Effects of chronic hypoxia on diaphragm function in deer mice native to high altitude

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Aim: We examined the effects of chronic hypoxia on diaphragm function in high- and lowaltitude populations of *Peromyscus* mice.

Methods: Deer mice (*P. maniculatus*) native to high altitude and congeneric mice native to low altitude (*P. leucopus*) were born and raised in captivity to adulthood, and were acclimated to normoxia or hypobaric hypoxia (12 or 9 kPa, simulating hypoxia at 4300 m and 7000 m) for 6-8 weeks. We then measured indices of mitochondrial respiration capacity, force production, and fatigue resistance in the diaphragm.

Results: Mitochondrial respiratory capacities (assessed using permeabilized fibres with single or multiple inputs to the electron transport system), citrate synthase activity (a marker of mitochondrial volume), twitch force production, and muscle fatigue resistance increased after exposure to chronic hypoxia in both populations. These changes were not well explained by variation in the fibre-type composition of the muscle. However, there were several differences in diaphragm function in high-altitude mice compared to low-altitude mice. Exposure to a deeper level of hypoxia (9 kPa vs 12 kPa) was needed to elicit increases in mitochondrial respiration rates in highlanders. Chronic hypoxia did not increase the emission of reactive oxygen species from permeabilized fibres in highlanders, in contrast to the pronounced increases that occurred in lowlanders. In general, the diaphragm of high-altitude mice had greater capillary length densities, produced less force in response to stimulation, and had shorter relaxation times. The latter was associated with higher activity of sarcoplasmic reticulum Ca²⁺-ATPase (SERCA) activity in the diaphragm of high-altitude mice.

Conclusion: Overall, our work suggests that exposure to chronic hypoxia increases the capacities for mitochondrial respiration, force production, and fatigue resistance of the

diaphragm. However, many of these effects are opposed by evolved changes in diaphragm function in high-altitude natives, such that highlanders in chronic hypoxia maintain similar diaphragm function to lowlanders in sea level conditions.

1 Introduction

2 Skeletal muscle is a highly plastic tissue that has a large capacity to remodel in response 3 to patterns of use, environmental changes, and various pathological conditions. The effect of 4 chronic environmental hypoxia on muscle phenotype has received appreciable attention, 5 particularly in studies of locomotory muscle in humans and other animals that spend time at high altitudes^{1, 2}. Many (though not all) studies suggest that muscle wasting and/or a loss of oxidative 6 7 capacity occurs when hypoxia is sufficiently severe and prolonged³, which can manifest as a loss in mitochondrial volume density or respiratory capacity⁴⁻⁶. Chronic hypoxia has also been shown 8 9 to affect contractile phenotype in some rat studies, favoring a shift from slow- to fast-twitch fiber types^{7,8}, increasing twitch force, and decreasing fatigue resistance⁹. These changes in 10 11 locomotory muscle phenotype could result from intracellular hypoxia and associated oxidative 12 stress, but could also arise from detraining in response to reduced physical activity, and are likely a response to changes in cellular regulators of metabolism⁶. 13 14 The effects of chronic hypoxia on the diaphragm and on other respiratory muscles have 15 received less attention. Chronic hypoxia may be expected to have distinct effects on the 16 diaphragm than on locomotory muscles, because increases in breathing in response to reduced 17 atmospheric O₂ augment respiratory muscle activity. However, the effects of chronic hypoxia on 18 the contractile function of the diaphragm, which have been explored most extensively in 19 domestic rodents, are somewhat inconsistent. Some studies suggest that chronic hypoxia can augment force production 9,10 , whereas some others suggest that the opposite occurs $^{11-14}$. There 20 21 are similar inconsistencies in the literature regarding the effects of chronic hypoxia on fatigue resistance and the activities of metabolic enzymes in the diaphragm^{10, 11, 13-16}. The reasons for 22

these discrepancies, and how these findings relate to other non-domesticated species, are poorlyunderstood.

25 High-altitude natives – who have evolved to cope with the hypoxic environment of 26 montane regions – could provide unique insight into diaphragm function in response to chronic 27 hypoxia, but these organisms have received relatively little attention. North American pika 28 (Ochotona princeps) sampled at 3350 m in the wild had higher activities of citrate synthase (CS), 29 β-hydroxyacyl-CoA dehydrogenase, and lactate dehydrogenase (LDH) in the diaphragm compared to the closely related collared pika (O. collaris) sampled at 1070 m¹⁷. This suggests 30 31 that the metabolic capacity of the diaphragm is elevated in some high-altitude species, but there 32 is otherwise very little known about diaphragm function in high-altitude natives.

33 The deer mouse, Peromyscus maniculatus, inhabits the broadest altitudinal distribution of any North American mammal, from below sea level to more than 4,300 m elevation in the Rocky 34 Mountains¹⁸⁻²⁰. High-altitude deer mice sustain high field metabolic rates in the wild, presumably 35 36 to support the demands of thermogenesis in the colder environment at high altitudes (Hayes, 37 1989). There is strong directional selection at high altitudes that favours high aerobic capacity (VO_2max) in hypoxia²¹, and high-altitude populations show an elevated VO₂max in hypoxia 38 39 compared to low-altitude populations of deer mice and to low-altitude white-footed mice (P. *leucopus*)²²⁻²⁵. High-altitude populations also exhibit a more effective breathing pattern (higher 40 41 tidal volumes and lower breathing frequencies) than low-altitude populations in normoxia, and unlike lowlanders, highlanders change breathing very little in response to chronic hypoxia²⁶. 42 43 However, the extent to which diaphragm function is altered in highlanders to support an elevated 44 VO₂max, to accommodate a more effective breathing pattern, or to otherwise cope with the hypoxic conditions at high-altitude is unknown. Therefore, we examine here the effects of 45

46 chronic hypoxia on diaphragm physiology, considering the underlying determinants of metabolic
47 and contractile function, in high-altitude and low-altitude populations of *Peromyscus* mice.
48

49 **Results**

50 Effects of chronic hypoxia on oxidative capacity and mitochondrial function

51 The respiratory capacities of the diaphragm for oxidative phosphorylation (oxphos) 52 increased with chronic hypoxia in the lowland population, but more severe levels of hypoxia 53 were needed to elicit a similar effect of hypoxia exposure in the highland population (Fig. 1a). 54 Respiration rates with pyruvate, malate, and ADP (oxphos via complex I; P_{PM}) were 2.0-fold 55 higher after exposure to hypoxia simulating 4300 m (12 kPa O₂) in the lowland population, but a 56 similar level of hypoxia did not increase respiration in highlanders (Figure 1a; Table 1). 57 However, when the high-altitude population was exposed to more severe levels of hypoxia simulating 7000 m (9 kPa O₂), which they appeared to tolerate well and they still exhibited 58 59 normal activity and behaviour, respiration rates increased by 1.6-fold (Figure 1a; Table 1). 60 Similar effects of hypoxia exposure at 12 kPa O₂ were observed when respiration was measured in the subsequent presence of glutamate to stimulate maximal oxphos via complex I (P_{PMG}), 61 62 succinate to stimulate maximal oxphos via complexes I+II (P_{PMGS}), and ascorbate and TMPD to 63 elicit maximal respiration via complex IV (P_{Tm}) (Figure 1a; Table 1). There were also similar 64 effects of hypoxia exposure at 9 kPa O₂ in highlanders to those on P_{PM} for P_{PMG}, P_{PMGS}, and P_{Tm} 65 (Figure 1a; Table 1). In contrast, leak state respiration (L_N) was relatively unaffected by hypoxia 66 exposure and did not differ appreciably between populations (Figure 1a; Table 1). 67 The rate of ROS emission from diaphragm fibres, which was measured simultaneously

68	with mitochondrial respiration, increased in lowlanders but not in highlanders after hypoxia
69	exposure (Fig. 1b). ROS emission increased ~2-fold after exposure to chronic hypoxia (12 kPa
70	O ₂) in lowlanders but did not change in highlanders during leak, P _{PM} , P _{PMG} , or P _{PMGS} (ROS
71	emission cannot be measured in P_{Tm} in the presence of ascorbate and TMPD) (Figure 1b; Table
72	1). Exposure of highlanders to deeper levels of chronic hypoxia at 9 kPa O ₂ was also without any
73	statistically significant effects on ROS emission rate (Figure 1b; Table 1). The increases in ROS
74	emission in lowlanders occurred in parallel to the increases in respiration, because there was no
75	significant variation in rates of ROS emission relative to O ₂ consumption in mice exposed to
76	normoxia or 12 kPa hypoxia (Fig. 1c; Table 1). However, highlanders appear to avoid similar
77	increases in ROS emission rates by reducing ROS emission relative to O ₂ consumption by
78	roughly half after chronic exposure to 9 kPa hypoxia (Figure 1c; Table 1).
79	There was variation in the maximal activities of oxidative enzymes that existed in concert
80	with the differences in mitochondrial respiratory capacities (Table 2). The activity of citrate
81	synthase (CS), a citric acid cycle enzyme that is a commonly used marker of mitochondrial
82	abundance, increased after exposure to chronic hypoxia, but did not differ between populations.
83	The activity of cytochrome c oxidase (COX), the terminal oxygen acceptor of the electron
84	transport system, was also increased by exposure to chronic hypoxia. However, this response
85	was driven largely by the lowlanders, and there was a significant overall difference between
86	populations, a nearly significant environment \times population interaction (P=0.0525), and no
87	significant effect of hypoxia exposure on COX activity within highlanders (Figure 1).
88	Chronic hypoxia increased mitochondrial respiration rates relative to CS activity in
89	lowlanders, but not in highlanders, suggesting that mitochondrial quality was altered by hypoxia
90	exposure in the former population (Fig. 1d; Table 1). Oxphos respiration rates relative to CS

activity increased by ~2.0-fold after hypoxia exposure at 12 kPa O₂ in lowlanders but not in
highlanders, but this variation was less apparent in the leak state (Fig. 1d; Table 1). Exposure to
deeper levels of hypoxia at 9 kPa was without effect on respiration rates relative to CS activity in
highlanders (Fig. 1d; Table 1).

95 The observed variation in the respiratory capacity of diaphragm muscle did not appear to 96 result from variation in fibre-type composition (Fig. 2; Table 3). Exposure to chronic hypoxia 97 decreased the numerical and areal densities of type IIa fibres, in favour of subtle (sometimes 98 non-significant) increases in type IIx and/or IIb fibres. There were no overall population 99 differences in fibre-type composition or fibre size (i.e., no main effect of population in two-100 factor ANOVA), but the increase in type IIb fibre abundance appeared to be greater in the low-101 altitude population (based on a significant environment × population interaction). There were no 102 differences in the thickness of the diaphragm between groups, but there was a nearly significant 103 (p=0.051) increase (~7-15%) in diaphragm mass in highlanders compared to lowlanders (Table 104 3).

105 Despite the relative lack of variation in fibre-type composition between populations, 106 high-altitude mice appeared to have more capillary surface to support gas exchange in the 107 diaphragm (Fig. 2; Table 3). Highlanders had similar capillary densities and capillary to fibre 108 ratios to lowlanders, but ~2.1- to 2.2-fold greater capillary length densities (capillary length per 109 volume of muscle). The distinction between these two measures of capillarity may have arisen 110 from the appreciable difference in capillary morphology, in which staining wrapped the muscle 111 fibers more often in highlanders (such that the capillary was sectioned longitudinally to vessel 112 length) than in lowlanders (in which staining was generally more discrete, indicating that the 113 capillary was sectioned transversely) (Fig. 2), suggesting that vessel tortuosity may be

augmented in the high-altitude population. Chronic hypoxia had no effect on the capillarity ofthe diaphragm.

116

117 Effects of chronic hypoxia on contractile function

118 Several features of force production by the diaphragm varied between groups, despite the 119 relatively modest variation in fibre-type composition (Fig. 3; Table 4). Exposure to chronic 120 hypoxia increased the peak force and the rate of force development during a muscle twitch by 121 \sim 1.6 and \sim 1.5-fold, respectively. However, lowlanders generally produced \sim 1.7- to 1.8-fold 122 greater peak twitch forces and rates of force development, and they took ~1.2-fold more time to 123 relax after a single twitch. Similar population differences in force production were observed with 124 summation of twitch forces at increasing stimulation frequencies during tests of the force-125 frequency relationship (Table 4), with lowlanders producing ~1.6-fold higher tetanic force than 126 highlanders when stimulated at 100 Hz.

127 Chronic hypoxia increased fatigue resistance of the diaphragm (Fig. 4). The initial forces 128 generated in response to stimulation at 70 Hz in the fatigue resistance tests were generally 129 intermediate between the forces measured at 60 and 80 Hz in the force-frequency relationship 130 tests (Table 4); this result shows that force production by the muscle was stable over time and 131 did not decline over the 10 min recovery period between these two tests. However, as muscles 132 were subjected to repeated stimulation over the course of the fatigue resistance test, the 133 proportion of initial contraction force decreased progressively (from ~70-80% of initial 134 contraction force after 1 min of stimulation to only ~20-30% after 20 min). Exposing mice to 135 chronic hypoxia increased the time to 50% of initial force from ~ 6 to ~ 10 min, but there were no

136 significant differences between populations. Similarly, chronic hypoxia increased the proportion 137 of initial force remaining after 5 min of stimulation from ~51% to ~62%, but there were no 138 differences between populations. We measured Ca²⁺-dependent ATPase activity in heavy microsomes (which are enriched 139 for sarcoplasmic reticulum) as an index of sarcoplasmic reticulum Ca^{2+} -ATPase (SERCA), the 140 Ca^{2+} -ATPase involved in the active re-uptake of Ca^{2+} into the sarcoplasmic reticulum from the 141 142 cytosol. SERCA activity was 1.5- to 1.7-fold greater in highland mice than in lowland mice but 143 was unchanged by exposure to chronic hypoxia (Fig. 5).

144

145 **Discussion**

146 In this study, we used deer mice (Peromyscus maniculatus) native to high-altitude and 147 congeners (*P. leucopus*) native to low-altitude to discern the effects of chronic hypoxia on 148 diaphragm function and to identify potential evolved specializations that are unique to high-149 altitude natives. Our findings suggest that chronic hypoxia exposure of both lowland and 150 highland mice augments the mitochondrial respiratory capacity, force production, and fatigue 151 resistance of the diaphragm. However, evolved differences in high-altitude mice appeared to 152 oppose many of the environmentally-induced changes in the respiratory capacity and force 153 production of the diaphragm, because highlanders in chronic hypoxia often exhibited similar 154 phenotypes to lowlanders in normoxia. As a result, most aspects of diaphragm function were 155 similar between highlanders in conditions simulating hypoxia at 4300 m and lowlanders in 156 conditions simulating normoxia at sea level.

157

158 Effects of Chronic Hypoxia on Diaphragm Function

159 The respiratory capacity and citrate synthase activity of the diaphragm was augmented 160 after exposure to chronic hypoxia (Fig. 1a; Table 2). Citrate synthase is a commonly used marker 161 of mitochondrial volume, so chronic hypoxia may increase the respiratory capacity of the 162 diaphragm at least in part by inducing mitochondrial growth and biogenesis. The increases in 163 respiratory capacity did not appear to be driven by increases in the abundance of oxidative fibre 164 types in the muscle, and may have even been opposed slightly by the conversion of a small 165 number of IIa fibres into IIx or IIb fibres after exposure to chronic hypoxia (Table 3, Fig. 2). 166 Therefore, adjustments in mitochondrial quantity and/or quality appear to help maintain or 167 increase the respiratory capacity of the diaphragm in *Peromyscus* mice exposed to chronic 168 hypoxia. This contrasts previous studies of domestic C57BL/6J mice, in which chronic hypoxia 169 decreased the volume density and specific respiratory capacity of mitochondria in the diaphragm^{16, 27}, suggesting that the effects of chronic hypoxia on mitochondrial function may 170 171 differ appreciably between *Peromyscus* mice and house mice (*Mus musculus*). 172 The contractile force and fatigue resistance of the diaphragm also increased with 173 exposure to chronic hypoxia (Fig. 5). Peromyscus mice increase breathing by 1.2- to 1.5-fold in chronic hypoxia at 12 kPa²⁶, so the increases in force production and fatigue resistance (as well 174 175 as respiratory capacity) could represent a training effect resulting from increases in muscle 176 activity. This could be partly explained by the apparent shift in some fibres from IIa to IIx/IIb, but in contrast to some previous studies of domestic mice¹⁶, chronic hypoxia did not affect the 177 178 average size of any muscle fibre types (Table 3). Changes in contractile function after chronic 179 hypoxia do not appear to result from variation in SERCA activity (Fig. 5) or the density of

180 muscle fibres expressing $SERCA2^{13}$. It is possible that chronic hypoxia expanded the relative

volume of myofibrils within diaphragm fibres, but it is unclear how this might be achieved if
chronic hypoxia also increases the mitochondrial volume density of the fibres (as discussed in
the previous paragraph).

184 The observed changes in the metabolic and contractile phenotypes of the diaphragm in 185 low-altitude populations after chronic hypoxia (Figs. 1,5) occur in association with changes in 186 breathing. Lowlanders exhibit ventilatory acclimatization to hypoxia (VAH), in which exposure 187 to chronic hypoxia leads to a progressive increase in total ventilation at 12 kPa and it also makes 188 breathing pattern more effective (higher tidal volumes and lower breathing frequencies at a given total ventilation)²⁶. VAH appears to be underpinned by growth of the carotid bodies (the 189 190 chemoreceptor that initiates the hypoxic ventilatory response) in lowland *Permyscus* mice²⁶, and 191 VAH is generally believed to also result from neuroplasticity in ventilatory control circuits²⁸. 192 Therefore, VAH could contribute to the observed effects of chronic hypoxia on diaphragm 193 phenotype in lowlanders by augmenting routine ventilation (and presumably diaphragm activity) 194 and by restructuring the neural networks that control respiratory muscle contraction.

195

196 Changes in the Effects of Chronic Hypoxia and Diaphragm Function in High-Altitude Natives 197 Chronic exposure to deeper levels of hypoxia were needed to increase the respiratory 198 capacity of the diaphragm in high-altitude mice (Fig. 1a). The increases in respiratory capacity 199 observed in lowlanders were not observed in highlanders at 12 kPa O₂, but did occur in 200 highlanders after chronic exposure to 9 kPa O_2 – an O_2 pressure that was well tolerated by the 201 high-altitude mice and was comparable to the level of hypoxia at ~7,000 m elevation. This 202 observation could potentially be explained by population differences in VAH, because 203 highlanders do not exhibit VAH in response to chronic exposure to 12 kPa O₂, unlike the robust

VAH that is exhibited by lowlanders²⁶. However, it has yet to be determined if VAH occurs in 204 205 highlanders after acclimation to 9 kPa O₂, so it remains unclear whether the increased respiratory 206 capacity of their diaphragm in severe hypoxia could be explained by changes in breathing and 207 diaphragm activity. Alternatively, if tissue hypoxia is an important stimulus for increases in 208 respiratory capacity in chronic hypoxia, then this could explain the deeper level of hypoxia that is required to elicit a response in the highlanders. Arterial O₂ saturation is greater in highlanders 209 than in lowlanders at 12 kPa O_2^{26} , and is presumably associated with parallel differences O_2 210 211 supply to the diaphragm and to other tissues. The fact that arterial O₂ saturation in highlanders at 212 9 kPa is similar to that in lowlanders at 12 kPa may explain why these different environmental 213 conditions led to similar increases in respiratory capacity in each population.

214 Although the respiratory capacity of the diaphragm increased in chronic hypoxia in both 215 populations, the mechanisms involved appeared to differ in highlanders compared to lowlanders. 216 The increases in respiratory capacity in lowlanders appeared to result at least in part from 217 changes in mitochondrial quality, in which respiratory capacity increased relative to citrate 218 synthase activity (a marker of mitochondrial volume) (Fig. 1). Changes in mitochondrial quality 219 are not necessarily detrimental – increases in mitochondrial quantity and quality can contribute to improvements in locomotory muscle performance and exercise capacity 29 – but those in 220 221 lowlanders in the present study were correlated with elevated rates of ROS emission. Although 222 ROS are a normal byproduct of mitochondrial metabolism and play important signaling roles in 223 the muscle, disruptions in redox status and oxidative stress have been proposed to underlie some detrimental effects of chronic hypoxia on muscle function^{30, 31}. However, the increases in 224 225 respiratory capacity in highlanders appeared to result solely from changes in mitochondrial 226 abundance, as reflected by similar relative increases in respiratory capacity and CS activity, and

228 severe hypoxia decreased the ratio of ROS emission relative to O_2 consumption (Fig. 1), a 229 condition that has been shown to distinguish locomotory muscle mitochondria of rats that have been artificially selected for running endurance compared to their more sedentary counterparts³². 230 231 Capillary length density was comparatively higher in the diaphragm of high-altitude 232 mice, which likely increased the area for gas and nutrient exchange between capillaries and 233 muscle fibres (Table 3; Fig. 2). Our findings add to a growing number of studies suggesting that many high-altitude natives have evolved an increased capillarity in skeletal muscles^{24, 33-36}. This, 234 along with evolved changes in the distribution of mitochondria closer to capillaries^{35, 37}, likely 235 236 improves mitochondrial respiration in high-altitude hypoxia by increasing O₂ diffusing capacity 237 from the blood and increasing the O_2 pressure encountered by the mitochondria.

occurred without any change in ROS emission from the fibres (Fig. 1). In fact, exposure to

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238 The diaphragm of high-altitude mice generated less force in response to stimulation, 239 coincident with shorter times to relaxation after contraction and higher SERCA activity, but no difference in fibre-type composition (Figs. 3,5). Because SERCA pumps return Ca^{2+} from the 240 241 cytosol to the sarcoplasmic reticulum during muscle relaxation, it is possible that the greater SERCA activity in highlanders limited the rise in intracellular $[Ca^{2+}]$ ($[Ca^{2+}]_i$) during stimulation 242 and lowered force generation. Increases in $[Ca^{2+}]_i$ during contraction of skeletal muscle fibres in 243 *vivo* are not typically saturating (e.g., 1-5 μ M)^{38, 39}, so differences in [Ca²⁺]_i during muscle 244 245 contraction can affect the force generated by myofibrils. For example, pharmacological inhibition of SERCA has been shown to increase intracellular $[Ca^{2+}]$ and force production during 246 247 tetanic contraction, but slow the rate of relaxation after tetanus, in flexor brevis muscle fibres from domestic mice^{40, 41}. There is some suggestion that increases in haematocrit impair 248 diaphragm function in humans that ascend to high altitude⁴². However, this is unlikely in deer 249

mice as highlanders have the same haematocrit as lowlanders in normoxia, and lowlanders increase haematocrit more than highlanders after acclimation to hypoxia²⁴. Other contributors to force production, such as myofilament force generation or other aspects of Ca^{2+} handling, could also support the observed differences in high-altitude mice⁴³.

254 Why would high-altitude mice evolve in such a way that their diaphragm generates less 255 force than that of lowlanders, despite the seeming advantage that diaphragm force might confer 256 for sustaining increases in ventilation at high altitudes? It is unlikely that highlanders have offset 257 the *in vivo* effects of having lower specific force production by evolving a larger diaphragm, 258 because the magnitude of the reduction in force production (Fig. 3) is far greater than the 259 magnitude of the increase in diaphragm mass (Table 3). The reason for this curious reduction in 260 force production is not entirely clear, but it could foreseeably contribute to thermogenesis in the cold environment at high altitudes. Increasing the rate of active reuptake of Ca^{2+} by SERCA 261 could augment Ca²⁺ cycling, overall ATP demand, and thus the heat production by the 262 263 diaphragm. This would be a different potential mechanism to the heat-generating effects of sarcolipin-induced uncoupling of SERCA pumps⁴⁴⁻⁴⁷, but both mechanisms could contribute to 264 non-shivering thermogenesis by augmenting Ca^{2+} pumping. Because the diaphragm is not 265 266 believed to need its full contractile potential during routine conditions, as many fast-contracting 267 fibres are likely only recruited when the diaphragm is accomplishing tasks that require large amounts of force (e.g., sneezing and coughing)⁴⁸, the lower force production in highlanders is not 268 269 expected to restrain their ability to breathe. However, the ideal location of the diaphragm 270 adjacent to many vital organs makes it a potentially valuable source of supplemental heat 271 production. By relinquishing some of the excess force generating capacity of the diaphragm, 272 high-altitude deer mice may have evolved additional means of staying warm in the cold

environment at high altitude.

274

275 Materials and Methods

276 Animals

277 Adult mice were live trapped in the wild at high altitude on the summit of Mount Evans 278 Colorado (39°35'18''N, 105°38'38"W; ~4350 m above sea level) (P. maniculatus rufinus) and at 279 low altitude on the Great Plains of Nebraska (40°52'12''N, 96°48'20.3''W; ~430 m above sea 280 level) (P. leucopus), and were transported to McMaster University (elevation 50 m). Mice were 281 bred within each population, and lab-raised progeny were raised to adulthood in captivity in 282 common-garden conditions in normoxia. Adult lab-raised mice (6-12 months of age) from each 283 population were acclimated to (i) standard cage conditions in normobaric normoxia or (ii) 284 hypobaric hypoxia simulating the barometric pressure at an elevation of 4,300 m (barometric 285 pressure of 60 kPa, and O₂ partial pressure of 12 kPa) for 6-8 weeks. For some measurements, 286 high-altitude mice were also acclimated to a more severe level of hypobaric hypoxia that 287 simulated 7,000 m elevation (barometric pressure of 42 kPa, and O₂ pressure of 9 kPa). Specially designed hypobaric chambers were used for hypoxia acclimation, as previously described^{24, 37, 49}. 288 289 Otherwise, mice were held in standard holding conditions (23-25°C, 12:12 light-dark 290 photoperiod) with unlimited access to standard rodent chow and water. After acclimation, mice 291 were euthanized (isoflurane anaesthesia followed by cervical dislocation) and then sampled to 292 measure various aspects of diaphragm function (see below). All procedures were carried out in 293 accordance with guidelines set out by the Canadian Council on Animal Care, and were approved 294 by the McMaster Animal Research Ethics Board.

296 Mitochondrial function in permeabilized muscle fibres

297	Small samples (~50 mg) of diaphragm muscle were transferred to ice-cold relaxing and
298	preservation buffer (20 mM imidazole, 2.77 mM CaK2EGTA, 7.23 mM K2EGTA, 6.56 mM
299	MgCl ₂ , 20 mM taurine, 0.5 mM DTT, 50 mM potassium-methane sulfonate, 5.8 mM Na ₂ ATP,
300	and 15 mM creatine phosphate, pH 7.1) and were mechanically separated using dissecting
301	probes. Fibres were then chemically permeabilized for 30 min in the same buffer containing 50
302	μ g/ml saponin, and rinsed three times for 10 min in respiration buffer (20 mM HEPES, 0.5 mM
303	EGTA, 3 mM MgCl ₂ , 60 mM K-lactobionate, 20 mM taurine, 10 mM KH ₂ PO ₄ , and 110 mM
304	sucrose, and 1 mg/ml fatty acid-free bovine serum albumin [BSA]; pH 7.1) to wash out
305	endogenous metabolites. Fibres were weighed before respirometry measurements by transferring
306	bundles to respiration solution on a tared analytical balance.
307	In situ mitochondrial function was measured in 2 ml of respiration solution in a high-
308	resolution respirometer and fluorometer (Oxygraph-2k with O2k-Fluorescence module;
309	Oroboros Instruments, Innsbruck, Austria) at 37°C under continuous stirring. Fibres (2.1-5.3 mg
310	wet mass) were allowed to rest for 5 min after being transferred to the chamber. Respiration rate
311	was measured from the rate of decline in O_2 concentration in the chamber. Reactive oxygen
312	species (ROS) were measured by the fluorescent detection of resorufin (excitation wavelength of
313	525 nm and AmR filter set, Oroboros Instruments). This was accomplished by adding exogenous
314	superoxide dismutase (22.5 U ml ⁻¹ ; which catalyzes the production of hydrogen peroxide from
315	mitochondrial superoxide), Ampliflu Red (15 μ mol l ⁻¹), and horseradish peroxidase (3 U ml ⁻¹ ;
316	which catalyzes the production of resorufin from hydrogen peroxide and Ampliflu Red) to the

317	respiration buffer. The rate of ROS emission was thus measured as the molar rate of H_2O_2
318	appearance, using exogenous H_2O_2 to calibrate the fluorescent resorufin signal. Respiration and
319	ROS emission rates were first measured after adding malate (2 mM) followed by pyruvate (5
320	mM) to stimulate leak state respiration (L_N). ADP (5 mM) was then added to stimulate ADP-
321	stimulated respiration via complex I (P_{PM}), reflecting the mitochondrial capacity for supporting
322	oxidative phosphorylation (oxphos) with pyruvate. Respiration was then measured after each
323	addition of glutamate (10 mM) (P_{PMG}) and succinate (25 mM) (P_{PMGS}) to determine the maximal
324	capacity for supporting oxphos via complex I and then complexes I+II (i.e., single and then
325	convergent electron inputs to coenzyme Q), respectively. Cytochrome c (10 μ M) was then added
326	to assess the viability of the preparations (increases in respiration are often used as an index of
327	poor outer mitochondrial-membrane integrity, but none of our preparations showed a significant
328	cytochrome c effect of more than 5% above P_{PMGS}). Finally, ascorbate (0.5 mM) followed by
329	N,N,N,N-tetramethyl-p-phenylenediamine (TMPD; 0.5 mM) was used to maximally stimulate
330	complex IV (P_{Tm}). The fibres were then removed from the respirometer, frozen in liquid N_2 , and
331	stored at -80°C until assayed for mitochondrial enzyme activities (next section). Respiration and
332	ROS emission rates were measured for at least 3 min in each condition until a steady state was
333	reached. Rates are expressed relative to the wet mass of fibres. The biochemicals used for the
334	measurements described in this section, and elsewhere throughout the Materials and Methods,
335	were obtained from Sigma-Aldrich (Oakville, ON, Canada) unless otherwise stated.

336

337 Mitochondrial enzyme activities

338

The maximal activities (V_{max}) of citrate synthase (CS) and cytochrome c oxidase (COX)

339	were assayed at mouse body temperature (37°C) as previously described ^{24, 50} using a SpectraMax
340	Plus 384 spectrophotometer (Molecular Devices, Sunnyvale, CA, USA). Samples were first
341	homogenized in 10 volumes of ice-cold buffer containing 100 mM KH ₂ PO ₄ , 1 mM EGTA, 1
342	mM EDTA, and 1 mM phenylmethylsulfonyl fluoride (PMSF) at pH 7.2. Homogenates were
343	then centrifuged at 1,000 g at 4° C and the supernatant was collected for use in assays. Enzyme
344	activity was assayed in the following conditions: CS, 100 mM KH_2PO_4 (pH 7.2), 0.5 mM
345	oxaloacetate, 0.15 mM acetyl-coA, 0.15 mM 5,5'-dithiobis-2-nitrobenzoic acid; COX, 100 mM
346	KH ₂ PO ₄ (pH 7.2), 0.2 mM reduced cytochrome c (Calzyme Laboratories, CA, USA). V_{max} was
347	measured in triplicate at 412 nm for CS (ϵ =14.15 l mM ⁻¹ cm ⁻¹) and 550 nm for COX (ϵ =28.5
348	mM^{-1} cm ⁻¹). Enzyme activities are expressed in units of µmol substrate per g tissue per min.
349	Preliminary experiments determined that all substrate concentrations were saturating.
350	

351 Diaphragm size, fibre-type composition, and capillarity

352 Fibre-type composition and capillarity was determined for diaphragm samples that were 353 dissected, coated in mounting medium, and rapidly frozen in 2-methylbutane (cooled to near 354 freezing in liquid N₂). Muscle was sectioned (10 µm) transverse to fibre length in a -20°C 355 cryostat and mounted on slides (Superfrost Plus, Fisher). Enzyme histochemistry was used to 356 stain cryostat sections for myosin-ATPase activity after pre-incubated at pH 4.6 (to identify slow 357 oxidative, type I, fibres), or alkaline phosphatase activity (as a marker of capillaries) using methods we have described previously^{35, 36}. Fluorescence immunohistochemistry was used to 358 359 identify fibre types IIa and IIb. Sections were hydrated in phosphate buffered saline (PBS) and 360 blocked in blocking solution (PBS containing 0.2% Triton X-100, 0.1% w:v sodium azide, 10%

361	normal goat serum) for 1 h at room temperature. Slides were then incubated overnight with
362	primary antibodies against myosin heavy chain (MHC) IIA (1:10 dilution; SC-71,
363	Developmental Studies Hybridoma Bank [DSHB], University of Iowa) and IIB (1:25 dilution;
364	BA-F3, DSHB). The following day, slides were rinsed well in PBS and then incubated with
365	appropriate secondary antibodies (AlexaFluor 488 at 1:250 dilution and AlexaFluor 594 at 1:500
366	dilution; Life Technologies, Oregon, USA) for 2 h at room temperature. Slides were then rinsed
367	in PBS and mounted using Vecta Shield (Vector Laboratories Inc., California, USA).
368	Images were collected using bright-field/fluorescence microscopy and stereological
369	methods were used to make unbiased measurements of several histological variables, as
370	previously described ^{51, 52} , with the assistance of ImageJ software ⁵³ . Type I, IIa, and IIb fibres
371	were identified from images of myosin-ATPase activity, MHC IIA, and MHC IIB, respectively,
372	and the remaining fibres that were not otherwise identified were considered to be type IIx fibres.
373	NIS Elements Imaging Software (version 4.30, Nikon Instruments, Melville, NY, USA) was also
374	used to measure the number, staining area, and perimeter of individual capillaries within each
375	image. Capillary length density was calculated according to Mathieu-Costello ⁵⁴ as the quotient of
376	capillary areal density (i.e., area of capillary staining relative to total area) and the transverse area
377	of individual capillaries. Because many muscle capillaries are tortuous and are thus sectioned
378	oblique to their length, their apparent measured area is larger than their transverse area. We
379	therefore used the average area of the smallest 10% of identified capillaries to estimate the
380	transverse area of individual capillaries. A sufficient number of images were analyzed to account
381	for heterogeneity, determined in preliminary measurements as the number of images necessary to
382	yield a stable mean value for an individual. We also determined the average thickness of the

diaphragm for each individual mouse by taking the average of several thickness measurementsacross all images.

385 Diaphragm masses were obtained in a separate set of mice by dissecting out and
386 weighing diaphragms on a tared analytical balance, and are expressed relative to body mass.
387

388 Muscle contractile function

389 The contractile function of the diaphragm was examined *in vitro* using an isolated muscle 390 test system (Aurora Scientific, Aurora, ON, Canada). Muscle strips were isolated and prepared as previously described⁵⁵. Diaphragms were dissected fresh with ribs attached and placed into ice-391 392 cold buffer (118 mM NaCl, 4.7 mM KCl, 2.5 mM CaCl₂, 1.2 mM KH₂PO₄, 0.57 mM MgSO₄, 25 393 mM HEPES and 5.5 mM glucose; pH 7.2). The buffer was continuously bubbled with pure O₂ 394 gas to maintain high O₂ levels (>575 µM or 18.4 mg/L O₂). Strips of muscle were prepared, with 395 the ribs at the distal end and the central tendon at the proximal end, and the remaining muscle tissue was frozen in liquid N₂ and stored at -80°C until assayed for Ca^{2+} -ATPase activity (next 396 397 section). The rib margin was anchored in place and the central tendon was attached to the force 398 transducer (305C Dual-Mode Muscle Lever, Aurora Scientific) using sutures, and the diaphragm 399 was submerged in the above buffer and maintained at 37°C. The optimal muscle length was determined and set as follows using established procedures⁵⁵. The stimulus voltage was first 400 401 increased until the peak isometric twitch force was achieved, reflecting full recruitment of fibres 402 in the muscle strip (this maximal stimulation occurred at ~5-15 V for 1 ms, applied using a 701C 403 Electrical Stimulator; Aurora Scientific). The muscle was then subjected to supra-maximal 404 stimulation (10% higher voltage than needed for maximal stimulation) while muscle length was

405 adjusted with a micro-positioner, until the optimal length was reached that maximized isometric 406 twitch force (optimal length was 8.53 ± 0.21 mm overall, and did not differ across treatment 407 groups; P=0.10). The diaphragm strip was then given 5 min to recover. A single twitch was 408 elicited (supra-maximal stimulation, 1 ms) from which twitch force, time to peak force, and time 409 to 50% relaxation were determined. The force-frequency relationship was then determined by 410 sequentially stimulating the muscle strips at 10, 20, 30, 40, 60, 80 and 100 Hz for 300 ms at each 411 stimulus frequency interspersed by 2 min recovery intervals between each stimulus, and the 412 diaphragm was allowed 10 min to recover. Fatigue resistance was then measured as the decay in 413 force production while the diaphragm was stimulated every second (at 70 Hz for 300 ms) for 20 min^{56} . The muscle strip was then removed from the apparatus, the ribs and central tendon were 414 415 removed, and the wet mass of the muscle tissue was measured. The dry mass was then 416 determined after oven baking the tissue at 60°C for 5 h (the dry mass of muscle strips were 2.12 417 \pm 0.12 mg overall, and did not differ across treatment groups; P=0.5420). Contraction data were 418 recorded and analyzed using the manufacturer's software (Aurora Scientific). Specific forces are expressed in N/cm² of muscle cross-sectional area. The latter was approximated as previously 419 described¹³, by dividing muscle dry mass by the product of optimal length and muscle density 420 421 (assumed to be 1.06 g/cm^3).

422

423 Sarcoplasmic reticulum Ca^{2+} -ATPase (SERCA) activity

We measured Ca²⁺-dependent ATPase activity in heavy microsomes (which are enriched
for sarcoplasmic reticulum) as an index of SERCA activity, using a modification of previously
described protocols⁵⁷⁻⁵⁹ in a SpectraMax Plus 384 spectrophotometer. Samples were
homogenized in 10 volumes of ice-cold buffer (100 mM Tris, 250 mM sucrose, 5% glycerol and

428	1 mM phenylmethylsulfonyl fluoride [PMSF]; pH 7.0) and then centrifuged at 1,000 g at 4°C for
429	2 min. The supernatant was collected and vortexed, then centrifuged at 12,000 g at 4°C for 20
430	min (the preceding centrifugation steps should remove myfibrils, mitochondria, nuclei, and other
431	heavy cellular components ⁶⁰⁻⁶²). The supernatant was again collected and vortexed, then
432	centrifuged at 21,000 g at 4°C for 2 h. The resulting pellet (the heavy microsomal fraction that
433	contains sarcoplasmic reticulum) was collected and re-suspended in buffer for use in enzyme
434	assays, and the resulting supernatant (which should include sarcolemmal vesicles, light
435	microsomes, polysomes, and ribosomes ⁶⁰⁻⁶²) was discarded. The rate of change in absorbance at
436	630 nm (ϵ =19.6 mM ⁻¹ cm ⁻¹) was measured over 10 min at mouse body temperature (37°C) under
437	the following conditions: 30 mM imidazole, 1 mM ATP, 2.5 μ M ruthenium red, 100 mM KCl, 5
438	mM sodium azide, 200 μ M EGTA; pH 6.8. The amount of free inorganic phosphate (P _i) in these
439	conditions was determined by mixing a phosphorus determination solution (0.4 % w:v polyvinal
440	alcohol [89-98 kDa], 75 μ M malachite green, and 7.75 mM ammonium heptamolybdate; as
441	described in Chan et al., 1986 ⁵⁸), 4:1 with the reaction mixture. Malachite green reacts with
442	phosphomolybdate (a product of the reaction of free phosphate and molybdate) and absorbs light
443	at wavelengths 620-650 nm, with peak absorbance at 630 nm. Each sample was assayed in
444	duplicate in the presence and absence of CaCl ₂ , at an appropriate concentration to obtain 80 μ M
445	free calcium (using the Maxchelator calculator described by Schoenmakers et al., 1992 ⁶³).
446	SERCA activity was determined by subtracting the values obtained without calcium (background
447	ATPase activity found in the heavy microsomal fraction) from those obtained with 80 μ M free
448	calcium (Ca ²⁺ -stimulated ATPase activity plus background ATPase activity found in the heavy
449	microsomal fraction), and is expressed in µmol substrate per mg of microsomal protein per min.
450	Preliminary experiments determined that substrate concentrations were saturating.

452 Statistical analysis

453Data are presented as means \pm SE. Two-factor ANOVA was used to evaluate the main454effects of population and environment (normoxia and hypoxia at 12 kPa O₂), and Bonferroni455post-tests were used to evaluate pairwise differences between populations within an environment456and between environments within each population. For the subset of measurements for which we457also collected data from highlanders exposed to more severe levels of hypoxia (9 kPa O₂), we458also used one-factor ANOVA and Bonferroni post-tests to evaluate the effects of exposure459environment in the highlanders. P < 0.05 was considered significant.</td>

460

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470

471 Conflicting Interests

472 The authors declare no competing financial interests.

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$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	Experimental Results	Population Main Effect Two-Factor ANOVA ¹	Environment Main Effect Two-Factor ANOVA ¹	Interaction Effect Two-Factor ANOVA ¹	Environment Main Effect One-Factor ANOVA ²
$\frac{Respiration Rate (Data in Fig. 1A)}{L_{N}} = \frac{L_{1,33}=2.87, P=0.0997}{P_{PM}} = \frac{F_{1,33}=0.14, P=0.7118}{F_{1,33}=0.131, P=0.0029} = \frac{F_{1,33}=4.78, P=0.0360}{F_{1,33}=8.56, P=0.0062} = \frac{F_{2,26}=1.609, P=0.2193}{F_{2,26}=9.531, P=0.0008} = \frac{F_{2,26}=9.531, P=0.0008}{F_{2,26}=9.531, P=0.0003} = \frac{F_{2,26}=1.26, P=0.0003}{F_{2,26}=1.26, P=0.0003} = \frac{F_{2,26}=1.26, P=0.0003}{F_{2,26}=1.26, P=0.0002} = \frac{F_{1,33}=2.018, P<0.0001}{F_{1,33}=2.63, P=0.0232} = \frac{F_{1,33}=2.294, P<0.0001}{F_{1,33}=2.5.94, P<0.0001} = \frac{F_{1,33}=6.07, P=0.0192}{F_{1,33}=6.07, P=0.0192} = \frac{F_{2,26}=1.180, P=0.0002}{F_{2,26}=11.80, P=0.0001} = \frac{F_{2,26}=1.180, P=0.0002}{F_{2,26}=18.98, P<0.0001} = \frac{F_{2,26}=1.180, P=0.0002}{F_{2,26}=18.98, P<0.0001} = \frac{F_{2,26}=1.180, P=0.0002}{F_{2,26}=18.98, P<0.0001} = \frac{F_{2,26}=1.194, P=0.8879}{F_{2,26}=0.335, P=0.04041} = \frac{F_{1,33}=4.42, P=0.0433}{F_{2,26}=0.335, P=0.04041} = \frac{F_{2,26}=0.385, P=0.04041}{F_{1,33}=4.27, P=0.0466} = \frac{F_{1,33}=4.70, P=0.0374}{F_{1,33}=6.49, P=0.0157} = \frac{F_{2,26}=1.1563, P=0.2285}{F_{2,26}=1.151, P=0.3318} = \frac{F_{1,33}=0.3421, P=0.5626}{F_{1,33}=0.324, P=0.0326} = \frac{F_{1,33}=0.0971, P=0.7573}{F_{1,33}=0.036, P=0.9512} = \frac{F_{2,26}=3.477, P=0.0459}{F_{2,26}=4.934, P=0.0153} = \frac{F_{2,26}=3.477, P=0.0459}{F_{2,26}=4.934, P=0.0153} = \frac{F_{2,26}=3.477, P=0.0459}{F_{2,26}=4.593, P=0.0195} = \frac{F_{2,26}=3.477, P=0.0459}{F_{2,26}=4.593, P=0.0195} = \frac{F_{2,26}=4.593, P=0.0195}{F_{2,26}=4.593, P=0.0195} = \frac{F_{2,26}=1.760, P=0.1919}{F_{1,33}=0.334, P=0.0286} = \frac{F_{1,33}=0.6341, P=0.2866}{F_{1,33}=0.0334, P=0.2866} = \frac{F_{1,33}=10.13}{F_{1,33}=0.333, P=0.5678} = \frac{F_{2,26}=1.760, P=0.1919}{F_{2,26}=0.0988, P=0.3905} = \frac{F_{2,26}=1.760, P=0.1919}{F_{2,26}=0.0988, P=0.3905} = \frac{F_{2,26}=1.760, P=0.1919}{F_{2,26}=0.0988, P=0.3905} = \frac{F_{2,26}=1.760, P=0.1919}{F_{2,26}=0.0988, P=0.3905} = \frac{F_{2,26}=1.151, P=0.0388}{F_{1,33}=0.0145} = \frac{F_{2,26}=1.760, P=0.1919}{F_{2,26}=0.0988, P=0.3905} = \frac{F_{2,26}=1.151, P=0.0086}{F_{1,33}=0.113, P=0.0036} = \frac{F_{2,26}=1.760, P$					
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Respiration Rate (Data in Fig	<u>g. 1A)</u>			
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	L _N	F _{1,33} =2.87, P=0.0997	F _{1,33} =0.14, P=0.7118	F _{1,33} =4.78, P=0.0360	F _{2,26} =1.609, P=0.2193
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	P _{PM}	F _{1,33} =2.07, P=0.1592	F _{1,33} =10.31, P=0.0029	F _{1,33} =8.56, P=0.0062	F _{2,26} =9.531, P=0.0008
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	P _{PMG}	F _{1,33} =4.21, P=0.0483	F _{1,33} =21.17, P<0.0001	F _{1,33} =13.20, P=0.0009	F _{2,26} =11.26, P=0.0003
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	P _{PMGS}	F _{1,33} =3.63, P=0.0656	F _{1,33} =20.18, P<0.0001	F _{1,33} =8.13, P=0.0075	F _{2,26} =11.80, P=0.0002
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	P _{Tm}	F _{1,33} =5.67, P= 0.0232	F _{1,33} =25.94, P<0.0001	F _{1,33} =6.07, P=0.0192	F _{2,26} =18.98, P<0.0001
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	ROS Emission Rate (Data in	<u>Fig. 1B)</u>			
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	L _N	F _{1.33} =3.03, P=0.0912	F _{1.33} =5.21, P=0.0291	F _{1,33} =4.42, P=0.0433	F _{2.26} =0.1194, P=0.8879
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	P _{PM}	F _{1.33} =2.63, P=0.1144	F _{1.33} =4.98, P=0.0325	F _{1.33} =7.98, P=0.0080	F _{2.26} =0.9385, P=0.4041
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	P _{PMG}	F _{1.33} =4.27, P=0.0466	F _{1.33} =4.70, P=0.0374	F _{1.33} =6.49, P=0.0157	F _{2.26} =1.563, P=0.2285
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	P _{PMGS}	F _{1,33} =4.859, P=0.0346	F _{1,33} =6.32, P=0.0170	F _{1,33} =4.095, P=0.0512	F _{2,26} =1.151, P=0.3318
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	ROS Emission/O2 Consump	tion Rate (Data in Fig. 1C)			
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	P _{PM}	F _{1.33} =0.3421, P=0.5626	F _{1.33} =0.0971, P=0.7573	F _{1.33} =0.0036, P=0.9524	F _{2.26} =3.477, P=0.0459
P PMGS $F_{1,33}=0.0344, P=0.8540$ $F_{1,33}=1.178, P=0.2856$ $F_{1,33}=0.333, P=0.5678$ $F_{2,26}=4.593, P=0.0195$ Respiration Rate/Citrate Synthase Activity (Data in Fig. 1D) $F_{1,33}=0.6411, P=0.4290$ $F_{1,33}=14.62, P=0.0006$ $F_{2,26}=1.760, P=0.1919$ P_{PM} $F_{1,33}=5.243, P=0.0286$ $F_{1,33}=6.196, P=0.0180$ $F_{1,33}=16.68, P=0.0003$ $F_{2,26}=0.0698, P=0.3905$ P_{PMG} $F_{1,33}=8.582, P=0.0061$ $F_{1,33}=8.789, P=0.0056$ $F_{1,33}=20.59, P<0.0001$ $F_{2,26}=0.0398, P=0.5889$ P_{PMGS} $F_{1,33}=10.13, P=0.0032$ $F_{1,33}=10.17, P=0.0031$ $F_{1,33}=13.14, P=0.0010$ $F_{2,26}=2.775, P=0.0808$ P_{Tm} $F_{1,33}=8.041, P=0.0078$ $F_{1,33}=6.293, P=0.0172$ $F_{1,33}=9.538, P=0.0041$ $F_{2,26}=0.1463, P=0.8645$	P _{PMG}	F _{1.33} =0.1563, P=0.6952	F _{1.33} =0.6931, P=0.4111	F _{1.33} =0.0281, P=0.8678	F _{2.26} =4.934, P=0.0153
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	P _{PMGS}	F _{1,33} =0.0344, P=0.8540	F _{1,33} =1.178, P=0.2856	F _{1,33} =0.333, P=0.5678	F _{2,26} =4.593, P=0.0195
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	Respiration Rate/Citrate Syn	thase Activity (Data in Fig. 1D))		
P_{PM} $F_{1,33}=5.243, P=0.0286$ $F_{1,33}=6.196, P=0.0180$ $F_{1,33}=16.68, P=0.0003$ $F_{2,26}=0.0698, P=0.3905$ P_{PMG} $F_{1,33}=8.582, P=0.0061$ $F_{1,33}=8.789, P=0.0056$ $F_{1,33}=20.59, P<0.0001$ $F_{2,26}=0.0398, P=0.5889$ P_{PMGS} $F_{1,33}=10.13, P=0.0032$ $F_{1,33}=10.17, P=0.0031$ $F_{1,33}=13.14, P=0.0010$ $F_{2,26}=2.775, P=0.0808$ P_{Tm} $F_{1,33}=8.041, P=0.0078$ $F_{1,33}=6.293, P=0.0172$ $F_{1,33}=9.538, P=0.0041$ $F_{2,26}=0.1463, P=0.8645$	L _N	F _{1.33} =0.064, P=0.8019	F _{1.33} =0.6411, P=0.4290	F _{1.33} =14.62, P=0.0006	F _{2.26} =1.760, P=0.1919
P_{PMG} $F_{1,33}=8.582$, P=0.0061 $F_{1,33}=8.789$, P=0.0056 $F_{1,33}=20.59$, P<0.0001 $F_{2,26}=0.0398$, P=0.5889 P_{PMGS} $F_{1,33}=10.13$, P=0.0032 $F_{1,33}=10.17$, P=0.0031 $F_{1,33}=13.14$, P=0.0010 $F_{2,26}=2.775$, P=0.0808 P_{Tm} $F_{1,33}=8.041$, P=0.0078 $F_{1,33}=6.293$, P=0.0172 $F_{1,33}=9.538$, P=0.0041 $F_{2,26}=0.1463$, P=0.8645	P _{PM}	F _{1.33} =5.243, P=0.0286	F _{1.33} =6.196, P=0.0180	F _{1.33} =16.68, P=0.0003	F _{2.26} =0.0698, P=0.3905
PPMGS $F_{1,33}=10.13$, P=0.0032 $F_{1,33}=10.17$, P=0.0031 $F_{1,33}=13.14$, P=0.0010 $F_{2,26}=2.775$, P=0.0808P_Tm $F_{1,33}=8.041$, P=0.0078 $F_{1,33}=6.293$, P=0.0172 $F_{1,33}=9.538$, P=0.0041 $F_{2,26}=0.1463$, P=0.8645	P _{PMG}	F _{1.33} =8.582, P=0.0061	F _{1 33} =8.789, P=0.0056	F _{1,33} =20.59, P<0.0001	F _{2 26} =0.0398, P=0.5889
P_{Tm} $F_{1,33}=8.041$, P=0.0078 $F_{1,33}=6.293$, P=0.0172 $F_{1,33}=9.538$, P=0.0041 $F_{2,26}=0.1463$, P=0.8645	Pengs	F _{1.33} =10.13, P=0.0032	F _{1 33} =10.17, P=0.0031	F _{1,33} =13.14, P=0.0010	$F_{2.26}=2.775, P=0.0808$
	P _{Tm}	F _{1.33} =8.041, P=0.0078	F _{1 33} =6.293, P=0.0172	F _{1.33} =9.538, P=0.0041	F _{2 26} =0.1463, P=0.8645

Table 1. Statistical results for permeabilized fibre respiration and ROS emission measurements in the diaphragm of *Peromyscus* mice.

¹Two-factor ANOVA was used to test for significant effects of population and environment in mice exposed to normoxia or hypoxia at 12 kPa O_2 . ²One-factor ANOVA was used to test for significant differences between normoxia, hypoxia at 12 kPa O_2 , and severe hypoxia at 9 kPa O_2 within highland mice.

Table 2. Chronic hypoxia increased the citrate synthase activity of the diaphragm in both populations of *Peromyscus* mice, but had population-specific effects on cytochrome c oxidase activity.

Enzyme (µmol/ g tissue/min)	Normoxic Lowlanders	Hypoxic (12 kPa) Lowlanders	Normoxic Highlanders	Hypoxic (12 kPa) Highlanders	Hypoxic (9 kPa) Highlanders	Population Main Effect Two-Factor ANOVA	Environment Main Effect Two-Factor ANOVA	Interaction Effect Two-Factor ANOVA	Environment Main Effect One-Factor ANOVA
Citrate Synthase	53.6 ± 4.5	$72.7 \pm 5.0^{\dagger}$	50.5 ± 5.1	$76.7 \pm 4.1^{\dagger}$	$101.6 \pm 7.0^{\dagger,\dagger\dagger}$	F _{1,33} =0.01, P=0.9208	F _{1,33} =21.35, P<0.0001	F _{1,33} =0.54, P=0.4675	F _{2,26} =41.25, P<0.0001
Cytochrome c Oxidase	59.7 ± 3.2	95.98 ± 5.1 [†]	86.7 ± 7.5 [*]	100.1 ± 5.3	102.7 ± 2.4	F _{1,33} =7.16, P=0.0115	F _{1,33} =18.37, P=0.0001	F _{1,33} =4.05, P=0.0525	F _{2,26} =1.644, P=0.2119

Values are given in as the mean \pm SEM (n = 8-11). *,†,†† Significant pairwise differences between the highland and lowland populations within the same environment, between normoxia and hypoxia (12 kPa) within the same population, or between moderate (12 kPa) and severe (9 kPa) hypoxia within the highlanders, respectively, in Bonferroni post-tests.

Muscle Trait	Normoxic Lowlanders	Hypoxic Lowlanders	Normoxic Highlanders	Hypoxic Highlanders	Population Main Effect	Environment Main Effect	Interaction Effect
Diaphragm Mass (mg/g body mass)	3.87 ± 0.13	3.92 ± 0.21	4.45 ± 0.15	4.23 ± 0.23	F _{1,29} =4.136, P=0.0512	F _{1,29} =1.873, P=0.6683	F _{1,29} =0.3599 P=0.5532
Diaphragm Thickness (μm)	406.1 ± 27.6	356.6 ± 26.8	405.5 ± 26.3	405.7 ± 29.7	F _{1,30} =0.7280, P=0.4003	F _{1,30} =0.7518, P=0.3928	F _{1,30} =0.7630 P=0.3893
Numerical Density (%)							
type I fibre	11.3 ± 0.4	9.7 ± 1.0	13.1 ± 1.2	14.0 ± 2.5	F _{1,20} =2.66, P=0.1184	F _{1,20} =0.03, P=0.8584	F _{1,20} =0.44, P=0.5131
type IIa fibre	39.3 ± 6.8	23.2 ± 2.0	34.6 ± 2.4	29.7 ± 2.6	F _{1,20} =0.06, P=0.8052	F _{1,20} =9.07, P=0.0069	F _{1,20} =2.54, P=0.1267
type IIx fibre	45.8 ± 7.9	55.5 ± 3.7	43.6 ± 2.4	49.0 ± 3.3	F _{1,20} =1.13, P=0.3007	F _{1,20} =3.38, P=0.0811	F _{1,20} =0.28, P=0.6016
type IIb fibre	3.6 ± 1.1	11.6 ± 3.0	8.7 ± 2.3	7.4 ± 1.2	F _{1,20} =0.03, P=0.8562	F _{1,20} =2.06, P=0.1664	F _{1,20} =3.94, P=0.0609
Areal Density (%)							
type I fibre	15.3 ± 2.2	9.6 ± 0.7	13.9 ± 1.0	16.0 ± 1.7	F _{1,20} =1.37, P=0.2553	F _{1,20} =0.71, P=0.4091	F _{1,20} =3.27, P=0.0858
type IIa fibre	27.2 ± 2.8	16.0 ± 2.1	23.6 ± 1.7	18.0 ± 1.8	F _{1,20} =0.15, P=0.6993	F _{1,20} =15.47, P=0.0008	F _{1,20} =1.70, P=0.2074
type IIx fibre	53.8 ± 4.2	59.4 ± 3.8	53.5 ± 1.8	57.2 ± 3.3	F _{1,20} =0.15, P=0.6984	F _{1,20} =2.07, P=0.1653	F _{1,20} =0.10, P=0.7605
type IIb fibre	3.7 ± 1.0	14.9 ± 3.8	9.0 ± 2.1	8.9 ± 1.8	F _{1,20} =0.03, P=0.8692	F _{1,20} =5.02, P=0.0365	F _{1,20} =5.21, P=0.0335
Fibre Transverse Area (µr	n ²)				1 -0.0002	1 -0.0000	0.0000
type I fibre	1103 ± 184	1501 ± 501	910 ± 82	1219 ± 112	F _{1,20} =1.34, P=0.2601	F _{1,20} =2.99, P=0.0990	F _{1,20} =0.05, P=0.8294
type IIa fibre	706 ± 71	515 ± 72	733 ± 83	749 ± 94	F _{1,20} =1.83, P=0.1910	F _{1,20} =0.82, P=0.3771	F _{1,20} =1.14, P=0.2977
type IIx fibre	1232 ± 203	796 ± 73	1443 ± 165	1439 ± 161	F _{1,20} =4.18, P=0.0544	F _{1,20} =0.85, P=0.3663	F _{1,20} =2.08, P=0 1648

Table 3. Morphometrics of the diaphragm of *Peromyscus* mice.

type IIb fibre	1229 ± 212	987 ± 102	1309 ± 226	1475 ± 191	F _{1,20} =1.46, P=0.2407	F _{1,20} =0.03, P=0.8719	F _{1,20} =0.75, P=0.3955
Tissue Capillarity							
capillary density (mm ⁻²)	1707 ± 104	1946 ± 203	1483 ± 125	1528 ± 113	F _{1,31} =3.72, P=0.0631	F _{1,31} =0.72, P=0.4013	F _{1,31} =0.72, P=0.4013
capillaries per muscle fibre	1.62 ± 0.08	1.43 ± 0.16	1.59 ± 0.06	1.63 ± 0.14	F _{1,31} =0.44, P=0.5124	F _{1,31} =0.39, P=0.5370	F _{1,31} =0.88, P=0.3563
capillary length density (µm ⁻²)	7.4 ± 0.7	6.6 ± 1.0	15.4 ± 1.9	14.8 ± 2.6	F _{1,31} =8.60, P=0.0063	F _{1,31} =0.07, P=0.7904	F _{1,31} =0.00, P=0.9590

Values are given in as the mean \pm SEM (n = 5-9). There were no significant pairwise differences between groups in Bonferroni posttests.

Stimulation Frequency	Normoxic Lowlanders	Hypoxic Lowlanders	Normoxic Highlanders	Hypoxic Highlanders	Population Main Effect	Environment Main Effect	Interaction Effect		
Force-Frequency Relationship Tests									
10 Hz	11.4 ± 1.8	14.9 ± 1.9	5.4 ± 1.1	9.3 ± 2.0	F _{1,45} =10.15, P=0.0026	F _{1,45} =4.14, P=0.0478	F _{1,45} =0.01, P=0.9223		
20 Hz	12.3 ± 2.0	15.7 ± 2.2	5.6 ± 1.2	10.1 ± 2.4	F _{1,45} =8.49,	F _{1,45} =3.45, P=0.0699	F _{1,45} =0.07, P=0.7962		
30 Hz	14.7 ± 2.5	17.6 ± 2.7	6.3 ± 1.4	11.6 ± 3.0	F _{1,45} =7.53,	F _{1,45} =2.49,	F _{1,45} =0.22,		
40 Hz	19.8 ± 3.6	22.8 ± 3.5	8.6 ± 2.0	15.1 ± 3.8	F _{1,45} =7.45,	F =0.1214 F _{1,45} =1.91, P=0.1737	F _{1,45} =0.25,		
60 Hz	29.7 ± 5.0	34.2 ± 4.6	15.5 ± 3.3	23.3 ± 4.8	F=0.0090 F _{1,45} =7.22,	$F_{1,45}=1.74$,	F = 0.0109 $F_{1,45} = 0.13$, P = 0.7160		
80 Hz	34.8 ± 5.6	43.1 ± 5.5	19.9 ± 4.4	30.4 ± 5.4	F=0.0100 F _{1,45} =6.38,	F=0.1937 $F_{1,45}=2.94$,	F=0.7109 $F_{1,45}=0.04$,		
Fatigue Resistance Tests ¹ P=0.0933 P=0.8467									
70 Hz	30.9 ± 6.6	37.4 ± 4.9	18.6 ± 4.9	26.1 ± 5.3	F _{1,34} =4.46, P=0.0422	F _{1,34} =1.56, P=0.2202	F _{1,34} =0.009, P=0.9268		

Table 4. Specific force production (N/cm^2) at different submaximal stimulation frequencies in the diaphragm of *Peromyscus* mice.

Values are given in as the mean \pm SEM (n = 7-12).¹ Data at 70 Hz are the initial forces generated at the start of the fatigue resistance tests, which were collected after 10 min recovery from the force-frequency relationship tests (see Materials and Methods for details). There were no significant pairwise differences between treatment groups in Bonferroni post-tests.





Figure 1. Chronic hypoxia increased the respiration rates (A) of permeabilized diaphragm fibres in both populations of *Peromyscus* mice, but had population-specific effects on ROS emission rates (B) and the ratio of ROS emission to O₂ consumption (C). Respiration and ROS emission rates (expressed per mg mitochondrial protein) were measured in normoxia (20 kPa O₂; N), hypoxia (12 kPa O₂; H₁₂) and more severe hypoxia (9 kPa O₂; H₉) in the leak state (malate and pyruvate - L_N) and during oxidative phosphorylation (P) in the presence of ADP and substrates of complex I (P_{PM}: malate and pyruvate; P_{PMG}: malate, pyruvate, and glutamate), complexes I and II (P_{PMGS}: malate, pyruvate, glutamate, and succinate), and complex IV (P_{Tm}: ascorbate and TMPD). ANOVA results are reported in Table 1. *,† - Significant pairwise differences between the highland and lowland populations within the same environment, or between normoxia and hypoxia within the same population, respectively, in Bonferroni post-tests (n = 8-11).



Figure 2. Identification of fibre types and capillaries in the diaphragm muscle. Representative images of each stain is organized sequentially by row in the order (i) myosin-ATPase activity after acidic pre-incubation (a marker of type I fibres), (ii) myosin heavy chain (MHC) IIA (red), (iii) MHC IIB (green), and (iv) alkaline phosphatase activity (a marker of capillaries). All images were acquired at the same magnification.



Figure 3. Chronic hypoxia increased force production by the diaphragm in both populations of *Peromyscus* mice (A,D), but the diaphragm of highlanders generally produced less force at a slower rate (B) and relaxed in less time (C). *,† - Significant main effects of population (A, $F_{1,45}$ =9.73, P=0.0032; B, $F_{1,45}$ =10.46, P=0.0023; C, $F_{1,45}$ =4.17, P=0.0474; $F_{1,45}$ =7.40, P=0.0093) or environment (A, $F_{1,45}$ =6.31, P=0.0156; B, $F_{1,45}$ =6.53, P=0.0141; C, $F_{1,45}$ =2.01, P=0.1635; D, $F_{1,45}$ =2.90, P=0.0957), respectively, in two-factor ANOVA (n = 8-11). There were no significant environment × population interactions (A, $F_{1,45}$ =0.45, P=0.5067; B, $F_{1,45}$ =0.63, P=0.4319; C, $F_{1,45}$ =0.06, P=0.8132; D, $F_{1,45}$ =0.08, P=0.7771).



Figure 4. Chronic hypoxia increased fatigue resistance of the diaphragm in both populations of *Peromyscus* mice. Muscles underwent a fatigue protocol in which they were stimulated every second (at 70 Hz for 300 ms) for 20 min (see Materials and Methods). (A) The duration of time the muscles could be stimulated until force production fell to 50% of the initial force. (B) The force production remaining (as a proportion of initial force) after 5 min of stimulation. \dagger - Significant main effect of environment (A, F_{1,34}=13.84, P=0.0007; B, F_{1,34}=9.86, P=0.0035) in two-factor ANOVA (n = 8-11). There were no significant main effects of population (A, F_{1,34}=0.0006, P=0.9809; B, F_{1,34}=0.35, P=0.5608) or environment × population interactions (A, F_{1,34}=0.45, P=0.5057; B, F_{1,45}=0.04, P=0.8359).



Figure 5. Sarcoplasmic reticulum Ca^{2+} ATPase (SERCA) activity in the diaphragm (assayed in the microsomal fraction and expressed per mg microsomal protein) was greater in highlanders than in lowlanders, but was unaffected by chronic hypoxia. We measured Ca^{2+} dependent ATPase activity in heavy microsomes (which are enriched for sarcoplasmic reticulum) as an index of SERCA activity (see Materials and Methods for details). There was a significant main effect of population ($F_{1,33}$ =32.23, P<0.0001), but not of environment ($F_{1,33}$ =0.53, P=0.4707) or environment × population interaction ($F_{1,45}$ =1.01, P=0.3205) (n = 8-11). * -Significant pairwise differences between the highland and lowland populations within the same environment in Bonferroni post-tests.