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Evolved changes in breathing and CO₂ sensitivity in deer mice native to high altitudes

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Running Head: Control of breathing in high-altitude deer mice

Key words: hypercapnic ventilatory response, hypoxia acclimation, hypoxic ventilatory response, generational effects

Summary Statement (15-30 words): Evolved changes in breathing and O₂ uptake in high-altitude deer mice are not associated with any changes in ventilatory CO₂ sensitivity.

23 **ABSTRACT**

24 We examined the control of breathing by O₂ and CO₂ in deer mice native to high altitude,
25 to help uncover the physiological specializations used to cope with hypoxia in high-altitude
26 environments. Highland deer mice (*Peromyscus maniculatus*) and lowland white-footed mice (*P.*
27 *leucopus*) were bred in captivity at sea level. The first- and second-generation progeny of each
28 population were raised to adulthood and then acclimated to normoxia or hypobaric hypoxia (12
29 kPa O₂, simulating hypoxia at ~4300 m) for 6-8 weeks. Ventilatory responses to poikilcapnic
30 hypoxia (stepwise reductions in inspired O₂) and hypercapnia (stepwise increases in inspired
31 CO₂) were then compared between groups. Both generations of lowlanders appeared to exhibited
32 ventilatory acclimatization to hypoxia (VAH), in which hypoxia acclimation enhanced the
33 hypoxic ventilatory response and/or made breathing pattern more effective (higher tidal volumes
34 and lower breathing frequencies at a given total ventilation). In contrast, hypoxia acclimation had
35 no effect on breathing in either generation of highlanders, and breathing was generally similar to
36 hypoxia-acclimated lowlanders. Therefore, attenuation of VAH appears to be an evolved feature
37 of highlanders that persists for multiple generations in captivity. Hypoxia acclimation increased
38 CO₂ sensitivity of breathing, but in this case the effect of hypoxia acclimation was similar in
39 highlanders and lowlanders. Our results suggest that highland deer mice have evolved high rates
40 of alveolar ventilation that are unaltered by exposure to chronic hypoxia, but they have preserved
41 ventilatory sensitivity to CO₂.

42

43

44 **INTRODUCTION**

45 Animals native to high altitude can provide insight into the evolution of complex
46 physiological systems, because they have often adapted to the stressors associated with this
47 challenging environment. High altitude is both cold and hypoxic, which challenges the ability of
48 endotherms to maintain O₂ supply for thermoregulation and exercise. However, many human,
49 other mammal, and bird populations live, reproduce, and exercise at high altitude, and the
50 emerging evidence suggests that they have overcome the challenges of this environment through
51 evolved changes in the O₂ transport cascade (30, 54). The function of this cascade – composed
52 of ventilation, pulmonary diffusion, circulation, tissue diffusion, and cellular O₂ utilization –
53 relies on adequate rates of ventilation to maintain tissue O₂ supply; therefore, increasing
54 breathing is critical for O₂ uptake in hypoxic environments (54).

55 Breathing is stimulated by reductions in arterial O₂ levels at high altitude. Ventilation
56 increases in response to acute hypoxia challenge, a process termed the hypoxic ventilatory
57 response (HVR). Peripheral chemoreceptors in the carotid bodies sense reductions in the partial
58 pressure of O₂ (PO₂) in arterial blood, which initiates the hypoxic chemoreflex that results in the
59 HVR (10, 41). Breathing and ventilatory O₂ chemosensitivity is further enhanced with prolonged
60 exposure to hypoxia over days to weeks, a process termed ventilatory acclimatization to hypoxia,
61 (VAH). VAH is believed to result from increases in chemosensitivity of the carotid bodies, and
62 from increases in central gain of the afferent signals transmitted from the carotid bodies to the
63 brainstem (35, 36, 43, 57). The resulting increases in ventilation improve O₂ uptake by
64 increasing alveolar and arterial PO₂ (15).

65 Breathing at high altitude is also modulated by arterial CO₂ levels. The increases in
66 ventilation that act to minimize the fall in arterial PO₂ also lead to a decline in the partial

67 pressure of CO₂ (PCO₂) (respiratory hypocapnia) (39, 47). This can reduce the CO₂ chemoreflex
68 drive to breathe, acting as feedback that inhibits the ventilatory response to environmental
69 hypoxia (39). As a result, the HVR measured in poikilcapnic (uncontrolled CO₂) conditions is
70 generally lesser in magnitude than when the HVR is measured under isocapnic conditions (when
71 arterial PCO₂ is experimentally maintained) (32, 48). Furthermore, exposure to chronic hypoxia
72 can increase ventilatory CO₂ sensitivity (7, 8, 27, 44, 52). Therefore, CO₂ sensitivity can have a
73 strong influence on breathing and O₂ uptake in individuals at high altitude.

74 How has the control of breathing been adjusted in high-altitude natives? The isocapnic
75 HVR as a measure of O₂ chemosensitivity has been examined in some studies of highland human
76 populations, but the HVR of most other highland species has been examined in poikilcapnic
77 conditions. Nevertheless, the literature suggests that highland natives can differ from lowland
78 natives in divergent ways, with some highlanders exhibiting similar or enhanced ventilatory
79 responses (22, 37, 48) and others exhibiting a blunted HVR (18, 21, 45). However, in these
80 studies it has often been difficult to distinguish uniquely evolved differences in highland taxa
81 from developmental or multigenerational effects of exposure to hypoxia (1, 31). Much less is
82 known about CO₂ sensitivity of breathing in highland taxa. Highland humans appear to have a
83 reduced ventilatory sensitivity to CO₂ (49, 50), but it is unclear whether other high-altitude taxa
84 exhibit a similar or distinct pattern of CO₂ sensitivity.

85 The objective of this study was to examine how the control of breathing by O₂ and CO₂
86 has evolved in high-altitude populations of deer mice (*Peromyscus maniculatus*). Deer mice are
87 broadly distributed across North America and can be found from sea level to over 4,300 m
88 elevation in the Rocky Mountains (14, 33, 51). High-altitude populations must sustain high
89 metabolic rates in the wild (11), and they have evolved a higher aerobic capacity ($\dot{V}O_{2max}$) in

90 hypoxia than their low-altitude counterparts (2, 3, 25, 55) in association with changes in
91 haemoglobin-O₂ affinity, cardiac function, muscle capillarity and metabolic phenotype, and
92 tissue gene expression (4, 25, 26, 34, 46, 51, 53, 55, 56). We recently found that the control of
93 breathing also differs in high-altitude deer mice compared to a congeneric species from low
94 altitude (white-footed mouse, *P. leucopus*), in a study of animals that were born and raised in
95 captivity at sea level but were the first-generation progeny of wild parents (16). Specifically, we
96 found that highlanders do not appear to exhibit VAH, in contrast to the robust VAH exhibited by
97 lowlanders, but that highlanders have a fixed breathing pattern that is similar to hypoxia-
98 acclimated lowlanders (16). However, because these observations were made in first-generation
99 progeny, it was unclear whether they resulted from an evolved difference in highlanders or from
100 persistent multigenerational effects of the wild parents being born and raised in different native
101 environments. Here, we sought to examine these possibilities by studying mice from both the
102 first and second generations raised in captivity. We also sought to determine whether variation in
103 CO₂ sensitivity has evolved in high-altitude mice, and whether this might contribute to the
104 apparent differences in breathing during poikilcapnic hypoxia and in VAH.

105

106 **MATERIALS AND METHODS**

107 *Mouse populations.* Wild adult mice were live trapped at low altitude on the Great Plains
108 (Nine Mile Prairie, Lancaster County, NE, at 40°52'12''N, 96°48'20.3''W, 430 m above sea
109 level) (*P. leucopus*) and at high altitude on the summit of Mount Evans (Clear Creek County,
110 CO, at 39°35'18''N, 105°38'38''W, 4,350 m above sea level) (*P. maniculatus rufinus*), and were
111 then transported to McMaster University (Hamilton, ON, Canada; ~50 m above sea level) and
112 held in captivity. Mice were bred within each population in common conditions to produce first-

113 generation (G1) progeny. G1 mice were also bred within each population to produce second-
114 generation (G2) progeny. All captive-born progeny were held in standard holding conditions (24-
115 25°C, 12:12 light-dark photoperiod) with unlimited access to food and water, and were raised in
116 ambient conditions (sea level normoxia) until 6 months of age before experiments were
117 conducted. All animal protocols followed guidelines established by the Canadian Council on
118 Animal Care and were approved by the McMaster University Animal Research Ethics Board.

119
120 *Acclimation groups.* To assess the influence of native population and acclimation
121 environment, mice were chronically exposed to i) standard normobaric normoxia or ii) hypobaric
122 hypoxia simulating the pressure at an elevation of ~4,300 m (barometric pressure of 60 kPa, PO₂
123 ~12.5 kPa). Specially designed hypobaric chambers were used for exposure to chronic hypoxia,
124 as previously described (16, 28). Mice in hypobaric hypoxia were temporarily returned to
125 normobaric conditions twice per week for <20 min for cage cleaning. Ventilatory measurements
126 were carried out after 6-8 weeks of exposure.

127
128 *Acute hypoxia responses.* We examined the effects of hypoxia acclimation on the
129 response to acute hypoxia in both G1 and G2 mice from each population. Breathing and O₂
130 consumption rates ($\dot{V}O_2$) were measured in unrestrained mice using barometric plethysmography
131 and respirometry techniques that are consistent with our previous studies (16, 17). Mice were
132 placed in a whole-body plethysmograph with normoxic air (21 kPa O₂, balance N₂) supplied at a
133 rate of 600 ml min⁻¹ and were given 20-60 min to adjust to the chamber until relaxed and stable
134 breathing and metabolism was observed. Measurements were then recorded for an additional 20
135 min at 21 kPa O₂, after which mice were exposed to stepwise reductions in inspired partial

136 pressure of O₂ (PO₂) at 16, 12, 10, 9, and 8 kPa for 20 min at each step. Incurrent gas
137 composition was set by mixing dry compressed gases using precision flow meters (Sierra
138 Instruments, Monterey, CA, USA) and a mass flow controller (MFC-4, Sable Systems, Las
139 Vegas, NV, USA), such that the desired PO₂ was delivered to the chamber at a constant rate of
140 600 ml min⁻¹. Body temperature (T_b) was measured at the end of the experiment using a mouse
141 rectal probe (RET-3-ISO, Physitemp). T_b was also measured exactly 24 h later to determine
142 normoxic T_b (this was used as a proxy for the normoxic T_b at the start of the experiment, which
143 was not measured to prevent stress to the animal).

144 Breathing and $\dot{V}O_2$ were determined during the last 10 min at each PO₂. Incurrent and
145 excurrent air flows were subsampled at 200 ml min⁻¹. For incurrent air, O₂ fraction was
146 continuously measured using a galvanic fuel cell O₂ analyzer (FC-10, Sable Systems). For
147 excurrent air, we first measured water vapour using a thin-film capacitive water vapour analyzer
148 (RH-300, Sable Systems), then dried the gas stream with pre-baked drierite and measured O₂
149 fraction as above and CO₂ fraction using an infrared CO₂ analyzer (CA-10, Sable Systems).
150 These data were used to calculate $\dot{V}O_2$, expressed at standard temperature and pressure (STP),
151 using appropriate equations for dry air as described by Lighton (24). Chamber temperature was
152 continuously recorded with a thermocouple (TC-2000, Sable Systems). Breathing frequency and
153 tidal volume were measured from changes in flow across a pneumotachograph in the
154 plethysmograph wall, detected using a differential pressure transducer (Validyne DP45,
155 Cancopass, Mississauga, ON, Canada). Tidal volume was calculated using established equations
156 (5, 19) assuming a constant rate of decline in T_b with declining PO₂, which we have previously
157 shown results in similar tidal volumes to those calculated using direct T_b measurements at each
158 PO₂ (17). Total ventilation was determined as the product of breathing frequency and tidal

159 volume. Total ventilation and tidal volume data are expressed at STP. All data was acquired
160 using a PowerLab 16/32 and Labchart 8 Pro software (ADInstruments, Colorado Springs, CO,
161 USA).

162 Mice were returned to their acclimation environment after completing the above protocol
163 and allowed at least 2 days to recover and were then subjected to one of two protocols, to
164 measure either the acute hypoxia response in the presence of elevated inspired CO₂ or acute
165 hypercapnia responses, as described below.

166
167 *Acute hypoxia responses with elevated inspired CO₂.* We measured responses to acute
168 hypoxia in the presence of modestly elevated levels of inspired CO₂ in G1 mice, in order to
169 examine the HVR under conditions in which respiratory hypocapnia was reduced. We used the
170 same whole-body plethysmograph and the same stepwise hypoxia conditions as was used for the
171 acute hypoxia responses that are described above, except that mice were also exposed to a
172 constant incurrent partial pressure of CO₂ (PCO₂) of 2 kPa across all acute hypoxia steps.
173 Breathing and metabolism were determined as described above, except that CO₂ fraction was
174 measured in dry incurrent air for a few minutes at the beginning of each step (to assure a constant
175 incurrent CO₂ baseline at the desired level), after which it was measured in dry excurrent air for
176 the remaining time at each step.

177
178 *Acute hypercapnia responses.* We measured responses to acute stepwise hypercapnia in
179 G2 mice in order to assess ventilatory CO₂ sensitivity. We used the same whole-body
180 plethysmograph and the same conditions as was used for the measurements of acute hypoxia
181 response that are described above, except that breathing and metabolism were measured during

182 acute step-wise increases in environmental PCO_2 at 0, 2, 4, and 6 kPa CO_2 . These measurements
183 were made once in normoxia (21 kPa O_2) and once in hypoxia (12 kPa O_2), in two separate
184 experiments that were conducted in random order and separated by at least 2 days. Breathing and
185 metabolism were determined as described above, except that CO_2 fraction was continuously
186 measured in dry incurrent air, and incurrent and excurrent air was dried and scrubbed free of CO_2
187 with soda lime and ascarite before O_2 fraction was measured. We therefore calculated $\dot{V}\text{O}_2$ using
188 appropriate equations for dry and CO_2 -free air as described by Lighton (24).

189

190 *Statistical analysis.* Two-factor ANOVA and Holm-Sidak post-tests were used throughout. The
191 main effects of acclimation environment (normoxia vs. hypoxia) and inspired gas composition
192 (repeated measure) were evaluated within each population to determine the impacts of hypoxia
193 acclimation on O_2 or CO_2 sensitivity of breathing. Values are reported as mean \pm SEM. All
194 statistical analysis was conducted with SigmaStat software (v. 3.5) with a significance level of P
195 < 0.05 .

196

197 **Results**

198 *Acute hypoxia responses.* Hypoxia acclimation altered breathing in lowland mice, but not
199 in highland mice (Fig. 1,2, Table 1,2). Amongst first generation mice (G1), lowlanders exhibited
200 a robust ventilatory response to hypoxia that was primarily driven by increases in breathing
201 frequency, offset slightly by small decreases in tidal volume (Fig. 1A,C,E, Table 1). Hypoxia
202 acclimation had an appreciable effect on breathing, reflected primarily by strong increases in
203 tidal volume and reductions in breathing frequency (Fig. 1C,E, Table 1), and there was a strong
204 trend for total ventilation to increase after hypoxia acclimation (Fig. 1A, Table 1). $\dot{V}\text{O}_2$ and body

205 temperature (T_b) declined in response to hypoxia challenge, but hypoxia acclimation tended to
206 reduce these declines (Table 1,2). In contrast, hypoxia acclimation had very little effect on
207 breathing or metabolism in G1 highland mice (Fig. 1B,D,F, Table 1,2).

208 The diminished effects of hypoxia acclimation in G1 highland mice were also observed
209 in second generation (G2) highland mice (Fig. 2, Tables 1-2). Hypoxia acclimation had a strong
210 effect on breathing in G2 lowlanders, as it did in G1 lowlanders, as reflected by significant
211 increases in tidal volume (Fig. 2E) and reductions in breathing frequency (Fig. 2C) during acute
212 hypoxia. Therefore, even though there was some subtle variation in the magnitude of breathing
213 and the HVR across generations, the effects of hypoxia acclimation on breathing pattern in
214 lowlanders was generally preserved. In contrast, hypoxia acclimation had no effect on breathing
215 or metabolism in G2 highlanders (Fig. 2, Table 2), as was observed in G1 highlanders.

216
217 *Hypercapnic ventilatory response.* We next sought to determine whether hypoxia
218 acclimation increases CO_2 sensitivity of breathing, and whether this effect of hypoxia
219 acclimation is altered in highlanders. We examined these possibilities by measuring the
220 ventilatory response to stepwise hypercapnia in normoxia and hypoxia. We found that hypoxia
221 acclimation enhanced the hypercapnic ventilatory response in both lowland and highland mice
222 when tested in normoxic conditions (Fig. 3, Table 3). Both lowlanders and highlanders exhibited
223 similar robust ventilatory responses to increasing CO_2 that were driven by increases in both tidal
224 volume and breathing frequency (Fig. 3, Table 3). This response was augmented similarly after
225 hypoxia acclimation in both populations, particularly at higher CO_2 levels, due to further
226 increases in tidal volume in both populations and breathing frequency in lowlanders. $\dot{V}O_2$ and T_b

227 were not altered by acute hypercapnia or by hypoxia acclimation in either population (Table 3,
228 data not shown).

229 We found that hypoxia acclimation resulted in comparable increases in the hypercapnic
230 ventilatory response when it was tested in hypoxic conditions (12 kPa O₂) (Fig. 4, Table 3). The
231 response to acute hypercapnia was similar to that observed in normoxic conditions, except that
232 ventilation was higher overall due to hypoxia. Hypoxia acclimation augmented the hypercapnic
233 ventilatory response measured in hypoxia in both populations, as observed for the hypercapnic
234 ventilatory response measured in normoxia, but in this case the increases in ventilation were
235 entirely caused by increases in tidal volume (Fig. 4E,F). These findings suggest that hypoxia
236 acclimation increases the CO₂ sensitivity of breathing in both highland and lowland mice, but in
237 general, there were no apparent differences in the hypercapnic ventilatory response of
238 highlanders compared to lowlanders.

239
240 *Acute hypoxia responses in 2 kPa CO₂.* We sought to examine whether the apparent lack
241 of VAH in highlanders could be a bi-product of increases in ventilatory sensitivity to respiratory
242 hypocapnia after chronic hypoxia. Given that hypoxia acclimation appears to augment CO₂
243 sensitivity (Fig. 3,4), this could foreseeably augment the restraining influence of respiratory
244 hypocapnia on the poikilocapnic HVR, and thus offset other effects of chronic hypoxia that
245 stimulate breathing and would tend to cause VAH. We examined this possibility by measuring
246 the HVR during moderately elevated inspired CO₂ (2 kPa CO₂) to offset respiratory hypocapnia,
247 with the prediction that increases in CO₂ would amplify the effects of chronic hypoxia on
248 breathing. There was some modest support for this prediction, as reflected by the apparent
249 increase in the magnitude of the effects of hypoxia acclimation on average in both populations

250 (compare the variation in tidal volume in Fig. 5 to Fig. 1). In highlanders in particular, hypoxia
251 acclimation increased tidal volume at the higher PO_2 s when measured in the presence of 2 kPa
252 CO_2 (Fig. 5F, Table 4). However, hypoxia acclimation still had a much smaller effect on
253 breathing in highlanders than in lowlanders, and there were still no significant main effects of
254 hypoxia acclimation on total ventilation, breathing frequency, or tidal volume in highlanders
255 (Table 4). Otherwise the effects of acute hypoxia on breathing and metabolism in the presence of
256 2 kPa CO_2 were quite similar to those observed without CO_2 in the inspired gas (Table 4,5).
257 Therefore, the apparent lack of VAH in highlanders cannot be explained by variation in the CO_2
258 sensitivity of breathing.

259

260 **DISCUSSION**

261 Effective control of ventilation is critically important for small endotherms in the O_2 -
262 limited environment at high altitude, in order to maintain adequate tissue O_2 supply for
263 thermogenesis and exercise. Previously, we observed that hypoxia acclimation had little effect on
264 breathing and the HVR of high-altitude deer mice, at levels of chronic hypoxia that did induce a
265 VAH response in lowland mice (16). Here, we show that the apparent blunting of VAH is
266 observed across multiple generations of lab-raised highland mice, suggesting that this blunting
267 has evolved in response to the challenges of life at high altitude. This blunting was not associated
268 with any evolved change in the effects of hypoxia acclimation on CO_2 sensitivity of breathing in
269 highland mice. As a consequence, variation in the ventilatory sensitivity to respiratory
270 hypocapnia does not appear to contribute to the attenuation of VAH in highlanders.

271

272 *VAH is attenuated in high-altitude deer mice.* Our findings suggest that the apparent lack
273 of VAH in high-altitude deer mice results from an evolved change in the magnitude of hypoxia-
274 induced plasticity of breathing. In previous studies, it has been challenging to establish whether
275 changes in the control of breathing in highland taxa are evolved and genetically based, because it
276 has often been difficult to exclude the influence of developmental and/or parental exposure to
277 different environments (1, 31). The blunted VAH we previously reported in first-generation
278 highlanders raised in captivity suggested that this blunting cannot be explained by differences in
279 developmental environment (16). However, it was possible that these differences between
280 populations of first-generation mice could be explained by exposure of parents and/or germ cells
281 to different environments. For example, exposure of parents and their germline cells to hypoxia
282 has persistent effects on hypoxia tolerance in offspring in zebrafish (13). However, the persistent
283 lack of VAH in the second-generation of highlanders raised in captivity cannot be attributed to
284 the exposure of parents and germline cells to the high-altitude environment, and the attenuation
285 of VAH is more likely to be an evolved trait.

286 What are the mechanisms that account for blunting of the VAH in high-altitude deer
287 mice? In lowlanders, VAH arises from adjustments in the carotid bodies and the central nervous
288 system. Chronic hypoxia enhances O₂ chemosensitivity of the carotid bodies, which appears to
289 be associated with neovascularization and growth of the organ, and changes in O₂ signalling by
290 O₂-sensitive glomus cells (20, 42, 57). Some of these adjustments appear to be attenuated in
291 highland deer mice, as reflected by our previous observation that highlanders do not exhibit
292 carotid body growth in response to chronic hypoxia (16). Chronic hypoxia also leads to increases
293 in central gain of the afferent signals from the carotid body in lowlanders (e.g. changes in
294 glutamatergic signalling in the NTS) (35, 43), and it is possible that these mechanisms are also

295 attenuated in highland mice. However, before carrying out the current study, we could not
296 exclude the possibility that the apparent blunting in VAH arose from variation in the effects of
297 CO₂ on breathing, because the HVR was measured under poikilocapnic conditions. Our results
298 here suggest that this is not the case, because highlanders still exhibited a blunted VAH when
299 respiratory hypocapnia was alleviated by exposure to moderately elevated inspired CO₂ (Fig. 5).
300 This likely implies that VAH and its underlying peripheral and/or central mechanisms are indeed
301 blunted in highland mice.

302

303 *Effects of chronic hypoxia on the CO₂ sensitivity of breathing.* Hypoxia acclimation
304 increased CO₂ sensitivity of breathing, driven primarily by larger increases in tidal volume in
305 response to high CO₂. This observation is consistent with previous observations in humans, in
306 which chronic hypoxia increases ventilatory CO₂ sensitivity and/or lowers the recruitment
307 threshold above which blood CO₂ stimulates ventilation (7, 8, 49). Chronic hypoxia is well
308 known to induce mechanisms of acid-base compensation to counter respiratory hypocapnia and
309 alkalosis (40), so it is possible that apparent changes in the CO₂ sensitivity of breathing arise
310 from changes in the relationship between CO₂ and pH or in pH buffering of the blood (7, 8). It is
311 also possible that increases in ventilatory CO₂ sensitivity in response to chronic hypoxia arise
312 from increases in the chemosensitivity of peripheral or central CO₂/pH chemoreceptors, as
313 suggested by previous studies in humans (9). If this is also the case in deer mice, then the
314 mechanisms likely do not depend upon hypoxia-induced growth of the carotid bodies, which
315 occurs in lowlanders but not in highlanders (16).

316 Ventilatory sensitivity to CO₂ appeared to be similar in in high-altitude mice and their
317 low-altitude counterparts, both before and after hypoxia acclimation. This contrasts previous

318 findings in some other high-altitude taxa. Ventilatory sensitivity to CO₂ and ventilatory
319 recruitment threshold are lower in Himalayans residing at high-altitude than in lowlanders at sea-
320 level (50). Similarly, ventilatory sensitivity to CO₂ is lower in Andeans residing at high altitude
321 than in lowlanders acclimatized to the same altitude for 10 days (49). In bar-headed geese, a
322 species that flies over the Himalayas during its biannual migration, ventilatory sensitivity to
323 hypercapnia is unaltered but sensitivity to respiratory hypocapnia is reduced, such that bar-
324 headed geese breathe more than low-altitude birds when exposed to poikilocapnic hypoxia (48).
325 Therefore, there appears to be differences across highland taxa, with ventilatory sensitivity to
326 CO₂ having been either unaltered or reduced.

327

328 *High-altitude adaptation and control of breathing.* The emerging evidence suggests that
329 there are a number of changes in the control of breathing by hypoxia in high-altitude deer mice.
330 Our results here and in previous studies suggest that VAH and hypoxia-induced growth of the
331 carotid bodies are attenuated in highlanders, which may represent an evolved loss of plasticity
332 associated with high-altitude adaptation. Highlanders instead exhibit a fixed breathing pattern,
333 characterized by deep but less frequent breaths, which should improve effective (alveolar)
334 ventilation, and thus help increase arterial O₂ saturation in hypoxia (16). These changes exist
335 without any apparent alterations in ventilatory CO₂ sensitivity. An intriguing question to
336 consider is why these evolved changes have taken place? VAH increases ventilation and thus
337 improves respiratory gas exchange, so why have high-altitude mice not maintained the VAH
338 response that is typical of lowlanders? One possibility is that highland mice have undergone the
339 evolutionary process of genetic assimilation, in which a phenotype that originally exhibits
340 adaptive plasticity becomes genetically fixed (assimilated) (6, 23, 38). Another possibility that

341 we and others have discussed previously is that there may have been an overall restructuring of
342 the hypoxic chemoreflex in high-altitude deer mice (16, 29). It is possible that by fixing a
343 breathing pattern that is beneficial for O₂ uptake, highlanders may avoid some costs associated
344 with plasticity in response to chronic hypoxia at high altitude (e.g., chronic sympathetic
345 activation, etc.). Given the harshness of high-altitude environments and the correspondingly
346 strong selection favouring respiratory performance (12), evolved changes in control of breathing
347 may help safeguard O₂ uptake and contribute to the success and high abundance of deer mice in
348 high-altitude environments.

349

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356

357 **DISCLOSURES**

358 No conflicts of interest, financial or otherwise, are declared by the authors.

359

360 **AUTHOR CONTRIBUTIONS**

361 Author contributions: C.M.I. and G.R.S. conceived and designed the research; C.M.I.
362 performed the experiments, analyzed the data, and wrote the first draft of the manuscript; C.M.I.
363 and G.R.S. interpreted the results of experiments, prepared figures, and edited and revised the
364 manuscript. Both authors approve the final version of manuscript.

365

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513 **FIGURE LEGENDS**

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515 Fig. 1. Hypoxia acclimation has very little effect on breathing in highland deer mice from the
516 first generation (G1) raised in captivity, unlike G1 mice from low altitude. * Significant pairwise
517 difference between acclimation (acc.) groups within each PO₂ using Holm-Sidak post-tests (n as
518 follows: 13 normoxia-acclimated lowlanders, 15 hypoxia-acclimated lowlanders, 15 normoxia-
519 acclimated highlanders, 13 hypoxia-acclimated highlanders).

520 Fig. 2. Hypoxia acclimation has no effect on breathing in highland deer mice from the second-
521 generation (G2) raised in captivity, unlike G2 mice from low altitude. * Significant pairwise
522 difference between acclimation (acc.) groups within each PO₂ using Holm-Sidak post-tests (n as
523 follows: 10 normoxia-acclimated lowlanders, 9 hypoxia-acclimated lowlanders, 14 normoxia-
524 acclimated highlanders, 14 hypoxia-acclimated highlanders).

525 Fig. 3. Hypoxia acclimation increased ventilatory sensitivity to CO₂ in both lowland and
526 highland mice, when measured in normoxic conditions (21 kPa O₂). * Significant pairwise
527 difference between acclimation groups within each PCO₂ using Holm-Sidak post-tests (n as
528 follows: 10 normoxia-acclimated lowlanders, 9 hypoxia-acclimated lowlanders, 13 normoxia-
529 acclimated highlanders, 14 hypoxia-acclimated highlanders).

530 Fig. 4. Hypoxia acclimation increased ventilatory sensitivity to CO₂ in both lowland and
531 highland mice, when measured in hypoxic conditions (12 kPa O₂). * Significant pairwise
532 difference between acclimation groups within each PCO₂ using Holm-Sidak post-tests (n as in
533 Fig. 3).

534 Fig. 5. Hypoxic ventilatory responses measured in the presence of moderately elevated levels of
535 inspired CO₂ (2 kPa). * Significant pairwise difference between acclimation groups within each
536 PO₂ using Holm-Sidak post-tests (n as in Fig. 1).

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Table 1. *Statistical results of two-way ANOVA of acute hypoxia responses*

		Acclimation Environment		Acute PO ₂		Interaction	
		F	P	F	P	F	P
First Generation Mice							
Total	Lowlander	2.612	0.118	78.61	< 0.001	1.889	0.101
Ventilation	Highlander	1.149	0.294	74.62	< 0.001	0.416	0.837
Breathing	Lowlander	11.67	0.002	179.9	< 0.001	12.07	< 0.001
Frequency	Highlander	1.160	0.291	286.4	< 0.001	3.841	0.003
Tidal	Lowlander	18.74	< 0.001	10.12	< 0.001	0.555	0.735
Volume	Highlander	0.092	0.764	31.17	< 0.001	0.954	0.449
O ₂	Lowlander	1.233	0.277	12.4	< 0.001	1.989	0.084
Consumption	Highlander	0.794	0.381	22.92	< 0.001	2.148	0.064
Body	Lowlander	6.047	0.021	196.8	< 0.001	8.878	0.006
Temperature	Highlander	12.92	0.001	61.55	< 0.001	6.532	0.017
Second Generation Mice							
Total	Lowlander	1.418	0.251	17.78	< 0.001	2.212	0.061
Ventilation	Highlander	0.043	0.838	24.67	< 0.001	3.467	0.006
Breathing	Lowlander	5.799	0.028	59.74	< 0.001	5.089	< 0.001
Frequency	Highlander	0.486	0.492	236.6	< 0.001	1.111	0.358
Tidal	Lowlander	4.830	0.043	6.258	< 0.001	6.296	< 0.001
Volume	Highlander	0.562	0.460	71.05	< 0.001	0.979	0.433
O ₂	Lowlander	0.827	0.377	17.84	< 0.001	0.945	0.457
Consumption	Highlander	0.016	0.900	27.12	< 0.001	4.900	< 0.001
Body	Lowlander	0.057	0.815	143.0	< 0.001	2.486	0.134
Temperature	Highlander	6.126	0.020	32.53	< 0.001	4.640	0.041

541 One degree of freedom for acclimation environment, 5 degrees of freedom for acute PO₂ and
542 their interaction, 130 degrees of freedom for the residuals of first generation lowland and
543 highland mice and second generation highland mice, and 80 degrees of freedom for the residuals
544 of second generation lowland mice.

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Table 2. The rate of O₂ consumption and body temperature during acute hypoxia exposure

Acute PO ₂ (kPa)	Lowland <i>P. leucopus</i>		Highland <i>P. maniculatus</i>	
	Normoxia Acclimated	Hypoxia Acclimated	Normoxia Acclimated	Hypoxia Acclimated
First Generation Mice				
<i>O₂ Consumption Rate (ml g⁻¹ min⁻¹)</i>				
21	0.045 ± 0.004	0.045 ± 0.003	0.048 ± 0.003	0.045 ± 0.003
16	0.0426 ± 0.004	0.040 ± 0.002	0.039 ± 0.003	0.039 ± 0.004
12	0.039 ± 0.003	0.041 ± 0.003	0.035 ± 0.002	0.037 ± 0.002
10	0.035 ± 0.003	0.037 ± 0.002	0.032 ± 0.002	0.038 ± 0.002
9	0.031 ± 0.002	0.038 ± 0.002	0.031 ± 0.002	0.037 ± 0.002
8	0.027 ± 0.002	0.036 ± 0.002	0.030 ± 0.002	0.033 ± 0.002
<i>Body Temperature (°C)</i>				
21	37.29 ± 0.29	37.25 ± 0.24	36.08 ± 0.24	36.49 ± 0.23
8	33.52 ± 0.21	34.80 ± 0.21*	33.60 ± 0.23	35.20 ± 0.34*
Second Generation Mice				
<i>O₂ Consumption Rate (ml g⁻¹ min⁻¹)</i>				
21	0.045 ± 0.004	0.044 ± 0.004	0.061 ± 0.002	0.051 ± 0.003
16	0.040 ± 0.003	0.039 ± 0.003	0.055 ± 0.003	0.052 ± 0.003
12	0.038 ± 0.003	0.039 ± 0.004	0.051 ± 0.003	0.049 ± 0.003
10	0.032 ± 0.003	0.037 ± 0.003	0.045 ± 0.002	0.049 ± 0.004
9	0.031 ± 0.002	0.035 ± 0.003	0.039 ± 0.001	0.043 ± 0.003
8	0.028 ± 0.002	0.031 ± 0.002	0.037 ± 0.001	0.042 ± 0.002
<i>Body Temperature (°C)</i>				
21	37.63 ± 0.33	37.45 ± 0.22	36.23 ± 0.29	36.58 ± 0.30
8	34.30 ± 0.19	34.70 ± 0.30	34.50 ± 0.23	35.80 ± 0.31*

548 PO₂, partial pressure of O₂; values are mean ± SEM.

549 * Significant pairwise difference from normoxia acclimated mice of the same population.

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553 Table 3. *Statistical results of two-way ANOVA of acute hypercapnia responses, measured in*
 554 *normoxia or hypoxia*

		Acclimation Environment		Acute PCO ₂		Interaction	
		F	P	F	P	F	P
Normoxic Conditions (21 kPa O₂)							
Total	Lowlander	7.437	0.014	92.07	<0.001	9.496	<0.001
Ventilation	Highlander	11.68	0.002	249.3	<0.001	20.26	<0.001
Breathing	Lowlander	2.535	0.130	51.60	<0.001	3.006	0.039
Frequency	Highlander	0.223	0.641	181.2	<0.001	3.477	0.020
Tidal	Lowlander	3.451	0.081	106.0	<0.001	5.843	0.002
Volume	Highlander	12.55	0.002	120.8	<0.001	15.61	<0.001
O ₂	Lowlander	3.022	0.100	1.741	0.170	0.755	0.524
Consumption	Highlander	0.579	0.454	1.404	0.248	0.315	0.815
Body	Lowlander	0.045	0.835	5.147	0.037	0.572	0.460
Temperature	Highlander	0.055	0.817	39.52	<0.001	0.374	0.546
Hypoxic Conditions (12 kPa O₂)							
Total	Lowlander	9.610	0.007	87.13	<0.001	11.52	<0.001
Ventilation	Highlander	4.372	0.047	118.6	<0.001	4.831	0.004
Breathing	Lowlander	0.088	0.770	16.40	<0.001	8.088	<0.001
Frequency	Highlander	1.925	0.178	45.09	<0.001	0.723	0.541
Tidal	Lowlander	4.916	0.041	195.6	<0.001	5.279	0.003
Volume	Highlander	14.87	<0.001	210.6	<0.001	14.00	<0.001
O ₂	Lowlander	0.001	0.991	1.020	0.392	1.262	0.297
Consumption	Highlander	0.095	0.761	3.722	0.015	1.835	0.148
Body	Lowlander	1.087	0.312	9.683	0.006	0.184	0.673
Temperature	Highlander	0.444	0.511	24.77	<0.001	0.776	0.387

555 One degree of freedom for acclimation environment, 3 degrees of freedom for acute PCO₂ and
 556 their interaction, 51 and 75 degrees of freedom for the residuals of lowland and highland mice,
 557 respectively, in normoxic and hypoxic conditions.

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561 Table 4. *Statistical results of two-way ANOVA of acute hypoxia responses, measured with*
 562 *elevated inspired CO₂*

		Acclimation Environment		Acute PO ₂		Interaction	
		F	P	F	P	F	P
Total	Lowlander	4.082	0.054	41.97	<0.001	0.451	0.812
Ventilation	Highlander	1.672	0.207	37.58	<0.001	0.800	0.552
Breathing	Lowlander	10.09	0.004	93.50	<0.001	10.64	<0.001
Frequency	Highlander	0.001	0.987	130.7	<0.001	0.428	0.828
Tidal	Lowlander	17.93	<0.001	1.419	0.222	1.454	0.209
Volume	Highlander	3.223	0.084	11.74	<0.001	1.422	0.220
O ₂	Lowlander	0.656	0.425	1.226	0.300	0.237	0.946
Consumption	Highlander	3.637	0.068	10.99	<0.001	0.898	0.484
Body	Lowlander	7.929	0.009	97.30	<0.001	0.244	0.625
Temperature	Highlander	7.939	0.009	36.55	<0.001	8.415	0.007

563 One degree of freedom for acclimation environment, 5 degrees of freedom for acute PO₂ and
 564 their interaction, 130 degrees of freedom for the residuals of lowland and highland mice.

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568 Table 5. The rate of O₂ consumption and body temperature during acute hypoxia exposure,
 569 measured with elevated inspired CO₂

Acute PO ₂ (kPa)	Lowland <i>P. leucopus</i>		Highland <i>P. maniculatus</i>	
	Normoxia Acclimated	Hypoxia Acclimated	Normoxia Acclimated	Hypoxia Acclimated
<i>O₂ Consumption Rate (ml g⁻¹ min⁻¹)</i>				
21	0.039 ± 0.003	0.041 ± 0.003	0.052 ± 0.005	0.054 ± 0.003
16	0.037 ± 0.003	0.038 ± 0.002	0.042 ± 0.003	0.046 ± 0.002
12	0.037 ± 0.002	0.041 ± 0.002	0.039 ± 0.003	0.048 ± 0.003
10	0.039 ± 0.003	0.039 ± 0.002	0.039 ± 0.002	0.046 ± 0.003
9	0.037 ± 0.002	0.040 ± 0.002	0.039 ± 0.002	0.047 ± 0.004
8	0.035 ± 0.002	0.038 ± 0.002	0.036 ± 0.002	0.044 ± 0.004
<i>Body Temperature (°C)</i>				
21	36.94 ± 0.35	37.92 ± 0.28	36.49 ± 0.22	36.36 ± 0.17
8	34.11 ± 0.35	34.79 ± 0.24	34.30 ± 0.25	35.60 ± 0.23*

570 PO₂, partial pressure of O₂; values are mean ± SEM.

571 * Significant pairwise difference from normoxia acclimated mice of the same population

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