease prevention and health. However, studies using DLW or indirect calorimetry to assess PA-related EE in children have not shown consistent and reliable results, making direct observation (DO) a more practical alternative (79). DO of movement is seen to be the most appropriate standard for PA assessment and measurement in children because of the ability for observers to capture short term patterns and sudden changes in PA typical with activity patterns seen in children (79,80). However, this technique has limitations, including a high experimenter burden, potential participant reactivity and it is unclear

what the total time of observation should be to obtain acceptable day-to-day repeatability stability (79,81).

Secondary instruments such as heart rate (HR) monitors, pedometers and accelerometers have become widely popular tools for objectively measuring PA. HR monitors used to measure EE rely on the linear relationship between HR and oxygen consumption ( $\text{VO}_2$ ) in adults and youth. However, during sedentary or light intensity PA, the linear relationship is not as robust, as an individual's HR can be influenced by other factors other than body movement (82). Medications, caffeine, environmental and physiological stress can all affect HR at the low end of the PA intensity spectrum can influence HR, independent of someone's PA-related EE. Pedometers are another secondary measure used in research to measure PA, using a small, electronic device used to determine the number of steps taken over a period of time. Pedometers are simple to use, inexpensive, objective, re-usable and non-reactive; however, they are limited in their ability to capture any other information about PA patterns other than total step counts or steps taken in a discrete time interval (79).

Unlike other secondary instruments used to measure physical activity, such as heart rate monitors or pedometers, accelerometers are more complex electronic devices that detect and measure accelerations produced by body movements (79). According to Sirard *et al.* (2001), accelerometers are considered a secondary measurement instrument that provide an objective, nonreactive and re-usable tool for assessing physical activity. As a secondary measure, accelerometers have been validated against indirect calorimetry, known as a primary or criterion measure for physical activity-induced EE (79,83).

Piezoelectric technology works via the movement of a suspended seismic mass at the end of a piezoelectric element upon the detection of acceleration (84). The ActiGraph accelerometer is a tri-axial accelerometer activity monitor, meaning it is designed to capture accelerations in the longitudinal (up and down movements), anteroposterior axis (forwards and backwards movement) and mediolateral axis (side to side movement). However, vertical accelerations as a result of trunk movement produce the greatest amount of activity-related EE; thus, the vertical axis is typically assessed to quantify movement (85,86).

The Actigraph accelerometer has the capacity to be programmed to capture different lengths of sampling intervals or windows, known as epochs (86). Within each epoch, raw accelerometer outputs, known as counts, are converted from an analog to digital signal (A/D conversion) after being filtered and amplified at a prefixed frequency by the device (86). An algorithm is used to determine the maximum value within a specified epoch to represent the count for that particular window of time (86). The duration of each epoch is a highly debated topic in the area of accelerometry-based PA monitoring (87–91). A common duration of 1-minute epochs is commonly used in adults; however, longer epochs risk underestimating exercise intensity, if a mixture of activity intensities is captured in that window of time (86). If high intensity physical activity is short in duration, but captured in a longer epoch, the average physical activity count will be lower than the actual PA intensity in that epoch. Children commonly perform physical activity in short bouts, such that capturing movement in short epochs, like 3-seconds, can yield a more accurate representation of true physical activity intensity (86). It is important to

consider epoch length, especially when measuring PA in young children to accurately capture the PA intensities they perform their physical activities in.

### **1.7. Purpose and Hypothesis**

Evidently, robust longitudinal cohort studies are needed to better understand the impact that early investment in physical activity has on endothelial function as an emerging CVD predictive test for vascular function during later stages of childhood. Trends in endothelial function measured throughout a discrete time period during the school-aged years have not been investigated via longitudinal, cohort-based investigations. Additionally, recent evidence suggests that children who engage in higher amounts of PA, specifically MVPA during the early years of life, demonstrate better cardiovascular health trajectories specifically in whole body pulse-wave velocity and  $\beta$ -arterial stiffness index in the carotid artery (57). Children, both during the preschool years and throughout youth, into adolescents are encouraged to engage in daily energetic play as outlined in the most recent edition of the Canadian Physical Activity Guidelines (60,92).

Therefore, the purposes of this study were:

- (1) Understand the relationship between chronological age and biological age, measured as maturity offset and brachial artery endothelial function during the school-age years, in the SKIP study;
- (2) Assess the changes in brachial artery endothelial function over a three-year period in school-age children;

- (3) Understand the impact of habitual PA on brachial artery endothelial function during the school-age years;
- (4) Assess the relationship between the early engagement in habitual PA (during the preschool-ages of 3-5-years) on brachial artery endothelial function, during the school-age years.

Based on previous cross-sectional analysis of classifications of arterial diameter sizes and FMD differences between boys and girls (16,53), we hypothesized that;

- (1) Relative brachial artery FMD would not differ over a span of three years or between sexes, when scaled for baseline diameter in our cohort of pre-pubertal children;
- (2) Brachial artery diameter will increase with age in both sexes; however, we predict males will have larger diameters compared to their female counterparts;
- (3) Based on recent findings, indicating that active preschoolers demonstrate reduced PWV and β-arterial stiffness index (57), we hypothesized that children who participate in greater amounts of MVPA (mins/d) during their school-age years, would have improved longitudinal trajectories of FMD when compared to children who engage in less MVPA in this cohort; and
- (4) Since it is well established that the development of CVD risk factors begin in very early childhood, much attention is being steered towards understanding what preventative measures can be established early in life to delay CVD manifestation (40). Therefore, the final (4) hypothesis of this investigation was that there will be a positive relationship between the amount of time preschoolers spend engaging in habitual MVPA and their endothelial function later on in childhood, their school-age years.

## 1.8.References

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## **CHAPTER 2:**

### **The Impact of Objectively Measured Physical Activity in Preschoolers on Endothelial Function During the School-Aged Years**

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Ms Bacauanu collected, analyzed and interpreted FMD vascular data and drafted this thesis; Ms Proudfoot, coordinated the HOPP study, collected physical activity data for the HOPP study, assisted with SKIP vascular data collection and contributed to statistical advice; Dr Currie assisted with data collection for the SKIP study; Ms Di Cristofaro coordinated the SKIP study, collected and analyzed the physical activity data; Ms Caldwell collected and analyzed physical activity data; Drs Timmons and MacDonald conceptualized and designed the study, obtained funding for the data, supervised the study and interpreted the data; Dr MacDonald provided the techniques for the vascular assessments and critically reviewed and revised this thesis.

## 2.1. Introduction

The development of atherosclerotic lesions and the initiation of endothelial cell damage originate during early childhood, with the presence of fatty streaks and subsequent risk for future cardiovascular disease (CVD) present in the coronary arteries during the adolescent years (42,93–96). One cross-sectional study evaluating vascular health in healthy children aged 6-18 years, showed that flow mediated dilation (FMD), a measure of vascular health decreased in males up to age 18 years and plateaued in females by age 12 years (16). However, Kadono *et al* (2005), observed no differences in FMD between males and females with increasing age. Both studies described a consistent trend in arterial diameters between boys and girls with age, with both sexes demonstrating an increase in peripheral artery diameter between the ages of 3-23-years-old.

Additionally, boys tend to have larger resting and peak arterial diameters at every age compared to girls (16,53). Physical activity (PA) in children has been shown to be associated with improvements in vascular endothelial function using the FMD test, which measures arterial vasodilatory capacity – an indication of endothelial-dependent function (19,62,68,97,98). In cross-sectional studies, higher intensity PA, such as moderate-to-vigorous PA (MVPA) tends to have a greater effects on endothelial function, as demonstrated with higher FMD compared to sedentary behaviours, or light physical activities (LPA) (62,97,98). The mechanism underlying the increases in endothelial function associated with higher intensity PA (e.g. running, cycling) is thought to be due to the increases in blood-flow mediated shear stress (SS), which cause an augmentation in the release of the pro-dilatory substances such as nitric oxide (NO) (21,26,27,99). It has

become apparent that the prevention of endothelial damage and the promotion of preventative techniques to delay the onset of atherosclerosis are important in order to avoid or delay CVD risk at very early ages. With the release of the Canadian Physical Activity Guidelines, suggesting children, both during the preschool years and throughout youth, into adolescence should engage in daily energetic play (60,92); the purposes of this study were to:

- (1) understand the relationships between biological and chronological age and endothelial function during the school-age years;
- (2) assess the changes in endothelial function over a three-year period in school-age children;
- (3) understand the impact of habitual PA on the trends in endothelial function during the school-age years; and
- (4) assess the relationship between the early engagement in habitual PA on endothelial function, specifically during the preschool-ages of 3-5-years-old and the impact on the trends in endothelial function observed during the school-age years.

We hypothesized that:

- (1) relative brachial artery FMD would not differ over time or between sexes in our cohort of pre-pubertal children;
- (2) brachial artery diameter, will increase with age in both sexes, and that males will have larger diameters compared to their female counterparts

- (3) children who participate in greater amounts of MVPA (mins/day) during their school-age years, will have improved longitudinal trajectories of FMD when compared to children who engage in less MVPA in this cohort; and
- (4) that early investment in MVPA in the preschool years will result in improved longitudinal trajectories of FMD during the school-age years.

## **2.2. Methods**

### *2.2.1. Participants*

Participants and their families attended the laboratory for 2 visits each year, annually, for 3 years. Each year, a host of vascular health assessments were conducted during one visit and a series of physical activity, fitness and motor proficiencies took place during the other visit. Initially, 418 children were recruited to participate in the Health Outcomes and Physical activity in Preschoolers (HOPP) study, initially aged 3, 4 and 5 years old, of whom 42 withdrew or were lost to follow-up by the final year of the study (5% attrition per year). For the HOPP study, recruitment took place from August 2010 to August 2012 in south-central Ontario, Canada, including the city of Hamilton through local schoolboards, community events, preschools, early child-care centres/day-cares and word of mouth. Exclusion criteria included children with a physical disability, known motor delay, or a diagnosed medical condition (e.g. cystic fibrosis, asthma, arthritis, diabetes, inflammatory conditions). Children completed a series of assessments over 2 visits separated by an average of  $19 \pm 14$  days. Participants and their families

followed the same annual procedure for each assessment conducted at McMaster University in the Vascular Dynamics Lab and the Child Health and Exercise Medicine Program. In this investigation, we were interested in utilizing each participant's earliest measure of MVPA (mins/d) as an indicator of habitual PA performed in children at the youngest age possible. The average age for the children from the HOPP study included in this analysis was  $4.6 \pm .89$  years old, with the earliest measure of PA obtained from 78 three-year-old's, 106 four-year-old's, 93 five-year-old's, 1 six-year-old and 1 seven-year-old.

The School-age Kids' health from early Investment in Physical activity (SKIP) study is the sequel to the HOPP study. Participants enrolled in the original HOPP study were invited to return to participate in the SKIP study in the Vascular Dynamics Lab and the Child Health and Exercise Medicine Program at McMaster University over an additional 3-year period. Participants and their families were contacted through email and telephone if they had already consented to be contacted during the HOPP study. Initially, 279 participants age  $8.83 \pm 1.04$  years were enrolled in the SKIP study in year one. By the final year, 245 children age  $10.69 \pm 1.07$  years completed the study (6% attrition rate per year). Exclusion criteria included children with a physical disability, known motor delay, or a diagnosed medical condition (e.g. cystic fibrosis, asthma, arthritis, diabetes, inflammatory conditions). As with the HOPP study participants and their families followed the same annual procedure for each assessment conducted at McMaster University in the Vascular Dynamics Lab and the Child Health and Exercise Medicine Program.

### *2.2.2. Study design and protocol*

#### *2.2.2.1. Independent variable: MVPA*

The HOPP study was a prospective cohort study designed to assess the relationship between PA and health outcomes in preschool-age children (100). Data collection occurred over 2 study visits with an additional 7 days of habitual PA monitoring. Parents and children visited the laboratory where the study was explained in detail and questions were answered by study examiners. Written informed consent was obtained from the parents and the Hamilton Health Sciences/Faculty of Health Sciences Research Ethics Board provided ethical approval for the study. Parents provided demographic information and completed questionnaires, while the rest of the first visit was used to assess motor skills, short-term muscle power, aerobic fitness and body composition. At the end of the first visit an accelerometer was provided to the child and they, along with their parents, were given detailed instructions for its use over the next 7 days (100). For the second visit, parents and participants returned to the lab for measurements of indices of vascular structure and function and the accelerometer was returned or mailed back.

The SKIP study continued to employ a longitudinal, within-subject, observational design to study the associations between physical activity engagement during the early years and health outcomes in the school-aged years. Annual assessments followed the same timeline as originally proposed in the HOPP study and were measured once per year, for 3 years, as close as possible to the date of the previous year's testing. During the

first visit, parents provided demographic information, including a questionnaire with parental beliefs/support about their child's PA as well as their own. The remainder of the visit involved assessments of indices of vascular structure and function followed by assessments of anaerobic and aerobic fitness, body composition, assessments of motor skill proficiency and questionnaires related to parental and peer support, health-related quality of life and self-efficacy. Prior to leaving the laboratory, children were fitted with an accelerometer on their hip to monitor habitual PA and provided with a detailed instruction booklet with tracking logs for use for the next 7 days. Research assistants and graduate students were made available to keep in touch with the families via email or phone to answer any questions. For the purposes of this investigation, habitual PA and vascular endothelial function measurement methods will be discussed in more detail.

#### *2.2.2.2. Physical activity assessment*

Habitual physical activity was assessed using accelerometry in both the HOPP and SKIP studies. PA was assessed using uniaxial accelerometers, (ActiGraph GT3X line) for a period of 7 days during all waking hours, while participants were instructed to remove the device during prolonged water activities. Participants were instructed to wear the accelerometer around their hip as this is the most accurate location to measure whole-body movement. Data was downloaded in 3-second epochs and analyzed using ActiLife software (version 6.6.3; ActiGraph) allowing better accuracy for children's PA behaviour (101). Inclusion criteria for acceptable data included wear time of at least 10 hours per day, with at least 3 days of wear during the 7-day monitoring period each year. Data were

analyzed in the vertical plane for total minutes per day of MVPA using the Pate cut-points of  $\geq 84$  counts per 3-sec epoch for participants in the HOPP study (102).

Similar to the HOPP study, habitual physical activity measured in the SKIP study used the same uniaxial accelerometers placed on the hip. Data were downloaded and analyzed using the ActiLife software in 3-second epochs and inclusion criteria for acceptable data mimicked that used in the HOPP study. However, because children in the SKIP study were older, Evenson cut-points were used to determine time spent in MVPA at  $\geq 116$  counts per 3-second epochs (103).

#### *2.2.2.3. Outcome variable: flow-mediated dilation*

Prior to each visit, participants were instructed to abstain from vigorous physical activity for at least 24 hours and refrain from consuming food for 3 hours prior to their visit. In addition, participants were instructed to refrain from consuming foods containing vitamin C, nitrites and caffeine for at least 24 hours prior to their visit. Upon arrival to the laboratory, participants began each visit with at least 20 minutes of supine rest and were instrumented with two sets of single-lead ECG (Powerlab model ML795, AD Instruments, Colorado Springs, CO, USA). Brachial artery endothelial function was assessed using the FMD test at the left arm with a 12-MHz linear array ultrasound probe in the duplex mode at a sampling rate of 7.7 frames per second, depth level at 3.0 and an insonation angle of  $\leq 68^\circ$  (Vivid q; General Electric Medical Systems). B-mode ultrasound images of arterial diameter and blood velocity were collected simultaneously 3-5cm proximal to the antecubital fossa. Following collecting 30sec of resting arterial

diameter, a pneumonic cuff on the left distal forearm was rapidly inflated (model E20 and AG101; Hokanson, Bellevue, WA) to supra-systolic pressure 50mmHg above maximum resting, supine systolic blood pressure to occlude the artery. Following 5 minutes of arterial occlusion, the cuff was deflated, and 3 minutes of continuous ultrasound imaging was used to capture the change in arterial diameter and blood velocity, in the post-occlusion phase of the test. Ultrasound images were saved in digital imaging and communications in medicine (DICOM) format for diameter analysis, and end-diastolic frames were selected using a DICOM editing software program (Sante DICOM Editor 3.1.13, Santesoft, Athens, Greece). A single rater analyzed images off-line using semi-automatic edge tracking software at specific regions of interest (ROI) (Arterial Measurement System, Gothenburg, Sweden) to determine arterial diameter. Within an individual, all 3 FMD time points were analyzed at the same time to permit consistent identification of the ROI. An online random number generator set between 1 and 3 was used to randomize the order of FMD analysis for each individual. Absolute and relative FMD was calculated using equations (1) and (2) respectively, where ED stands for end-diastolic:

$$\text{absolute FMD (mm)} = \text{postocclusion}_{ED\text{diameter}} - \text{preocclusion}_{ED\text{diameter}} \quad [1]$$

$$\text{relative FMD (\%)} = 100 \left( \frac{\text{absolute FMD}}{\text{preocclusion}_{ED\text{diameter}}} \right) \quad [2]$$

Blood velocity was obtained in duplex mode and saved in Audio Video Interleave (AVI) format. Signals were analyzed off-line using an automatic pixel-based software to determine mean blood velocity (Measurements from arterial Ultrasound Imaging software, Hedgehog Medical). Endothelial shear rate (SR in  $s^{-1}$ ), tangential force of blood flow against the arterial wall, was calculated along with FMD (52) was calculated using the formula below, where V stands for blood velocity [3]:

$$SR = \frac{8 \times V}{ED \text{ diameter}} \quad [3]$$

The use of ratio statistics such as FMD% is based on the assumption that unity is satisfied such that the relationship between the numerator and denominator is linear and crosses through the origin. Allometric scaling is an option that should be performed to avoid under- or over-estimating FMD% for arteries of different sizes (105). In order to verify whether the data permits allometric scaling, linear regression analysis was conducted on the natural log-transformed data, with logged resting diameter  $\ln(D_{rest})$  as the independent predictor and logged peak diameter,  $\ln(D_{peak})$ , as the dependent variable. An unstandardized  $\beta$  coefficient deviating from 1 and 95% confidence intervals with an upper limit less than 1 indicate a violation of the ratio assumption (105). To correctly adjust for differences in resting diameter, Atkinson and Batterham suggest an analysis of covariance (ANCOVA) on the natural log-transformed data, using  $[\ln(D_{peak}) - \ln(D_{rest})]$  as the dependent variable and  $\ln(D_{rest})$  as the covariate. The ANCOVA estimated means are back transformed to calculate scaled FMD for group averages, and the regression slope is used to calculate scaled FMD ratio for individual participants.

### *2.2.3. Statistical Analysis*

Linear mixed-effects modeling with the restricted maximum likelihood method was used to determine both the trend in FMD, over the 3-year period, in school-aged children and the effect of MVPA (mins/day) during preschool (MVPA-H) and school-aged (MVPA-S) on the trends in FMD. This method accommodates for missing data by creating estimates using all data available for each participant. The same approach was used for modeling each independent variable, (age, sex, MVPA during SKIP (MVPA-S) and MVPA during HOPP (MVPA-H). We determined the effect of chronological age, in years, and biological age, using years to peak height velocity (YPHV), in school-aged children, on FMD (model 1), and subsequently assessed for the combined effects of age and sex on FMD (model 2). Biological age as YPHV, was calculated using the Mirwald Equation incorporates an individual's sex, chronological age, height, sitting height, weight and leg length to calculate the number of years remaining until a child reaches their age of peak height velocity (APHV) at which peak height velocity occurs (106). All models were adjusted for the child's chronological initial age at enrollment in the SKIP study, sex, height z-score and BMI z-score as a surrogates for growth at each visit as seen in **Table 9** (107). The most recent publication from the HOPP study implemented similar mixed-effects modeling to demonstrate the effect of MVPA-H on novel measures of vascular health indices measured during the preschool years, including cardiovascular fitness, systolic blood pressure, PWV and carotid β stiffness. This study showed significant MVPA-H × time interactions, suggesting that in preschoolers, age-related increases in arterial stiffness were diminished in children who performed greater amounts

of MVPA (57). In the current study, sex differences were assessed using independent groups t-test or analysis of variance.

To determine if MVPA-S impacted the trends in FMD, linear mixed-effects modeling similar to that used in model 1 and 2 was used however, MVPA-S was added to the model (model 3) and MVPA-S × Age was included (model 4). To assess the additional impact of MVPA-H on school aged FMD, MVPA-H was added to model 3 and MVPA-H × Age was added to model 4. A random intercept at the participant level was included in all models. Significant interactions or main effects were examined using the Fisher's least significant difference (LSD) approach for multiple comparisons (105). Data are presented as means plus standard deviation (SD) unless stated otherwise and significance was set at  $p=0.05$ . Statistical analysis was performed using SPSS Statistics (Version 23.0, for macOS, Chicago, IL), SAS University Edition (release 3.8; SAS Institute, Inc, Cary, NC) and GraphPad Prism (Version 8.2.0 (272), for macOS; San Diego, CA),

**Table 1.** HOPP descriptive statistics.

	Cohort	Girls	Boys	P Value
<i>n</i>	279	135	144	
Age, yr	4.58(.894)	4.63(.878)	4.53(.909)	.355
Height, m	107(7.52)	108(7.47)	108(7.58)	.365
Weight, kg	18.0(3.05)	17.8(3.06)	18.2(3.04)	.337
BMI, kg/m <sup>2</sup>	15.6(1.25)	15.5(1.32)	15.6(1.18)	.473
Valid days	5.62(1.36)	5.68(1.37)	5.56(1.35)	.446
Wear time, min/d	721(41.2)	721(40.5)	720(42.0)	.866
MVPA, min/d	95.6(21.5)	86.8(18.2)	104(21.0)	<.001**

Values are means (SD); *n*=number of subjects in each group who met accelerometer wear time criteria of ≥10 h on ≥3d;  
*P* value denotes significant sex differences; \*\**P* < 0.001.

**Table 2.** HOPP descriptive data by age in yearly decrements.

Age, yr	<i>n</i>	Height, m	Weight, kg	BMI, kg/m <sup>2</sup>	Valid days	Wear time, min/d	MVPA, min/d
3	78	99.3(4.77)	15.7(2.05)	15.9(1.09)	5.30(1.58)	709(37.6)	94.0(21.7)
4	106	107.1(5.11)	17.9(2.41)	15.5(1.22)	5.65(1.32)	715(40.0)	96.2(21.2)
5	93	113.8(4.88)	20.0(3.05)	15.4(1.36)	5.85(1.16)	738(42.7)	96.3(21.7)
6	1	109.9	18.9	15.7	7.00	685	67.6
7	1	122.9	22.7	15.0	5.00	699	116.6

Values are means (SD); *n*=number of subjects in each group.

**Table 3.** SKIP descriptive statistics.

	Cohort	Girls	Boys	<i>p</i> value
<i>n</i>	279	135	144	
Age, yr	9.70(1.33)	9.78(1.29)	9.62(1.36)	.100
YHPV, yr	-2.62(1.31)	-1.87(1.17)	-3.31(1.03)	.006*
APHV, yr	12.3(.847)	11.6(.501)	12.9(.583)	.002*
Height, m	139.3(10.8)	139.1(10.6)	139.5(10.9)	.003*
Weight, kg	33.6(9.36)	33.8(9.57)	33.4(9.17)	.064
BMI, kg/m <sup>2</sup>	17.0(2.73)	17.2(2.77)	16.9(2.69)	.331
Valid days	5.57(2.08)	5.44(2.15)	5.70(1.99)	.066
Wear time, min/d	763(49.9)	763(47.5)	763(52.0)	.950
MVPA, min/d	66.9(21.2)	60.4(18.7)	72.8(21.5)	<.001

Values are means (SD); *n*=number. of subjects in each group; YHPV, years to peak height velocity; APHV age of peak height velocity. *P* value denotes significant sex differences; \**P* < 0.05.

**Table 4.** SKIP descriptive data by age in yearly decrements.

<i>n</i>	Age, yr	YHPV (yr)	APHV (yr)	Height, m	Weight, kg	BMI, kg/m <sup>2</sup>	Valid days	Wear time, min/d	MVPA, min/d
4	6	-5.12(.514)	11.5(.578)	120(7.32)	23.1(3.42)	16.0(0.53)	5.00 (1.79)	700 (34.8)	74.8 (9.00)
67	7	-4.34(.641)	11.5(.617)	126(6.04)	25.9(5.22)	16.2(2.10)	5.98 (1.45)	744 (36.8)	72.9 (21.7)
135	8	-3.55(.692)	12.1(.665)	132.2(6.65)	29.0(5.55)	16.4(2.10)	6.01 (1.38)	753 (43.2)	72.3 (20.2)
204	9	-2.80(.773)	12.3(.765)	138.3(6.85)	32.6(7.34)	16.9(2.60)	5.91 (1.63)	767 (56.3)	67.2 (19.6)
187	10	-1.97(.907)	12.4(.874)	143.9(7.67)	36.3(8.62)	17.4(2.92)	5.97 (1.65)	771 (47.1)	64.7 (20.7)
105	11	-1.23(1.00)	12.7(.991)	150.1(7.74)	40.7(10.6)	17.9(3.18)	5.75 (1.89)	772 (50.8)	59.9 (23.1)
30	12	-.628(.980)	13.0(1.00)	152.3(16.4)	43.3(13.6)	18.3(3.78)	5.63 (1.73)	762 (58.5)	61.0 (22.6)

Values are means (SD); *n*=number of subjects in each group; YHPV, years to peak height velocity; APHV age of peak height velocity.

**Table 5.** SKIP FMD descriptive data by age in yearly decrements.

Age, yr	<i>n</i>	Baseline diameter (mm)	Peak diameter (mm)	FMD, %	Scaled FMD, %	Time to peak, s	Peak BF, ml/min	Average BF, ml/min	Peak SR, $s^{-1}$	SR AUC to peak
6	4	2.70(.316)	2.77(.403)	5.79(4.92)	6.18(4.92)	56.3(8.57)	147(48.8)	73.1(26.3)	14.4(5.00)	69.4(22.8)
7	67	2.56(.269)	2.73(.284)	6.61(3.36)	6.42(3.12)	50.1(19.1)	128(47.8)	62.6(34.3)	12.0(3.78)	51.3(22.6)
8	139	2.60(.260)	2.77(.274)	6.55(3.78)	6.43(4.09)	50.5(22.4)	151(52.4)	72.2(36.8)	13.7(4.10)	58.5(26.9)
9	206	2.68(.265)	2.85(.267)	6.46(3.32)	6.53(3.67)	48.9(21.1)	161(56.1)	74.6(34.8)	13.4(433)	54.9(26.5)
10	188	2.73(.291)	2.91(.301)	6.42(3.19)	6.21(3.84)	49.0(20.3)	170(62.3)	79.2(36.5)	13.4(4.24)	53.8(24.9)
11	106	2.82(.296)	3.01(.304)	6.75(3.72)	6.69(3.59)	45.2(19.7)	198(106)	87.9(39.7)	13.2(3.73)	48.4(19.8)
12	30	2.87(.348)	3.04(.384)	6.09(3.62)	8.11(12.3)	46.0(14.2)	203(80.6)	100.0(53.1)	13.5(3.78)	50.2(19.8)

Values are means (SD); *n*=number of subjects in each group; Peak SR,  $s^{-1}$ , ( $\times 10^2$ ); SR AUC to peak ( $\times 10^3$ )

**Table 6.** SKIP FMD descriptive statistics by sex.

	Cohort	Girls	Boys	<i>p</i> value
<i>n</i>	736	358	378	
Baseline diameter (mm)	2.70(.292)	2.61(.256)	2.78(.302)	<.001**
Peak diameter (mm)	2.87(.305)	2.79(.268)	2.95(.317)	<.001**
FMD, %	6.52(3.64)	6.82(3.39)	6.23(3.50)	.019*
Scaled FMD, %	6.51(4.42)	6.65(4.04)	6.38(4.75)	.410
Time to peak, s	48.7(20.5)	46.3(17.9)	51.0(22.4)	.002*
Peak BF, ml/min	166.0(69.7)	163.0(76.2)	169.0(62.9)	.230
Average BF, ml/min	77.2(37.8)	75.6(38.3)	78.7(37.3)	.271
Peak SR, $s^{-1}$ ( $\times 10^2$ )	13.3(4.12)	13.9(4.16)	12.7(4.00)	<.001**
SR AUC to peak ( $\times 10^3$ )	53.9(24.8)	55.5(26.4)	52.4(23.1)	.089

Values are means (SD); *n*=number of subjects in each group; FMD, flow-mediated dilation; BF, blood flow; SR, shear rate; AUC, area under the curve. *P* value denotes significant sex difference. \**P* < 0.05; \*\**P* < 0.001.

**Table 7.** SKIP FMD descriptive data by age in boys.

Age, yr	n	Baseline diameter (mm)	Peak diameter (mm)	FMD, %	Scaled FMD, %	Time to peak, s	Peak BF, ml/min	Average BF, ml/min	Peak SR, s <sup>-1</sup>	SR AUC to peak
6	4	2.80(.251)	2.90(.375)	6.34(5.87)	7.23(5.45)	58.4(9.30)	147(57.3)	73.4(32.2)	12.0(172)	60.1(16.4)
7	49	2.63(.263)	2.79(.285)	5.93(2.78)	5.95(2.69)	49.2(19.4)	131(47.7)	61.6(32.0)	11.5(3.67)	48.8(19.5)
8	80	2.68(.274)	2.84(.293)	6.10(4.18)	6.14(4.20)	54.0(25.4)	157(56.2)	72.3(35.3)	13.1(4.10)	55.8(22.7)
9	113	2.76(.271)	2.93(.281)	6.23(3.40)	6.21(3.17)	50.9(23.3)	168(58.5)	77.6(34.8)	12.9(4.13)	54.3(25.3)
10	87	2.83(.284)	3.00(.293)	6.08(2.60)	5.96(2.64)	50.1(20.1)	170(62.3)	78.1(32.3)	12.4(4.18)	50.0(23.7)
11	52	2.91(.311)	3.10(.302)	6.85(4.20)	6.90(4.17)	50.7(24.9)	201(57.8)	95.9(40.4)	13.2(3.50)	51.3(21.2)
12	17	2.96(.428)	3.12(.459)	5.59(3.35)	9.44(16.1)	46.7(16.3)	203(94.0)	103.0(57.4)	12.5(4.12)	45.6(19.2)

Values are means (SD); n=number of subjects in each group; Peak SR, s<sup>-1</sup>, (x10<sup>2</sup>); SR AUC to peak (x10<sup>3</sup>)

**Table 8.** SKIP FMD descriptive data by age in girls.

Age, yr	n	Baseline diameter (mm)	Peak diameter (mm)	FMD, %	Scaled FMD, %	Time to peak, s	Peak BF, ml/min	Average BF, ml/min	Peak SR, s <sup>-1</sup>	SR AUC to peak
6	1	2.29	2.38	2.14	3.04	50.4	147	72.3	21.6	97.1
7	31	2.46(.248)	2.65(.264)	2.61(3.91)	7.12(4.03)	51.5(19.0)	123.6(48.6)	64.2(38.1)	12.7(3.89)	54.8(26.3)
8	67	2.51(.211)	2.69(.226)	7.09(3.17)	6.77(3.95)	46.3(17.5)	143.7(47.0)	72.2(38.9)	14.5(3.99)	14.5(3.99)
9	105	2.59(.229)	2.76(.222)	6.71(3.24)	6.88(4.14)	46.8(18.1)	154.4(52.8)	71.2(34.7)	13.9(4.49)	13.9(4.49)
10	104	2.65(.272)	2.83(2.85)	6.71(3.58)	6.41(4.60)	48.1(20.6)	170.4(62.6)	80.0(39.6)	14.1(4.15)	14.1(4.15)
11	54	2.74(.258)	2.92(.280)	6.65(3.23)	6.49(2.94)	39.9(10.9)	193.8(138)	80.3(37.9)	13.2(3.97)	13.2(3.97)
12	13	2.75(.146)	2.94(.236)	6.74(3.98)	6.37(3.63)	45.2(11.5)	204.3(60.6)	96.2(48.6)	15.0(2.82)	14.9(2.83)

Values are means (SD); n=number of subjects in each group; Peak SR, s<sup>-1</sup>, (x10<sup>2</sup>); SR AUC to peak (x10<sup>3</sup>)

**Table 9.** Linear mixed-effects model results for the effect of age and sex on arterial diameter and arterial function (Model 1 and 2).

	Chronological		Biological	
	Model 1 <sup>a</sup>	Model 2 <sup>b</sup>	Model 1 <sup>a</sup>	Model 2 <sup>b</sup>
<i>Resting Diameter</i>				
Age at baseline	0.06(0.015)**	0.02(0.01)	0.06(0.015)**	0.01(0.01)
Height	0.10(0.013)**	0.04(0.01)	0.10(0.01)**	0.03(0.01)
BMI	0.09(0.01)**	0.11(0.01)	0.09(0.01)**	0.10(0.01)
Age	0.07(0.01)**	0.07(0.01)	0.15(0.01)**	0.08(0.01)
Sex	0.18(0.03)**	0.19(0.12)	-0.12(0.04)*	-0.43(0.38)
Age × Sex	--	-0.001(0.01)	--	0.05(0.03)*
<i>Peak Diameter</i>				
Age at baseline	0.062(0.015)**	0.01(0.01)	0.06(0.02)**	0.004(0.01)
Height	0.012(0.014)**	0.04(0.01)	0.01(0.01)**	0.01(0.01)
BMI	0.12(0.01)**	0.12(0.01)	0.12(0.01)**	0.12(0.01)
Age	0.08(0.01)**	0.08(0.01)	0.16(0.02)**	0.10(0.04)
Sex	0.17(0.03)**	0.18(0.12)	-0.19(0.04)**	0.34(0.05)
Age × Sex	--	-0.001(0.01)	--	0.01(0.02)
<i>Absolute FMD</i>				
Age at baseline	-0.0005(0.004)	-0.009(0.005)	-0.0005(0.004)	-0.01(0.01)
Height	0.003(0.004)	-0.002(0.004)	0.003(0.004)	-0.01(0.004)
BMI	0.01(0.004)	0.01(0.003)	0.01(0.004)*	0.01(0.004)
Age	0.01(0.002)*	0.009(0.004)	0.004(0.005)	0.01(0.01)
Sex	-0.003(0.008)	-0.03(0.05)	-0.06(0.02)*	0.03(0.02)
Age × Sex	--	0.003(0.005)	--	0.01(0.01)
<i>Relative FMD</i>				
Age at baseline	-0.15(0.14)	-0.4(0.19)	-0.15(0.14)	-0.42(0.19)
Height	-0.16(0.14)	-0.19(0.15)	-0.16(0.14)	-0.32(0.17)
BMI	0.16(0.15)	0.14(0.16)	0.016(0.15)	0.09(0.16)
Age	0.25(0.13)	0.14(0.17)	-0.17(0.19)	0.26(0.20)
Sex	-0.59(0.30)	-2.36(1.9)	-2.15(0.73)	0.59(0.77)
Age × Sex	--	0.19(0.20)	--	0.25(0.25)
<i>Scaled FMD</i>				
Age at baseline	-0.05(0.18)	-0.39(0.24)	-0.05(0.18)	-0.42(0.21)
Height	-0.07(0.18)	-0.18(0.20)	-0.07(0.18)	-0.28(0.19)
BMI	0.31(0.20)	0.31(0.20)	0.31(0.20)	0.07(0.17)
Age	0.38(0.17)*	0.17(0.22)	0.12(0.25)	0.26(0.21)
Sex	-0.22(0.38)	-4.10(2.4)	-2.4(0.94)*	0.70(0.85)
Age × Sex	--	0.42(0.26)	--	0.24(0.27)

Effects are reported as unstandardized estimates (SEs). Age at baseline (fixed variable); child's initial age (in years) at the first SKIP visit; sex (fixed variable), girls coded as 0 and boys coded as 1; height, entered as *z*-score at each year; BMI, entered as *z*-score at each year; Age, child's age (years) at testing date (chronological) or age of peak height velocity (biological) as determined by the Mirwald Equation (106); Model 1; --, not applicable. <sup>a</sup> Model 1 displays the estimates for main effects of age at study visit.

<sup>b</sup> Model 2 includes estimates for interactions between age and sex. \* P < 0.05; \*\* P < 0.001.

**Table 10.** Linear mixed-effects model results for the effect of MVPA during HOPP and SKIP on FMD (Model 3 and 4).

	HOPP MVPA		SKIP MVPA	
	Model 3 <sup>a</sup>	Model 4 <sup>b</sup>	Model 3 <sup>a</sup>	Model 4 <sup>b</sup>
<i>Absolute FMD</i>				
Age at baseline	-0.01(0.01)	-0.007(-0.005)	-0.008(0.005)	-0.009(0.005)
Height	-0.004(0.004)	0.004(0.004)	0.003(0.004)	0.003(0.004)
Age	0.008(0.004)	0.013(0.012)	0.008(0.004)	0.004(0.008)
Sex	0.003(0.01)	0.003(0.009)	0.001(0.008)	0.001(0.01)
MVPA-S	-0.0002(0.0002)	-0.0002(0.0002)	-0.0002(0.0002)	-0.0008(0.001)
MVPA-H	-0.0002(0.0002)	0.0003(0.001)	--	--
Age × MVPA <sup>1</sup>	--	-0.0001(0.0001)	--	0.0001(0.0001)
<i>Relative FMD</i>				
Age at baseline	-0.29(0.20)	-0.29(0.20)	-0.35(0.19)	-0.35(0.19)
Height	-0.11(0.15)	-0.12(0.15)	-0.15(0.14)	-0.14(0.14)
Age	0.15(0.15)	0.29(0.47)	0.19(0.14)	0.13(0.33)
Sex	-0.25(0.34)	-0.35(0.34)	-0.31(0.32)	-0.31(0.32)
MVPA-S	-0.012(0.01)	-0.01(0.01)	-0.019(0.04)	-0.02(0.04)
MVPA-H	-0.003(0.01)	0.01(0.04)	--	--
Age × MVPA <sup>1</sup>	--	-0.001(0.005)	--	0.001(0.005)
<i>Scaled FMD</i>				
Age at baseline	-0.29(0.25)	-0.30(0.26)	-0.36(0.21)	-0.37(0.21)
Height	-0.087(0.19)	-0.08(0.19)	-0.13(0.16)	-0.13(0.16)
Age	-0.18(0.19)	-0.47(0.62)	0.19(0.15)	-0.03(0.36)
Sex	0.17(0.43)	0.16(0.44)	-0.05(0.36)	-0.05(0.36)
MVPA-S	-0.04(0.01)	-0.04(0.01)	-0.017(0.01)*	-0.05(0.31)
MVPA-H	0.01(0.01)	-0.05(0.06)	--	--
Age × MVPA <sup>1</sup>	--	0.01(0.01)	--	0.003(0.005)

Effects are reported as unstandardized estimates (SEs). Age at baseline (fixed variable); child's initial age (in years) at the first SKIP visit; sex (fixed variable), girls coded as 0 and boys coded as 1; height, entered as z-score at each year; Age, child's chronological age (years) at testing date.

<sup>a</sup> Model 3 displays the estimates for main effects of MVPA at study visit.

<sup>b</sup> Model 4 includes estimates for interactions between Age during SKIP and MVPA at study visit.

MVPA<sup>H</sup> displays estimate for MVPA during HOPP

MVPA<sup>S</sup> displays estimate for MVPA during HOPP

MVPA<sup>1</sup> represents MVPA during either HOPP or SKIP respectively.

\* P < 0.05; \*\* P < 0.001.

## 2.3. Results

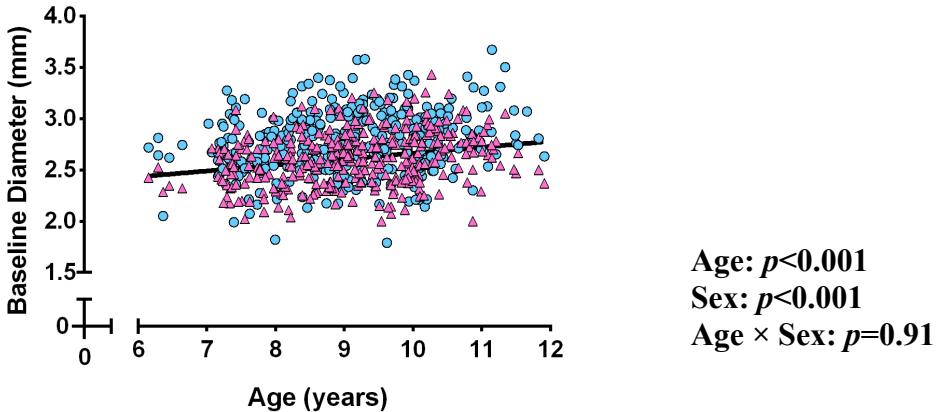
Participant characteristics from HOPP study that are relevant to the current study are represented by sex in **Table 1** and by age in **Table 2**. Participant characteristics for children in the SKIP study are represented by sex in **Table 3**, and by age in **Table 4**. All participants in the SKIP study were young, healthy, school-aged children between the ages of 6 and 12-years-old. Additionally, in the SKIP study systolic blood pressure (SBP) was highest in the 12-year-olds compared to the 6, 7 and 8-year olds ( $p<0.01$ ) and higher in boys compared to girls ( $p=0.02$ ). There were no differences in diastolic blood pressure (DBP), mean arterial pressure (MAP), or heart rate (HR) with age or sex in the SKIP study ( $p>0.05$ ). The impacts of age and sex on arterial diameters and FMD using mixed-effects models 1 and 2 are summarized in **Table 9** and the additional impacts of MVPA during HOPP and SKIP on FMD are summarized in **Table 10**. Estimates are unstandardized and presented along with standard error (SE).

### 2.3.1. Trends in baseline diameter with age and sex

Baseline brachial artery diameter increased each year (**Table 5**) between chronological ages 7 and 12 years of age as seen in **Table 7 and 8** with a main effect of age ( $p<0.001$ ) and was larger in boys compared to girls (**Table 6**). There was a clear main effect of sex ( $p<0.01$ ), however there was no significant age  $\times$  sex interaction ( $p=0.95$ ). Boys had larger baseline diameters as seen in **Figure 4** compared to girls ( $p<0.001$ ) (**Table 6**). Pairwise comparison revealed diameter was larger at age 11 and 12 years compared to age 7 and 8 in boys (**Table 7**) and also largest at age 10, 11 and 12 in girls compared to age 7, 8 and 9 (**Table 8**). There was a main effect of age measured as years

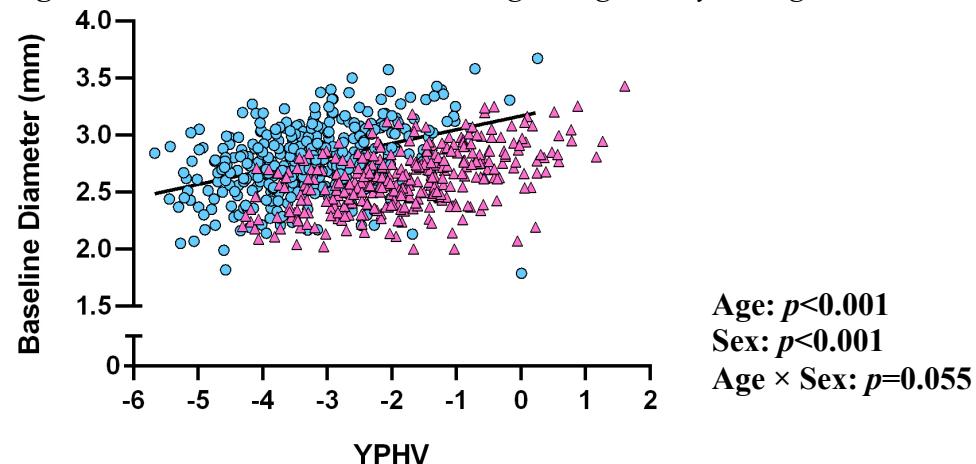
to peak height velocity (YPHV) ( $p<0.001$ ) and sex ( $p=0.0046$ ) on baseline arterial diameter, and  $YPHV \times \text{Sex}$  was trending towards significance ( $p=0.55$ ) as seen in **Figure 5.**

**Figure 4.** Baseline diameter with chronological age in boys and girls.



Significance set at  $p < 0.05$ . Main effect of age and sex. (Girls:  $\triangle$ ; Boys:  $\circ$ )

**Figure 5.** Baseline diameter with biological age in boys and girls.



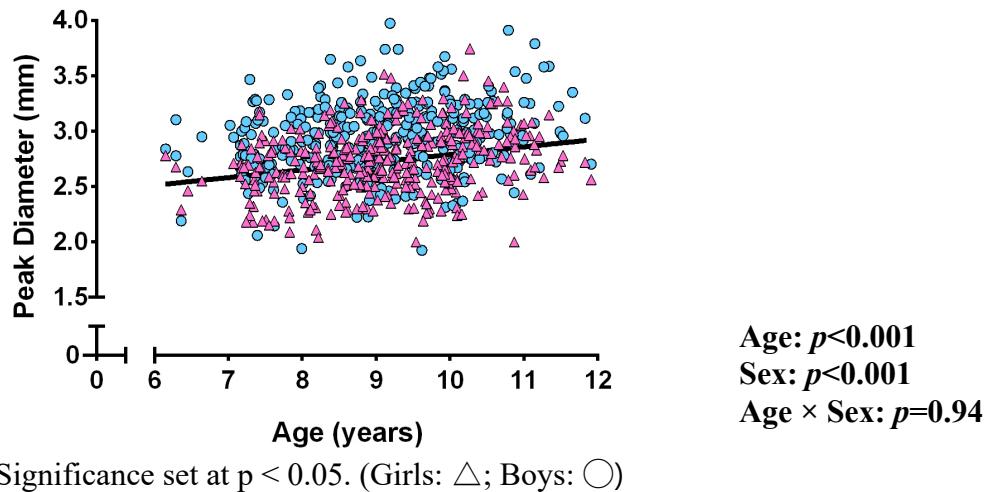
Significance set at  $p < 0.05$ . Main effect of age and sex. (Girls:  $\triangle$ ; Boys:  $\circ$ )

### 2.3.2. Trends in peak diameter with age and sex

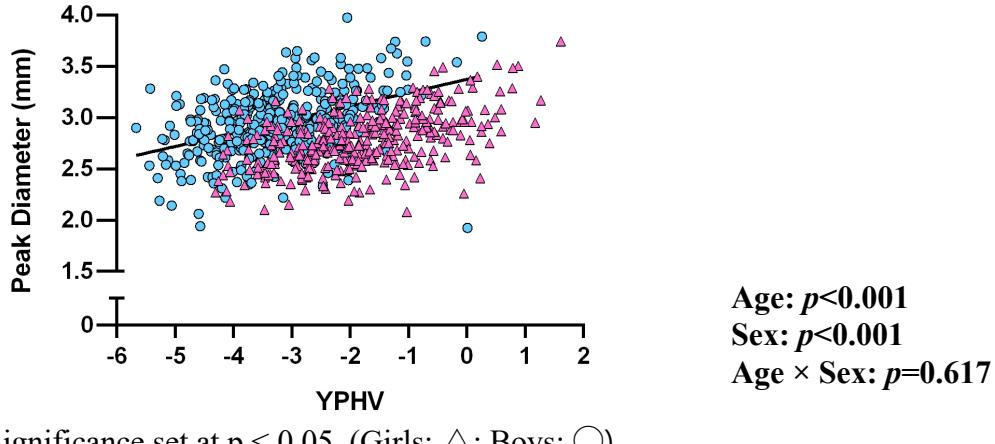
With increasing chronological age and nearing age at biological maturity, peak brachial artery diameter increased each year as seen in **Figure 6 and 7**, between 6-12

years ( $p<0.001$ ) (**Table 5**). Peak arterial diameter was largest at age 12 ( $3.04\pm0.38$ mm) compared to age 7 ( $2.73\pm0.28$  mm,  $p<0.001$ ), 8 ( $2.77\pm0.27$  mm,  $p<0.001$ ) and 9 ( $2.85\pm0.27$ ,  $p=0.004$ ) years old. As with baseline arterial diameter, boys had a larger peak diameter compared to girls ( $2.95\pm.317$  vs.  $2.79\pm.268$ ,  $p<0.001$ ) (**Table 6**). Pairwise comparison suggests that at age 10-12 years, peak arterial diameter is larger than age 6-9 years in both boys and girls. There are main effects of chronological and biological age, along with sex on peak arterial diameter ( $p<0.001$ ), however there was neither a sex  $\times$  chronological age ( $p=0.95$ ) nor sex  $\times$  biological ( $p=0.55$ ) interaction on peak arterial diameter (**Table 6**). These results suggest that age, calculated chronologically or biologically, have a main effect on peak arterial diameter in school aged children, however peak arterial diameter did not change differently over time between girls and boys in our cohort.

**Figure 6.** Peak diameter with chronological age in boys and girls.



**Figure 7.** Peak diameter with biological age in boys and girls.

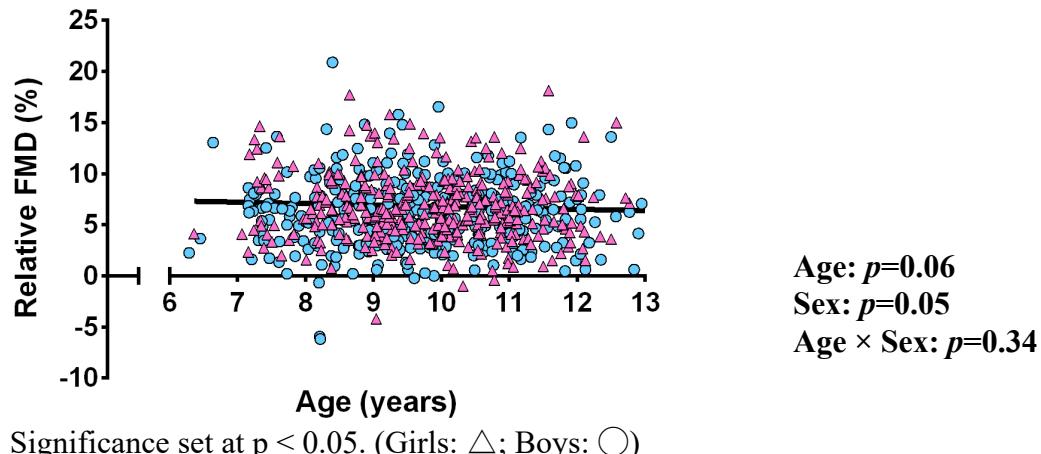


### 2.3.3. Trends in FMD with age and sex

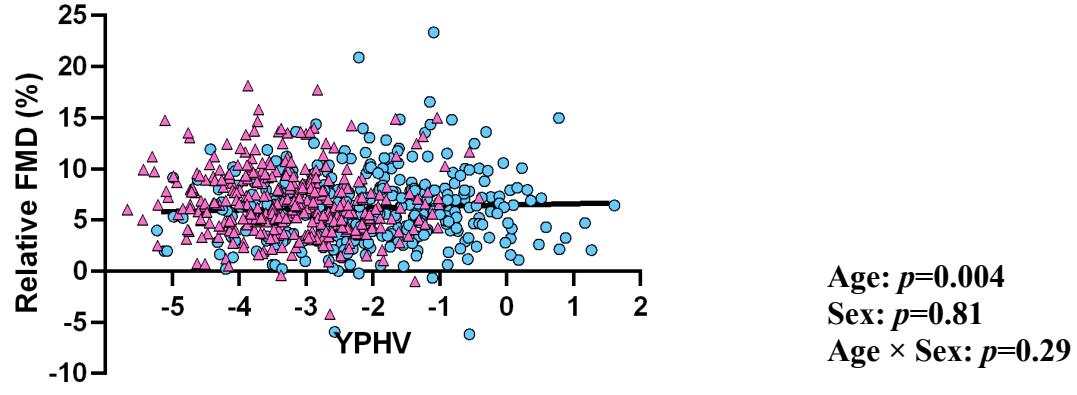
We observed that in our cohort girls have larger relative FMDs compared to boys ( $p=0.019$ ) as indicated in **Table 6**. With increased chronological age, relative and scaled FMD did not change ( $p=0.981$ ) displayed **Figure 6**, **Figure 7** and **Table 5**. Upon controlling for initial age, height, BMI, age and sex, mixed linear effects modeling as seen in **Table 9**, revealed that as children approached their APHV, the larger their relative FMD ( $p=0.004$ ), seen in Figure 9, which suggests that relative FMD continues to increase up until APHV. Using biological age, measured as maturity offset (YPHV), is based on the assumption that the changing relationship between leg length and sitting height with growth may provide an indication of maturational status (106). The main effect of age using biological age suggests that it should be considered when determining the effect of age on relative FMD in children. The difference in peak SR between girls  $13.9 \pm 4.16 \times 10^2$   $s^{-1}$  and boys  $12.7 \pm 4.00 \times 10^2 s^{-1}$  may explain why girls display larger relative FMD compared to boys ( $p<0.001$ ). In essence, and increased peak SR is the stimulus behind the

FMD response (10,108), and is likely a contributing factor to the difference in FMD between sexes. Upon allometrically scaling FMD, according to the method outlined by Atkinson and Batterham (2009), to remove the influence on differences in baseline arterial diameter, there was neither a main effect of chronological age ( $p=0.717$ ), sex ( $p=0.40$ ), nor a sex  $\times$  age interaction ( $p=0.325$ ) on FMD as seen in **Figures 10 and 11**. However, when using YPHV as a measure of age (**Figure 11**), there was a main effect of age ( $p=0.023$ ), but no main effect of sex ( $p=0.897$ ) or sex  $\times$  age interaction ( $p=0.290$ ), suggesting that scaled FMD increases as children approach their APHV.

**Figure 8.** Relative FMD with chronological age in boys and girls.

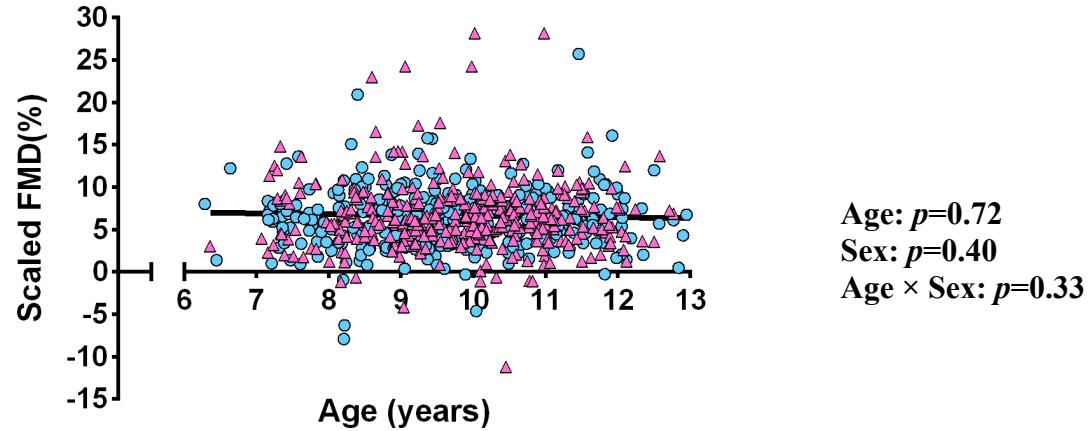


**Figure 9.** Relative FMD with biological age in years to peak height velocity.



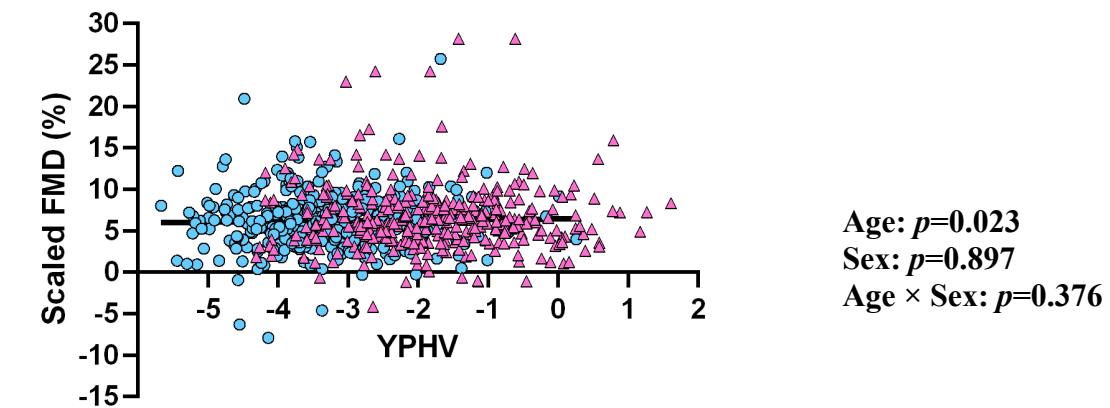
Significance set at  $p < 0.05$ . (Girls:  $\triangle$ ; Boys:  $\circ$ )

**Figure 10.** Scaled FMD with chronological age in boys and girls.



Significance set at  $p < 0.05$ . (Girls:  $\triangle$ ; Boys:  $\circ$ )

**Figure 11.** Scaled FMD with biological age in boys and girls.

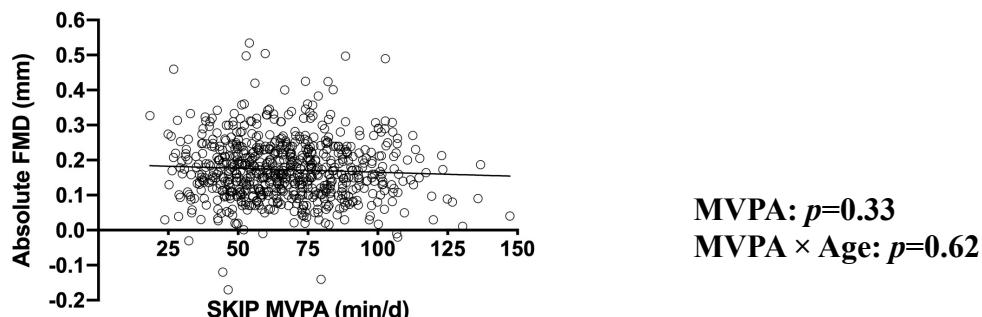


Significance set at  $p < 0.05$ . (Girls:  $\triangle$ ; Boys:  $\circ$ )

### 2.3.4. Impact of MVPA on FMD.

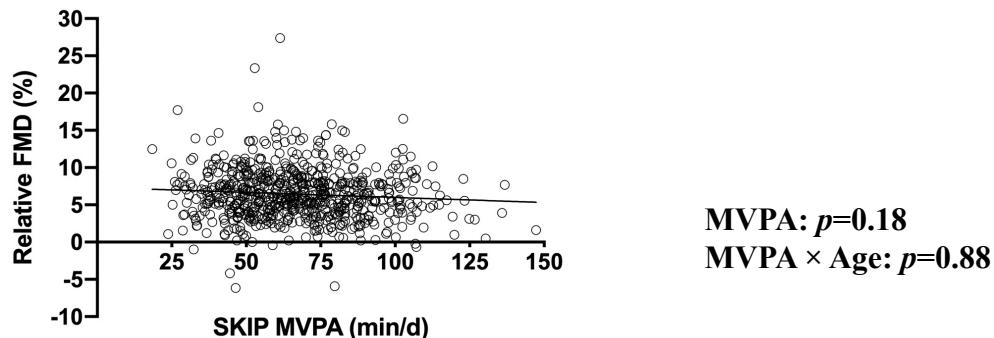
The linear mixed-effects model read 837 observations, but only used 704 for the analysis, leaving out 133, utilizing 84% of available data. Linear mixed effects modeling only uses the values available in a data set. Instead of removing all of a participant's data if they are missing an observation, the linear mixed-effect model will conduct analysis using the available data for an individual. Covariate control for initial age at the first SKIP visit, height z-score, BMI z-score, chronological age and sex were applied to each model (Results in **Table 10**). There was no significant main effect of MVPA during SKIP (MVPA-S) in mins/day on absolute FMD ( $p=0.33$ ) as seen in **Figure 12**. Similarly, there was no main effect of MVPA-S on relative FMD ( $p=0.18$ ), seen in **Figure 13**.

**Figure 12.** Impact of school-aged PA on absolute FMD.



Significance set at  $p < 0.05$ .

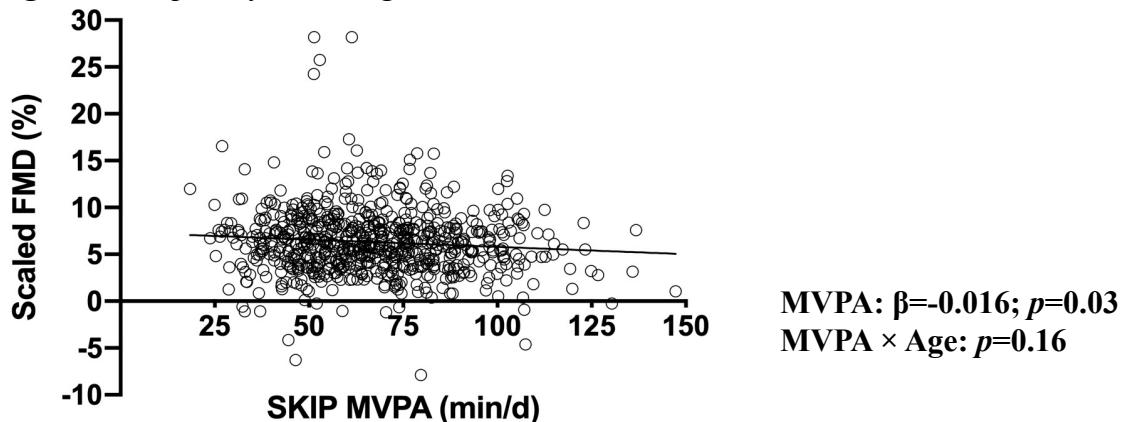
**Figure 13.** Impact of school-aged PA on relative FMD.



Significance set at  $p < 0.05$ .

However, upon allometrically scaling FMD, a main effect of MVPA-S was observed (Est.= -0.016; p=0.03), meaning that upon scaling FMD to account for the influence of differences in baseline diameters, those children that engaged in greater amounts of MVPA (min/d) during their school-age years, demonstrated lower FMD (**Figure 14**). There was no age by MVPA-S (p=0.50), sex by MVPA-S (p=0.47) or age by sex and MVPA-S interactions (p=0.10), meaning that MVPA did not impact scaled FMD differently with age, nor did it influence scaled FMD differently between boys and girls over time.

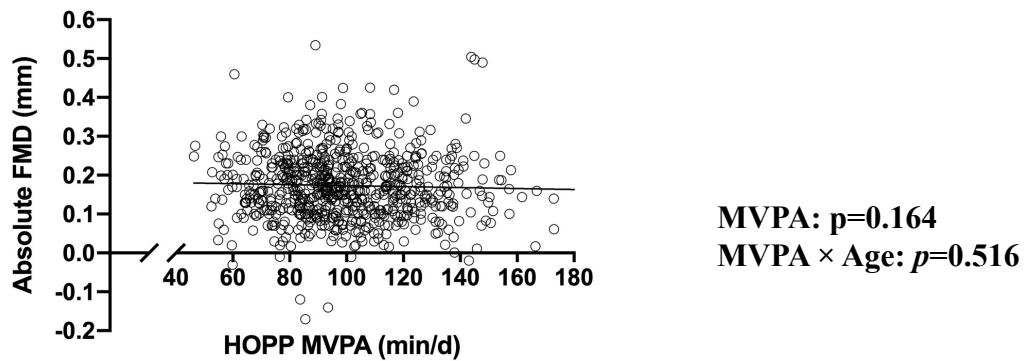
**Figure 14.** Impact of school-aged PA on scaled FMD.



In order to examine the potential effect of early investment in PA during the preschool-aged years (HOPP) on arterial function later in life during the school-aged years (SKIP), time spent in MVPA-H was added to the assessments in model 3 and age by MVPA-H was added to the analysis in model 4. The HOPP study spanned over the course of 3 years, and the earliest valid MVPA-H for each SKIP participant was used in these determinations. Of the 279 participants that entered the SKIP study, 91% had MVPA-H from year 1 of HOPP, 8% had MVPA-H from year 2 and 1% had MVPA-H

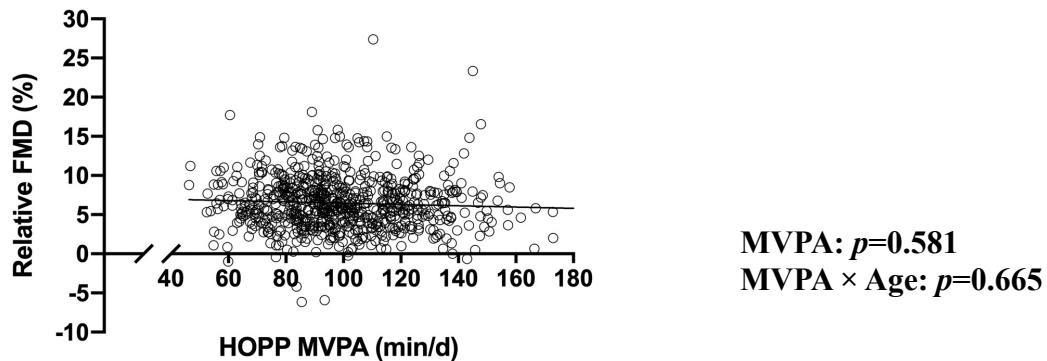
from year 3. The child's initial age (in years) at the first SKIP visit, sex, height  $z$ -score, BMI  $z$ -score chronological age (years) at test date and sex remained in the model. There were no main effects, and no subsequent age by sex by MVPA-H interactions, suggesting that the earliest investment in physical activity between the ages of 3-5 years in our sample did not have any effect on the relationships previously assessed for absolute, relative or scaled FMD measured during the school years.

**Figure 15. Impact of preschool-aged PA on Absolute FMD.**



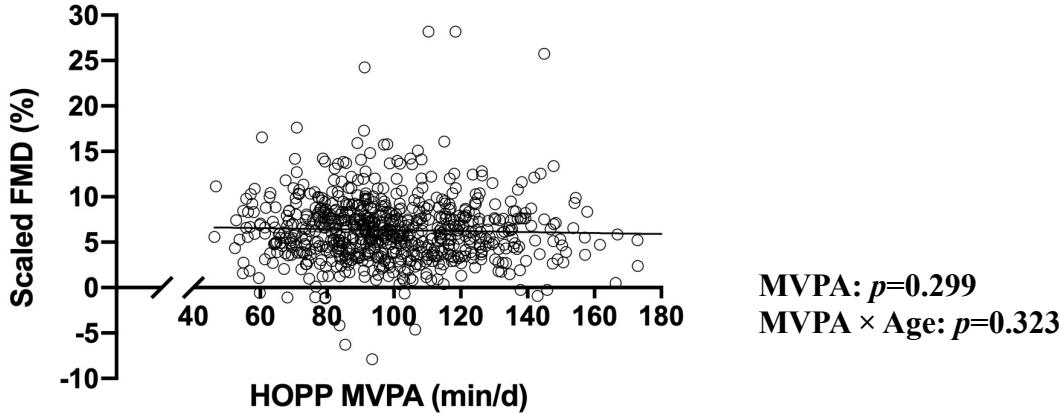
Significance set at  $p < 0.05$ .

**Figure 16. Impact of preschool-aged PA on Relative FMD.**



Significance set at  $p < 0.05$ .

**Figure 17.** Impact of preschool-aged PA on Scaled FMD.



Significance set at  $p < 0.05$ .

## 2.4. Discussion

In the current study, we sought to determine the impact of biological and chronological age on brachial artery diameters and FMD in school-aged children between ages 6-12 years who participated in the SKIP study. We also wanted to understand the impact of habitual MVPA, on endothelial function during the school-age years. Finally, we wanted to assess the influence of MVPA engagement, during the school-age and preschool years, along with sex, age, BMI and height on FMD during school-age years.

In designing our study, we sought to longitudinally investigate the trends in brachial artery diameter and FMD in school-age children by inviting participants initially enrolled in the HOPP study back to the laboratory for 3 annual visits. We observed that baseline arterial diameter increased with aging in school aged children, and was observed to be larger at ages 10, 11 and 12 years of age compared to ages 7, 8 and 9 with the largest baseline diameter occurring at age 12. Our findings are in agreement with a previous cross-sectional study investigating a group of over 900 children and adolescents

(16), where baseline and peak arterial diameter increased steadily each year in participants between the age of 6-18 years-old. The values of baseline diameters for boys and girls in our study were  $2.78 \pm 0.30$  and  $2.61 \pm 0.26$  mm respectively (mean age  $9.7 \pm 6.2$ ), which are both smaller than those previously reported for boys and girls by Hopkins *et al* (2012), ( $3.24 \pm 0.56$  vs.  $2.96 \pm 0.43$ mm (mean age  $12 \pm 3$ )). We speculate, the reason for these between study differences is the fact that the average age in the SKIP cohort was  $9.7 \pm 6.2$ , with a discrete range between 6-12 years while the average age in Hopkins *et al* (2012) was  $12 \pm 3$  years with a much wider age range. The same trends were found in peak arterial diameter when comparing the current study and Hopkins *et al* (2012) and we speculate the same reasons for the observable differences in baseline diameter account for the differences observed for peak diameter. When measuring biological age, using YPHV our cohort was on average  $2.61 \pm 1.32$  years away from reaching their age at peak-height velocity (APHV). Girls were  $1.86 \pm 1.17$  yrs away from their APHV, while boys were  $3.31 \pm 1.03$  yrs away from reaching their APHV, suggesting girls were closer to their biological maturation state compared to boys. When comparing baseline and peak diameters over time, at the chronological age of 12-years-old is when the maximum baseline and peak arterial diameter sizes occurred in our cohort. However, the maximum chronological age of participants in this cohort was 12 years, so it is possible that these baseline and peak arterial diameters continue to increase as children age.

Biological age is an important metric when determining maturity off-set in physiological-based studies investigating youth and adolescents as there is a range in

somatic and biological growth between individuals of the same chronological age (106,109). Chronological age can therefore have limited utility when studying effects of growth and maturation. When determining the effect of maturity off-set on relative FMD, we observed that the closer children were to APHV the greater their relative FMD ( $p=0.004$ ), in comparison to chronological age ( $p=0.06$ ). The differing results between chronological and biological age when determining relative FMD should be considered when identifying trends in endothelial function in children. Biological age is considered to be a more accurate representation of a child's stage of maturation, taking account somatic and skeletal growth, while chronological age does not (106).

In our cohort, FMD was higher in girls ( $6.82\pm3.39\%$ ) compared to boys ( $6.23\pm3.50\%$ ,  $p=0.017$ ), which is in-line with previously observed differences in FMD between sexes (16). Since the maximum age in our study was 12 years, we cannot directly compare our findings to previously work, which suggest that the year-to-year increases in FMD occur from age 15 years onwards (16). However, in the current study, at age 12, relative FMD in girls was 20% higher compared to boys, which is likely due to the fact that 18% of girls in this study reached their APHV by the end of their participation in the study. These results suggest that a higher level of circulating estrogen in the body, coincident with pubertal development in females, may be associated with enhanced endothelial function seen in girls, even at this young age (110). Contrary to our findings, a large cross-sectional study determined that relative FMD between 6 and 18-year-olds decreased over time (16) and may be attributable to the fact that a larger age-

span – beyond 12 years of age, may demonstrate the differential effects of sex-hormones on arterial function.

A previous review hypothesized that FMD, regardless of age, was not different in healthy, non-obese children and adolescents between the ages of 4-17 years (38). In addition to small sample sizes, the data in this review was collected from multiple laboratories, all using different methodology to analyze and quantify FMD (80,98,111,112). On average, FMD in our study was  $6.52\pm3.46\%$ . Fernhall *et al* (2008) reported a normal range in FMD in a healthy pediatric population between 8% and 11% however, they acknowledge that there is a large degree of variability in relative FMD in pediatric populations (38). To overcome this limitation commonly seen in FMD research and unique to our study, was the single analyzer who performed all the FMD analysis, using semi-automated edge detection software. Semi-automated arterial border tracking allows the user to select a desired region of interest, and the software will detect the tunica-intima interface. The researcher then can make precise adjustments to the location of the tracking lines to ensure arterial borders are detected accurately. Importantly, it has been previously encouraged to standardize techniques and methodologies when measuring and analyzing FMD to reduce inter-rater variability (10). In this way, our single rater strengthens the validity and reliability of our results.

Our findings demonstrate that children who participated in greater amounts of MVPA (min/d) during their school-age years, did not show improvement in absolute or relative FMD trajectories also measured in their school-aged years. However, upon

allometrically scaling FMD to adjust for differences in baseline diameter, a main effect of MVPA was found (Est-0.017; p=0.03). Atkinson and Batterham (2012) deem allometric scaling necessary when interpreting FMD results because the ratio-scaling technique unbiases estimates of endothelial function upon adjustment for baseline arterial diameter. Previous literature consistently reveals the negative relationship between FMD and baseline arterial diameters in that boys typically have larger baseline arterial diameters compared to girls, therefore the capacity for the brachial artery to dilate is diminished in boys (9,105,113). We expected to find an improvement in relative FMD in school-aged children who participated in more MVPA since Proudfoot *et al* (2019) found that preschoolers between 3-5 years old who engaged in greater amounts of MVPA attenuated their age-related increases in arterial stiffness. Arterial stiffness and FMD are both novel predictors associated with CVD, even after accounting for traditional risk factors like hypertension, diabetes, smoking, genetics and high LDL/low HDL (7–12,114,115). It may be that, unlike arterial stiffness, as there are no age-related increases in either relative or scaled FMD between the ages of 6-12 years (**Table 9**), and there was no potential for investment in physical activity to mitigate any age-related changes.

With respect to the impact of early investment in PA in the preschool years and vascular health indicators later in childhood, we did not find any relationship between amount of MVPA-H during the preschool years and the trends in relative or scaled FMD during the school-age years. On average  $4.23 \pm .704$  years separated the very first HOPP visit and their subsequent participation in their first vascular visit in the SKIP study. Over

the course of several years, it is likely that children's habitual PA patterns change. Longitudinal data investigating the trends in PA during the preschool years on novel measures of vascular function during the school age years is sparse however, a prospective observational study investigating MVPA in 277 participants, aged  $15.7 \pm 0.4$  years demonstrated that those with the largest decline in time spent in MVPA from adolescents into adulthood, displayed significantly less arterial compliance – another novel measure of vascular function, compared to those that engaged in more MVPA (116). Similar to our findings, a previous study sought to relate PA and fitness during the adolescent years (13-16 years) to CVD risk factors at 32 years-old and found no relationship (117). Twisk *et al* (2002) proposed that PA during youth relates to health status during youth but, is not translated to health status during adulthood. Although this possible mechanism is proposed in a cohort 20 years older than the one investigated in this study, it is possible that trends in the relationship between PA during the preschool years do not translate into health status in the school years, at least for endothelial function, the primary measure of the current study (117). To investigate if the amount of PA changed between HOPP and SKIP a dependent t-test for total MVPA was conducted between these 2 time points and there was a significant difference in the amount of PA performed during HOPP ( $95.5 \pm 21.5$  min/d) and SKIP ( $69.8 \pm 21.2$  min/d;  $p < 0.001$ ) such that MVPA declined between the preschool and school-aged years in our cohort. This decline in MVPA over time in our participants further supports the idea that considerations for current PA might be the most important influence of current health status. Despite this reduction in MVPA over time in our cohort, MVPA during the school-

age years was significantly related to scaled FMD, thereby supporting the idea that simultaneously measured activity and health are related.

### *Strengths and Limitations*

In the current study, habitual PA assessment may have been influenced by season, since assessments were done once on an annual basis for 3 years. Only 30% of participants in the SKIP study had both visits on the same day, with the vascular visit always before the fitness visit. The remaining 70% had both visits on average  $14\pm22$  days apart, so it can be assumed that both visits took place during the same season. The accelerometers cannot be worn while swimming, so any activity children did in water would have not been captured. This study was a longitudinal, within subject, observational design which allowed researchers to track the same participants over time (118). Due to the sporadic and short duration of PA patterns in young children, this study implemented the 3-sec accelerometer epoch length in an attempt to faithfully capture the amount of time spent in MVPA intensity. Moreover, during the HOPP study MVPA was measured using Pate *et al* (2006) cut-points designed for children 3-5 years old. Cut-points for the preschool years are 143-282 counts/3-sec epoch length while, different cut-points determined by Evenson *et al* (2008) were used to quantify MVPA in children age 5-8 years old using 116-200 counts/3-sec epochs. Children in the SKIP study were normally distributed around the age of 9.7 years old, with 70% of the cohort being above the Evenson cut-point threshold. Therefore, similar research measuring PA in children

should be aware of the different cut-point age restrictions when designing both interventional and observational studies.

In conclusion, the observed trends in brachial artery diameter are in-line with expected changes into growth and maturation in children between 6-12 years of age. Baseline and peak brachial artery diameters increased with increasing age, with boys presenting with larger diameters and girls presenting with larger relative and scaled brachial artery FMD compared to boys. Relative and scaled FMD did not change with either biological or chronological aged over the 3-year period of assessment in our school-aged cohort. However, MVPA during the school-age years (MVPA-S) was a significant predictor for the trends in allometrically scaled FMD which removes the influence of differences in baseline diameters on the relative change in brachial artery diameter. More intense PA in the preschool years (MVPA-H) did not influence the trajectories of endothelial function (FMD) in school-age children, however similar study designs are suggested to further validate these findings, and investigate the effect of different PA intensities, such as vigorous intensity and/or physical fitness on FMD in children.

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## Appendix A – SAS Code

\*Question 1: How does FMD change over Chronological AGE in school-aged children;

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore AgeCon /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore AgeCon sexcode
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore AgeCon sexcode
agecon*sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*RH Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
```

```
CLASS subjectid ;
MODEL RH = iage /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*RH Diameter;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL RH = iage HtzscoreRound /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*RH Diameter;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL RH = iage HtzscoreRound /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*RH Diameter;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL RH = iage HtzscoreRound BMIzscore AgeCon /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*RH Diameter;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL RH = iage HtzscoreRound BMIzscore AgeCon sexcode /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*RH Diameter;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL RH = iage HtzscoreRound BMIzscore AgeCon sexcode agecon*sexcode
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
```

```
MODEL rel = iage /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL rel = iage HtzscoreRound /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL rel = iage HtzscoreRound BMIzscore AgeCon /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL rel = iage HtzscoreRound BMIzscore AgeCon sexcode /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*REL FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL rel = iage HtzscoreRound BMIzscore AgeCon sexcode agecon*sexcode
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Abs FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL abs = iage /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Abs FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL abs = iage HtzscoreRound /SOLUTION;
```

```
RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore AgeCon /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore AgeCon sexcode /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore AgeCon sexcode agecon*sexcode  
/SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage HtzscoreRound /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage HtzscoreRound BMIzscore AgeCon /SOLUTION;
```

```
RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage HtzscoreRound BMIzscore AgeCon sexcode /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage HtzscoreRound BMIzscore AgeCon sexcode  
agecon*sexcode /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
*****  
  
*Question 2: How does FMD change over BIOLOGICAL AGE (APHV) in school-aged  
children?;  
  
*Baseline Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL baseline = iage /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Baseline Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL baseline = iage HtzscoreRound /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Baseline Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL baseline = iage HtzscoreRound BMIzscore /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore APHV /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore APHV sexcode
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore APHV sexcode
APHV*sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*RH Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL RH = iage /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*RH Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL RH = iage HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*RH Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL RH = iage HtzscoreRound BMIzscore APHV /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
*RH Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL RH = iage HtzscoreRound BMIzscore APHV sexcode /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*RH Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL RH = iage HtzscoreRound BMIzscore APHV sexcode APHV*sexcode  
/SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore APHV /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore APHV sexcode /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL abs = iage HtzscoreRound BMIzscore APHV sexcode APHV*sexcode
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage HtzscoreRound BMIzscore APHV /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Rel FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage HtzscoreRound BMIzscore APHV sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*REL FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage HtzscoreRound BMIzscore APHV sexcode APHV*sexcode
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
*Scaled FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Scaled FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage HtzscoreRound /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Scaled FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage HtzscoreRound BMIzscore APHV /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Scaled FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage HtzscoreRound BMIzscore APHV /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Scaled FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage HtzscoreRound BMIzscore APHV sexcode /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*****
```

\*Question 2: How does FMD change over BIOLOGICAL AGE (YPHV) in school-aged children;

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore YPHV /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore YPHV sexcode
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*Baseline Diameter;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL baseline = iage HtzscoreRound BMIzscore YPHV sexcode
APHV*sexcode /SOLUTION;
```

```
RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*RH Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL RH = iage /SOLUTION;  
    RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*RH Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL RH = iage HtzscoreRound /SOLUTION;  
    RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*RH Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL RH = iage HtzscoreRound BMIzscore YPHV /SOLUTION;  
    RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*RH Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL RH = iage HtzscoreRound BMIzscore YPHV sexcode /SOLUTION;  
    RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*RH Diameter;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL RH = iage HtzscoreRound BMIzscore YPHV sexcode YPHV*sexcode  
/SOLUTION;  
    RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage /SOLUTION;
```

```
RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore YPHV /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore YPHV sexcode /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Abs FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL abs = iage HtzscoreRound BMIzscore YPHV sexcode YPHV*sexcode  
/SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Rel FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL rel = iage /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Rel FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL rel = iage HtzscoreRound /SOLUTION;
```

```
RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Rel FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL rel = iage HtzscoreRound BMIzscore YPHV /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Rel FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL rel = iage HtzscoreRound BMIzscore YPHV sexcode /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*REL FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL rel = iage HtzscoreRound BMIzscore YPHV sexcode YPHV*sexcode  
/SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage HtzscoreRound /SOLUTION;  
        RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Scaled FMD;  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
    CLASS subjectid ;  
    MODEL scaled = iage HtzscoreRound BMIzscore YPHV /SOLUTION;
```

```
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Scaled FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage HtzscoreRound BMIzscore YPHV sexcode /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*Scaled FMD;
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage HtzscoreRound BMIzscore YPHV sexcode
YPHV*sexcode /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*****  
*Question 3: Does SKIP MVPA (i.e. current) impact the trend in school-age FMD?  
CHRON AGE ;  
  
*(a) ABSOLUTE FMD ;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL abs = iage sexcode HtzscoreRound AgeCon mvpa /SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL abs = iage sexcode HtzscoreRound AgeCon mvpa AgeCon*mvpa
/SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL abs = iage sexcode HtzscoreRound AgeCon mvpa sexcode*mvpa
/SOLUTION;
    RANDOM INTERCEPT / SUBJECT=subjectid;
```

RUN;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL abs = iage sexcode HtzscoreRound AgeCon mvpa
AgeCon*mvpa*sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

\*(b) Relative FMD ;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa AgeCon*mvpa
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
```

```
CLASS subjectid ;
MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa sexcode*mvpa
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa
AgeCon*mvpa*sexcode /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*(c) Scaled FMD ;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode HtzscoreRound /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*^^SIGNIFICANT^^* ;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
```

```
MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa AgeCon*mvpa  
/SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa sexcode*mvpa  
/SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa  
AgeCon*mvpa*sexcode /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
*Question 3: Does SKIP MVPA (i.e. current) impact the trend in school-age FMD?  
YPHV ;  
  
*(a) Absolute FMD ;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL abs = iage /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL abs = iage sexcode /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL abs = iage sexcode HtzscoreRound /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;  
  
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;
```

```
MODEL abs = iage sexcode HtzscoreRound YPHV /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL abs = iage sexcode HtzscoreRound YPHV mvpa /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL abs = iage sexcode HtzscoreRound YPHV mvpa YPHV*mvpa
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL abs = iage sexcode HtzscoreRound YPHV mvpa sexcode*mvpa
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL abs = iage sexcode HtzscoreRound YPHV mvpa YPHV*mvpa*sexcode
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*(b) Relative FMD ;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL rel = iage /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL rel = iage sexcode /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound YPHV /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound YPHV mvpa /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound YPHV mvpa YPHV*mvpa
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound YPHV mvpa sexcode*mvpa
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound YPHV mvpa YPHV*mvpa*sexcode
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*(c) Scaled FMD ;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
```

```
MODEL scaled = iage /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode HtzscoreRound /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode HtzscoreRound YPHV /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode HtzscoreRound YPHV mvpa /SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode HtzscoreRound YPHV mvpa YPHV*mvpa
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
MODEL scaled = iage sexcode HtzscoreRound YPHV mvpa sexcode*mvpa
/SOLUTION;
RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
CLASS subjectid ;
```

```
      MODEL scaled = iage sexcode HtzscoreRound YPHV mvpa  
      YPHV*mvpa*sexcode /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

\*(a) Relative FMD ;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;  
  MODEL rel = iage /SOLUTION;  
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;  
  MODEL rel = iage sexcode /SOLUTION;  
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;  
  MODEL rel = iage sexcode HtzscoreRound /SOLUTION;  
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;  
  MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa /SOLUTION;  
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;  
  MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa AgeCon*mvpa  
  /SOLUTION;  
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;  
  MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa sexcode*mvpa  
  /SOLUTION;  
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL rel = iage sexcode HtzscoreRound AgeCon mvpa
AgeCon*mvpa*sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

*(b) Scaled FMD ;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage sexcode HtzscoreRound /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa AgeCon*mvpa
/SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
```

```
      MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa sexcode*mvpa  
/SOLUTION;
```

```
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;
```

```
  MODEL scaled = iage sexcode HtzscoreRound AgeCon mvpa  
AgeCon*mvpa*sexcode /SOLUTION;
```

```
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

\*\*\*\*\*

\*Question 4: Does HOPP MVPA impact the trend in school-age FMD?  
CHRONOLOGICAL AGE;

\*(a) Absolute FMD ;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;
```

```
  MODEL abs = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
/SOLUTION;
```

```
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;
```

```
  MODEL abs = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
AGECON*HOPPMVPA /SOLUTION;
```

```
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;
```

```
  MODEL abs = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
sexcode*HOPPMVPA /SOLUTION;
```

```
  RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
  CLASS subjectid ;
```

```
MODEL abs = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
AGECON*HOPPMVPA*sexcode /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

\*(b) Relative FMD ;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL rel = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
/SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL rel = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
AGECON*HOPPMVPA /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL rel = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
sexcode*HOPPMVPA /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL rel = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
AGECON*HOPPMVPA*sexcode /SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

\*(c) Scaled FMD ;

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;  
      CLASS subjectid ;  
      MODEL scaled = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA  
/SOLUTION;  
      RANDOM INTERCEPT / SUBJECT=subjectid;  
RUN;
```

```
PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA
AGECON*HOPPMVPA /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA
sexcode*HOPPMVPA /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;

PROC MIXED DATA=_Temp0.skipfmd29jul19_SAS_JB COVTEST NOCLPRINT;
  CLASS subjectid ;
  MODEL scaled = iage sexcode HtzscoreRound AGECON mvpa HOPPMVPA
AGECON*HOPPMVPA*sexcode /SOLUTION;
  RANDOM INTERCEPT / SUBJECT=subjectid;
RUN;
```

## Appendix B – SPSS Output

```
T-TEST GROUPS=SexCode(0 1)
/MISSING=ANALYSIS
/VARIABLES=hoppHtz hoppWtz hoppBMIZ hoppValidDays hoppWeartime hoppMVPA AgeCon APHVCon
  HtzscoreRound Wtzscore BMIZscore baseline RH Abs Rel scaled averageBF ttp peakBF peakSR SRAUC vd wt
  mvpa
/CRITERIA=CI(.95).
```

### Independent T-Test

		Notes
Output Created		06-AUG-2019 23:56:19
Comments		
Input	Data	/Users/joeybacauanu/Desktop/Thesis/Statistics/SASUniversityEdition/myfolders/skipfmd29Jul19_SAS_JB.sav
	Active Dataset	DataSet36
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	835
Missing Value Handling	Definition of Missing	User defined missing values are treated as missing.

	Cases Used	Statistics for each analysis are based on the cases with no missing or out-of-range data for any variable in the analysis.
Syntax		T-TEST GROUPS=SexCode(0 1) /MISSING=ANALYSIS /VARIABLES=hoppHtz hoppWtz hoppBMlz hoppValidDays hoppWeartime hoppMVPA AgeCon APHVCon HtzscoreRound Wtzscore BMlzscore baseline RH Abs Rel scaled averageBF ttp peakBF peakSR SRAUC vd wt mvpa /CRITERIA=CI(.95).
Resources	Processor Time	00:00:00.05
	Elapsed Time	00:00:00.00

#### Group Statistics

SexCode	N	Mean	Std. Deviation	Std. Error Mean

hoppHtz	.0	134	.4145	.87940	.07597
	1.0	144	.5117	1.03555	.08630
hoppWtz	.0	134	.1834	.81693	.07057
	1.0	144	.2831	1.01070	.08422
hoppBMlz	.0	134	.0325	.94461	.08160
	1.0	144	-.0522	.96510	.08043
hoppValidDays	.0	134	5.687	1.3788	.1191
	1.0	144	5.563	1.3469	.1122
hoppWeartime	.0	132	721.244531024530	40.5682220532582	3.53101050066072
			90	50	2
	1.0	143	720.244083416583	42.0394073894772	3.51551185348833
			50	10	7
hoppMVPA	.0	132	86.7710768398268	18.3119007733892	1.59384638136246
			30	54	6
	1.0	143	103.858425740925	21.0195578256168	1.75774372855541
			750	82	3
AgeCon	.0	375	9.30	1.274	.066
	1.0	402	9.13	1.371	.068
APHVCon	.0	375	11.12	.558	.029
	1.0	402	12.42	.678	.034
HtzscoreRound	.0	375	.2895	1.01271	.05230
	1.0	402	.5108	1.06952	.05334
Wtzscore	.0	375	.0691	.99102	.05118
	1.0	402	.1988	1.05201	.05247
BMlzscore	.0	375	-.0226	1.01137	.05223

	1.0	402	- .1002	1.04803	.05227
baseline	.0	359	2.61186709107242 1	.256360823928674	.013530206796208
	1.0	384	2.77580965864624 6	.301724767647167	.015397327572820
RH	.0	358	2.78759217877	.268235162400	.014176668844
	1.0	383	2.94770739774	.317120967391	.016204124476
Abs	.0	358	.176525539958100	.084976999250679	.004491173964570
	1.0	383	.172483092983922	.091564351784947	.004678719814920
Rel	.0	358	6.83444874849720 8	3.39546739248733 5	.179456027927019
	1.0	383	6.22920923473908 0	3.49624052225770 3	.178649545268785
scaled	.0	358	6.65455860665780 2	4.05274000917878 2	.214193965130486
	1.0	382	6.38334060867083 2	4.75277456867668 1	.243173101579040
averageBF	.0	353	75.7669766322119 20	38.3560102537970 90	2.04148443643815 9
	1.0	374	78.7067308267369 90	37.3371503131959 56	1.93065808064473 0
ttp	.0	356	46.3764974500218 60	17.9388714639951 30	.950758286077071
	1.0	378	50.9874520717377 85	22.4390637972689 43	1.15414090464389 9

peakBF	.0		161.992307368313	75.4917131727454	4.01801846705254
		353	250	50	3
	1.0		168.781193431179	62.9237321374043	3.25370872967957
		374	100	86	9
peakSR	.0		1393.60353979387	416.985878055087	22.1625493710751
		354	7200	500	94
	1.0		1270.02243666510	399.776545005786	20.6719530171231
		374	0000	260	83
SRAUC	.0	357	55637.384	26448.6472	1399.8108
	1.0	372	52393.070	23133.3653	1199.4091
vd	.0	403	5.444	2.1577	.1075
	1.0	432	5.701	1.9945	.0960
wt	.0		762.851630551096	47.5770128298851	2.52157663683568
		356	50	10	0
	1.0		762.694788561735	52.0496328617578	2.62555666267469
		393	70	64	5
mvpa	.0		60.4204097556625	18.7687918633487	.994743979271517
		356	50	90	
	1.0		72.8207169110223	21.4978224809044	1.08442169414814
		393	00	80	8

**Independent Samples Test**

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
hoppHtz	Equal variances assumed	1.863	.173	-.840	276	.401	-.09719	.11565	-.32485	.13047
	Equal variances not assumed			-.845	273.753	.399	-.09719	.11497	-.32353	.12915
hoppWtz	Equal variances assumed	3.402	.066	-.901	276	.368	-.09977	.11072	-.31772	.11819
	Equal variances not assumed			-.908	270.776	.365	-.09977	.10988	-.31610	.11657
hoppBMlz	Equal variances assumed	.028	.866	.739	276	.461	.08469	.11466	-.14103	.31041

	Equal variances not assumed			.739	275.290	.460	.08469	.11457	-.14086	.31024
hoppValidDa	Equal variances assumed	.067	.796	.759	276	.449	.1241	.1635	-.1978	.4460
ys	Equal variances not assumed			.758	273.502	.449	.1241	.1637	-.1981	.4463
hoppWearti	Equal variances assumed	.057	.811	.200	273	.841	1.0004476 07947422	4.9897836 13435870	8.8228975 76413157	10.823792 792308000
me	Equal variances not assumed			.201	272.455	.841	1.0004476 07947422	4.9826557 92626386	8.8089524 76679567	10.809847 692574410
hoppMVPA	Equal variances assumed	4.156	.042	-7.162	273	.000	17.087348 901098920	2.3858535 78106937	21.784358 846375470	12.390338 955822372
	Equal variances not assumed			-7.201	272.106	.000	17.087348 901098920	2.3727640 63841602	21.758657 974378310	12.416039 827819530
AgeCon	Equal variances assumed	.865	.353	1.836	775	.067	.175	.095	-.012	.361

	Equal variances not assumed			1.841	774.992	.066	.175	.095	-.012	.361
APHVCon	Equal variances assumed	67.693	.000	-29.086	775	.000	-1.300	.045	-1.388	-1.212
	Equal variances not assumed			-29.281	763.319	.000	-1.300	.044	-1.387	-1.213
HtzscoreRouEqual nd	Equal variances assumed	1.679	.195	-2.956	775	.003	-.22125	.07484	-.36817	-.07433
	Equal variances not assumed			-2.962	774.825	.003	-.22125	.07470	-.36789	-.07461
Wtzscore	Equal variances assumed	.673	.412	-1.766	775	.078	-.12971	.07345	-.27389	.01447
	Equal variances not assumed			-1.770	774.924	.077	-.12971	.07329	-.27359	.01417
BMIZscore	Equal variances assumed	.395	.530	1.049	775	.294	.07761	.07398	-.06762	.22284

	Equal variances not assumed			1.050	774.104	.294	.07761	.07389	-.06744	.22266
baseline	Equal variances assumed	6.277	.012	-7.955	741	.000	.16394256 7573824	.02060925 9702910	.20440205 9833984	.12348307 5313665
	Equal variances not assumed			-7.998	734.390	.000	.16394256 7573824	.02049741 9162736	.20418309 0295290	.12370204 4852359
RH	Equal variances assumed	5.981	.015	-7.395	739	.000	.16011521 8965	.02165123 8626	.20262048 1785	.11760995 6146
	Equal variances not assumed			-7.437	731.812	.000	.16011521 8965	.02153024 8246	.20238363 7009	.11784680 0921
Abs	Equal variances assumed	2.257	.133	.622	739	.534	.00404244 6974179	.00650179 8868150	.00872174 9775391	.01680664 3723748
	Equal variances not assumed			.623	738.963	.533	.00404244 6974179	.00648545 0075866	.00868965 5206974	.01677454 9155331
Rel	Equal variances assumed	.326	.568	2.388	739	.017	.60523951 3758129	.25346977 2073660	.10763291 1888992	1.1028461 15627266

	Equal variances not assumed			2.390	737.914	.017	.60523951 3758129	.25321952 1332946	.10812299 9250882	1.1023560 28265375
scaled	Equal variances assumed	.146	.702	.833	738	.405	.27121799 7986970	.32572297 7650646	.36823602 0578916	.91067201 6552857
	Equal variances not assumed			.837	731.571	.403	.27121799 7986970	.32405587 7943743	.36497238 1528598	.90740837 7502539
averageBF	Equal variances assumed	1.729	.189	-1.047	725	.295	2.9397541 94525065	2.8076351 69672541	8.4518199 62204214	2.5723115 73154083
	Equal variances not assumed			-1.046	719.829	.296	2.9397541 94525065	2.8098219 38945246	8.4561793 87629783	2.5766709 98579653
tpp	Equal variances assumed	5.499	.019	-3.063	732	.002	4.6109546 21715926	1.5052341 81989286	7.5660455 19993637	1.6558637 23438216
	Equal variances not assumed			-3.084	713.398	.002	4.6109546 21715926	1.4953202 15310569	7.5467090 98609372	1.6752001 44822481
peakBF	Equal variances assumed	.001	.980	-1.320	725	.187	6.7888860 62865856	5.1433454 45938025	16.886515 081813500	3.3087429 56081785

	Equal variances not assumed			-1.313	686.449	.190	6.7888860 62865856	5.1702120 74873560	16.940214 065778820	3.3624419 40047109
peakSR	Equal variances assumed	.912	.340	4.082	726	.000	123.58110 312877716 962922858 0	30.271801 351593290	64.150383 183.01182 290596103 0	
	Equal variances not assumed			4.078	719.219	.000	123.58110 312877716 801096337 0	30.306900 257637160	64.080539 183.08166 699991716 0	
	Equal variances assumed	3.436	.064	1.765	727	.078	3244.3139	1838.3310	-364.7572	6853.3849
	Equal variances not assumed			1.760	705.646	.079	3244.3139	1843.3808	-374.8537	6863.4814
vd	Equal variances assumed	3.845	.050	-1.790	833	.074	-.2572	.1437	-.5393	.0248
	Equal variances not assumed			-1.785	815.191	.075	-.2572	.1441	-.5400	.0256
wt	Equal variances assumed	.357	.550	.043	747	.966	.15684198 9360828	3.6564867 49585308	7.0213708 86475202	7.3350548 65196858

	Equal variances not assumed			.043	746.937	.966	.15684198 9360828	3.6403154 42973455	6.9896252 42584888	7.3033092 21306544
mvpd	Equal variances assumed	7.711	.006	-8.371	747	.000	12.400307 155359755	1.4814135 28476318	15.308536 390910085	9.4920779 19809425
	Equal variances not assumed			-8.427	746.000	.000	12.400307 155359755	1.4715590 35525273	15.289196 880294100	9.5114174 30425410

ONEWAY averageBF ttp peakBF peakSR SRAUC vd wt mvpd baseline RH Abs Rel scaled HtzscoreRound

Wtzscore BMIzscore APHVCon BY AgeCon

/STATISTICS DESCRIPTIVES

/MISSING ANALYSIS

/POSTHOC=LSD ALPHA(0.05).

### Oneway

#### Notes

Output Created	07-AUG-2019 00:03:00
Comments	
Input	Data
	/Users/joeybacauanu/Desktop/Thesis/Statistics/SASUniversityEdition/myfolders/skipfmd29Jul19_SAS_JB.sav
	Active Dataset
	DataSet36
	Filter
	<none>
	Weight
	<none>

	Split File	<none>	
	N of Rows in Working Data File		835
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.	
	Cases Used	Statistics for each analysis are based on cases with no missing data for any variable in the analysis.	
Syntax		ONEWAY averageBF ttp peakBF peakSR SRAUC vd wt mvpa baseline RH Abs Rel scaled HtzscoreRound Wtzscore BMlzscore APHVCon BY AgeCon /STATISTICS DESCRIPTIVES /MISSING ANALYSIS /POSTHOC=LSD ALPHA(0.05).	
Resources	Processor Time		00:00:00.16
	Elapsed Time		00:00:00.00

### Descriptives

	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean	Minimum	Maximum

						Lower Bound	Upper Bound		
averageBF	6	4	73.11101814	26.32053710	13.16026855	31.22917011	114.9928661	36.20093477	93.54142189
			9008640	4507213	2253607	8349735	79667540	9719226	8748470
			62.62110398	34.27508646	4.251301252	54.12815339	71.11405456	7.011564900	153.9970550
			0646560	6103346	845300	8401140	2891980	611200	58006650
		8	72.22829418	36.84982570	3.171528028	65.95556435	78.50102401	8.610000000	197.6346261
			6380850	6295610	247308	9619490	3142210	0000000	26114500
		9	74.58182438	34.81639450	2.449672969	69.75146979	79.41217897	5.265474281	193.5800000
			7554200	6677010	125917	7361050	7747360	661425	00000000
		10	79.19332987	36.48731719	2.689880710	73.88616318	84.50049656	17.70720962	191.0100000
			5398390	1608610	787491	2720710	8076070	6018823	00000000
Total	11	104	88.30346973	39.68065490	3.891008339	80.58657240	96.02036706	13.58875246	203.1975175
			4844540	2973630	661611	7780840	1908250	3119432	66017840
		29	100.0076731	53.12766602	9.865559909	79.79898975	120.2163565	17.78888950	225.0122955
			35770640	5848250	227360	9902330	11638960	5778474	88728450
ttp	6	4	77.22616893	37.86104675	1.408067479	74.46177327	79.99056459	5.265474281	225.0122955
			9446620	2609920	405941	9255820	9637420	661425	88728450
			56.36409090	8.574527985	4.287263992	42.72010345	70.00807836	50.38961038	69.09000000
	7	67	9090905	148825	574412	6147230	2034580	9610390	0000000
			50.13185113	19.11940285	2.335806823	45.46826234	54.79543992	15.06493506	99.48051948
		135	3940670	4195698	121445	1351256	6530086	4935064	0519480
	8	135	50.49822895	22.43161067	1.930605657	46.67982735	54.31663055	17.92207792	152.3400000
			6228950	6762418	326874	8460000	3997896	2077920	00000000

9	204	48.93949070	21.07142559	1.475294879	46.03062398	51.84835742	12.59740259	170.1298701	
10	187	5373050	0095770	794463	3841410	6904700	7402597	29870100	
11	104	49.00883867	20.34935934	1.488092534	46.07312955	51.94454779	8.441558441	124.6753000	
12	30	6296960	8835390	045694	5496520	7097400	558442	00000000	
Total	731	45.23348401	19.80322041	1.941865525	41.38225174	49.08471628	11.03896103	173.5064935	
		5984010	3165757	359830	5567020	6401004	8961040	06493500	
		46.02777922	14.19098973	2.590908396	40.72877656	51.32678187	9.870129870	70.77922077	
		0779216	0232262	190788	8839834	2718600	129870	9220780	
peakBF	6	48.74825711	20.52268064	.7590587635	47.25805854	50.23845567	8.441558441	173.5064935	
		2654780	6444346	03430	5596540	9713010	558442	06493500	
		146.8608807	46.79026632	23.39513316	72.40712567	221.3146358	81.04929639	186.6819199	
		71001750	5656766	2828383	5341690	66661800	0009450	41166880	
		127.8143984	47.83488773	5.933187604	115.9614936	139.6673033	35.42228816	226.3200000	
		85851610	3909625	180064	64353170	07350040	5451036	00000000	
		150.8239601	52.42700067	4.512197788	141.8996191	159.7483011	33.10000000	313.6947453	
		85138020	0608260	641575	73180980	97095060	0000000	63381340	
		161.2912870	56.09910220	3.947119057	153.5082136	169.0743605	11.79799669	342.4111559	
		96613620	2597610	132138	43155800	50071420	4077451	19733800	
		170.4003094	62.26593870	4.590305902	161.3435812	179.4570376	53.74869095	367.9005541	
		44793780	2492170	058182	05914800	83672750	0248990	10329900	
		195.7289267	105.2925893	10.32478784	175.2521451	216.2057082	53.98255761	1053.650000	
		32039580	81117220	4058253	98530430	65548740	2726936	000000000	
		203.7523212	80.60340717	14.96767695	173.0924249	234.4122176	40.21057979	402.0161198	
		80827300	5976270	3765524	12652700	49001900	5763780	91382600	
		165.2223190	69.18005838	2.572834054	160.1711894	170.2734486	11.79799669	1053.650000	
		57112170	0172350	616048	77745430	36478920	4077451	000000000	

peakSR	6	4	1443.062478	500.1259234	250.0629617	647.2505296	2238.874427	1063.918905	2162.891412
		4	324078000	96797000	48398500	19623200	028533000	0470488000	3993986000
	7	65	1199.733475	377.6505292	46.84178316	1106.156256	1293.310694	456.6371336	2215.475887
		65	560176200	71572340	5673576	269008300	851344100	121853000	7240447000
	8	135	1371.807837	410.5496470	35.33448768	1301.922377	1441.693297	425.9800000	2456.512772
		135	274791200	08285000	1209370	390099000	159483300	000000000	3195210000
	9	203	1339.016602	432.9662478	30.38827325	1279.097692	1398.935512	1.492310900	2764.734285
		203	497863200	35276140	7122485	530311200	465415300	7780542	4475870000
	10	184	1335.136516	424.0281407	31.25976926	1273.460619	1396.812413	426.9470558	2490.650000
		184	553335500	64761000	9540220	320136600	786534300	375633700	0000000000
	11	104	1323.245160	374.8396223	36.75604901	1250.348206	1396.142115	493.4900000	2363.373180
		104	930650900	26480300	3662940	818333200	042968500	000000000	0766280000
	12	29	1352.088094	378.4199251	70.27081598	1208.144853	1496.031336	568.6196038	2144.177971
		29	810950200	94215900	1874590	493912000	127988400	378212000	9188760000
	Total	724	1330.473100	412.7061611	15.33810368	1300.360560	1360.585640	1.492310900	2764.734285
		724	408825800	04114760	3441423	061312000	756339400	7780542	4475870000
SRAUC	6	4	69364.500	22811.4008	11405.7004	33066.471	105662.529	44644.0	97071.0
		4	51323.262	22586.0813	2801.4586	45726.705	56919.818	13615.0	119679.0
	7	65	58530.993	26906.3379	2315.7289	53950.884	63111.101	13485.0	222872.0
		65	54861.459	26482.7023	1849.6322	51214.611	58508.306	6080.0	165986.0
	8	135	53797.804	24853.4444	1832.2202	50182.812	57412.797	2387.0	143790.0
		135	48534.125	19833.9648	1944.8803	44676.914	52391.336	7965.0	124115.0
	9	205	50208.586	19790.3638	3674.9783	42680.734	57736.438	13221.0	97733.0
		205	53945.106	24821.4882	921.2118	52136.545	55753.667	2387.0	222872.0
	10	184							
	11	104							
	12	29							
	Total	726							
vd	6	6	5.000	1.7889	.7303	3.123	6.877	2.0	7.0

	7	80	5.975	1.4494	.1620	5.652	6.298	.0	7.0
	8	147	6.007	1.3824	.1140	5.781	6.232	.0	7.0
	9	218	5.913	1.6283	.1103	5.695	6.130	.0	7.0
	10	191	5.969	1.6540	.1197	5.733	6.205	.0	7.0
	11	105	5.762	1.8889	.1843	5.396	6.127	.0	7.0
	12	30	5.633	1.7317	.3162	4.987	6.280	1.0	7.0
	Total	777	5.912	1.6158	.0580	5.799	6.026	.0	7.0
wt	6	5	700.3750714	34.83092851	15.57686477	657.1267614	743.6233813	661.3916666	748.9875000
		2857130	0142740	3622928	7351800	8362470	66667	00000	
	7	78	743.7961858	36.80050198	4.166836324	735.4989547	752.0934170	659.0833333	820.8375000
		9743620	4986750	259310	5189260	4297980	33333	00000	
	8	142	752.6327129	43.15037804	3.621099286	745.4740477	759.7913781	657.3200000	859.8714285
		4433330	7309836	075710	4222080	4644580	00000	71429	
	9	208	766.7990716	56.30966862	3.904373029	759.1016377	774.4965055	654.3000000	1297.278571
		5750940	2706376	299107	4398220	7103670	00000	428570	
	10	181	770.5756965	47.08531325	3.499823771	763.6697363	777.4816566	634.7833333	902.7200000
		2722960	6776445	797603	8540160	6905770	33333	00000	
	11	96	772.6431448	50.99215437	5.204364962	762.3111740	782.9751156	651.4625000	958.0600000
		4126990	1633596	322204	7721300	0532680	00000	00000	
	12	28	762.1493750	58.48675405	11.05295758	739.4705793	784.8281706	659.4000000	877.5200000
		0000000	4401880	7096145	2543580	7456410	00000	00000	
	Total	738	762.7021076	50.13374751	1.845448748	759.0791448	766.3250705	634.7833333	1297.278571
		9131520	7459206	734690	3751260	4511780	33333	428570	
mvpa	6	5	74.81361904	8.975637429	4.014027086	63.66889318	85.95834490	61.67500000	81.52142857
		7619070	912310	935085	9966790	5271360	00000	14286	

7	78	72.86648199 0232020	21.70786415 9176820	2.457931604 776650	67.97211487 8657500	77.76084910 1806540	31.283333333 33333	147.2642857 142860	
8	142	72.29828722 3340010	20.15241536 3613010	1.691153129 779583	68.95499334 8977140	75.64158109 7702880	26.95714285 71429	136.7833333 333330	
9	208	67.21115842 4908430	19.62945965 7332628	1.361058140 464704	64.52784537 8210100	69.89447147 1606760	23.833333333 33333	122.9071428 571430	
10	181	64.71561540 8225900	20.66545612 2812078	1.536051256 561388	61.68463172 2961875	67.74659909 3489930	25.250000000 00000	119.3285714 285710	
11	96	59.99138558 2010600	23.24735987 9446773	2.372673732 145586	55.28103267 4278430	64.70173848 9742780	18.433333333 33333	130.3714285 714290	
12	28	60.95652636 0544220	22.63375913 3522954	4.277378421 559893	52.18007078 4654134	69.73298193 6434300	26.883333333 33333	115.0357142 857140	
Total	738	67.05069589 6244680	21.13922533 7036255	.7781456380 02992	65.52304971 0856820	68.57834208 1632530	18.433333333 33333	147.2642857 142860	
baseline	6	2.696780220 5000000	.3163513429 15914	.1414766215 06666	2.303978146 717896	3.089582293 282104	2.285868400 000000	3.020000000 000000	
	7	2.562069140 522388	.2687073101 66980	.0328278227 77577	2.496526277 613018	2.627612003 431759	2.050000000 000000	3.274243200 000000	
	8	2.602032635 417267	.2598519728 07723	.0220403566 69101	2.558452160 107910	2.645613110 726623	1.820000000 000000	3.195354839 000000	
	9	2.677660458 888352	.2646490445 47012	.0184389726 53664	2.641306115 881554	2.714014801 895149	1.998371400 000000	3.374103448 000000	
	10	2.732371195 750001	.2913292189 79332	.0212473670 24754	2.690455855 442049	2.774286536 057953	1.998827600 000000	3.499666667 000000	
	11	2.822906024 400000	.2969487970 10965	.0289792352 66498	2.765439113 377746	2.880372935 422253	2.071709677 000000	3.580000000 000000	

	12		2.867050639	.3475047156	.0634453905	2.737290246	2.996811032	1.789028571	3.670000000
		30	438597	71496	37566	054494	822699	000000	000000
Total		740	2.695304812	.2912836807	.0107078010	2.674283478	2.716326145	1.789028571	3.670000000
		047512		13432	61891	985556	109467	000000	000000
RH	6		2.773150000	.4028504892	.2014252446	2.132124974	3.414175025	2.380600000	3.280000000
		4	00	22	11	50	50		
	7	67	2.732641791	.2837307975	.0346632338	2.663434411	2.801849170	2.144000000	3.466800000
		04	04	88	88	62	47		
	8	139	2.772018705	.2744279413	.0232766741	2.725993654	2.818043755	1.940000000	3.361400000
		04	04	80	87	72	35		
	9	205	2.847637723	.2673475397	.0186723621	2.810822157	2.884453289	2.151400000	3.634400000
		58	58	75	28	45	70		
	10	188	2.905901063	.3012763724	.0219728377	2.862554564	2.949247562	2.083800000	3.738200000
		83	83	87	56	90	76		
	11	105	3.010594285	.3040327695	.0296705601	2.951756451	3.069432120	2.258600000	3.972400000
		71	71	61	99	41	02		
	12	30	3.041960000	.3840477678	.0701172085	2.898554206	3.185365793	1.924200000	3.790000000
		00	00	62	39	67	33		
Total		738	2.868477687	.3028129843	.0111466999	2.846594619	2.890360755	1.924200000	3.972400000
Abs	6		.1571747250	.1491393445	.0745696722	.0801392529	.3944887029	.0644105000	.3800000000
		4	00000	29143	64572	84592	84592	000000	000000
	7	67	.1702741460	.0795186735	.0097147521	.1508780175	.1896702745	.0337091000	.3612647000
		44776	07875	58407	46363	43189	43189	000000	000000

	8		.1697702451 139	.0938496965 58273	.0079602273 24893	.1540304593 64624	.1855100309 94861	.1682486000 21686	.4967529410 000000
	9		.1712980848 205	.0831559477 87805	.0058078633 67835	.1598469479 19449	.1827492218 29325	.1160930000 46285	.49000000000 000000
	10		.1734766765 188	.0808885894 90426	.0058994067 98390	.1618387338 09730	.1851146192 95444	.03000000000 85407	.6204285710 000000
	11		.1876882613 105	.0968402038 14286	.0094506361 09593	.1689472950 96213	.2064292275 88053	.0112812500 40518	.5345142860 000000
	12		.1749093605 30	.1074457513 61404	.0196168205 99868	.1347884576 83267	.2150302635 20111	.0170275860 02696	.4251255810 000000
	Total		.1738745279 738	.0877086572 37455	.0032286002 58426	.1675361785 90341	.1802128773 63244	.1682486000 11667	.6204285710 000000
Rel	6		5.788490750 4	4.919132682 000000	2.459566341 942579		13.61592856 2.038947066	2.269742900 6015107	13.07000000 000000
	7		6.609403747 67	3.356622445 850743	.4100766991 753054	5.790659201 11553	7.428148294 363361	.2236085000 338124	14.66018930 000000
	8		6.549516977 139	3.775399376 705035	.3202251956 994744	5.916334564 68760	7.182699391 062845	6.147981400 347224	20.90141821 000000

	9		6.456796249 039027	3.321665520 864503	.2319951832 18501	5.999380419 736275	6.914212078 341780	4.204603800 000000	16.550000000 0000000
	10		6.424332888 053189	3.185280234 625662	.2323104371 71042	5.966046879 261193	6.882618896 845185	.99000000000 00000	27.39717386 0000000
	11		6.775248705 304758	3.729281542 514034	.3639406129 38507	6.053540812 436369	7.496956598 173147	.4744568720 00000	23.34432863 0000000
	12		6.091626566 502211	3.619079527 735157	.6607504982 48563	4.740240061 430431	7.443013071 573992	.6391611580 00000	14.99740000 0000000
Total			6.506686448 599004	3.450584063 234009	.1270177546 50826	6.257326715 802921	6.756046181 395088	6.147981400 000000	27.39717386 0000000
scaled	6		6.182320079 440634	4.920509400 965604	2.460254700 482802		14.01194856 167369	1.416145990 1048637	12.22920377 4424634
	7		6.420266981 359244	3.319555027 119674	.4055481931 73390	5.610563888 699010	7.229970074 019478	.9737933364 971196	14.82892076 35510460
	8		6.425744231 252148	4.092646387 025108	.3471337358 56943	5.739355465 785084	7.112132996 719212		23.00574565 7.878036361 3182525
	9		6.529898060 804393	3.668070618 035026	.2561891646 65790	6.024779904 520893	7.035016217 087893		24.24148671 4.146473527 0645985
									57368260

10	188	6.208535771 964785	3.844029661 094673	.2803546769 16615	5.655471400 450183	6.761600143 479387	11.20112954 41104120	28.17174754 10395260
11	105	6.683310048 111528	3.603486132 225789	.3516642379 30818	5.985946667 572567	7.380673428 650488	.2574306224 627176	25.74864419 63127530
12	30	8.108131629 705714	12.27631703 4053918	2.241338587 545416	3.524079512 402436	12.69218374 7008992	.5143823666 278413	70.77922077 92207800
Total	738	6.502562259 823905	4.426270310 069315	.1629332617 20246	6.182693634 230223	6.822430885 417586	11.20112954 41104120	70.77922077 92207800
HtzscoreRoun d	6	.5567	1.50387	.61395	-1.0215	2.1349	-.90	3.24
	7	.2720	.98911	.11059	.0519	.4921	-2.30	3.06
	8	.2716	1.04738	.08639	.1008	.4423	-2.53	2.86
	9	.4106	1.00367	.06798	.2767	.5446	-2.36	3.64
	10	.4719	1.05585	.07640	.3212	.6226	-2.18	4.78
	11	.5497	1.04284	.10177	.3479	.7515	-1.89	4.54
	12	.3837	1.34217	.24505	-.1175	.8848	-1.33	4.54
	Total	.4040	1.04768	.03759	.3302	.4778	-2.53	4.78
Wtzscore	6	.4433	.90719	.37036	-.5087	1.3954	-.58	1.86
	7	.2063	1.03868	.11613	-.0249	.4374	-2.54	2.43
	8	.1854	.95723	.07895	.0293	.3414	-2.63	2.57
	9	.1691	.99624	.06747	.0361	.3021	-2.56	2.89
	10	.0865	1.03558	.07493	-.0613	.2343	-2.52	2.99
	11	.0734	1.09016	.10639	-.1375	.2844	-2.60	3.08

	12	30	- .0553	1.24548	.22739	-.5204	.4097	-1.94	2.91
	Total	777	.1362	1.02443	.03675	.0641	.2084	-2.63	3.08
BMIZscore	6	6	.3950	.30284	.12363	.0772	.7128	.07	.88
	7	80	.0616	.99337	.11106	-.1594	.2827	-2.67	2.14
	8	147	.0172	.96435	.07954	-.1400	.1744	-2.54	2.26
	9	218	-.0457	1.01350	.06864	-.1810	.0896	-2.64	2.23
	10	191	-.1192	1.07708	.07793	-.2729	.0346	-2.61	2.23
	11	105	-.1682	1.08966	.10634	-.3791	.0427	-2.62	2.24
	12	30	-.2737	1.12286	.20501	-.6930	.1456	-1.65	2.34
	Total	777	-.0628	1.03057	.03697	-.1353	.0098	-2.67	2.34
APHVCon	6	6	11.00	.632	.258	10.34	11.66	10	12
	7	80	11.41	.669	.075	11.26	11.56	10	12
	8	147	11.56	.632	.052	11.45	11.66	10	13
	9	218	11.74	.843	.057	11.63	11.85	9	13
	10	191	11.94	.944	.068	11.80	12.07	9	14
	11	105	12.11	1.059	.103	11.91	12.32	9	14
	12	30	12.53	1.137	.208	12.11	12.96	11	14
	Total	777	11.80	.900	.032	11.73	11.86	9	14

ANOVA

		Sum of Squares	df	Mean Square	F	Sig.
averageBF	Between Groups	47241.807	6	7873.634	5.708	.000
	Within Groups	987715.491	716	1379.491		
	Total	1034957.298	722			
ttp	Between Groups	2300.654	6	383.442	.910	.487
	Within Groups	305161.053	724	421.493		
	Total	307461.707	730			
peakBF	Between Groups	268188.738	6	44698.123	10.041	.000
	Within Groups	3187216.967	716	4451.420		
	Total	3455405.705	722			
peakSR	Between Groups	1430197.459	6	238366.243	1.404	.210
	Within Groups	121715771.965	717	169757.004		
	Total	123145969.424	723			
SRAUC	Between Groups	7862946848.023	6	1310491141.337	2.147	.046
	Within Groups	438814102396.810	719	610311686.226		
	Total	446677049244.833	725			
vd	Between Groups	11.936	6	1.989	.761	.601
	Within Groups	2014.113	770	2.616		
	Total	2026.049	776			
wt	Between Groups	85908.693	6	14318.116	5.925	.000
	Within Groups	1766461.682	731	2416.500		
	Total	1852370.376	737			
mvp	Between Groups	13666.038	6	2277.673	5.274	.000

	Within Groups	315674.828	731	431.840		
	Total	329340.867	737			
baseline	Between Groups	5.316	6	.886	11.316	.000
	Within Groups	57.386	733	.078		
	Total	62.701	739			
RH	Between Groups	5.942	6	.990	11.745	.000
	Within Groups	61.638	731	.084		
	Total	67.580	737			
Abs	Between Groups	.026	6	.004	.557	.765
	Within Groups	5.644	731	.008		
	Total	5.670	737			
Rel	Between Groups	17.552	6	2.925	.244	.962
	Within Groups	8757.561	731	11.980		
	Total	8775.113	737			
scaled	Between Groups	98.856	6	16.476	.840	.539
	Within Groups	14340.351	731	19.617		
	Total	14439.207	737			
HtzscoreRound	Between Groups	7.244	6	1.207	1.101	.360
	Within Groups	844.514	770	1.097		
	Total	851.757	776			
Wtzscore	Between Groups	3.535	6	.589	.559	.763
	Within Groups	810.839	770	1.053		
	Total	814.374	776			
BMIZscore	Between Groups	6.608	6	1.101	1.037	.400
	Within Groups	817.558	770	1.062		

	Total	824.165	776			
APHVCon	Between Groups	55.380	6	9.230	12.401	.000
	Within Groups	573.084	770	.744		
	Total	628.463	776			

**Post Hoc Tests****Multiple Comparisons**

LSD

Dependent Variable	(I) AgeCon	(J) AgeCon	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
						Lower Bound	Upper Bound
averageBF	6	7	10.4899141683 62084	19.1336265355 99790	.584	27.0748042779 24635	48.0546326146 48800
		8	.882723962627 793	18.8438631526 89110	.963	36.1131070396 17354	37.8785549648 72940
	9	10	1.47080623854 5563	18.7537167050 82322	.938	38.2896542774 73154	35.3480418003 82030
		10	6.08231172638 9747	18.7715199315 31856	.746	42.9361125322 57140	30.7714890794 77647

	11	15.1924515858 35897	18.9245095842 32975	.422	52.3466143339 73880	21.9617111623 02088
	12	26.8966549867 62000	19.8101332500 16086	.175	65.7895473788 91540	11.9962374053 67545
7	6	10.4899141683 62084	19.1336265355 99790	.584	48.0546326146 48800	27.0748042779 24635
	8	9.60719020573 4291	5.60726209903 1993	.087	20.6158310199 97398	1.40145060852 8815
	9	11.9607204069 07647	5.29642331998 2104	.024	22.3590968159 63966	1.56234399785 1329
	10	16.5722258947 51830	5.35912028880 3378	.002	27.0936941796 12500	6.05075760989 1166
	11	25.6823657541 97980	5.87258654544 0782	.000	37.2119134706 48130	14.1528180377 47831
	12	37.3865691551 24086	8.29406951462 0631	.000	53.6701725541 43140	21.1029657561 05030

	8	6	.882723962627 793	18.8438631526 89110	.963	37.8785549648 72940	36.1131070396 17354
	7		9.60719020573 4291	5.60726209903 1993	.087	1.40145060852 8815	20.6158310199 97398
	9		2.35353020117 3356	4.12887564573 1657	.569	10.4596804306 16935	5.75262002827 0222
	10		6.96503568901 7540	4.20900040191 6085	.098	15.2284934681 32648	1.29842209009 7567
	11		16.0751755484 63690	4.84590413103 2503	.001	25.5890554165 19102	6.56129568040 8279
	12		27.7793789493 89795	7.60178289790 1327	.000	42.7038279929 70400	12.8549299058 09186
	9	6	1.47080623854 5563	18.7537167050 82322	.938	35.3480418003 82030	38.2896542774 73154
	7		11.9607204069 07647	5.29642331998 2104	.024	1.56234399785 1329	22.3590968159 63966

		8	2.35353020117 3356	4.12887564573 1657	.569	5.75262002827 0222	10.4596804306 16935
		10	4.61150548784 4184	3.78502260502 3561	.223	12.0425749824 84744	2.81956400679 6376
		11	13.7216453472 90334	4.48257722570 0351	.002	22.5222117785 34945	4.92107891604 5721
		12	25.4258487482 16440	7.37548743908 0529	.001	39.9060158267 20530	10.9456816697 12350
10	6		6.08231172638 9747	18.7715199315 31856	.746	30.7714890794 77647	42.9361125322 57140
		7	16.5722258947 51830	5.35912028880 3378	.002	6.05075760989 1166	27.0936941796 12500
		8	6.96503568901 7540	4.20900040191 6085	.098	1.29842209009 7567	15.2284934681 32648
		9	4.61150548784 4184	3.78502260502 3561	.223	2.81956400679 6376	12.0425749824 84744

	11		9.11013985944 6150*	4.55648646105 5404	.046	18.0558110156 90345	.164468703201 953
	12		20.8143432603 72254*	7.42063914022 5618	.005	35.3831558937 44390	6.24553062700 0123
11	6		15.1924515858 35897	18.9245095842 32975	.422	21.9617111623 02088	52.3466143339 73880
	7		25.6823657541 97980*	5.87258654544 0782	.000	14.1528180377 47831	37.2119134706 48130
	8		16.0751755484 63690*	4.84590413103 2503	.001	6.56129568040 8279	25.5890554165 19102
	9		13.7216453472 90334*	4.48257722570 0351	.002	4.92107891604 5721	22.5222117785 34945
	10		9.11013985944 6150*	4.55648646105 5404	.046	.164468703201 953	18.0558110156 90345
	12		11.7042034009 26104	7.79955048148 7797	.134	27.0169261249 51233	3.60851932309 9023
12	6		26.8966549867 62000	19.8101332500 16086	.175	11.9962374053 67545	65.7895473788 91540
	7		37.3865691551 24086*	8.29406951462 0631	.000	21.1029657561 05030	53.6701725541 43140

	8		27.7793789493 89795*	7.60178289790 1327	.000	12.8549299058 09186	42.7038279929 70400
	9		25.4258487482 16440*	7.37548743908 0529	.001	10.9456816697 12350	39.9060158267 20530
	10		20.8143432603 72254*	7.42063914022 5618	.005	6.24553062700 0123	35.3831558937 44390
	11		11.7042034009 26104	7.79955048148 7797	.134	3.60851932309 9023	27.0169261249 51233
ttpp	6	7	6.23223977515 0234	10.5671299194 93453	.556	14.5136357035 75375	26.9781152538 75842
	8		5.86586195286 1955	10.4161155689 77695	.574	14.5835352072 31350	26.3152591129 55260
	9		7.42460020371 7851	10.3652995572 99043	.474	12.9250326250 34543	27.7742330324 70246
	10		7.35525223279 3944	10.3743561772 50748	.479	13.0121609687 94560	27.7226654343 82450
	11		11.1306068931 06894	10.4606936124 70156	.288	9.40630793227 7322	31.6675217184 91110

	12	10.3363116883 11689	10.9280860259 81427	.345	11.1182094203 56557	31.7908327969 79934
7	6	6.23223977515 0234	10.5671299194 93453	.556	26.9781152538 75842	14.5136357035 75375
	8	.366377822288 278	3.06807992315 0723	.905	6.38977343958 3203	5.65701779500 6646
	9	1.19236042856 7618	2.89086246319 0661	.680	4.48311372045 7545	6.86783457759 2780
	10	1.12301245764 3711	2.92316899289 1415	.701	4.61588735638 4890	6.86191227167 2311
	11	4.89836711795 6660	3.21617190500 0562	.128	1.41576948939 5263	11.2125037253 08583
	12	4.10407191316 1455	4.51006818793 1483	.363	4.75030138784 1109	12.9584452141 64020
8	6	5.86586195286 1955	10.4161155689 77695	.574	26.3152591129 55260	14.5835352072 31350

	7	.366377822288 278	3.06807992315 0723	.905	5.65701779500 6646	6.38977343958 3203
	9	1.55873825085 5896	2.27778721392 7265	.494	2.91311837125 2671	6.03059487296 4463
	10	1.48939027993 1989	2.31865171421 8323	.521	3.06269340865 5123	6.04147396851 9101
	11	5.26474494024 4938	2.67861728012 0605	.050	.005960296551 587	10.5235295839 38290
	12	4.47044973544 9734	4.14390442344 3829	.281	3.66505402190 6071	12.6059534928 05538
9	6	7.42460020371 7851	10.3652995572 99043	.474	27.7742330324 70246	12.9250326250 34543
	7	1.19236042856 7618	2.89086246319 0661	.680	6.86783457759 2780	4.48311372045 7545
	8	1.55873825085 5896	2.27778721392 7265	.494	6.03059487296 4463	2.91311837125 2671
	10	.069347970923 907	2.07848914793 6980	.973	4.14993346343 6721	4.01123752158 8907

	11	3.70600668938 9042	2.47365355286 5666	.135	1.15038373792 9400	8.56239711670 7483
	12	2.91171148459 3837	4.01446325638 7031	.468	4.96966742012 5538	10.7930903893 13214
10	6	7.35525223279 3944	10.3743561772 50748	.479	27.7226654343 82450	13.0121609687 94560
	7	1.12301245764 3711	2.92316899289 1415	.701	6.86191227167 2311	4.61588735638 4890
	8	1.48939027993 1989	2.31865171421 8323	.521	6.04147396851 9101	3.06269340865 5123
	9	.069347970923 907	2.07848914793 6980	.973	4.01123752158 8907	4.14993346343 6721
	11	3.77535466031 2949	2.51133292884 9134	.133	1.15500965094 7914	8.70571897157 3813
	12	2.98105945551 7745	4.03778979353 7870	.461	4.94611517980 8526	10.9082340908 44015

	11	6	11.1306068931 06894	10.4606936124 70156	.288	31.6675217184 91110	9.40630793227 7322
	7		4.89836711795 66660	3.21617190500 0562	.128	11.2125037253 08583	1.41576948939 5263
	8		5.26474494024 4938*	2.67861728012 0605	.050	10.5235295839 38290	.005960296551 587
	9		3.70600668938 9042	2.47365355286 5666	.135	8.56239711670 7483	1.15038373792 9400
	10		3.77535466031 2949	2.51133292884 9134	.133	8.70571897157 3813	1.15500965094 7914
	12		.794295204795 205	4.25471399488 9872	.852	9.14734540934 9487	7.55875499975 9078
12	6		10.3363116883 11689	10.9280860259 81427	.345	31.7908327969 79934	11.1182094203 56557
	7		4.10407191316 1455	4.51006818793 1483	.363	12.9584452141 64020	4.75030138784 1109

	8		4.47044973544 9734	4.14390442344 3829	.281	12.6059534928 05538	3.66505402190 6071
	9		2.91171148459 3837	4.01446325638 7031	.468	10.7930903893 13214	4.96966742012 5538
	10		2.98105945551 7745	4.03778979353 7870	.461	10.9082340908 44015	4.94611517980 8526
	11		.794295204795 205	4.25471399488 9872	.852	7.55875499975 9078	9.14734540934 9487
peakBF	6	7	19.0464822851 50134	34.3706048258 44026	.580	48.4327324214 38220	86.5256969917 38490
	8		3.96307941413 6274	33.8500896632 58800	.907	70.4203756938 56770	62.4942168655 84220
	9		14.4304063256 11870	33.6881554935 19380	.669	80.5697800472 75910	51.7089673960 52174
	10		23.5394286737 92030	33.7201362400 74840	.485	89.7415896427 04920	42.6627322951 20860

	11		48.8680459610 37836	33.9949585214 46840	.151	115.609760767 447110	17.8736688453 71440
	12		56.8914405098 25540	35.5858446498 24620	.110	126.756514569 715780	12.9736335500 64690
7	6		19.0464822851 50134	34.3706048258 44026	.580	86.5256969917 38490	48.4327324214 38220
	8		23.0095616992 86408	10.0725803026 50914	.023	42.7848846048 89160	3.23423879368 3659
	9		33.4768886107 62000	9.51420644605 9035	.000	52.1559657695 57940	14.7978114519 66070
	10		42.5859109589 42165	9.62683186681 3685	.000	61.4861036607 15344	23.6857182571 68983
	11		67.9145282461 87970	10.5491946904 76714	.000	88.6255799459 53900	47.2034765464 22040
	12		75.9379227949 75680	14.8990148393 82586	.000	105.188901250 477870	46.6869443394 73484

	8	6	3.96307941413 6274	33.8500896632 58800	.907	62.4942168655 84220	70.4203756938 56770
	7		23.0095616992 86408	10.0725803026 50914	.023	3.23423879368 3659	42.7848846048 89160
	9		10.4673269114 75595	7.41688738046 8870	.159	25.0287737797 28496	4.09411995677 7304
	10		19.5763492596 55757	7.56081912944 7983	.010	34.4203748442 76004	4.73232367503 5511
	11		44.9049665469 01560	8.70491830713 5868	.000	61.9951822829 03190	27.8147508108 99940
	12		52.9283610956 89270	13.6554288581 67348	.000	79.7378286770 67200	26.1188935143 11345
	9	6	14.4304063256 11870	33.6881554935 19380	.669	51.7089673960 52174	80.5697800472 75910
	7		33.4768886107 62000	9.51420644605 9035	.000	14.7978114519 66070	52.1559657695 57940
	8		10.4673269114 75595	7.41688738046 8870	.159	4.09411995677 7304	25.0287737797 28496

		10	9.10902234818 0162	6.79920850195 8639	.181	22.4577909445 80942	4.23974624822 0621
		11	34.4376396354 25970	8.05225763862 4665	.000	50.2464979555 72700	18.6287813152 79234
		12	42.4610341842 13670	13.2489240184 00501	.001	68.4724178359 98700	16.4496505324 28652
10	6		23.5394286737 92030	33.7201362400 74840	.485	42.6627322951 20860	89.7415896427 04920
		7	42.5859109589 42165	9.62683186681 3685	.000	23.6857182571 68983	61.4861036607 15344
		8	19.5763492596 55757	7.56081912944 7983	.010	4.73232367503 5511	34.4203748442 76004
		9	9.10902234818 0162	6.79920850195 8639	.181	4.23974624822 0621	22.4577909445 80942
		11	25.3286172872 45805	8.18502416443 9433	.002	41.3981338339 99196	9.25910074049 2418
		12	33.3520118360 33510	13.3300320756 93510	.013	59.5226335355 70140	7.18139013649 6887

	11	6	48.8680459610 37836	33.9949585214 46840	.151	17.8736688453 71440	115.609760767 447110
	7		67.9145282461 87970	10.5491946904 76714	.000	47.2034765464 22040	88.6255799459 53900
	8		44.9049665469 01560	8.70491830713 5868	.000	27.8147508108 99940	61.9951822829 03190
	9		34.4376396354 25970	8.05225763862 4665	.000	18.6287813152 79234	50.2464979555 72700
	10		25.3286172872 45805	8.18502416443 9433	.002	9.25910074049 2418	41.3981338339 99196
	12		8.02339454878 7707	14.0106877762 90660	.567	35.5303358270 62800	19.4835467294 87390
12	6		56.8914405098 25540	35.5858446498 24620	.110	12.9736335500 64690	126.756514569 715780
	7		75.9379227949 75680	14.8990148393 82586	.000	46.6869443394 73484	105.188901250 477870
	8		52.9283610956 89270	13.6554288581 67348	.000	26.1188935143 11345	79.7378286770 67200
	9		42.4610341842 13670	13.2489240184 00501	.001	16.4496505324 28652	68.4724178359 98700
	10		33.3520118360 33510	13.3300320756 93510	.013	7.18139013649 6887	59.5226335355 70140

		11	8.02339454878 7707	14.0106877762 90660	.567	19.4835467294 87390	35.5303358270 62800
peakSR	6	7	243.329002763 901830	212.251966424 697970	.252	173.380632219 628000	660.038637747 431700
		8	71.2546410492 86870	209.037581127 366420	.733	339.144261711 073340	481.653543809 647100
		9	104.045875826 214800	208.027624207 391680	.617	304.370200642 540340	512.461952294 969900
		10	107.925961770 742560	208.235067765 900140	.604	300.897384091 092250	516.749307632 577400
		11	119.817317393 427170	209.932203150 456080	.568	292.337977182 611160	531.972611969 465600
		12	90.9743835131 27800	219.756549006 949650	.679	340.468834019 628100	522.417601045 883700
	7	6	243.329002763 901830	212.251966424 697970	.252	660.038637747 431700	173.380632219 628000

8		172.074361714 614950	62.2021342668 01810	.006	294.194448996 404050	49.9542744328 25830	
9		139.283126937 687030	58.7187160719 36704	.018	254.564295603 416100	24.0019582719 57974	
10		135.403040993 159270	59.4494628338 55556	.023	252.118868765 015550	18.6872132213 02983	
11		123.511685370 474650	65.1454150602 27450	.058	251.410251343 143500	4.38688060219 4182	
12		152.354619250 774020	92.0072606657 14900	.098	332.990458125 071400	28.2812196235 23413	
8	6	71.2546410492 86870	209.037581127 366420	.733	481.653543809 647100	339.144261711 073340	
7		172.074361714 614950	62.2021342668 01810	.006	49.9542744328 25830	294.194448996 404050	
9		32.7912347769 27920	45.7569742177 72360	.474	57.0424301140 08965	122.624899667 864810	
10		36.6713207214 55686	46.6910238018 30895	.432	54.9961432517 03785	128.338784694 615160	

	11	48.5626763441 40300	53.7562849888 12940	.367	56.9758601089 77130	154.101212797 257740
	12	19.7197424638 40930	84.3276294439 60840	.815	145.838844702 823480	185.278329630 505340
9	6	104.045875826 214800	208.027624207 391680	.617	512.461952294 969900	304.370200642 540340
	7	139.283126937 687030	58.7187160719 36704	.018	24.0019582719 57974	254.564295603 416100
	8	32.7912347769 27920	45.7569742177 72360	.474	122.624899667 864810	57.0424301140 08965
	10	3.88008594452 7764	41.9384526831 23856	.926	78.4567592858 73000	86.2169311749 28530
	11	15.7714415672 12378	49.6842055948 36214	.751	81.7724706359 10140	113.315353770 334900
	12	13.0714923130 86992	81.7919995930 49770	.873	173.651932952 183800	147.508948326 009830
10	6	107.925961770 742560	208.235067765 900140	.604	516.749307632 577400	300.897384091 092250

		7	135.403040993 159270	59.4494628338 55556	.023	18.6872132213 02983	252.118868765 015550
		8	36.6713207214 55686	46.6910238018 30895	.432	128.338784694 615160	54.9961432517 03785
		9	3.88008594452 7764	41.9384526831 23856	.926	86.2169311749 28530	78.4567592858 73000
		11	11.8913556226 84614	50.5457347328 85320	.814	87.3439778600 21130	111.126689105 390350
		12	16.9515782576 14756	82.3181766776 12980	.837	178.565050837 656300	144.661894322 426780
11	6		119.817317393 427170	209.932203150 456080	.568	531.972611969 465600	292.337977182 611160
		7	123.511685370 474650	65.1454150602 27450	.058	4.38688060219 4182	251.410251343 143500
		8	48.5626763441 40300	53.7562849888 12940	.367	154.101212797 257740	56.9758601089 77130
		9	15.7714415672 12378	49.6842055948 36214	.751	113.315353770 334900	81.7724706359 10140

	10		11.8913556226 84614	50.5457347328 85320	.814	111.126689105 390350	87.3439778600 21130
	12		28.8429338802 99370	86.5214926111 54390	.739	198.708684532 911350	141.022816772 312600
12	6		90.9743835131 27800	219.756549006 949650	.679	522.417601045 883700	340.468834019 628100
	7		152.354619250 774020	92.0072606657 14900	.098	28.2812196235 23413	332.990458125 071400
	8		19.7197424638 40930	84.3276294439 60840	.815	185.278329630 505340	145.838844702 823480
	9		13.0714923130 86992	81.7919995930 49770	.873	147.508948326 009830	173.651932952 183800
	10		16.9515782576 14756	82.3181766776 12980	.837	144.661894322 426780	178.565050837 656300
	11		28.8429338802 99370	86.5214926111 54390	.739	141.022816772 312600	198.708684532 911350
SRAUC	6	7	18041.2385	12726.6387	.157	-6944.575	43027.052
		8	10833.5074	12533.9040	.388	-13773.916	35440.931

	9	14503.0415	12472.1711	.245	-9983.184	38989.267
	10	15566.6957	12485.7852	.213	-8946.258	40079.649
	11	20830.3750	12587.5456	.098	-3882.361	45543.111
	12	19155.9138	13176.6138	.146	-6713.322	45025.149
7	6	-18041.2385	12726.6387	.157	-43027.052	6944.575
	8	-7207.7311	3729.6431	.054	-14530.023	114.561
	9	-3538.1970	3516.6093	.315	-10442.246	3365.852
	10	-2474.5428	3564.5928	.488	-9472.797	4523.711
	11	2789.1365	3906.1224	.475	-4879.632	10457.905
	12	1114.6753	5516.7600	.840	-9716.208	11945.558
8	6	-10833.5074	12533.9040	.388	-35440.931	13773.916
	7	7207.7311	3729.6431	.054	-114.561	14530.023
	9	3669.5341	2738.2399	.181	-1706.367	9045.435
	10	4733.1882	2799.5962	.091	-763.172	10229.548
	11	9996.8676	3223.2296	.002	3668.801	16324.934
	12	8322.4064	5056.2889	.100	-1604.448	18249.261
9	6	-14503.0415	12472.1711	.245	-38989.267	9983.184
	7	3538.1970	3516.6093	.315	-3365.852	10442.246
	8	-3669.5341	2738.2399	.181	-9045.435	1706.367
	10	1063.6542	2508.7928	.672	-3861.781	5989.089
	11	6327.3335	2974.1405	.034	488.296	12166.371
	12	4652.8723	4901.2611	.343	-4969.621	14275.366
10	6	-15566.6957	12485.7852	.213	-40079.649	8946.258
	7	2474.5428	3564.5928	.488	-4523.711	9472.797
	8	-4733.1882	2799.5962	.091	-10229.548	763.172

	9	-1063.6542	2508.7928	.672	-5989.089	3861.781	
	11	5263.6793	3030.7248	.083	-686.448	11213.807	
	12	3589.2181	4935.8021	.467	-6101.088	13279.525	
	11	-20830.3750	12587.5456	.098	-45543.111	3882.361	
	6	-2789.1365	3906.1224	.475	-10457.905	4879.632	
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	8	-6327.3335	2974.1405	.034	-12166.371	-488.296	
	9	-5263.6793	3030.7248	.083	-11213.807	686.448	
	10	-1674.4612	5187.8331	.747	-11859.572	8510.650	
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	8	-4652.8723	4901.2611	.343	-14275.366	4969.621	
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vd	6	7	-.9750	.6846	.155	-2.319	.369
		8	-1.0068	.6736	.135	-2.329	.316
		9	-.9128	.6693	.173	-2.227	.401
		10	-.9686	.6706	.149	-2.285	.348
		11	-.7619	.6789	.262	-2.095	.571
		12	-.6333	.7233	.382	-2.053	.787
	7	6	.9750	.6846	.155	-.369	2.319
		8	-.0318	.2247	.887	-.473	.409
		9	.0622	.2114	.769	-.353	.477
		10	.0064	.2154	.976	-.416	.429

		11	.2131	.2400	.375	-.258	.684
		12	.3417	.3462	.324	-.338	1.021
8	6	1.0068	.6736	.135	-.316	2.329	
	7	.0318	.2247	.887	-.409	.473	
	9	.0940	.1726	.586	-.245	.433	
	10	.0382	.1775	.830	-.310	.387	
	11	.2449	.2067	.236	-.161	.651	
	12	.3735	.3240	.249	-.263	1.010	
9	6	.9128	.6693	.173	-.401	2.227	
	7	-.0622	.2114	.769	-.477	.353	
	8	-.0940	.1726	.586	-.433	.245	
	10	-.0557	.1603	.728	-.370	.259	
	11	.1509	.1921	.432	-.226	.528	
	12	.2795	.3149	.375	-.339	.898	
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	8	-.0382	.1775	.830	-.387	.310	
	9	.0557	.1603	.728	-.259	.370	
	11	.2067	.1965	.293	-.179	.592	
	12	.3353	.3176	.292	-.288	.959	
11	6	.7619	.6789	.262	-.571	2.095	
	7	-.2131	.2400	.375	-.684	.258	
	8	-.2449	.2067	.236	-.651	.161	
	9	-.1509	.1921	.432	-.528	.226	
	10	-.2067	.1965	.293	-.592	.179	

	12	.1286	.3348	.701	-.529	.786
12	6	.6333	.7233	.382	-.787	2.053
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	8	-.3735	.3240	.249	-1.010	.263
	9	-.2795	.3149	.375	-.898	.339
	10	-.3353	.3176	.292	-.959	.288
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wt	6	43.4211144688	22.6777605226			1.10019413820
		64860	42746	.056	87.9424230759	444
	8	52.2576415157	22.3677816799			
		61975	94238	.020	96.1703951598	8.34488787166
	9	66.4240002289	22.2467489659			
		38100	53962	.003	110.099140692	22.7488597657
	10	70.2006250986	22.2856653479			
		58290	50160	.002	113.952166767	26.4490834294
	11	72.2680734126	22.5493221071			
		98530	47383	.001	116.537229858	27.9989169671
	12	61.7743035714	23.8663702776			
		28620	80744	.010	108.629108101	14.9194990415

	7	6	43.4211144688 64860	22.6777605226 42746	.056	1.10019413820 444	87.9424230759 3416
	8		8.83652704689 7118	6.92808630284 4720	.203	22.4378466321 0873	4.76479253831 450
	9		23.0028857600 73240	6.52675739475 2186	.000	35.8163106079 5902	10.1894609121 8746
	10		26.7795106297 93435	6.65819814488 9153	.000	39.8509818661 0234	13.7080393934 8453
	11		28.8469589438 33670	7.49350719140 6735	.000	43.5583210240 8876	14.1355968635 7858
	12		18.3531891025 63760	10.8297900610 83434	.091	39.6143901359 6630	2.90801193083 879
8	6		52.2576415157 61975	22.3677816799 94238	.020	8.34488787166 784	96.1703951598 5611
	7		8.83652704689 7118	6.92808630284 4720	.203	4.76479253831 450	22.4378466321 0873
	9		14.1663587131 76123	5.35120519616 8846	.008	24.6719224226 3108	3.66079500372 116

10		17.9429835828 96318	5.51075652684 4338	.001	28.7617807804 8957	7.12418638530 307	
11		20.0104318969 36552	6.49534333112 7044	.002	32.7621841991 6419	7.25867959470 892	
12		9.51666205566 6643	10.1647030319 97227	.349	29.4721545803 7667	10.4388304690 4339	
9	6	66.4240002289 38100	22.2467489659 53962	.003	22.7488597657 3800	110.099140692 13820	
	7	23.0028857600 73240	6.52675739475 2186	.000	10.1894609121 8746	35.8163106079 5902	
	8	14.1663587131 76123	5.35120519616 8846	.008	3.66079500372 116	24.6719224226 3108	
	10	3.77662486972 0195	4.99686099150 7088	.450	13.5865348935 6889	6.03328515412 850	
	11	5.84407318376 0429	6.06544864453 6057	.336	17.7518499977 0532	6.06370363018 446	
	12	4.64969665750 9480	9.89552272489 8436	.639	14.7773371813 7374	24.0767304963 9270	
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	7	26.7795106297 93435	6.65819814488 9153	.000	13.7080393934 8453	39.8509818661 0234
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	9	3.77662486972 0195	4.99686099150 7088	.450	6.03328515412 850	13.5865348935 6889
	11	2.06744831404 0234	6.20666639236 8556	.739	14.2524658601 8919	10.1175692321 0872
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	7	28.8469589438 33670	7.49350719140 6735	.000	14.1355968635 7858	43.5583210240 8876
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		12	10.4937698412 69910	10.5581938766 38820	.321	10.2342296208 3604	31.2217693033 7585
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	8	9.516666205566 6643	10.1647030319 97227	.349	10.4388304690 4339	29.4721545803 7667	
	9	4.64969665750 9480	9.89552272489 8436	.639	24.0767304963 9270	14.7773371813 7374	
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	11	10.4937698412 69910	10.5581938766 38820	.321	31.2217693033 7585	10.2342296208 3604	
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	11	14.8222334656 08470	9.53238020742 0946	.120	3.89187371224 8373	33.5363406434 65310
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		12	.965140778533 616	4.46331458912 8331	.829	9.72758476124 5724	7.79730320417 8492
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	12	.170270419438 597	.135156964292 529	.208	.435611332760 044	.095070493882 851
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		7	.039963494894 879	.041613940775 673	.337	.041733227949 701	.121660217739 459
		9	.075627823471 085	.030712740710 251	.014	.135923248966 324	.015332397975 846
		10	.130338560332 734	.031299513530 318	.000	.191785941532 244	.068891179133 224
		11	.220873388982 733	.036177862144 634	.000	.291897971650 170	.149848806315 295
		12	.265018004021 330	.056328133533 734	.000	.375601712939 091	.154434295103 569
9	6		.019119761111 648	.126640510151 030	.880	.267741123709 281	.229501601485 984
		7	.115591318365 964	.039351414517 579	.003	.038336399810 779	.192846236921 149
		8	.075627823471 085	.030712740710 251	.014	.015332397975 846	.135923248966 324
		10	.054710736861 649	.028221858636 308	.053	.110116048644 022	.000694574920 724

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	7	.170302055227 613	.039811065419 476		.000	.092144747433 688	.248459363021 537
	8	.130338560332 734	.031299513530 318		.000	.068891179133 224	.191785941532 244
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	7	.260836883877 611	.043750418191 777	.000	.174945816539 965	.346727951215 257	
	8	.220873388982 733	.036177862144 634	.000	.149848806315 295	.291897971650 170	
	9	.145245565511 648	.033550729753 752	.000	.079378583946 468	.211112547076 828	
	10	.090534828649 999	.034088686866 888	.008	.023611726651 259	.157457930648 739	
	12	.044144615038 597	.057924413268 227	.446	.157862149319 217	.069572919242 023	
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	10	.07783	.12723	.541	-.1719	.3276
	12	.16605	.21681	.444	-.2596	.5916
Wtzscore	12	- .17300	.46835	.712	-1.0924	.7464
	6	.11167	.22421	.619	-.3285	.5518
	7	.11210	.20981	.593	-.2998	.5240
	8	-.02698	.20394	.895	-.4273	.3734
	9	-.08822	.20567	.668	-.4920	.3155
	10	-.16605	.21681	.444	-.5916	.2596
Wtzscore	6	.23708	.43436	.585	-.6156	1.0898
	7	.25796	.42740	.546	-.5810	1.0970
	8	.27425	.42466	.519	-.5594	1.1079
	9	.35679	.42546	.402	-.4784	1.1920
	10	.36990	.43074	.391	-.4757	1.2155
	11	.49867	.45892	.278	-.4022	1.3995
Wtzscore	7	-.23708	.43436	.585	-1.0898	.6156
	6	.02088	.14257	.884	-.2590	.3007
	8	.03717	.13414	.782	-.2262	.3005
	9	.11971	.13666	.381	-.1486	.3880
	10	.13282	.15229	.383	-.1661	.4318
	11	.26158	.21969	.234	-.1697	.6928
Wtzscore	8	-.25796	.42740	.546	-1.0970	.5810
	6	-.02088	.14257	.884	-.3007	.2590

	9	.01629	.10952	.882	-.1987	.2313
	10	.09883	.11259	.380	-.1222	.3199
	11	.11195	.13112	.394	-.1454	.3693
	12	.24071	.20558	.242	-.1629	.6443
9	6	-.27425	.42466	.519	-1.1079	.5594
	7	-.03717	.13414	.782	-.3005	.2262
	8	-.01629	.10952	.882	-.2313	.1987
	10	.08254	.10170	.417	-.1171	.2822
	11	.09565	.12190	.433	-.1436	.3349
	12	.22442	.19983	.262	-.1679	.6167
10	6	-.35679	.42546	.402	-1.1920	.4784
	7	-.11971	.13666	.381	-.3880	.1486
	8	-.09883	.11259	.380	-.3199	.1222
	9	-.08254	.10170	.417	-.2822	.1171
	11	.01312	.12467	.916	-.2316	.2578
	12	.14188	.20153	.482	-.2537	.5375
11	6	-.36990	.43074	.391	-1.2155	.4757
	7	-.13282	.15229	.383	-.4318	.1661
	8	-.11195	.13112	.394	-.3693	.1454
	9	-.09565	.12190	.433	-.3349	.1436
	10	-.01312	.12467	.916	-.2578	.2316
	12	.12876	.21244	.545	-.2883	.5458
12	6	-.49867	.45892	.278	-1.3995	.4022
	7	-.26158	.21969	.234	-.6928	.1697
	8	-.24071	.20558	.242	-.6443	.1629

		9	- .22442	.19983	.262	- .6167	.1679
		10	- .14188	.20153	.482	- .5375	.2537
		11	- .12876	.21244	.545	- .5458	.2883
BMIZscore	6	7	.33338	.43616	.445	- .5228	1.1896
		8	.37779	.42917	.379	- .4647	1.2203
		9	.44073	.42642	.302	- .3963	1.2778
		10	.51416	.42722	.229	- .3245	1.3528
		11	.56319	.43252	.193	- .2859	1.4122
		12	.66867	.46082	.147	- .2359	1.5733
	7	6	- .33338	.43616	.445	- 1.1896	.5228
		8	.04441	.14316	.756	- .2366	.3254
		9	.10736	.13469	.426	- .1571	.3718
		10	.18079	.13723	.188	- .0886	.4502
		11	.22982	.15292	.133	- .0704	.5300
		12	.33529	.22060	.129	- .0978	.7683
	8	6	- .37779	.42917	.379	- 1.2203	.4647
		7	- .04441	.14316	.756	- .3254	.2366
		9	.06294	.10997	.567	- .1529	.2788
		10	.13637	.11306	.228	- .0856	.3583
		11	.18540	.13166	.159	- .0731	.4439
		12	.29088	.20643	.159	- .1144	.6961
	9	6	- .44073	.42642	.302	- 1.2778	.3963
		7	- .10736	.13469	.426	- .3718	.1571
		8	- .06294	.10997	.567	- .2788	.1529
		10	.07343	.10212	.472	- .1270	.2739

		11	.12246	.12240	.317	- .1178	.3627
		12	.22793	.20066	.256	- .1660	.6218
10	6		-.51416	.42722	.229	-1.3528	.3245
	7		-.18079	.13723	.188	- .4502	.0886
	8		-.13637	.11306	.228	- .3583	.0856
	9		-.07343	.10212	.472	- .2739	.1270
	11		.04903	.12518	.695	- .1967	.2948
	12		.15450	.20236	.445	- .2427	.5518
11	6		-.56319	.43252	.193	-1.4122	.2859
	7		-.22982	.15292	.133	- .5300	.0704
	8		-.18540	.13166	.159	- .4439	.0731
	9		-.12246	.12240	.317	- .3627	.1178
	10		-.04903	.12518	.695	- .2948	.1967
	12		.10548	.21332	.621	- .3133	.5242
12	6		-.66867	.46082	.147	-1.5733	.2359
	7		-.33529	.22060	.129	- .7683	.0978
	8		-.29088	.20643	.159	- .6961	.1144
	9		-.22793	.20066	.256	- .6218	.1660
	10		-.15450	.20236	.445	- .5518	.2427
	11		-.10548	.21332	.621	- .5242	.3133
APHVCon	6	7	-.412	.365	.259	-1.13	.30
		8	-.558	.359	.121	-1.26	.15
		9	-.739	.357	.039	-1.44	-.04
		10	-.937	.358	.009	-1.64	-.24
		11	-.1114	.362	.002	-1.83	-.40

	12	-1.533*	.386	.000	-2.29	- .78
7	6	.412	.365	.259	-.30	1.13
	8	-.145	.120	.226	-.38	.09
	9	-.326*	.113	.004	-.55	-.10
	10	-.525*	.115	.000	-.75	-.30
	11	-.702*	.128	.000	-.95	-.45
	12	-1.121*	.185	.000	-1.48	-.76
8	6	.558	.359	.121	-.15	1.26
	7	.145	.120	.226	-.09	.38
	9	-.181	.092	.050	-.36	.00
	10	-.379*	.095	.000	-.57	-.19
	11	-.556*	.110	.000	-.77	-.34
	12	-.976*	.173	.000	-1.31	-.64
9	6	.739*	.357	.039	.04	1.44
	7	.326*	.113	.004	.10	.55
	8	.181	.092	.050	.00	.36
	10	-.199*	.086	.020	-.37	-.03
	11	-.376*	.102	.000	-.58	-.17
	12	-.795*	.168	.000	-1.12	-.47
10	6	.937*	.358	.009	.24	1.64
	7	.525*	.115	.000	.30	.75
	8	.379*	.095	.000	.19	.57
	9	.199*	.086	.020	.03	.37
	11	-.177	.105	.091	-.38	.03

	12		-.596*	.169	.000	-.93	-.26
11	6		1.114*	.362	.002	.40	1.83
	7		.702*	.128	.000	.45	.95
	8		.556*	.110	.000	.34	.77
	9		.376*	.102	.000	.17	.58
	10		.177	.105	.091	-.03	.38
	12		-.419*	.179	.019	-.77	-.07
12	6		1.533*	.386	.000	.78	2.29
	7		1.121*	.185	.000	.76	1.48
	8		.976*	.173	.000	.64	1.31
	9		.795*	.168	.000	.47	1.12
	10		.596*	.169	.000	.26	.93
	11		.419*	.179	.019	.07	.77

\*. The mean difference is significant at the 0.05 level.

DATASET ACTIVATE DataSet39.  
ONEWAY HtzscoreRound Wtzscore BMIzscore baseline RH Abs Rel scaled averageBF ttp peakBF peakSR  
SRAUC vd wt mvpa BY AgeCon  
/STATISTICS DESCRIPTIVES  
/MISSING ANALYSIS  
/POSTHOC=TUKEY ALPHA(0.05).

**Females Oneway**

Notes		
Output Created		07-AUG-2019 04:15:56
Comments		
Input	Data	/Users/joeybacauanu/Desktop/Thesis/Statistics/SPSS/Girls_ALLvariables.sav
	Active Dataset	DataSet39
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	402
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics for each analysis are based on cases with no missing data for any variable in the analysis.

Syntax	ONEWAY HtzscoreRound Wtzscore BMIzscore baseline RH Abs Rel scaled averageBF ttp peakBF peakSR SRAUC vd wt mvpa BY AgeCon /STATISTICS DESCRIPTIVES /MISSING ANALYSIS /POSTHOC=TUKEY ALPHA(0.05).
Resources	Processor Time Elapsed Time
	00:00:00.13 00:00:01.00

[DataSet39] /Users/joeybacauanu/Desktop/Thesis/Statistics/SPSS/Girls\_ALL variables.sav

	N	Descriptives						
		Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
					Lower Bound	Upper Bound		
HtzscoreRound	31	.0461	.95635	.17177	-.3047	.3969	-2.30	2.05
	8	.0521	.97487	.11910	-.1857	.2899	-2.10	2.42
	9	.2853	1.01485	.09904	.0889	.4817	-1.64	3.64
	10	.4480	1.03258	.10125	.2472	.6488	-1.72	3.59
	11	.4619	1.01568	.13822	.1846	.7391	-1.33	3.77

	12	13	.0700	.91615	.25409	-.4836	.6236	-1.33	1.81
	Total	374	.2870	1.01239	.05235	.1840	.3899	-2.30	3.77
Wtzscore	7	31	.1968	1.09756	.19713	-.2058	.5994	-2.27	2.43
	8	67	.0806	.93897	.11471	-.1484	.3096	-1.85	2.57
	9	105	.0665	.97134	.09479	-.1215	.2545	-2.08	2.89
	10	104	.0526	1.01041	.09908	-.1439	.2491	-2.28	2.99
	11	54	.0535	1.05745	.14390	-.2351	.3421	-2.00	3.08
	12	13	-.2300	.87651	.24310	-.7597	.2997	-1.68	1.21
	Total	374	.0638	.99301	.05135	-.0372	.1647	-2.28	3.08
BMIzscore	7	31	.2032	1.06282	.19089	-.1866	.5931	-2.08	2.14
	8	67	.0545	.98321	.12012	-.1853	.2943	-2.54	2.26
	9	105	-.0251	1.00220	.09780	-.2191	.1688	-2.35	2.21
	10	104	-.0751	1.05558	.10351	-.2804	.1302	-2.61	2.20
	11	54	-.1024	.99313	.13515	-.3735	.1687	-1.92	2.24
	12	13	-.3546	.90868	.25202	-.9037	.1945	-1.36	.97
	Total	374	-.0284	1.01349	.05241	-.1315	.0746	-2.61	2.26
baseline	7	27	2.460971952	.2482041428	.0477669095	2.362785663	2.559158240	2.090000000	3.017710500
		07	77	68	26	88			
	8	63	2.512151896	.2109777721	.0265807008	2.459017833	2.565285960	2.036605300	3.100000000
		95	99	29	09	81			
	9	98	2.591824491	.2294098991	.0231738993	2.545830716	2.637818267	1.998371400	3.252333300
		86	13	33	54	17			
	10	104	2.650559660	.2718734933	.0266593893	2.597687049	2.703432272	1.998827600	3.239484848
		97	07	77	90	04			

	11	54	2.738812364	.2581766178	.0351333876	2.668343712	2.809281015	2.071709677	3.429228571
	12	13	31	87	30	77	86		
	Total	359	2.750501058	.1455569775	.0403702419	2.662541857	2.838460260	2.537214286	3.047035714
			85	25	98	65	05		
RH	7	27	2.646674	.2644475	.0508929	2.542062	2.751286	2.1800	3.1860
	8	63	2.689029	.2262878	.0285096	2.632039	2.746018	2.1030	3.2800
	9	97	2.759188	.2217601	.0225163	2.714493	2.803882	2.1514	3.4862
	10	104	2.826479	.2848857	.0279353	2.771076	2.881882	2.0838	3.5154
	11	54	2.919641	.2800668	.0381123	2.843197	2.996084	2.2586	3.7430
	12	13	2.939062	.2358177	.0654041	2.796558	3.081565	2.5820	3.2848
	Total	358	2.788638	.2673724	.0141311	2.760847	2.816429	2.0838	3.7430
Abs	7	27	.1853317553	.0940203752	.0180942296	.1481385336	.2225249770	.052937900	.361264700
	8	63	.1768766792	.0775393651	.0097690417	.1573486430	.1964047154	.0200000000	.461759200
	9	97	.1706270968	.0767643952	.0077942434	.1551556459	.1860985478	-.116093000	.357700000
	10	104	.1759191851	.0882013807	.0086488569	.1587662173	.1930721530	-.0300000000	.620428571
	11	54	.1808283782	.0907590287	.0123507394	.1560559321	.2056008244	.0200000000	.534514286
	12	13	.1885604796	.1159530756	.0321595969	.1184907372	.2586302219	.039212121	.424605556
			2	59	11	7	6		

	Total	358	.1765632137	.0849436182	.0044894097	.1677342004	.1853922269	-.116093000	.620428571
Rel	7	27	7.609685416	3.908906139	.7522693372	6.063373647	9.155997184	2.012189500	14.660189300
		30	105		16	86	73		0
	8	63	7.087581769	3.173707621	.3998495761	6.288293855	7.886869683	.7500000000	17.725602600
		41	156		72	55	28		0
	9	97	6.706746133	3.236811516	.3286484160	6.054384183	7.359108083		-15.798951820
		73	567		61	85	62	4.204603800	0
	10	104	6.706132233	3.578939593	.3509439005	6.010117778	7.402146688	-.9900000000	27.397173860
		45	936		28	71	20		0
scaled	11	54	6.648785455	3.231090292	.4396956960	5.766867574	7.530703337	.8500000000	18.130893650
		80	089		27	33	26		0
	12	13	6.743955221	3.984662691	1.105146588	4.336047656	9.151862787	1.542091715	14.997400000
		92	933		553	12	73		0
Total		358	6.834293624	3.395591907	.1794626087	6.481356857	7.187230390		-27.397173860
		20	698		60	79	60	4.204603800	0
scaled	7	27	7.122238948	4.031559633	.7758740132	5.527407073	8.717070823	1.738889640	14.828920760
		102484	906199		96591	093479	111490	7595000	35510460
	8	63	6.772211822	3.953411613	.4980830457	5.776558001	7.767865644	1.194948657	23.005745650
		892156	726010		23503	373825	410486	1793178	17467360
	9	97	6.884565835	4.140050622	.4203584523	6.050160902	7.718970768	4.146473527	24.241486710
		506134	842870		36256	402984	609283	0645985	57368260

	10		6.410734966	4.597278476	.4508002434	5.516679007	7.304790925		28.17174754
	104	518076	396033		72375	184364	851788	11.20112954 41104120	10395260
	11		6.492480950	2.942520730	.4004263525	5.689327397	7.295634503	1.053901362	15.91573083
	54	888877	151107		79556	782831	994922	2690830	53748300
	12		6.3666734291	3.627191134	1.006001817	4.174844625	8.558623956	1.248353240	13.68049990
	13	070876	542784		038647	438530	703222	5404008	89147330
Total		6.667124681	4.048469163	.2139682439	6.246328056	7.087921307		28.17174754	
	358	940974	457022		20259	704153	177796	11.20112954 41104120	10395260
averageBF	7		64.21464612	38.08872978	7.469814478	48.83027522	79.59901702	11.30000000	146.00000000
	26	8199100	6356760		022918	8797320	7600900	0000000	00000000
	8		72.19820971	38.86602628	4.935990274	62.32808714	82.06833228	8.610000000	164.9500000
	62	7306650	5015586		189722	9733050	4880260	0000000	00000000
	9		71.20876552	34.66207420	3.537683134	64.18557653	78.23195451		193.5800000
	96	5309290	7007980		735643	1992350	8626220	2.330000000 0000000	00000000
	10		80.03101131	39.60676575	3.902570590	72.29028105	87.77174157	17.89404793	191.0100000
	103	5782620	0521994		738409	2847790	8717450	8145650	00000000
	11		80.34981646	37.87151674	5.153660656	70.01288224	90.68675068	13.58875246	185.8800000
	54	6883450	4120140		020204	4845460	8921450	3119432	00000000
	12		96.16396585	48.60924161	14.03227936	65.27912721	127.0488044	49.21000000	209.5913940
	12	4481430	0967760		4597898	0741310	98221560	0000000	65515500
Total		75.68828084	38.39156435	2.043376790	71.66951811	79.70704357		2.330000000 0000000	209.5913940 65515500
	353	2002770	3415460		219019	1170790	2834750		

ttpp	7	27	51.51520442 5204416	19.03698471 9081104	3.663669417 373423	43.98442408 4338370	59.04598476 6070460	23.37662337 6623375	91.43000000 0000000
	8	61	46.25919948 9035545	17.45769147 1404670	2.235228346 829782	41.78807709 5168234	50.73032188 2902860	25.06493506 4935064	124.6753246 75324670
	9	97	46.76933726 0677450	18.11299203 1652027	1.839095699 843369	43.11876114 9100735	50.41991337 2254170	12.59740259 7402597	102.8571428 57142860
	10	104	48.12975001 2487500	20.63255778 3919793	2.023188745 298802	44.11723231 5828055	52.14226770 9146940	8.441558441 558442	124.6753000 00000000
	11	54	39.94887445 8874464	10.92411026 6839016	1.486583113 758587	36.96716633 1746526	42.93058258 6002400	18.57142857 1428570	67.53246753 2467540
	12	13	45.19714285 7142850	11.51233965 5061519	3.192948532 837056	38.24030562 9330320	52.15398008 4955380	25.84415584 4155843	67.40259740 2597410
Total		356	46.34731315 1174650	17.94077543 7288963	.9508591964 59824	44.47728794 8561840	48.21733835 3787470	8.441558441 558442	124.6753246 75324670
peakBF	7	26	123.6038859 55083640	48.64630435 0607400	9.540325197 996951	103.9552184 04006660	143.2525535 06160600	36.77000000 0000000	226.3200000 00000000
	8	62	143.6602604 07153320	46.97998102 9995390	5.966463557 275955	131.7295791 59013700	155.5909416 55292940	33.10000000 0000000	231.8800000 00000000
	9	96	154.4470096 15468460	52.83384994 3152600	5.392332229 479079	143.7418766 45662330	165.1521425 85274600	31.47000000 0000000	316.1245102 14290640
	10	103	170.4159613 71113980	62.56092734 7288214	6.164311338 439228	158.1890790 59017100	182.6428436 83210860	53.74869095 0248990	367.9005541 10329900
	11	54	193.8290558 79873900	137.9040645 98917360	18.76636620 6842047	156.1884920 13838400	231.4696197 45909370	53.98255761 2726936	1053.650000 000000000
	12	12	204.3216097 74380930	60.62341687 4903604	17.50047302 5960250	165.8033283 49658400	242.8398911 99103480	109.8500000 00000000	317.6100000 00000000

	Total	353	162.6601202 80994760	76.39895819 5998590	4.066306247 318321	154.6628091 25708240	170.6574314 36281290	31.47000000 0000000	1053.650000 000000000
peakSR	7	26	1271.196208 163208700	389.1403292 36041570	76.31669739 6172960	1114.019027 656995100	1428.373388 669422200	473.8600000 0000000	1976.685828 21066620
	8	62	1449.884491 064124000	399.9654224 04565000	50.79565944 1064590	1348.312292 430419000	1551.456689 697829000	425.9800000 0000000	2456.512772 31952100
	9	97	1389.898760 796183500	449.9566070 99425300	45.68617154 9493610	1299.212427 016934500	1480.585094 575432500	225.7705603 2464495	2737.604221 16527930
	10	103	1410.328491 918222700	415.6886678 07410400	40.95902149 9175236	1329.086466 979251800	1491.570516 857193500	488.5356285 7322000	2490.650000 00000000
	11	54	1321.241700 743172300	397.0666439 23023600	54.03392619 3932600	1212.863369 668409400	1429.620031 817935100	493.4900000 0000000	2363.373180 07662800
	12	12	1493.361818 011116800	282.8948114 67725050	81.66469777 6619750	1313.619030 101408000	1673.104605 920825600	899.2900000 0000000	1896.060000 00000000
	Total	354	1390.664824 800255700	415.2109566 28910540	22.06821336 1613910	1347.263114 912760600	1434.066534 687750800	225.7705603 2464495	2737.604221 16527930
SRAUC	7	27	54823.111 61668.254	26279.7879 30937.2050	5057.5475 3897.7215	44427.173 53876.820	65219.049 69459.688	21968.0 13485.0	119679.0 222872.0
	8	63	55488.592 56810.602	27826.4712 25429.1319	2810.8981 2505.6068	49909.737 51840.743	61067.446 61780.461	6080.0 8884.0	134095.0 143790.0
	9	98	45582.574 56796.667	18125.6404 19445.7042	2466.5872 5613.4913	40635.227 44441.456	50529.922 69151.878	13126.0 34041.0	87471.0 97733.0
	Total	357	55455.790 26385.8491	1396.4872 52709.388		58202.192 6080.0			222872.0
vd	7	31	5.742 5.881	1.8068 1.5717	.3245 .1920	5.079 5.497	6.405 6.264	.0 .0	7.0 7.0
	8	67							

	9	105	5.857	1.5407	.1504	5.559	6.155	.0	7.0
	10	104	5.942	1.6536	.1622	5.621	6.264	.0	7.0
	11	54	5.500	1.9787	.2693	4.960	6.040	.0	7.0
	12	13	5.538	1.8081	.5015	4.446	6.631	1.0	7.0
	Total	374	5.813	1.6737	.0865	5.643	5.983	.0	7.0
wt	7	29	748.6544786	40.25549786	7.475258288	733.3421061	763.9668511	659.0833333	820.8375000
			5353040	1819380	936138	8771090	1934990	33333	00000
	8	64	751.3065141	40.12246749	5.015308436	741.2842199	761.3288083	657.3200000	859.8714285
			3690460	0694994	336874	5532820	1848100	00000	71429
	9	101	767.4860950	42.35729761	4.214708639	759.1242331	775.8479569	671.8166666	869.9200000
			0235770	0915470	965362	0179300	0292240	66667	00000
	10	98	768.1703401	50.12596251	5.063486857	758.1207203	778.2199599	634.7833333	902.7200000
			3605480	2170500	979776	6694750	0516220	33333	00000
	11	49	768.5858090	55.16500626	7.880715180	752.7405691	784.4310488	651.4625000	958.0600000
			3790080	6004220	857746	8033390	9546780	00000	00000
	12	12	764.0869246	69.98782426	20.20374459	719.6187825	808.5550666	679.6250000	877.5200000
			0317450	7337570	0371787	8148440	2486450	00000	00000
	Total	353	763.2326726	47.39759069	2.522719205	758.2711746	768.1941707	634.7833333	958.0600000
			6963460	4947255	885653	3682160	0244750	33333	00000
mvpa	7	29	63.41341543	16.37529166	3.040815323	57.18458760	69.64224326	34.36000000	105.6928571
			5139584	6885126	830093	8926170	1353000	00000	428570
	8	64	66.49422805	18.52939753	2.316174692	61.86572226	71.12273384	26.95714285	135.8500000
			0595230	6006485	000811	0010386	1180060	71429	000000
	9	101	61.21839933	15.97567146	1.589638725	58.06460138	64.37219729	26.37142857	105.9000000
			9933990	9245840	047627	4698065	5169910	14286	000000

10	98	59.01353134	18.70991901	1.889987230	55.26242986	62.76463281	25.25000000	119.3285714
		1107870	3789932	014569	4428440	7787300	00000	285710
11	49	53.36298185	22.61538830	3.230769758	46.86708388	59.85887982	18.433333333	124.8571428
		9410420	8526080	360868	9369870	9450960	33333	571430
12	12	56.19559523	22.36151057	6.455212075	41.98776925	70.40342122	26.883333333	85.86000000
		8095244	7627293	739891	4147395	2043100	33333	00000
Total	353	60.48197535	18.78402021	.9997725174	58.51569652	62.44825419	18.433333333	135.8500000
		8604260	9188857	61394	4609446	2599070	33333	000000

## ANOVA

		Sum of Squares	df	Mean Square	F	Sig.
HtzscoreRound	Between Groups	10.454	5	2.091	2.069	.069
	Within Groups	371.842	368	1.010		
	Total	382.297	373			
Wtzscore	Between Groups	1.709	5	.342	.344	.886
	Within Groups	366.092	368	.995		
	Total	367.801	373			
BMIZscore	Between Groups	4.030	5	.806	.782	.563
	Within Groups	379.098	368	1.030		
	Total	383.128	373			
baseline	Between Groups	2.556	5	.511	8.648	.000
	Within Groups	20.867	353	.059		
	Total	23.423	358			

RH	Between Groups	2.623	5	.525	8.065	.000
	Within Groups	22.898	352	.065		
	Total	25.521	357			
Abs	Between Groups	.008	5	.002	.230	.949
	Within Groups	2.568	352	.007		
	Total	2.576	357			
Rel	Between Groups	25.526	5	5.105	.439	.821
	Within Groups	4090.700	352	11.621		
	Total	4116.226	357			
scaled	Between Groups	20.531	5	4.106	.248	.941
	Within Groups	5830.736	352	16.565		
	Total	5851.267	357			
averageBF	Between Groups	14251.258	5	2850.252	1.960	.084
	Within Groups	504565.841	347	1454.080		
	Total	518817.099	352			
tp	Between Groups	3297.216	5	659.443	2.080	.067
	Within Groups	110967.139	350	317.049		
	Total	114264.355	355			
peakBF	Between Groups	148002.554	5	29600.511	5.387	.000
	Within Groups	1906551.333	347	5494.384		
	Total	2054553.886	352			
peakSR	Between Groups	1015223.321	5	203044.664	1.181	.318
	Within Groups	59842025.571	348	171959.844		
	Total	60857248.892	353			
SRAUC	Between Groups	7916954408.417	5	1583390881.683	2.316	.043

	Within Groups	239934885812.827	351	683575173.256		
	Total	247851840221.244	356			
vd	Between Groups	8.676	5	1.735	.616	.688
	Within Groups	1036.222	368	2.816		
	Total	1044.898	373			
wt	Between Groups	20895.568	5	4179.114	1.884	.097
	Within Groups	769883.557	347	2218.685		
	Total	790779.124	352			
mvpa	Between Groups	5532.521	5	1106.504	3.236	.007
	Within Groups	118666.953	347	341.980		
	Total	124199.474	352			

### Post Hoc Tests

#### Multiple Comparisons

Tukey HSD

Dependent Variable	(I) AgeCon	(J) AgeCon		Std. Error	Sig.	95% Confidence Interval
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		Mean Difference (I-J)			Lower Bound	Upper Bound
HtzscoreRound	7	.00596	.21835	1.000	-.6315	.6196
	9	-.23920	.20547	.854	-.8278	.3494
	10	-.40185	.20570	.371	-.9911	.1874
	11	-.41572	.22651	.444	-1.0646	.2332
	12	-.02387	.33215	1.000	-.9754	.9277
	8	.00596	.21835	1.000	-.6196	.6315
	9	-.23324	.15718	.675	-.6835	.2170
	10	-.39589	.15747	.123	-.8470	.0552
	11	-.40976	.18383	.227	-.9364	.1169
	12	-.01791	.30464	1.000	-.8907	.8548
9	7	.23920	.20547	.854	-.3494	.8278
	8	.23324	.15718	.675	-.2170	.6835
	10	-.16265	.13906	.851	-.5610	.2357
	11	-.17652	.16833	.901	-.6588	.3057
	12	.21533	.29555	.978	-.6314	1.0620
10	7	.40185	.20570	.371	-.1874	.9911
	8	.39589	.15747	.123	-.0552	.8470
	9	.16265	.13906	.851	-.2357	.5610
	11	-.01387	.16860	1.000	-.4969	.4691
	12	.37798	.29571	.797	-.4692	1.2251
11	7	.41572	.22651	.444	-.2332	1.0646
	8	.40976	.18383	.227	-.1169	.9364

	9		.17652	.16833	.901	-.3057	.6588
	10		.01387	.16860	1.000	-.4691	.4969
	12		.39185	.31054	.806	-.4978	1.2815
	12	7	.02387	.33215	1.000	-.9277	.9754
		8	.01791	.30464	1.000	-.8548	.8907
		9	-.21533	.29555	.978	-1.0620	.6314
		10	-.37798	.29571	.797	-1.2251	.4692
		11	-.39185	.31054	.806	-1.2815	.4978
Wtzscore	7	8	.11618	.21665	.995	-.5045	.7368
		9	.13030	.20388	.988	-.4538	.7144
		10	.14418	.20410	.981	-.4405	.7289
		11	.14326	.22475	.988	-.5006	.7871
		12	.42677	.32957	.788	-.5174	1.3709
	8	7	-.11618	.21665	.995	-.7368	.5045
		9	.01412	.15596	1.000	-.4327	.4609
		10	.02800	.15625	1.000	-.4196	.4756
		11	.02708	.18240	1.000	-.4955	.5496
		12	.31060	.30228	.909	-.5554	1.1766
	9	7	-.13030	.20388	.988	-.7144	.4538
		8	-.01412	.15596	1.000	-.4609	.4327
		10	.01388	.13799	1.000	-.3814	.4092
		11	.01296	.16702	1.000	-.4655	.4914
		12	.29648	.29326	.914	-.5436	1.1366
	10	7	-.14418	.20410	.981	-.7289	.4405

		8	-.02800	.15625	1.000	-.4756	.4196	
		9	-.01388	.13799	1.000	-.4092	.3814	
		11	-.00092	.16730	1.000	-.4802	.4783	
		12	.28260	.29341	.929	-.5580	1.1232	
		11	.7	-.14326	.22475	.988	-.7871	.5006
			8	-.02708	.18240	1.000	-.5496	.4955
			9	-.01296	.16702	1.000	-.4914	.4655
			10	.00092	.16730	1.000	-.4783	.4802
			12	.28352	.30813	.941	-.5992	1.1663
		12	.7	-.42677	.32957	.788	-1.3709	.5174
			8	-.31060	.30228	.909	-1.1766	.5554
			9	-.29648	.29326	.914	-1.1366	.5436
			10	-.28260	.29341	.929	-1.1232	.5580
			11	-.28352	.30813	.941	-1.1663	.5992
BMIzscore	7	8		.14875	.22047	.985	-.4828	.7803
		9		.22837	.20747	.881	-.3660	.8227
		10		.27832	.20769	.762	-.3167	.8733
		11		.30563	.22871	.765	-.3496	.9608
		12		.55784	.33537	.557	-.4029	1.5186
		8	.7	-.14875	.22047	.985	-.7803	.4828
			9	.07962	.15870	.996	-.3750	.5343
			10	.12957	.15900	.965	-.3259	.5851
			11	.15689	.18561	.959	-.3749	.6886
			12	.40909	.30760	.768	-.4721	1.2903
	9	7		-.22837	.20747	.881	-.8227	.3660

		8	- .07962	.15870	.996	- .5343	.3750
		10	.04995	.14041	.999	- .3523	.4522
		11	.07726	.16996	.998	- .4097	.5642
		12	.32947	.29842	.880	- .5254	1.1844
	10	7	- .27832	.20769	.762	- .8733	.3167
		8	- .12957	.15900	.965	- .5851	.3259
		9	- .04995	.14041	.999	- .4522	.3523
		11	.02731	.17024	1.000	- .4604	.5150
		12	.27952	.29858	.937	- .5758	1.1349
	11	7	- .30563	.22871	.765	- .9608	.3496
		8	- .15689	.18561	.959	- .6886	.3749
		9	- .07726	.16996	.998	- .5642	.4097
		10	- .02731	.17024	1.000	- .5150	.4604
		12	.25221	.31356	.967	- .6461	1.1505
	12	7	- .55784	.33537	.557	- 1.5186	.4029
		8	- .40909	.30760	.768	- 1.2903	.4721
		9	- .32947	.29842	.880	- 1.1844	.5254
		10	- .27952	.29858	.937	- 1.1349	.5758
		11	- .25221	.31356	.967	- 1.1505	.6461
baseline	7	8	- .051179944878	.055925329963	.943	- .21143086236	.10907097261
		9	- .130852539783	.052844469668	.134	- .28227542372	.02057034416
		10	.189587708897	.052514175754	.005	- .34006415403	- .03911126377
		11	.277840412241	.057306410270	.000	- .44204873841	- .11363208607

		12	.289529106772	.082075945545	.006	-.52471315639	-.05434505715
8	7		.051179944878	.055925329963	.943	-.10907097261	.21143086236
	9		-.079672594905	.039261698409	.328	-.19217480448	.03282961467
	10		.138407764019	.038815997251	.005	-.24963284175	-.02718268628
	11		.226660467362	.045088442482	.000	-.35585888748	-.09746204725
	12		.238349161894	.074063512099	.018	-.45057402984	-.02612429395
9	7		.130852539783	.052844469668	.134	-.02057034416	.28227542372
	8		.079672594905	.039261698409	.328	-.03282961467	.19217480448
	10		-.058735169114	.034228308250	.522	-.15681447959	.03934414136
	11		.146987872458	.041205134250	.005	-.26505888917	-.02891685575
	12		-.158676566989	.071765585537	.235	-.36431685438	.04696372041
10	7		.189587708897	.052514175754	.005	.03911126377	.34006415403
	8		.138407764019	.038815997251	.005	.02718268628	.24963284175
	9		.058735169114	.034228308250	.522	-.03934414136	.15681447959
	11		-.088252703344	.040780678871	.257	-.20510746681	.02860206012
	12		-.099941397875	.071522723299	.729	-.30488577706	.10500298131
11	7		.277840412241	.057306410270	.000	.11363208607	.44204873841
	8		.226660467362	.045088442482	.000	.09746204725	.35585888748
	9		.146987872458	.041205134250	.005	.02891685575	.26505888917
	10		.088252703344	.040780678871	.257	-.02860206012	.20510746681

		12	-.011688694531	.075111822978	1.000	-.22691743890	.20354004983
RH	12	7	.289529106772	.082075945545	.006	.05434505715	.52471315639
		8	.238349161894	.074063512099	.018	.02612429395	.45057402984
		9	.158676566989	.071765585537	.235	-.04696372041	.36431685438
		10	.099941397875	.071522723299	.729	-.10500298131	.30488577706
		11	.011688694531	.075111822978	1.000	-.20354004983	.22691743890
	7	8	-.0423545	.0586674	.979	-.210465	.125756
		9	-.1125136	.0554972	.329	-.271540	.046513
		10	-.1798048	.0550890	.015	-.337662	-.021948
		11	-.2729667	.0601162	.000	-.445229	-.100704
		12	-.2923875	.0861002	.010	-.539107	-.045668
	8	7	.0423545	.0586674	.979	-.125756	.210465
		9	-.0701591	.0412697	.533	-.188417	.048099
		10	-.1374503	.0407192	.011	-.254131	-.020770
		11	-.2306122	.0472992	.000	-.366147	-.095077
		12	-.2500330	.0776949	.018	-.472667	-.027399
	9	7	.1125136	.0554972	.329	-.046513	.271540
		8	.0701591	.0412697	.533	-.048099	.188417
		10	-.0672912	.0360017	.423	-.170454	.035871
		11	-.1604531	.0433045	.003	-.284542	-.036364
		12	-.1798739	.0753298	.163	-.395731	.035983
	10	7	.1798048	.0550890	.015	.021948	.337662
		8	.1374503	.0407192	.011	.020770	.254131
		9	.0672912	.0360017	.423	-.035871	.170454
		11	-.0931619	.0427802	.251	-.215748	.029424

		12	- .1125827	.0750296	.664	- .327579	.102414
11	7		.2729667	.0601162	.000	.100704	.445229
	8		.2306122	.0472992	.000	.095077	.366147
	9		.1604531	.0433045	.003	.036364	.284542
	10		.0931619	.0427802	.251	-.029424	.215748
	12		-.0194208	.0787946	1.000	-.245206	.206364
12	7		.2923875	.0861002	.010	.045668	.539107
	8		.2500330	.0776949	.018	.027399	.472667
	9		.1798739	.0753298	.163	-.035983	.395731
	10		.1125827	.0750296	.664	-.102414	.327579
	11		.0194208	.0787946	1.000	-.206364	.245206
Abs	7	8	.008455076095	.019645072126	.998	-.04783766495	.06474781714
		9	.014704658447	.018583504754	.969	-.03854617281	.06795548970
		10	.009412570151	.018446824918	.996	-.04344660652	.06227174682
		11	.004503377056	.020130208687	1.000	-.05317951754	.06218627165
		12	-.003228724282	.028831083716	1.000	-.08584388188	.07938643331
	8	7	-.008455076095	.019645072126	.998	-.06474781714	.04783766495
		9	.006249582351	.013819374277	.998	-.03334968471	.04584884941
		10	.000957494055	.013635021307	1.000	-.03811351157	.04002849968
		11	-.003951699040	.015838363496	1.000	-.04933635781	.04143295973
		12	-.011683800377	.026016530221	.998	-.08623388547	.06286628471
9	7		-.014704658447	.018583504754	.969	-.06795548970	.03854617281
	8		-.006249582351	.013819374277	.998	-.04584884941	.03334968471
	10		-.005292088296	.012055355496	.998	-.03983657868	.02925240209
	11		-.010201281391	.014500743027	.981	-.05175300321	.03135044043

		12	-.017933382729	.025224544294	.981	-.09021404074	.05434727528
10	7	-.009412570151	.018446824918	.996	-.06227174682	.04344660652	
	8	-.000957494055	.013635021307	1.000	-.04002849968	.03811351157	
	9	.005292088296	.012055355496	.998	-.02925240209	.03983657868	
	11	-.004909193095	.014325161394	.999	-.04595778765	.03613940146	
	12	-.012641294433	.025124019094	.996	-.08463389857	.05935130971	
11	7	-.004503377056	.020130208687	1.000	-.06218627165	.05317951754	
	8	.003951699040	.015838363496	1.000	-.04143295973	.04933635781	
	9	.010201281391	.014500743027	.981	-.03135044043	.05175300321	
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		9	.902939282564	.741772254039	.828	-1.22260106377	3.02847962890
		10	.903553182844	.736316592634	.823	-1.20635402492	3.01346039061
		11	.960899960500	.803509912135	.839	-1.34154897531	3.26334889631
		12	.865730194373	1.15081079903 6	.975	-2.43190566492	4.16336605367
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	10	.381449535961	.544250431903	.982	-1.17809417199	1.94099324391	

	11	.438796313616	.632198218075	.983	-1.37276082145	2.25035344868
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9	7	-.902939282564	.741772254039	.828	-3.02847962890	1.22260106377
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	10	.000613900280	.481197079776	1.000	-1.37825111123	1.37947891179
	11	.057960677936	.578806257651	1.000	-1.60060237380	1.71652372967
	12	-.037209088191	1.006853514755	1.000	-2.92233691120	2.84791873481
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11	7	-.960899960500	.803509912135	.839	-3.26334889631	1.34154897531
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	9	-.057960677936	.578806257651	1.000	-1.71652372967	1.60060237380
	10	-.057346777656	.571797806591	1.000	-1.69582718891	1.58113363360
	12	-.095169766127	1.053164802968	1.000	-3.11300208307	2.92266255081
12	7	-.865730194373	1.150810799036	.975	-4.16336605367	2.43190566492
	8	-.343626547490	1.038466130028	.999	-3.31933997659	2.63208688161

	9		.037209088191	1.00685351475 5	1.000	-2.84791873481	2.92233691120
	10		.037822988471	1.00284098834 3	1.000	-2.83580698363	2.91145296057
	11		.095169766127	1.05316480296 8	1.000	-2.92266255081	3.11300208307
scaled	7	8	.350027125210 328	.936180175667 902	.999	2.33258701138 6678	3.03264126180 7334
	9		.237673112596 350	.885591492534 611	1.000	2.29997970132 7516	2.77532592652 0216
	10		.711503981584 408	.879078054885 517	.966	1.80748464742 1380	3.23049261059 0196
	11		.629757997213 607	.959299216813 640	.986	2.11910350096 4066	3.37861949539 1281
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	8	7	.350027125210 328	.936180175667 902	.999	3.03264126180 7334	2.33258701138 6678

	9		.112354012613 978	.658558245809 926	1.000	1.99944552117 0910	1.77473749594 2954
	10		.361476856374 080	.649772958852 452	.994	1.50044050771 9295	2.22339422046 7455
	11		.279730872003 279	.754772587508 204	.999	1.88306178884 4164	2.44252353285 0723
	12		.405477531821 280	1.23981015066 3576	1.000	3.14718500399 2131	3.95814006763 4690
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	8		.112354012613 978	.658558245809 926	1.000	1.77473749594 2954	1.99944552117 0910
	10		.473830868988 058	.574494445919 165	.963	1.17237673300 4485	2.12003847098 0601
	11		.392084884617 257	.691028674651 007	.993	1.58805028550 6536	2.37222005474 1050

		12	.517831544435 258	1.20206829257 9310	.998	2.92668210650 5582	3.96234519537 6098
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	11		.081745984370 801	.682661383206 601	1.000	2.03790477163 8829	1.87441280289 7228
	12		.044000675447 200	1.19727779356 1778	1.000	3.38678585253 1849	3.47478720342 6249
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	8		.279730872003 279	.754772587508 204	.999	2.44252353285 0723	1.88306178884 4164

	9	.392084884617 257	.691028674651 007	.993	2.37222005474 1050	1.58805028550 6536
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	12	.125746659818 001	1.25735869017 3221	1.000	3.47720102557 3181	3.72869434520 9183
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	9	.517831544435 258	1.20206829257 9310	.998	3.96234519537 6098	2.92668210650 5582
	10	.044000675447 200	1.19727779356 1778	1.000	3.47478720342 6249	3.38678585253 1849
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averageBF	7	8	7.98356358910 7547	8.90949323947 9128	.947	33.5156528505 37300	17.5485256723 22207
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	11		16.1351703386 84347	9.10239388965 1156	.485	42.2200583380 89004	9.94971766072 0314
	12		31.9493197262 82326	13.3078741931 81332	.159	70.0859255519 18210	6.18728609935 3557
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	11	.318805151100 833	6.40661342161 4662	1.000	18.6783483201 01815	18.0407380179 00150
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	12		15.8141493875 97979	12.1696657496 71030	.785	50.6889715408 42076	19.0606727656 46117
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	11		15.8141493875 97979	12.1696657496 71030	.785	19.0606727656 46117	50.6889715408 42076
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	12	5.24826839826 8387	5.50087805279 3759	.932	21.0114725556 67410	10.5149357591 30639
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	10		2.93260715534 4648	5.23802729417 9662	.993	17.9425915301 56980	12.0773772194 67685
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peakBF	7	8	20.0563744520 69676	17.3188213124 71700	.856	69.6872209847 76730	29.5744720806 37370
	9		30.8431236603 84820	16.3876673187 43920	.415	77.8055460476 36820	16.1192987268 67193
	10		46.8120754160 30340	16.2685588572 17254	.048	93.4331666198 18980	.190984212241 702
	11		70.2251699247 90250	17.6937934687 53878	.001	120.930580667 538380	19.5197591820 42115

	12		80.7177238192 97290	25.8686649179 20210	.024	154.850005421 092280	6.58544221750 2305
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9	7		30.8431236603 84820	16.3876673187 43920	.415	16.1192987268 67193	77.8055460476 36820
	8		10.7867492083 15143	12.0769313125 48446	.948	23.8223222605 09480	45.3958206771 39770

		10	15.9689517556 45520	10.5155458995 44690	.653	46.1035339729 76320	14.1656304616 85279
		11	39.3820462644 05430	12.6087678061 58001	.024	75.5152107946 79970	3.24888173413 0897
		12	49.8746001589 12470	22.6957820510 84400	.242	114.914296313 406620	15.1650959955 81680
10	7	46.8120754160 30340	16.2685588572 17254	.048	.190984212241 702	93.4331666198 18980	
	8	26.7557009639 60663	11.9148074709 13143	.220	7.38876940076 3401	60.9001713286 84730	
	9	15.9689517556 45520	10.5155458995 44690	.653	14.1656304616 85279	46.1035339729 76320	
	11	23.4130945087 59910	12.4535694774 83994	.416	59.1015044975 11144	12.2753154799 91320	
	12	33.9056484032 66950	22.6099290147 32430	.665	98.6993140228 49170	30.8880172163 15262	
11	7	70.2251699247 90250	17.6937934687 53878	.001	19.5197591820 42115	120.930580667 538380	

	8	50.1687954727 20575	13.7973532640 54050	.004	10.6294809864 23019	89.7081099590 18130
	9	39.3820462644 05430	12.6087678061 58001	.024	3.24888173413 0897	75.5152107946 79970
	10	23.4130945087 59910	12.4535694774 83994	.416	12.2753154799 91320	59.1015044975 11144
	12	10.4925538945 07040	23.6561452919 83112	.998	78.2843796405 44090	57.2992718515 30010
12	7	80.7177238192 97290	25.8686649179 20210	.024	6.58544221750 2305	154.850005421 092280
	8	60.6613493672 27615	23.3770069601 26900	.101	6.33054482112 4548	127.653243555 579780
	9	49.8746001589 12470	22.6957820510 84400	.242	15.1650959955 81680	114.914296313 406620
	10	33.9056484032 66950	22.6099290147 32430	.665	30.8880172163 15262	98.6993140228 49170
	11	10.4925538945 07040	23.6561452919 83112	.998	57.2992718515 30010	78.2843796405 44090

peakSR	7	8	178.688282900 915280  118.702552632 974860  139.132283755 014000  50.0454925799 63590  222.165609847 908170	96.8885235858 51020  91.5785020130 20200  91.0129286575 76340  98.9862701906 86100  144.719822776 246700	.439  .787  .646  .996  .642	456.338932163 660840  381.136426133 942100  399.945409993 736600  333.707593821 385400  636.885034480 385800	98.9623663618 30280  143.731320867 992400  121.680842483 708600  233.616608661 458200  192.553814784 569450
8	7	9	178.688282900 915280  59.9857302679 40426  39.5559991459 01296	96.8885235858 51020  67.4264618465 11060  66.6562743409 75200	.439  .949  .991	98.9623663618 30280  133.236337901 828160  151.458964889 634070	456.338932163 660840  253.207798437 709020  230.570963181 436670

11		128.642790320 951700	77.1880004434 22420	.555	92.5526376331 08080	349.838218275 011460	
12		43.4773269469 92890	130.780475723 934130	.999	418.251166528 378750	331.296512634 392970	
9	7	118.702552632 974860	91.5785020130 20200	.787	143.731320867 992400	381.136426133 942100	
8		59.9857302679 40426	67.4264618465 11060	.949	253.207798437 709020	133.236337901 828160	
10		20.4297311220 39130	58.6710741108 60474	.999	188.561737028 690900	147.702274784 612650	
11		68.6570600530 11260	70.4075524411 72910	.926	133.107833505 003840	270.421953611 026370	
12		103.463057214 933310	126.896685767 916170	.965	467.107231868 222400	260.181117438 355800	
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	8		39.5559991459 01296	66.6562743409 75200	.991	230.570963181 436670	151.458964889 634070
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	11		89.0867911750 50400	69.6703279211 23290	.797	110.565459326 093050	288.739041676 193840
	12		83.0333260928 94190	126.489130010 296120	.986	445.509579959 221240	279.442927773 432870
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	8		128.642790320 951700	77.1880004434 22420	.555	349.838218275 011460	92.5526376331 08080
	9		68.6570600530 11260	70.4075524411 72910	.926	270.421953611 026370	133.107833505 003840
	10		89.0867911750 50400	69.6703279211 23290	.797	288.739041676 193840	110.565459326 093050

		12		172.120117267 944580	132.342088974 732550	.785	551.369026929 196900	207.128792393 307830
12	7		222.165609847 908170	144.719822776 246700	.642	192.553814784 569450	636.885034480 385800	
	8		43.4773269469 92890	130.780475723 934130	.999	331.296512634 392970	418.251166528 378750	
	9		103.463057214 933310	126.896685767 916170	.965	260.181117438 355800	467.107231868 222400	
	10		83.0333260928 94190	126.489130010 296120	.986	279.442927773 432870	445.509579959 221240	
	11		172.120117267 944580	132.342088974 732550	.785	207.128792393 307830	551.369026929 196900	
SRAUC	7	8	-6845.1429	6013.9836	.865	-24078.419	10388.133	
		9	-665.4807	5682.6803	1.000	-16949.396	15618.435	
		10	-1987.4908	5652.8091	.999	-18185.809	14210.827	
		11	9240.5370	6162.4994	.665	-8418.316	26899.390	
		12	-1973.5556	9070.9535	1.000	-27966.684	24019.572	
	8	7	6845.1429	6013.9836	.865	-10388.133	24078.419	
		9	6179.6621	4222.0441	.688	-5918.750	18278.074	
		10	4857.6520	4181.7522	.855	-7125.302	16840.606	

	11	16085.6799	4848.6286	.013	2191.769	29979.591	
	12	4871.5873	8234.9862	.992	-18726.048	28469.222	
9	7	665.4807	5682.6803	1.000	-15618.435	16949.396	
	8	-6179.6621	4222.0441	.688	-18278.074	5918.750	
	10	-1322.0101	3689.4321	.999	-11894.204	9250.184	
	11	9906.0178	4431.0333	.224	-2791.260	22603.296	
	12	-1308.0748	7996.2400	1.000	-24221.575	21605.425	
10	7	1987.4908	5652.8091	.999	-14210.827	18185.809	
	8	-4857.6520	4181.7522	.855	-16840.606	7125.302	
	9	1322.0101	3689.4321	.999	-9250.184	11894.204	
	11	11228.0279	4392.6588	.111	-1359.287	23815.342	
	12	13.9353	7975.0392	1.000	-22838.813	22866.683	
11	7	-9240.5370	6162.4994	.665	-26899.390	8418.316	
	8	-16085.6799	4848.6286	.013	-29979.591	-2191.769	
	9	-9906.0178	4431.0333	.224	-22603.296	2791.260	
	10	-11228.0279	4392.6588	.111	-23815.342	1359.287	
	12	-11214.0926	8344.0636	.760	-35124.293	12696.108	
12	7	1973.5556	9070.9535	1.000	-24019.572	27966.684	
	8	-4871.5873	8234.9862	.992	-28469.222	18726.048	
	9	1308.0748	7996.2400	1.000	-21605.425	24221.575	
	10	-13.9353	7975.0392	1.000	-22866.683	22838.813	
	11	11214.0926	8344.0636	.760	-12696.108	35124.293	
vd	7	8	-.1387	.3645	.999	-1.183	.906
		9	-.1152	.3430	.999	-1.098	.867
		10	-.2004	.3434	.992	-1.184	.783

	11	.2419	.3781	.988	-.841	1.325
	12	.2035	.5545	.999	-1.385	1.792
8	7	.1387	.3645	.999	-.906	1.183
	9	.0235	.2624	1.000	-.728	.775
	10	-.0617	.2629	1.000	-.815	.691
	11	.3806	.3069	.817	-.499	1.260
	12	.3421	.5086	.985	-1.115	1.799
9	7	.1152	.3430	.999	-.867	1.098
	8	-.0235	.2624	1.000	-.775	.728
	10	-.0852	.2321	.999	-.750	.580
	11	.3571	.2810	.801	-.448	1.162
	12	.3187	.4934	.987	-1.095	1.732
10	7	.2004	.3434	.992	-.783	1.184
	8	.0617	.2629	1.000	-.691	.815
	9	.0852	.2321	.999	-.580	.750
	11	.4423	.2815	.618	-.364	1.249
	12	.4038	.4936	.964	-1.010	1.818
11	7	-.2419	.3781	.988	-1.325	.841
	8	-.3806	.3069	.817	-1.260	.499
	9	-.3571	.2810	.801	-1.162	.448
	10	-.4423	.2815	.618	-1.249	.364
	12	-.0385	.5184	1.000	-1.524	1.447
12	7	-.2035	.5545	.999	-1.792	1.385
	8	-.3421	.5086	.985	-1.799	1.115
	9	-.3187	.4934	.987	-1.732	1.095

	10		.4038	.4936	.964	-1.818	1.010
	11		.0385	.5184	1.000	-1.447	1.524
wt	7	8					
			2.65203548337	10.5438755894			27.5637316175
				4220	57677	1.000	5938
		9					
			18.8316163488	9.92338348660			9.60599577401
				27310	6298	.405	913
		10					
			19.5158614825	9.95720866210			9.01868403225
				24430	3046	.368	049
		11					
			19.9313303843	11.0356532714			11.6937325468
				70426	24843	.463	9468
		12					
			15.4324459496	16.1677688311			30.8998095287
				44034	30793	.932	5245
	8	7					
			2.65203548337	10.5438755894			32.8678025843
				4220	57677	1.000	0782
		9					
			16.1795808654	7.52556450771			5.38655983290
				53090	5813	.264	172
		10					
			16.8638259991	7.57011133856			4.82997332477
				50208	0439	.228	030

	11		17.2792949009 96206	8.94126526083 7039	.384	42.9024337949 3836	8.34384399294 595
	12		12.7804104662 69814	14.8174670681 06671	.955	55.2430827689 7791	29.6822618364 3829
9	7		18.8316163488 27310	9.92338348660 6298	.405	9.60599577401 913	47.2692284716 7375
	8		16.1795808654 53090	7.52556450771 5813	.264	5.38655983290 172	37.7457215638 0790
	10		.684245133697 118	6.67883321056 0840	1.000	19.8238932720 0248	18.4554030046 0824
	11		1.09971403554 3116	8.20039339549 8798	1.000	24.5997235787 2954	22.4002955076 4331
	12		3.39917039918 3277	14.3825435056 08274	1.000	37.8171339091 6993	44.6154747075 3648
10	7		19.5158614825 24430	9.95720866210 3046	.368	9.01868403225 049	48.0504069972 9935

	8	16.8638259991 50208	7.57011133856 0439	.228	4.82997332477 030	38.5576253230 7072
	9	.684245133697 118	6.67883321056 0840	1.000	18.4554030046 0824	19.8238932720 0248
	11	.415468901845 998	8.24129336690 2415	1.000	24.0326862022 6375	23.2017483985 7175
	12	4.08341553288 0395	14.4059023392 88719	1.000	37.1998285901 7846	45.3666596559 3925
11	7	19.9313303843 70426	11.0356532714 24843	.463	11.6937325468 9468	51.5563933156 3553
	8	17.2792949009 96206	8.94126526083 7039	.384	8.34384399294 595	42.9024337949 3836
	9	1.09971403554 3116	8.20039339549 8798	1.000	22.4002955076 4331	24.5997235787 2954
	10	.415468901845 998	8.24129336690 2415	1.000	23.2017483985 7175	24.0326862022 6375

	12		4.49888443472 6392	15.1713434143 31310	1.000	38.9778974493 5273	47.9756663188 0552
12	7		15.4324459496 44034	16.1677688311 30793	.932	30.8998095287 5245	61.7647014280 4052
	8		12.7804104662 69814	14.8174670681 06671	.955	29.6822618364 3829	55.2430827689 7791
	9		3.39917039918 3277	14.3825435056 08274	1.000	44.6154747075 3648	37.8171339091 6993
	10		4.08341553288 0395	14.4059023392 88719	1.000	45.3666596559 3925	37.1998285901 7846
	11		4.49888443472 6392	15.1713434143 31310	1.000	47.9756663188 0552	38.9778974493 5273
mvpa	7	8		4.13954537082 2535	.976	14.9435795617 55978	8.78195433084 4695
	9		3.08081261545 5642	3.89593900519 3701	.993	8.96964386512 9790	13.3596760555 40980

10		4.39988409403 1712	3.90921883265 9119	.871	6.80283209813 5243	15.6026002861 98667	
11		10.0504335757 29166	4.33261821292 7810	.189	2.36562556195 4886	22.4664927134 13217	
12		7.21782019704 4340	6.34749642611 0500	.866	10.9723103728 88543	25.4079507669 77223	
8	7	3.08081261545 5642	4.13954537082 2535	.976	8.78195433084 4695	14.9435795617 55978	
9		5.27582871066 1237	2.95455076802 0176	.476	3.19107865532 1247	13.7427360766 43721	
10		7.48069670948 7354	2.97203993752 3662	.122	1.03632967279 2556	15.9977230917 67265	
11		13.1312461911 84808	3.51035754412 7478	.003	3.07155370956 8882	23.1909386728 00733	
12		10.2986328124 99982	5.81736541641 5277	.486	6.37229213080 8326	26.9695577558 08290	

	9	7	2.19501609520 5595	3.89593900519 3701	.993	13.3596760555 40980	8.96964386512 9790
	8		5.27582871066 1237	2.95455076802 0176	.476	13.7427360766 43721	3.19107865532 1247
	10		2.20486799882 6117	2.62212246955 1538	.960	5.30939382813 5486	9.71912982578 7721
	11		7.85541748052 3570	3.21948985752 4652	.146	1.37073042813 0415	17.0815653891 7755
	12		5.02280410183 8744	5.64661360845 5593	.949	11.1587944246 69672	21.2044026283 47160
10	7		4.39988409403 1712	3.90921883265 9119	.871	15.6026002861 98667	6.80283209813 5243
	8		7.48069670948 7354	2.97203993752 3662	.122	15.9977230917 67265	1.03632967279 2556
	9		2.20486799882 6117	2.62212246955 1538	.960	9.71912982578 7721	5.30939382813 5486

	11	5.65054948169 7453	3.23554726315 8297	.502	3.62161441270 6263	14.9227133761 01170
	12	2.81793610301 2627	5.65578433045 5232	.996	13.3899431205 44753	19.0258153265 70008
11	7	10.0504335757 29166	4.33261821292 7810	.189	22.4664927134 13217	2.36562556195 4886
	8	13.1312461911 84808	3.51035754412 7478	.003	23.1909386728 00733	3.07155370956 8882
	9	7.85541748052 3570	3.21948985752 4652	.146	17.0815653891 77555	1.37073042813 0415
	10	5.65054948169 7453	3.23554726315 8297	.502	14.9227133761 01170	3.62161441270 6263
	12	2.83261337868 4826	5.95629793495 9263	.997	19.9016796493 87830	14.2364528920 18178
12	7	7.21782019704 4340	6.34749642611 0500	.866	25.4079507669 77223	10.9723103728 88543

8	10.2986328124 99982	5.81736541641 5277	.486	26.9695577558 08290	6.37229213080 8326
9	5.02280410183 8744	5.64661360845 5593	.949	21.2044026283 47160	11.1587944246 69672
10	2.81793610301 2627	5.65578433045 5232	.996	19.0258153265 70008	13.3899431205 44753
11	2.83261337868 4826	5.95629793495 9263	.997	14.2364528920 18178	19.9016796493 87830

\*. The mean difference is significant at the 0.05 level.

#### Homogeneous Subsets

HtzscoreRound

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha =
		0.05
		1
7	31	.0461
8	67	.0521
12	13	.0700
9	105	.2853
10	104	.4480
11	54	.4619
Sig.		.479

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 37.091.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

#### Wtzscore

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha =
		0.05
		1
12	13	-.2300

10	104	.0526
11	54	.0535
9	105	.0665
8	67	.0806
7	31	.1968
Sig.		.440

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 37.091.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

BMIZscore		
Tukey HSD <sup>a,b</sup>		
AgeCon	N	Subset for alpha =
		0.05
		1
12	13	-.3546
11	54	-.1024
10	104	-.0751
9	105	-.0251
8	67	.0545
7	31	.2032

Sig.			.171
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Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 37.091.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

#### **baseline**

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha = 0.05		
		1	2	3
7	27	2.46097195207		
8	63	2.51215189695	2.51215189695	
9	98	2.59182449186	2.59182449186	2.59182449186
10	104		2.65055966097	2.65055966097
11	54			2.73881236431
12	13			2.75050105885
Sig.		.208	.157	.067

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 35.678.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

**RH**

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha = 0.05			
		1	2	3	4
7	27	2.646674			
8	63	2.689029	2.689029		
9	97	2.759188	2.759188	2.759188	
10	104		2.826479	2.826479	2.826479
11	54			2.919641	2.919641
12	13				2.939062
Sig.		.427	.207	.087	.426

Means for groups in homogeneous subsets are displayed.

a. Uses Harmonic Mean Sample Size = 35.656.

b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

**Abs**

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha =
		0.05
		1

9	97	.17062709689
10	104	.17591918518
8	63	.17687667924
11	54	.18082837828
7	27	.18533175533
12	13	.18856047962
Sig.		.950

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 35.656.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

Rel		
Tukey HSD <sup>a,b</sup>		
AgeCon	N	Subset for alpha =
		0.05
11	54	6.64878545580
10	104	6.70613223345
9	97	6.70674613373
12	13	6.74395522192
8	63	7.08758176941

7	27	7.60968541630
Sig.		.841

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 35.656.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

scaled		
		Tukey HSD <sup>a,b</sup>
AgeCon	N	Subset for alpha =
		0.05
12	13	6.36673429107087
10	104	6.41073496651807
11	54	6.49248095088887
8	63	6.77221182289215
9	97	6.88456583550613

7		27	7.12223894810248
Sig.			.970
		4	

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 35.656.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

averageBF			
		Subset for alpha = 0.05	
AgeCon	N	1	2
7	26	64.2146461281991 00	
9	96	71.2087655253092 90	71.2087655253092 90
8	62	72.1982097173066 50	72.1982097173066 50
10	103	80.0310113157826 20	80.0310113157826 20
11	54	80.3498164668834 50	80.3498164668834 50

12		12		96.1639658544814
Sig.			.504	.078
				30

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 33.981.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

ttt		
Tukey HSD <sup>a,b</sup>		
AgeCon	N	Subset for alpha =
		0.05
11	54	39.9488744588744
		64
12	13	45.1971428571428
		50
8	61	46.2591994890355
		45
9	97	46.7693372606774
		50
10	104	48.1297500124875
		00

7		27	51.5152044252044
Sig.			.070
		16	

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 35.546.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

		peakBF		
		Subset for alpha = 0.05		
AgeCon	N	1	2	3
		123.603885955083 640		
8	62	143.660260407153 320	143.660260407153 320	
9	96	154.447009615468 460	154.447009615468 460	154.447009615468 460
10	103	170.415961371113 980	170.415961371113 980	170.415961371113 980
11	54		193.829055879873 900	193.829055879873 900

12		12		204.321609774380
Sig.			.099	.061

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 33.981.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

peakSR		
Tukey HSD <sup>a,b</sup>		
AgeCon	N	Subset for alpha =
		0.05
AgeCon	N	1
7	26	1271.19620816320 8700
11	54	1321.24170074317 2300
9	97	1389.89876079618 3500
10	103	1410.32849191822 2700
8	62	1449.88449106412 4000

12		12	1493.36181801111
Sig.			6800
			.236

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 34.002.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

### SRAUC

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha = 0.05	
		1	
11	54	45582.574	
7	27	54823.111	
9	98	55488.592	
12	12	56796.667	
10	103	56810.602	
8	63	61668.254	
Sig.		.113	

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 34.350.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

**vd**

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha =
		0.05
		1
11	54	5.500
12	13	5.538
7	31	5.742
9	105	5.857
8	67	5.881
10	104	5.942
Sig.		.866

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 37.091.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

wt		
Tukey HSD <sup>a,b</sup>		
AgeCon	N	Subset for alpha =
		0.05
		1
7	29	748.654478653530 40
8	64	751.306514136904 60
12	12	764.086924603174 50
9	101	767.486095002357 70
10	98	768.170340136054 80
11	49	768.585809037900 80
Sig.		.495

Means for groups in homogeneous subsets are displayed.

- a. Uses Harmonic Mean Sample Size = 34.492.
- b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.

**mvpd**

Tukey HSD<sup>a,b</sup>

AgeCon	N	Subset for alpha = 0.05	
		1	2
11	49	53.3629818594104 20	
12	12	56.1955952380952 44	56.1955952380952 44
10	98	59.0135313411078 70	59.0135313411078 70
9	101	61.2183993399339 90	61.2183993399339 90
7	29	63.4134154351395 84	63.4134154351395 84
8	64		66.4942280505952 30
Sig.		.215	.192

Means for groups in homogeneous subsets are displayed.

a. Uses Harmonic Mean Sample Size = 34.492.

b. The group sizes are unequal. The harmonic mean of the group sizes is used. Type I error levels are not guaranteed.