

VASA VASORUM IN HYPERLIPIDEMIA-INDUCED ATHEROSCLEROSIS

INVESTIGATING THE Atherogenic POTENTIAL OF CHRONIC
HYPERGLYCEMIA: IS DIABETIC ATHEROSCLEROSIS A
MICROVASCULAR COMPLICATION?

By

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A Thesis

Submitted to the School of Graduate Studies

In Partial Fulfillment of the Requirements

For the Degree

Master of Science

McMaster University

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MASTER OF SCIENCE (2011)
(Medical Sciences)

McMaster University
Hamilton, Ontario

TITLE: Investigating the prognostic potential of chronic hyperglycemia: is diabetic atherosclerosis a major complication?

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NUMBER OF PAGES: 22vi

ABSTRACT

Diabetes mellitus (DM) is associated with a significant microvascular complications, such as retinopathy, nephropathy, as well as macrovascular disorders and atherosclerosis. Traditionally, the microvascular complications of DM have been considered distinct and independent disorders; however, data from epidemiological and pathophysiological studies suggest that the vasa vasorum, a microvascular network which nourishes the walls of large muscular arteries, may play a role in macrovascular atherosclerosis. The effect of hyperglycemia on the microvasculature and the potential impact of these effects on macrovascular atherosclerosis are not known.

Here, we use a streptozotocin (STZ) injected apolipoprotein E deficient mouse model to investigate the effects of hyperglycemia on the vasa vasorum and correlate such effects to atherosclerotic plaque progression. Hyperglycemia significantly increased the size and number of vasa vasorum (30% and 20%, respectively) relative to controls by 12 weeks of age. However, the density of vasa vasorum in the intima of hyperglycemic mice was reduced at each time point. Vasa vasorum deficiency was also observed in STZ mic C57Bl/6J mice and hyperglycemic Akita mice, and microvessel density could be corrected by insulin-mediated glucose normalization, suggesting a

specific effect. A localized deficiency in VEGF appears to reduced neovascularisation. Lastly, hyperglycemic mice fed supplemented with ~~bedfugiamide~~ to treat microvascular disor DM, appear to have reduced atherosclerosis.

These findings provide the first indication that, in add glomerular capillary beds, hyperglycemia alters the microv vasorum. Such microvascular changes directly correlate and progression of atherosclerosis is ~~in~~ hyperglycemic ApoE

ACKNOWLEDGEMENTS

This project would not have been possible without the many people who have supported me. First and foremost, I would like to thank my supervisor, Dr. David Werstuck, for his endless and unwavering support over the course of this project. His guidance has been invaluable, and I would like to express my appreciation for his mentorship, encouragement, and friendship.

This work would not have been possible without Dr. Mohammad Ghaffari and Dr. Peter Shi, who provided additional advice and support throughout the duration of this project. I would also like to thank the members of the lab: past graduate students Andrew Sage, Brian Pichna, and Cameron McAlpine, who welcomed me into the lab during my undergraduate studies; and current graduate students Daniel Beriault, and Nicole Banko, who have supported my successes and provided a positive science research and helped to create a supportive work environment. I would also like to thank Maryam Ramakrishna, Wu, and Andrea Wan for their assistance in analysis and quality control.

I am very grateful for the guidance and mentorship from Dr. Byron Cummings, Dr. Gross, and Dr. Bernard Krieger for challenging me with your research and advice. Their support and advice have been truly invaluable.

Lastly, I would like to acknowledge Debbie and Perry Veerman, my siblings, Elizabeth, Bryan, and Jonathan Corle. They have provided endless and overwhelming love, encouragement, and appreciation, and gave me the strength to complete this work.

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LIST OF ABBREVIATIONS

AGE	Advanced glycation end product
Ang-1(-2)	Angiopoietin-2
ApoE	Apolipoprotein E
AR	Aldose reductase
BM	Basement membrane
CH1	Cysteine rich domain
CHD	Coronary heart disease
CVD	Cardiovascular disease
DAG	Diacylglycerol
DHAP	Dihydroxyacetone phosphate
DLL4	Delta-like 4
DM	Diabetes mellitus
EC	Endothelial cell
ECM	Extracellular matrix
EDG1	Endothelial differentiation-specific lipid G receptor
eNOS	Endothelial nitric oxide synthase
ER	Endoplasmic reticulum
ETC	Electron transport chain
F-6-P	Fructose-6-phosphate
FIH	Factor inhibiting HIF
FMA	Fluorescent microangiography

FPG	Fasting plasma glucose
GAPDH	Glyceraldehyde phosphate dehydrogenase
GFAT	L-glutamate:fructose-6-phosphate amidotransferase
Glc-6-P	Glucose-6-phosphate
GlcNAc	N-acetyl glucosamine
GSH	Glutathione
HBP	Hexosamine biosynthesis pathway
HDL	High density lipoprotein
HG	Hyperglycemic
HIER	Heat-induced epitope retrieval
HIF	Hypoxia-inducible factor
HRE	Hypoxia response elements
HSP	Heparan sulphate proteoglycan
ICAM	Intercellular adhesion molecule
IF	Immunofluorescence
IFG	Impaired fasting glucose
IGT	Impaired glucose tolerance
IHC	Immunohistochemistry
LDL	Low density lipoprotein
LDLR	Low density lipoprotein receptor
MA	Microalbuminuria
MI	Myocardial infarction
MLD	Multiple low dose

MMP	Matrix metalloproteinases
NAD	Nicotinamide adenine dinucleotide
NADH	Hydrogenated nicotinamide adenine dinucleotide
NADPH	Nicotinamide adenine dinucleotide phosphate
NF κ B	Nuclear factor κ B
NG	Normoglycemic
NO	Nitric oxide
NRP	Neuropilin
OGTT	Oral glucose tolerance test
oxLDL	Oxidized low density lipoprotein
PAI-1	Plasminogen activator inhibitor 1
PDGF β	Platelet-derived growth factor β
PDGFR β	Platelet-derived growth factor receptor β
PECAM-1	Platelet endothelial cell adhesion molecule-1
PHD	Prolyl-4-hydroxylase
PKC	Protein kinase C
RAGE	Receptor for advanced glycation end products
RCT	Reverse cholesterol transport
ROS	Reactive oxygen species
SDH	Sorbitol dehydrogenase
SEM	Standard error of the mean
STZ	Streptozotocin
T1D	Type 1 diabetes

T2D	Type 2 diabetes
TGF β	Transforming growth factor beta
TGF β R ₁ (1)	Transforming growth factor beta receptor
TIMP	Tissue inhibitor of matrix metalloproteinases
TK	Transketolase
TSP β	Thrombospondin
UDP	Uridine diphosphate
uPA	Urokinase plasminogen activator
UPR	Unfolded protein response
VCAM	Vascular cell adhesion molecule
VE-cadherin	Vascular endothelial cadherin
VEGFA	Vascular endothelial growth factor A
VEGFR ₁ (2)	Vascular endothelial growth factor receptor
VHL	von Hippel-Lindau
VSMC	Vascular smooth muscle cell
Vv	Vasa vasorum
WHO	World Health Organization

1.0 INTRODUCTION

1.1 DIABETES MELLITUS

1.1.1 Epidemiology

The World Health Organization (WHO) estimates that over 1 billion people worldwide currently live with diabetes mellitus (DM), and 134 million people are expected to have impaired glucose tolerance, fasting glucose (IFG), and many live with the disease unknown. Numbers are projected to rise to 2.4 billion by 2030, driven by rising obesity rates, increasingly sedentary lifestyles,² and aging global populations. Diabetes is a major cause of global illness and disability, and is the leading cause of blindness, kidney failure, and heart disease. As such, DM has become a global epidemic and worldwide health concern.

1.1.2 Clinical Diagnosis

Diabetes is a heterogeneous metabolic disease that is characterized by chronic hyperglycemia and glucose intolerance, a state of collective dysglycemia. Clinically, DM is diagnosed by a fasting plasma glucose ≥ 7.0 mmol/L, a casual plasma glucose ≥ 200 mg/dL, or a 2-hour plasma glucose ≥ 200 mg/dL in a 75g oral glucose tolerance test (OGTT).³ Elevated blood glucose levels below the diabetic threshold

FPG values from 6.1 to 6.9 mmol/L or 2hrPG values between 10.0 and 20.0 mmol/L are diagnostic of IGT and IFG

1.1.2 Classification

Hyperglycemia arises from deficient insulin action. In (T1D), autoimmune mediated pancreatic beta cell destruction leads to decreased insulin production and chronic hyperglycemia. Type 2 diabetes (T2D) results from impaired insulin effect, and may involve a combination of insulin resistance and defective beta cell secretion. The term prediabetes is used to describe IGT and IFG, and indicates a stage between normalcy and incipient DM. Each form of the disease is characterized by impaired immediate glucose uptake, chronic hyperglycemia, and a risk for potentially life threatening vascular complications.

1.2 THE VASCULAR COMPLICATIONS OF DIABETES

1.2.1 Micro versus Macro Vascular Complications

The vascular complications of DM have traditionally been divided into either microvascular or macrovascular in origin. Microvascular complications include retinopathy, nephropathy, and neuropathy, predispose people to blindness, chronic kidney disease, and foot ulcers requiring amputation. By contrast, macrovascular complications involve the development of atherosclerosis and an increased risk of the

DM is associated with a cardiovascular (CVD) mortality rate that is 70%, and a 42% increased risk of dying from myocardial infarction and stroke compared to non-diabetics.⁶

1.2.2 Microvascular Disorders and Outcomes

Although the vascular complications of DM have traditionally been viewed as distinct and independent disorders, data from several studies show that microvascular abnormalities predict macrovascular disease. Microvascular changes in the retina and kidney, in particular, are strongly correlated to CVD outcome. Proliferative retinopathy is a strong cause of mortality, CVD death, and coronary heart disease (CHD) in persons with T1D and T2D, independent of cardiovascular risk factors.⁷⁻⁹ Microalbuminuria (MA) is also a major independent risk factor for CVD. In persons with diabetes, risk has increased up to 100% in persons with MA, and 50% depending on the level of increase in albuminuria.^{10,11} Collectively, these data suggest that similar pathways may underlie microvascular and macrovascular disease in diabetes.

1.2.3 Hyperglycemia and Vascular Disease

Despite the possible existence of common underlying mechanisms, there is a fundamental difference in how microvascular and macrovascular complications respond to glucose lowering. It has been established that lowering fasting blood glucose levels in persons with diabetes does not significantly reduce the risk of CVD.

glucose levels below 7.0mmol/L significantly reduces the risk of retinopathy, nephropathy, and neuropathy in patients with type 2 diabetes. Glycemic parameters that define/diagnose diabetes were chosen to effectively differentiate individuals at high risk of retinopathy from individuals at low risk.¹⁶ However, the effect of glucose normalization on cardiovascular risk remains controversial. While accumulating evidence suggests that blood glucose improvement is CVD outcome, a similar glucose threshold does not exist.^{17,18} Furthermore, intensive glucose lowering was associated with increased mortality in the ACCORD trial, indicating that the relationship between hyperglycemia and cardiovascular risk is a possible explanation for these differences is that microvascular disease contributes to the pathogenesis of cardiovascular outcomes.

1.3 MECHANISMS OF HYPERGLYCEMIA-INDUCED DAMAGE

High blood glucose concentrations may induce tissue damage in micro and macro vessels through four major mechanisms: (1) increased glycation through the polyol pathway, (2) increased hexosamine pathway, (3) increased activation of protein kinase C isoforms, and (4) increased intracellular formation of advanced glycation end products (AGEs). These four cytoplasmic pathways are thought to be amplified by a fifth mechanism, namely, overproduction of superoxide anion. Together, these

oxidative stress and endoplasmic reticulum (ER) stress in promote the development of micro and macro vascular comp

1.3.1 The Polyol Pathway

In the polyol pathway, glucose is metabolized to sorbitol and fructose, by aldose reductase (AR) and sorbitol dehydrogenase (SDH), respectively. These reactions are accompanied by oxidation of nicotinamide adenine dinucleotide phosphate (NADPH) to nicotinamide adenine dinucleotide (NAD), and reduction of NAD to NADH (NADH). Excess glucose flux through the polyol pathway leads to NADPH depletion and NADH accumulation. NADPH consumption limits the regeneration of glutathione (GSH), leaving the cell vulnerable to reactive oxygen species (ROS).^{19,20} Moreover, NADH accumulation inhibits the glycolytic activity of glyceraldehyde phosphate dehydrogenase (GAPDH), leading to a decrease in flux of glucose metabolites through glycolytic pathways.

1.3.2 The Hexosamine Biosynthesis Pathway

In the hexosamine biosynthesis pathway (HBP), fructose 6-phosphate (F6P) is converted to glucose 6-phosphate (G6P), and finally to uridine diphosphate (UDP) glucosylamine (GlcNAc) through the action of the rate limiting enzyme, glutamine fructose 6-phosphate amidotransferase (GFAT). Cytoplasmic-linked GlcNAc transferases catalyze the

of GlcNAc to specific residues²¹, in turn a descriptor of protein fractions and signalling²³ factors by altering their functional activity and capacity. Excessive glycosylation in a rodent model²² has been implicated in activation of the unfolded protein response (UPR) and ER stress, which dysregulates lipid metabolism, activates signalling pathways, and induces apoptosis in vascular and smooth muscle endothelial cells^{24,26} (ECs)

1.3.3 Activation of Protein Kinase C

Hyperglycemia decreases synthesis of diacylglycerol (DAG), a key activator of PKC β by decreasing phospholipase C and dihydroxyacetone phosphate (DHAP). Indirect activation of PKC β is mediated by the AGE-End polyol signalling pathway in endothelial cells¹⁹. PKC β activation inhibits endothelial nitric oxide synthase (eNOS) expression and decreases nitric oxide (NO) generation²⁷. PKC β activation in vascular cells have also been shown to increase endothelial permeability, increase gene expression in the papillary occlusion, and increase ROS formation²⁸ which are implicated in the pathogenesis of vascular disorders

^{19,28}

1.3.4 Advanced Glycation End

Elevated intracellular glucose levels also lead to the generation of reactive carbonyl compounds by way of the Maillard reaction, a nonenzymatic process in which reducing sugars react with amino groups from proteins. Reactive intermediates such as methylglyoxal, 3-deoxyglucosone, and hexanal are produced during the Maillard reaction and contribute to carbonyl stress independent of AGE formation. AGE precursors can damage the cell by modifying the function of proteins and lipids, by abnormal linking of extracellular matrix (ECM) and/or by interacting with the receptor for AGE (RAGE) on cells such as ECs, and VSMCs. RAGE binding induces ROS production and nuclear factor- κ B (NF- κ B) activation, which increase the transcription of pro-inflammatory genes and potentiate vascular damage.^{19,20,29}

1.3.5 Mitochondrial Superoxide Production

These four cytoplasmic processes are thought to be associated with a mitochondrial process, namely, overproduction of superoxide. Hyperglycemia directly increases the flux of electrons through the electron transport chain (ETC) and increases the generation of superoxide within the ETC and increases the generation of superoxide. By inhibiting the activity of the GAPDH, hyperglycemia increases superoxide production. The dilated soft glycolytic pathway is one of four key pathways involved in vascular endothelial damage.^{19,28}

Figure 1. Pathways of Hypertension-Induced Damage

Potential mechanisms by which hypertension-induced damage to tissues occurs. Increased glucose flux through the polyol pathway consumes NADPH and impairs the regeneration of glutathione. Increased glucose flux through the hexosamine pathway (5-nucleotide diphosphate (UDP) to N-acetyl glucosaminyl (GlcNAc) leads to increased protein modification through O-linked glycosylation and endoplasmic reticulum stress. Excess glycerol 3-phosphate (G3P) increases the synthesis of diacylglycerol (DAG), an activator of protein kinase C (PKC) and the formation of methylglyoxal, a reactive AGE precursor. Mitochondrial overproduction of superoxide inhibits the activity of glyceraldehyde dehydrogenase (GAPDH), diverting upstream glucose metabolism into damaging pathways.

Adapted from *Net* (2001⁸)

1.4 MECHANISMS OF MICRO AND MACRO VASCULAR DISEASE

Excess glucose flux through the above described pathways is the pathogenesis of both micro and macrovascular complications in DM. However, hyperglycemia mediated disease processes in the small and large blood vessels differ greatly. Small blood vessels of the microcirculation undergo aberrant phases of vasoregression and angiogenesis, while the macrocirculation develops atherosclerotic lesions.

1.4.1 Structure of Micro versus Macro Vessels

The vascular microcirculation consists of first and second order arterioles (diameter 200-300 μ m), terminal arterioles (100-150 μ m), postcapillary venules (30-100 μ m), and first and second order venules (200-500 μ m).³⁰ Arterioles and large venules are comprised of three distinct layers: an inner endothelial lining and basement membrane (BM); a middle medial VSMC layer, called the tunica media; and an outer layer of connective tissue, known as the tunica adventitia. By contrast, capillaries and small venules consist of only ECs, BM, and sparsely interspersed pericytes. They function as primary exchange vessels, and are classified as fenestrated (central nervous system), fenestrated (ex. glomeruli), or simple (ex. most tissues) depending on the nature of their endothelial junctions and the presence of BM.³¹

Large blood vessels of the macrocirculation, including coronary arteries, have thick muscular walls that also consist of adventitial layers. The luminal lining of macro vessels is a single, continuous layer of ECs surrounded by subendothelial basement membrane that is rich in proteoglycans. The media consists of many layers (lamellae) of circumferentially arranged SMCs embedded in collagen and elastin. The outer adventitia also contains collagen and elastin, fibroblasts and SMCs. In contrast to microvessels, the adventitia of large blood vessels also contains two structurally unique components: specialized microvascular networks (vasa vasorum) and a system of autonomic nerve fibres.³³

1.4.2 ANGIOGENESIS

Unlike large vessels, microvessels have the capacity to proliferate in response to local tissue ischemia or injury, and can do so through a process of angiogenesis to the de novo formation of blood vessels from vascular progenitor cells. Angiogenesis is the sprouting of new capillary branches from existing pre-existing vessels. Angiogenesis is the remodeling of conduit vessels through increases in luminal diameter.^{34, 35} Physiological angiogenesis is controlled by a balance of pro-angiogenic factors, many of which are upregulated in hypoxia. Disruption of this balance, as occurs in diabetes, leads to abnormal vessel

1.4.2.1 Mechanisms of Angiogenesis

Angiogenesis is a complex physiological process consisting of overlapping steps: (1) sprouting, (2) stabilization, (3) branching and pruning, and (4) specialization. The entire process is dynamically changing balance between angiogenic and factors that induce vessel quiescence.

Hypoxic Induction

When tissue metabolic demands exceed oxygen supply, hypoxia triggers a number of adaptive responses through hypoxia-inducible transcription factors (HIF).³⁷ The master regulator of HIF is a ubiquitously expressed heterodimer consisting of a stable HIF-1 β subunit and a hypoxia-inducible HIF-1 α subunit. In a normoxic environment, HIF-1 α is controlled by two oxygen-dependent hydroxylases: prolyl 4-hydroxylase (PHD) hydroxylates HIF-1 α at two proline residues marking it for proteasomal destruction by the ubiquitin ligase, the von Hippel-Lindau protein (VHL).⁴⁰ Another hydroxylase, factor-1 (FIH),³⁸ modifies asparagine residues on HIF-1 α and prevents its binding to transcription factor p300.⁴¹ Hypoxic conditions inhibit the activity of prolyl and asparaginyl hydroxylases, leading to HIF-1 α accumulation in the cytoplasm. In the nucleus, HIF-1 α binds to hypoxia response elements (HREs), and directs transcription of a wide array of target genes, many of which are angiogenic regulators.^{37, 39, 41}

Figure 2. Hypoxia Factors

In well oxygenated environments, hypoxia-inducible factor (HIF) is hydroxylated by prolyl hydroxylase (PHD), which marks the protein for ubiquitination and proteasomal degradation. Under hypoxia, the von Hippel-Lindau (VHL) complex. A second, hydroxylase inhibitor (HIF-1), modifies asparagine residues and prevents its binding to CBP and p300 transcriptional coactivators. Hypoxia inhibits the activity of PHD, leading to HIF accumulation and nuclear translocation. HIF² in the nucleus, binds to other transcription factors (HREs), and directs the transcription of a numerous target genes, many involved in angiogenesis.

Formation

Sprouting angiogenesis is initiated in response to vascular endothelial growth factor A (VEGFA), a secreted glycoprotein that is produced under conditions of hypoxia. VEGFA isoforms signal through tyrosine kinase receptors (VEGFR1) (VEGFR2), but can also bind to coreceptors such as neuropilins (NRP1 and NRP2) and heparan sulfate proteoglycans.⁴² VEGFR1 facilitates monocyte/macrophage chemotaxis and antagonizes VEGFR2 activity. VEGFR2 is the primary mediator of VEGFA-induced vascular sprouting. Sprouting requires modulation of vascular permeability, induction of EC migration and proliferation, and lumenization, and pericyte detachment.

Vessel destabilization and permeability are induced by VEGFA through NO production, endothelial perforation, and EC/pericyte detachment. VEGFA is a known activator of eNOS, which is required for vasodilation.⁴³ VEGFA also induces the formation of fenestrations, tight junctions, and pores, and fenestrae within the endothelium, which allow for the passage of macromolecules and proteins into the extravascular space. VEGFA also induces the destabilization of adherens junctions in response to VEGFA through VEGFR2-mediated endothelial cell contacts and relieves pericyte attachment. Together, vasodilation and vascular permeability allow ECs to emigrate from their resident sites and assemble into

Growing vascular sprouts are led by endothelial tip cells selected and guided by extracellular VEGFA (Fig. 3b). Tip cells undergo a number of phenotypic changes in response to VEGFR2 activation, including reversal of basolateral polarity, extension of filopodia, and adoption of an invasive and motile behavior. These characteristics allow tip cells to migrate through the extracellular matrix anchored VEGFA and NRP axon guidance molecules, which mediate cell chemotaxis and polarized sprouting. Sprouts are trailed by a zone of proliferating and differentiating stalk cells, which is covered by pericytes. VEGFA imposes differential effects on these ECs through the Dll4/Notch signaling pathway, stifling VEGFR2 expression in stalk and phalanx cells and limiting sprouting to the tip cell.

Upon encountering their targets (i.e. the tips of other capillaries), tip cells suppress their motile behavior and establish junctional contacts (Fig. 3c). Fusion of vascular sprouts and subsequent endothelial cells allow nascent vessels to increase their diameter and lumenization, which involves a number of signaling mechanisms. Generation of lumen and onset of blood flow help stabilize vascular connections, but vessels must undergo further maturation to become a functional vascular network.

Figure 3. Angiogenic Sprout Formation

Mechanisms of angiogenic sprout formation and permeability are induced by VEGF (NO) production, endothelial perforation (calveolae), and EC/pericyte detachment. Growing vascular sprouts are led by endothelial tip cells, proliferating and differentiating cells. Pericytes and ECs are selected and guided by extracellular VEGFA, which increases the angiogenic capacity of neighbouring ECs. Although the delta signalling pathway of vascular sprouts allows nascent vessels to increase their diameter and undergo lumenization, a process of vacuole formation. Pericytes (yellow), quiescent endothelial cells (green), basement membrane (blue).

Stabilization

Immature vessels are stabilized by recruiting mural cells and depositing ECM. At least three molecular pathways are involved in regulating (1) platelet-derived growth factor (PDGF) B and α 2PDGF receptor (PDGFR β); (2) the angiotensin (Ang) system; and (3) transforming growth factor β signalling.

Tip cells of growing vascular sprouts generate a high concentration gradient of PDGFB, which promotes the recruitment of pericytes. PDGFR β signalling through the endothelial α 2PDGFR β receptor (EDG1), which is also expressed by mural cells, augments Tie2 signalling. Together, these recruitment pathways ensure that the endothelium of nascent vessels is supported by pericytes.

The Tie receptors and Ang ligands further stabilize newly formed vessels through endothelial cell interactions and vessel quiescence. Expression of Ang1 is upregulated during angiogenesis and endothelial Tie2 activation. Signal transduction through the Tie2 receptor positively regulates endothelial cell recruitment and strengthens cell-cell communications, reducing vascular permeability, and promoting all of which contribute to vascular quiescence.

TGF β signalling is involved in vessel maturation in a pleiotropic context. TGF β signal through various

transmembrane type I (TGF β RI) and type II (TGF β RII) receptors are regulated by accessory receptors, endoglycan and betaglycan. ALK1 and ALK5 are responsible for the majority of signal transduction in ECs and VSMCs. The AdgR pathway has been shown to stimulate migration and proliferation activation by the ALK5 pathway inhibits endothelial proliferation and migration, inhibits differentiation, and stimulates ECM production, thereby so interactions and promoting⁵⁴ vessel stabilization

Branching, Remodelling, and Pruning

Maturation of the stabilized endothelial network involves remodelling, and pruning of vessels to match tissue metabolic needs. The ECM plays an important role in this vascular path the proliferation, differentiation, and survival of ECs and mural cells. ECM regulation is largely mediated through the action of plasminogen activator (uPA), matrix metalloproteinases (MMPs), chymases, tryptases, and cathepsins) and their inhibitors (plasminogen activator inhibitor (PAI) inhibitor of MMPs (TIMPs)) liberate matrix angiogenic factors function of ECM structural proteins, and matrix interactions. As such, their spatial and temporal distribution plays an important role in determining persistence and/or³⁶ regression

Specialization

To respond to physiological needs of the host tissue, endothelial cells exhibit a number of specialized properties, including permeability control, growth factor regulation, adhesion molecule expression, transcellular transport, and cell-cell communication. This further specialization is induced by cross-talk with cells of the perivascular tissue, which produce growth and differentiation factors capable of activating specific gene expression programs. The specialization process is the result of junctional and deformational changes in specific capillary structures.^{3,6}

1.4.2.2 Diabetes, Microvascular Disease, and Angiogenesis

Hyperglycemia is known to have effects on the microvasculature, and can lead to excessive or insufficient angiogenesis in different vascular beds. Excessive angiogenesis is involved in retinopathy⁵⁷ and nephropathy⁵⁸, whereas inhibited angiogenesis is a key feature of neuropathy⁵⁹, delayed wound healing⁶⁰, and impaired collateral vessel formation⁶¹. Common to each of these pathologies are early morphological changes such as microvascular regression. Key morphological changes include endothelial cell loss, mural cells and thickening of the vessel wall^{62,63}, which lead to increased vessel permeability, protein extravasation, capillary microthrombosis, and vessel occlusion. Ultimately, endomicrovessels undergo cellular apoptosis and regression.

vascular regression, which may or may not be accompanied by formation of new vessels.

Pathological neovascularisation in diabetes is a result of alterations in the levels of pro-angiogenic factors. The most extensively studied angiogenic factor, VEGF, is variably increased and/or decreased in different vascular beds. Elevated VEGF levels have been reported in diabetic retinopathy^{57,64} and hyperglycemia⁵⁸ VEGF expression in renal podocytes and glomeruli^{65,66} By contrast, in diabetes VEGF expression is significantly reduced in human atherosclerotic⁶⁷ and diabetic⁶⁸ vessels. Both increased and decreased levels of VEGF protein have been reported in diabetic myocardium^{69,70} Such changes in VEGF function are dynamic and context dependent, and may be accompanied by altered expression of other angiogenic proteins.

Hyperglycemia is thought to alter angiogenic protein expression through four damaging pathways described above. Aldose reductase activity represses RUNX2 DNA binding and transcriptional activity in ECs, leading to impaired EC migration and proliferation under hyperglycemia⁷³ Glycosylation of intracellular transcription factors represses expression of thrombospondin⁷⁴ and Angiogenin⁷⁵ in human VSMCs and kidney ECs, respectively. In addition, PKC activation has also been implicated as a mediator of VEGF mRNA and protein production.

VSMC⁷⁶ and methylglyoxal modification of the p38^{MAPK} complex has been shown to promote activity in kidney ECs

1.4.3 ATHEROSCLEROSIS

Atherosclerosis is a chronic inflammatory disease characterized by the accumulation within the walls of arteries of lipid-rich plaques, the primary cause of CVD and cerebrovascular disease, which account for a significant mortality in people with DM.

1.4.3.1 Mechanisms of Atherosclerosis

Atherosclerosis is thought to be initiated in response to endothelial dysfunction. Activated ECs express adhesion proteins (vascular cell adhesion molecule-1 (VCAM-1), platelet endothelial cell adhesion molecule-1 (PECAM-1), intercellular adhesion molecule-1 (ICAM-1), and E-selectin) and secrete chemotactic factors that actively recruit monocytes and T cells (Fig. 4). Increased endothelial permeability allows the transmigration of monocytes, T cells, and lipoprotein particles into the vessel wall. These cells differentiate into macrophages and express scavenger receptors for oxidized low-density lipoprotein (oxLDL) particles. Scavenging receptors engulf oxidized cholesterol esters and become foam cells, which contribute to form fatty streaks. As lesion development progresses, activated foam cells and T cells further stimulate the inflammatory process.

cytokines that induce VSMC growth and migration to the intima and secrete collagen, proteoglycan, and elastin, which collectively form a fibrous cap and stabilize the lesion. However, VSMCs and macrophages also secrete degrading proteases (ex. MMPs, collagenases, cathepsins) which lead to cap thinning and instability. Foam cell death and necrotic core expansion further contribute to lesion destabilization. Upon rupture occurs, the blood comes into contact with lipids and proteins of the necrotic core, initiating platelet adhesion and thrombus formation. Most MIs and strokes occur when the thrombus or its emboli occur, which impair blood flow to the cardiac or cerebral tissue.

Figure 4. Mechanisms of Atherosclerosis

Activated endothelial cells (green) express adhesion molecule proteins in response to vascular injury. Monocytes migrate and mature into macrophages, which express scavenger receptors for oxidized low density lipoprotein (oxLDL). Scavenging macrophages ingest oxLDL particles and become foam cells, which secrete cytokines that promote proliferation and migration of medial smooth muscle cells (SMCs). Herein, smooth muscle cells secrete collagen, glycoprotein, and proteoglycans to form the fibrous cap. Smooth muscle cells and dendritic cells also release matrix metalloproteinases, which lead to cap thinning and plaque destabilization. As atherosclerosis progresses, foam cells undergo apoptosis and contribute to necrotic core expansion.

Adapted from Glass andowitz (1978)

1.4.3.2 Diabetes, Macrovascular Disease, and Atherosclerosis

In people with DM, the atherogenic process is thought to be an identical series of events. However, diabetes increases the extent of endothelial injury, accelerates plaque growth and development, and decreases plaque stability. People with diabetes present with a significantly higher number of diseased vessel segments⁸⁰ than those without diabetes. Atherosclerotic lesions isolated from diabetic patients also contain more macrophages and inflammatory infiltrate, and a higher frequency of periplaque intracoronary thrombus formation^{81,82}. Furthermore, diabetic plaques have increased VSMC apoptosis, increased NF- κ B activity, elevated MMP levels, and less interstitial collagen content, making them less stable and more prone to rupture and thrombus formation¹⁹.

Because CVD accounts for over 70% of diabetic mortality, the role of hyperglycemia-induced tissue damage in the development and progression of diabetic atherosclerosis has been extensively studied. However, the involvement of microvascular disease in this process is unclear.

1.5 THE VASA VASORUM and ATHEROSCLEROSIS

1.5.1 Vasa Vasorum Structure and Function

1.5.1.1 Functional Geometry

The Vv consists of small arterioles, capillaries, and venules that penetrate the outer media and adventitia of large arteries. Large Vv are found in the

in the adventitia (vasorum) extend from the main vessel lumen (vasorum) in (Fig 5A). Arterial vasa are readily distinguishable from venous vasa, for they are straight in course, and branch infrequently, while venous vasa are larger, tortuous in course, and branch frequently. Microvessels of the Vv are further defined by their branching order: first order vasa longitudinally between the media and adventitia, second order branches originate from first order vasa and branch around the main vessel (Fig 5B) and distribute for perfusion and drainage depends on whether they exist as anatomic plexus of vein⁸⁵, or functional endarteries, as⁸⁶ in the coronary arteries

Figure 5. Structure of the Vasa Vasorum

Arterial vasa vasorum (Vv) originate from the main vessel in the adventitia (vasorum). The vessels of the Vv are further defined by their branching pattern longitudinally between the media and adventitia, while small branches originate from first order vasa and wrap circumferentially around the main vessel.

Adapted from Langhinrichsen et al (7)

1.5.1.2 Physiologic Activity

Vessels with walls greater than their internal diameter greater than 0.5mm in mice Vv microvessels to nourish cells within their outer wall layers. The Vv is a dynamic structure that regulate its tone and vasoactive substances undergo expansion and remodelling in response to the local environment. The Vv has a significant role in vessel wall maintenance of function. In addition, both into and out of the perivascular tissue, the Vv has been implicated in a number of large vessel diseases, including atherosclerosis.

1.5.2 Neovascularisation in Atherosclerosis

A general correlation between Vv neovascularisation and plaque progression has been well established. In 1984, Balaban and Vv microvessels were present in human vessels with atherosclerosis and were absent in normal vessels. He noticed that these microvessels migrate through the media and into the thickened intima, and suggested that neovascularisation might play a role in the pathophysiology of atherosclerosis. In support of this hypothesis, numerous studies have shown that Vv density is increased in lesions with severe inflammatory changes, haemorrhage, and calcification. It is also a major cause of acute coronary thrombosis in patients dying of myocardial infarction.

Experiments in murine models of atherosclerosis have
from human studies, further supporting the association bet
neovascularisation and plaque progression at ApoE^{-/-}Heinrich e
/LDL double deficient mice developed Vv in association with le
and showed that adventitial vasa communicata⁹⁵ with intrapla
Vv density was positively correlated with adventitial inflam
intraplaque haemorrhage in advanced atherosclerosis, and
local differences between fibrotic, calcified,⁹⁶ and haemorrh

1.5.3 Neovascularisation and Plaque Progression

Vv neovascularisation has been described in a double
the context of atherosclerosis in the body's natural protective re
ischemic injury, but may ultimately contribute to disease p
Microvessels of the Vv may facilitate plaque progression b
mechanisms: (1) by altering the delivery and/or drainage o
inflammatory cells within (2) by providing a pathway for
intraplaque haemorrhage. Together, altered solute exchange
haemorrhage contribute to plaque destabilization and incre
rupture.

Microvessels of the Vv serve as a conduit for lipids
cells into the arterial wall, and may facilitate both leukocy
retention. Adventitial microvessels in human coronary plaq

fold more VCAM and E-selectin than the luminal endothelium and adventitial immune cell accumulation exceeds that of 10 fold in APOE, thus confirming a role for vasa microvessels in trafficking. While arterial vasa account for only 30% of total influx, aggregated LDL may accumulate in the extracellular high density lipoprotein (HDL) vasa through lymphatics. Together, enhanced influx and impaired efflux likely contribute to expansion and necrosis.

Intraplaque microvessels have endothelial junctions and lack mural pericytes, which make them leaky and prone to microvessels originate in the adventitia and penetrate the breakpoints, here sites of early necrotic core formation contributing to cholesterol deposition, macrophage infiltration of the necrotic core, the accumulation of erythrocyte membranes in the necrotic plaque may represent a potent atherogenic stimulus. Necrotic core expansion directly correlates with intraplaque neovascularisation which facilitates plaque expansion and rupture by contributing to expansion of the necrotic core and increased risk of acute coronary events.

1.5.4 Angiogenic Modulation and Atherosclerosis

The combined studies clearly demonstrate that adventitial atherosclerotic plaque acquire a significantly altered branching pattern. One theory is that thickening of the vessel wall and increased plaque constituents create a hypoxic environment, which activates angiogenic processes in the adventitial Vv. Consistent with this hypothesis, treatment in Apo-E/Apo-B100 mice significantly increased plaque Vv and endothelial cell content.¹⁰⁷ A study by Qu et al. found that Vv density correlated more strongly with the number of inflammatory cells in atherosclerotic plaques in Apo-E deficient mice, and showed that Angiostatin reduced plaque angiogenesis, attenuated atherosclerotic progression.¹⁰⁸ Similarly, proinflammatory cytokine, decreased Vv density and lesion volume in the Apo-E/Apo-B100 mice.¹⁰⁹ Thalidomide prevented Vv neovascularisation and early neointima formation in hypercholesterolemic mice.¹¹⁰ In contrast, treatment with statins in LDLR^{-/-}/Apo-B100 deficient mice reduced Vv density but actually promoted outward remodelling and plaque regression in the infrarenal aorta.¹¹¹

While these studies do suggest a role for the Vv in atherosclerosis development, there is no conclusive evidence to indicate whether Vv are causative or merely reactive in addition, since these observations have not been reported in diabetic, hypercholesterolemic models, little is known about the role of the Vv in diabetic atherosclerosis.

1.6 BENFOTIAMINE and DIABETIC MICROVASCULAR DISEASE

Benfotiamine is available as a lipophilic thiamine derivative that has been shown to attenuate diabetic microvascular complications in injected rodents and in patients with DM oral benfotiamine supplement (70 events incipient diabetic nephropathy and retinopathy in type 2 diabetes candidates number of placebo controlled trials have reported reduced diabetic patients treated with 600 mg/d supplement (300 Benfotiamine is believed to act as a coenzyme for transketophosphate pathway enzyme capable of shunting glucose metabolism pathways associated with plaque formation, including the hexosamine diacylglycerol, and AGE processes^{116,117}

While the effects of benfotiamine have been investigated in diabetic retinopathy, and neuropathy, its potential effect on vasorum in diabetic related atherosclerosis has not been examined

2.0 RATIONALE, HYPOTHESIS, AND OBJECTIVES

2.1 RATIONALE

Diabetes is a major risk factor for microvascular and macrovascular long-term complications. Data from several independent studies show microvascular abnormalities and cardiovascular outcomes are associated with hyperglycemia^{8,11,118,119}; however, these studies also show a much stronger relationship between glucose levels and microvascular versus cardiovascular outcomes^{5,12,14,160}. One explanation for these differences is the possibility that microvascular abnormalities contribute to the pathogenesis of cardiovascular disease. The vasa vasorum, a distinct microvascular network located within the walls of large vessels, undergoes neovascularisation in association with atherosclerosis^{93,95,105} and progression in normoglycemic humans^{93,95,105} and animal models. The mechanisms underlying this process are unknown. These studies suggest that hyperglycemia causes damage to the Vv microvasculature contributing to atherosclerotic plaque progression in the macrovessels.

2.2 HYPOTHESIS

Accelerated atherosclerosis is a major macrovascular complication of DM, resulting from damage to the microvessels of the vasa vasorum. In other words, diabetes is a vascular complication.

2.3 OBJECTIVES

Using an established model of hyperglycemia accelerated atherosclerosis, we intend to:

- 1) Examine the effects of chronic hyperglycemia on the vasa vasorum relative to the progression and development of atherosclerosis
 - a. Verify that hyperglycemia is associated with increased vasa vasorum density in our mouse model by examining the retinal capillaries
 - b. Quantify atherosclerotic plaque parameters and vasa vasorum density at the aortic root
 - c. Examine the effects of glucose normalization on the vasa vasorum and accelerated atherosclerosis
- 2) Investigate the effects of hyperglycemia on cellular hypoxia and angiogenic protein expression
- 3) Examine the effects of benfotiamine on the vasa vasorum and accelerated atherosclerosis

3.0 EXPERIMENTAL PROCEDURES

3.1 MATERIALS

3.1.1 Animals

Female homozygous apolipoprotein E deficient mice (B6.129P2 ApoE^{-/-}); female homozygous low density lipoprotein receptor deficient mice (B6.129)S7male heterozygous Ins2^{Akita} (C57BL/6J) and female C57BL/6J were purchased from The Jackson Laboratory (Bar Harbor, ME).

3.1.2 Diets

Standard chow diet (TD-02078) and high fat diet (TD97363) were purchased from Harlan Laboratories (Madison, WI). Benfotiamine (BFT090707/QB) was purchased from Shanghai Baotai Chemical Co., Ltd. (China), and a custom benfotiamine diet (TD10062) was produced by Harlan Laboratories (Madison, WI).

3.1.3 Reagents

Polyclonal rabbit anti-human Willebrand Factor (Wt F) (A10001) was purchased from Dako (Burlington, ON). Hypoxis kit was purchased from HPI, Inc. (Burlington, MA). Mouse monoclonal anti-human Wt F (NB1005) was purchased from Novus Biologicals (Oakville, ON).

goat anti-mouse CD105 (AF1320) and anti-mouse VEGF (MAB471) were purchased from R&D Systems (Minneapolis, MN). Rabbit anti-mouse VEGF (#2479) and polyclonal anti-caspase-3 (#9661) were purchased from Cell Signaling Technology (Boston, MA). Polyclonal anti-mouse VEGF (sc-52), normal rabbit IgG (sc-2027), normal goat IgG (sc-2025), and normal mouse IgG (sc-2027) were purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA). Biotinylated anti-mouse VEGF (14131) was purchased from Sigma-Aldrich (Oakville, ON).

AlexaFluor® 488 anti-mouse IgG1 (A4), AlexaFluor® 594 anti-rabbit IgG1 (A7), AlexaFluor® 488 anti-goat IgG1 (A20), AlexaFluor® 488 anti-mouse IgG1 (A9) and anti-phenylindole carboxamide (DAPI) (purchased from Invitrogen, ON). Biotinylated anti-mouse IgG5 (B4) and Vector® NovaRED peroxidase substrate (SK4800) were purchased from Vector Laboratories (Burlington, ON).

India Ink (Rötring) was purchased from Grand & Toy Optical Co. (Burlington, ON). The Mitochondrial Kit (M12; yellow) was purchased from Flow Tech Inc. (Burlington, MA). FluoSpheres® 0.04µm diameter carboxylate beads (F8793) were purchased from Invitrogen (Burlington, ON).

3.2 ANIMAL MODELS

3.2.1 Streptozotocin Hyperglycemia

Five week old female ApoE^{-/-} mice were placed on standard chow diet and randomized to receive multiple low dose (MLD) injections of streptozotocin (STZ) or citrate buffer. Two sets of five intraperitoneal (i.p.) injections (30 administered over the course of three weeks for each treatment group) were administered. Mice from each experimental group were sacrificed at 10, 15, and 20 weeks of age. STZ-treated mice (n=15) received low dose (0.05 U/24 hours) insulin (LinShin Canada Inc.) or blank control (n=5) and were sacrificed (n=10) weeks of age (Fig 6b). An additional group of ApoE^{-/-} mice were sacrificed at 5 weeks prior to any injection. Plasma and tissues were collected from each mouse for further examination.

In a parallel experiment, 5 week old female C57Bl/6J mice were randomized to receive STZ or citrate buffer injections. A subset of mice from each treatment group were sacrificed at 10 weeks of age.

3.2.2 Genetic Model of Hyperglycemia

Male heterozygous Akita mice (n=2) were sacrificed at 10 weeks of age, and their plasma and tissues were collected for further examination.

3.2.3 Diet Induced Dyslipidemia

Five week old female LDLR^{-/-} mice were randomly assigned to standard chow diet or high fat diet. All mice had unrestricted access to food and water.

access to food and water throughout the study. Mice were of age, and plasma and tissue samples were collected for

3.2.4 Benfotiamine Treatment in Hyperlipidemic Mice ApoE

Five week old female ApoE randomized to one of four treatment groups: (i) MLDn plus standard chow diet, (ii) MLDn injection plus benfotiamine diet, (iii) MLDn injection plus standard chow diet, (iv) MLDn injection plus benfotiamine diet (Fig 6c). All mice had unfettered access to food and water throughout the study. Mice were sacrificed at 15 weeks of age, and plasma were collected for further examination. All animal procedures were approved by the McMaster University Animal Research Ethics Board.

Figure 6. Injection timeline and experimental design

a, Five week old mice received multiple low dose injections streptozotocin (STZ) or citrate buffer. Two sets of five intraperitoneal injections (0.05 U/kg) were administered over three weeks for each treatment group. Mice were sacrificed at 5, 10, 15, or 20 weeks (asterisk), depending on the experimental design. ApoE^{-/-} mice were placed on standard chow diet and randomized to receive STZ or citrate buffer injection. A subset of STZ received low dose (0.05 U/24 hours) insulin pellet implants (LinShin Cardiovascular). Five week old female ApoE^{-/-} mice were randomly assigned to receive STZ or citrate buffer injection. After one week, half of the mice in each group were switched to control diet supplemented with 640 mg/kg BNF (CHOW+BNF).

3.3 PLASMA ANALYSIS

Whole blood glucose levels were measured using a DEXOR to sac glucometer (Bayer). Plasma lipid levels were analyzed using diagnostic kits for total cholesterol and triglycerides purchased from Wako Chemicals Inc. and DMA Inc.

3.4 HISTOLOGY AND IMMUNOHISTOCHEMISTRY

3.4.1 Tissue Preparation

Mice were anaesthetized with isoflurane and injected with 200U/mL heparin, and then perfused with PBS plus 20U/mL heparin through the left ventricle. After PBS perfusion, the hearts were perfused with 10% neutral buffered formalin. The hearts and ascending aorta were, the apex of the heart was cut transversely and the sections embedded in paraffin. Using the valve leaflets as a point of orientation, sections (4µm in thickness) were cut and mounted on slides and used for lesion measurement or immunohistochemistry or immunofluorescence (IF) staining.

3.4.2 Immunohistochemistry and Immunofluorescence

Tissues were deparaffinised in xylene and rehydrated through a series of dilutions of ethanol. Endogenous peroxidase retrieval (HIER), quenching endogenous peroxidase, and blocking serum steps were performed as described.

application of the primary antibody. Unless otherwise specified by the manufacturer, all primary antibodies were incubated overnight at 4°C. IHC was performed using biotinylated secondary antibodies, horseradish peroxidase, streptavidin, and Nova Red chromogenic substrates. Fluorescence IHC was performed using secondary antibodies conjugated with AlexaFluor 488 and AlexaFluor® 594, followed by DAPI nuclear counterstain. Negative control was controlled for by incubating similar aortic sections with normal serum absent of the primary antibody. All procedures were performed according to the manufacturer's instructions.

3.5 AORTIC LESION ANALYSIS

To determine the extent of atherosclerosis, serial cross-sections of the aorta were stained with hematoxylin and eosin. Plaque volume was measured at the aortic root and every 40 µm along the length of the aorta. Plaque volume was estimated by plotting serial measurements of the cross-sectional area and calculating the area under the curve. Aneurysm was assessed at the aortic root by measuring the total aortic lumen area in the regions.

3.6 RETINAL CAPILLARY DENSITY

Normoglycemic and hyperglycemic mice at 5, 6, 7, 8, 9, 10, and 15 weeks of age (n = 2 per group) were anaesthetized with

with 10 mL of heparin solution (20U/mL), 5 mL perfused with 4% India Ink. Mouse eyes were excised and retinal flatmounts prepared. Capillary density was estimated using a method¹²³ described by Browning¹². A quantification template comprised of 64 sampling boxes aligned concentrically around the optic disk (Fig 7). The number of vessel intersections at the edges of each sampling box was tallied for each region, and the total number of vessel intersections was tallied for the entire retina. Regional and total capillary densities are calculated as the number of vessel intersections per number of boxes analyzed.

Figure 7. Retinal capillary density template

A quantification template of 64 sampling boxes aligned along was centred upon the optic disk. For each tangent (red box of vessel intersections with the edges of each sampling box densities were estimated per area, and divided into regions by dividing the total number of vessel intersections by the nu

3.7 VASA VASORUM QUANTIFICATION

3.7.1 Vasa Vasorum Density

Cross sections of the aorta were immunostained with p vWF antibody (1:250), a specific EC marker, followed by AL anti-rabbit IgG (1:250) and DAPI nuclear counterstain (1:500). microvessels were counted if they contained endothelium with visible EC nuclei and vessel lumen, (2) a smooth muscle cell lamellae thick, and (3) a lumen diameter less than 50µm defined as the total number of Vv microvessels residing within adventitia and vasa vasorum per aortic cross section.

3.7.2 Microfil Resin Casting

15 week old mice were anaesthetized with isoflurane and with 10 mL of PBS via the left ventricle gauge needle and PE50 polyethylene tube. Mice received 4 through the left ventricle at a flow rate of 1 mL/min polymerization overnight at 4°C, the heart and aorta were in serial dilutions of 10% paraformaldehyde. Paraffin embedded specimens were sent to the Mice Imaging Centre at the University of Toronto for micro computed tomography (µCT).

3.7.3 Fluorescent Microangiography (FMA)

Normoglycemic and hyperglycemic (type 1 diabetic group) at 15 weeks of age were anaesthetized with 1.5% of Luofane and flushed with PBS heparin solution (20U/mL) through the left ventricle. Using a 27-gauge needle and PE50 polyethylene tube, mice were perfused with a bead solution containing 0.4 μ m fluorescent dextran microspheres (FluoSpheres® Invitrogen, Burlington, ON) at a flow rate of 100 μ L/min. Animals were placed on ice overnight, the hearts rapidly solidified, and the aorta were harvested and embedded in 0.1% agarose gel blocks. The blocks were used to section the gel blocks at 100 μ m serial sections of the ascending aorta, aortic arch, and descending aorta were collected on glass slides for analysis.

3.8. HYPOXIA AND ANGIOGENIC PROTEIN EXPRESSION

3.8.1 Hypoxia Analysis

Two hours prior to sacrifice, 15-week-old mice were given i.p. injection of 60mg/kg pimonidazole hydrochloride (Hypoxyprom), which forms stable immunogenetic markers in hypoxic cells. Cross sections of the aorta were stained with anti-MAb 576 (1:100), a mouse monoclonal antibody raised against pimonidazole, followed by peroxidase-conjugated secondary antibody (1:100), Novolink Red substrate, and hematoxylin counterstain. The hypoxic

conditions, serial sections were stained with a mouse monoclonal antibody against HLA antigen (1:25), followed by AlexaFluor 488 goat anti-mouse IgG (1:200) and DAPI nuclear counterstain (1:5000). Staining was assessed in the intima, media and adventitia, and peri-

3.8.2 Endoglin Quantification

Hypoxia-induced endothelial cell activation was examined in the aorta by immunostaining for endoglin (Fig. 5). TGF β receptor expressed by active cells in the aorta were incubated in polyclonal anti-endoglin IgG (1:200) at 4°C overnight, followed by biotinylated anti-mouse secondary antibody (1:200), streptavidin, Nova Red substrate. Using the Vv criteria outlined in 3.4.5, the total number of microvessels per section was quantified.

3.8.3 VEGF, VEGF Receptors, and Caspase-3 Expression

Serial sections of the aorta were immunostained with rabbit anti-VEGF (1:50), monoclonal anti-VEGFR1 (1:100), monoclonal anti-VEGFR2 (1:200), and polyclonal anti-caspase-3 (1:250). Primary antibody binding was detected using AlexaFluor 594 goat anti-mouse IgG (1:200) for VEGF, AlexaFluor 488 goat anti-mouse IgG (1:200) for VEGFR1 and AlexaFluor 488 goat anti-mouse IgG (1:200) for VEGFR2. Caspase-3 was detected with DAPI nuclear counterstain (1:5000).

VEG-A and cleaved β immunoglobulin G (cIgG) fluorescence was quantified in the intima, media, and adventitia by taking sequential images of each aortic section. Magnification, lamp intensity, and camera exposure were standardized for each stain. Images were processed as follows: (1) region of interest (intima, media, or adventitia) was manually traced on the internal clipboard, (2) copied into a 32-bit grayscale image, (3) thresholded, (4) upper and lower threshold limits were set, and (5) the total pixel area was measured. Data were normalized to the region of interest (intima, media, or adventitia).

3.9 IMAGING

Light microscopy images were captured with an Olympus DP71 digital camera (Olympus America Inc.) mounted atop a Leitz Laborlux microscope (Leica Microsystems, Germany). Fluorescence images were captured with an Olympus DP71 digital camera (Olympus America Inc.) mounted atop an Olympus BX41 microscope (Olympus America Inc.). Slidecam Pro 2.0 (Intelligent Imaging Innovations, Inc) was used to capture fluorescence images.

3.10 STATISTICAL ANALYSIS

Results are presented as the mean \pm standard error (SE). A student's t-test was used to assess differences between experimental groups. Probability values of less than 0.05 were considered statistically significant.

4. RESULTS

4.1 MICRO AND MACROVASCULAR COMPLICATIONS IN HYPERGLYCEMIC APOLIPOPROTEIN E DEFICIENT MICE

4.1.1 MLDSTZ injection induces chronic and progressive hyperglycemia in ApoE^{-/-} mice

Female ApoE^{-/-} mice treated with MLDSTZ developed significantly elevated blood glucose levels by 10 weeks of age (Table 1). MLDSTZ and 8.50 ± 0.87 mM for citrate buffer control. Hyperglycemia remained persistent at 15 and 20 weeks of age, but could be normalized by 15 weeks by implanting 0.05 U/day insulin pellets (9.44 ± 0.76 mM). Triglyceride and cholesterol levels did not differ significantly between 15 and 20 weeks of age (Table 1). Zintreum treatment reduced hyperglycemia without altering plasma lipid levels.

Table 1. Metabolic parameters in ApoE

	10 weeks		15 weeks			20 weeks	
	Control	STZHG	Control	STZHG	STZ+Ins	Control	STZHG
Plasma							
Glucose (mM)	8.50±0	32.30± ^{***}	7.85±0	22.96± ^{**}	9.44±0	7.73±0	26.81± [†]
Triglyceride (mM)	0.58±0	1.40±0	0.49±0	0.64±0	1.74±0	0.63±0	1.00±0
Cholesterol (mM)	4.80±0	10.44± [†]	6.74±0	7.00±1	9.65±2	5.37±1	6.33±1
Tissues							
Body Weight	19.08±	14.50± [†]	20.19±	17.86± [†]	16.70± [†]	19.76±	17.66± [†]
Lesion (10mm)	1.10±0	0.55±0	3.83±0	11.40± [†]	2.60±0	15.96±	16.88± [†]
Vv Density	6.50±0	4.80±0	8.64±0	5.92±	7.50±0	14.86±	8.29±0
N	6-12	6-12	6-12	6-12	5-10	6-12	6-12

STZHG, streptozotocin induced hyperglycemic ApoE

STZ+Insulin, streptozotocin supplemented ApoE

Vv Density, number of vasa vasorum microvessels per aortic

* P<0.05, P<0.01, P<0.001 relative to age control mice

P<0.05 relative to age STZ mice

4.1.2 Hyperglycemic ApoE accelerated atherosclerosis at aortic root

Plaque formation at the aortic root was assessed on serial sections to determine plaque areas (Fig. 8d), plaque volume (Fig. 8e) and necrotic content (Fig. 8f) in normoglycemic (Fig. 8a) and hyperglycemic (Fig. 8b) ApoE mice. At 15 weeks of age, hyperglycemic mice had a 3-fold larger plaque area than normoglycemic controls (0.114 ± 0.015 mm² hyperglycemic and 0.038 ± 0.007 mm² normoglycemic). They also had significantly larger plaque necrotic content ($21.5 \pm 2.34\%$ versus $5.57 \pm 2.34\%$). By 20 weeks of age, differences in plaque parameters were no longer significant.

To determine whether plaque progression was due to hyperglycemia, we examined plaque area in STZ+Insulin mice that received 0.05 U/day insulin pellet implants (STZ+Insulin). Insulin supplementation significantly reduced plaque area to hyperglycemic levels by 15 weeks of age (Fig. 8g; 0.026 ± 0.004 for STZ+Insulin and 0.114 ± 0.015 hyperglycemic), suggesting that accelerated atherosclerosis is directly attributable to hyperglycemia and not an artefact of STZ. In addition, insulin treatment significantly reduced plaque necrotic content to normoglycemic levels by 15 weeks of age ($5.57 \pm 2.34\%$ for STZ+Insulin and $21.5 \pm 2.34\%$ hyperglycemic).

Figure 8. Hyperglycemia is associated with accelerated development of atherosclerosis at the aortic root. Representative images of H&E stained aortic cross sections from 15 week old normoglycemic (N) and STZ-induced hyperglycemic (H) mice. STZ and STZ + insulin supplemented (STZ + Insulin) mice. (Atherosclerotic lesions are indicated by black arrows, lesion thicknesses by black bars. Quantification of sectional plaque volume and necrotic content at the aortic root in 5, 10, 15, and 20 week old ApoE mice, as indicated. Quantification of sectional area in 15 week old ApoE mice supplemented with insulin is not statistically significant (p > 0.05). * p < 0.05 (Student's t test).

4.1.3 Hyperglycemic ApolEw indications of microvascular changes in the retina

To assess the effect of hyperglycemia on retinal microvascular abnormalities in our model, retinal microvessel density was compared in normoglycemic and hyperglycemic mice (Fig. 9b). Mice were perfused with India Ink (Rötring), and retinal flatmounts were prepared as described by Brown and Greenfield^{1,2,3}, a quantification template composed of 64 sampling boxes was centred on the optic disk, and the total number of intersections with each box was tabulated. Density was estimated as the average number of vessel intersections per box relative to normoglycemic controls, hyperglycemic mice had significantly fewer microvessels immediately after the onset of hyperglycemia (Fig. 9a), and this was particularly evident in the area immediately surrounding the optic disk (Fig. 9a), and persisted from 6 to 8 weeks of age (Fig. 9c). By 12 weeks of age hyperglycemic mice had a significantly denser retinal microvasculature than normoglycemic controls (Fig. 9b).

Figure 9. Hyperglycemia is associated with microvascular changes in the retina. Retinal flatmounts from 6 week old normoglycemic and ApoE^{-/-} mice perfused with India Ink. Hyperglycemia is associated with microvessel deficiency, particularly immediately surrounding the optic disk (boxed). Representative images taken at low (left) and high (right, scale=100 μm) magnification of the optic disk from 15 week old ApoE^{-/-} mice perfused with fluorescein isothiocyanate (FITC) dextran. Quantification of retinal microvessel density in normoglycemic and hyperglycemic ApoE^{-/-} mice, from 5 to 15 weeks of age (n=4-6 per group; mean ± SEM). (Student's t

4.2 EFFECTS OF HYPERGLYCEMIA ON THE VASA VASORUM

4.2.1 Hyperglycemic ApoE reduced vasa vasorum density aortic root

Vv density was quantified at the aortic root by immunostaining for α -smooth muscle actin (Fig. 10a) in the intima, media, and adventitia were identified as endothelial lumen diameter less than 50 μ m, and SMC layer less than 10 μ m. Vv density is reported as the total number of vessels per aortic cross-section (Fig. 10b). In normoglycemic ApoE^{-/-} mice, Vv density increased in a progressive and significant manner over the 15 week period (0.66, and 14.86 \pm 15.14 vessels, respectively). By contrast, hyperglycemic ApoE^{-/-} mice had a significant increase in Vv density over time, and had significantly fewer Vv microvessels than normoglycemic ApoE^{-/-} mice at each time point examined (4.80 \pm 0.39, 5.92 \pm 0.61, and 8.14 \pm 0.70 vessels, respectively).

To determine whether Vv deficiency was a direct result of hyperglycemia or a side effect of STZ we analyzed Vv density in ApoE^{-/-} STZ mice that received 0.05 U/day insulin pellet implants (STZ+Insulin). Vv density in STZ+Insulin mice provided with insulin was similar to that of normoglycemic ApoE^{-/-} mice, suggesting that decreased Vv density is a specific effect of hyperglycemia and not STZ.

Figure 10. Hyperglycemia is associated with reduced vasa vasorum in the aortic root. **A** Representative sections of the aortic root from 15 week old normoglycemic and hyperglycemic mice stained against vWF antigen. Vasa vasorum microvessels within the adventitia (arrows). Representative images at low (left, scale=100 μ m) and high (right, scale=50 μ m) magnification of vasa vasorum density in 15, and 20 week old normoglycemic (NG) and hyperglycemic mice. Vasa vasorum density defined as the total number of microvessels residing within the intima, media and adventitia sections (10 mice per group; mean \pm SEM). (*Student's t-test). **B** Quantification of vasa vasorum density in 15 week old NG, HGTZ and STZ+Insulin mice (n=10 NG, HGTZ and Ins² mice on C57Bl/6J background; n=10 mice per group; mean \pm SEM); Student's

4.2.2 Normolipidemic, hyperglycemic Akita C57Bl/6J and Ins2 reduced vasa vasorum density at the aortic root

To control for lipoprotein, Vv density was assessed in STZ C57Bl/6J mice and hyperglycemic Akita C57Bl/6J mice. Both STZ C57Bl/6J mice and Akita C57Bl/6J mice significantly elevated blood glucose levels by 10 weeks of age (22.30 ± 1.37 mM and $21.30 \pm 2.8.30 \pm 0.26$ mM for C57Bl/6J controls) (Table 2). Plasma total cholesterol levels in Akita C57Bl/6J were not significantly different than those in age-matched C57Bl/6J controls (Table 1), and neither Akita C57Bl/6J nor STZ C57Bl/6J mice developed atherosclerotic lesions at the aortic root. However, hyperglycemic Akita C57Bl/6J mice had a lower Vv microvessel density than normoglycemic C57Bl/6J controls (Fig. 10d). These data suggest that hyperglycemia induced Vv deficiency occurs independently of dyslipidemia, impaired lipoprotein particle clearance, and atherosclerosis. These data provide further evidence for a role of hyperglycemia in Vv deficiency.

Table 2. Metabolic parameters in C57Bl/6J and Ins2^{Akita} C57Bl/6J

Plasma	C57Bl/6J		Ins2 ^{Akita}
	Contro	STZHG	HG
Glucose (mM)	8.30±0.	22.00±1.	21.30±2.
Triglyceride (mM)	0.67±0.	1.41±0.2	0.30±0.
Cholesterol (mM)	2.32±0.	3.77±0.	0.79±0.
Tissues			
Body Weight (g)	19.70±0.	15.43±0.	18.97±0.
Lesion Area (10mm ²)	0	0	0
Vv Density	7.00±1.	4.67±0.	4.33±0.
N	3	3	3

STZHG, streptozotocin induced hyperglycemic C57Bl/6J

Vv Density, number of vasa vasorum microvessels per aortic

* P<0.05 relative to age control mice

4.2.3 Fluorescent Microangiography (FMA) imaging confirms deficiency in the aortic arch of hyperglycemic ApoE

To further examine the effects of hyperglycemia on the Vv, casts of the coronary vasculature were prepared (Fig. 11a) Mouse Imaging Centre (MICE) at the University of Toronto resolution computed tomography (CT) however, the degree of resolution required for 3D analysis of the Vv could not be

The ascending aorta, aortic arch, and descending aorta analyzed using fluorescent microangiography (FMA). 15 were normoglycemic and hyperglycemic ApoE used with an agarose bead solution containing fluorescent microspheres. Hearts were embedded in agarose blocks and cut transversely at 100 μ m sections were analyzed for support of the reported histological findings, hyperglycemic ApoE had fewer Vv microvessels in the arch compared to normoglycemic controls (Fig. 11c).

Figure 11. Microfil resin casting and Fluoro-Microfil (FMA) microangiography of the vasa vasorum in coronary vasculature from a 15 week old normoglycemic mouse perfused with Microfil casting compound. MicroCT image of the coronary vasculature in the thorax of a 15 week old normoglycemic and type 2 diabetic mouse perfused with 0.04 μ m diameter fluorescently labeled microspheres. Panels on the left (scale=50 μ m) represent low magnification images of boxed regions on the right (scale=100 μ m). Aortic lumen (a) is indicated.

4.2.4 Accelerated atherosclerosis is associated with vasa neovascularisation in hyperglycemic ApoE^{-/-} mice

To investigate the effects of accelerated atherogenesis in a hyperglycemic model, we measured atherosclerotic plaque area and vasa neovascularisation in 15 week old ApoE^{-/-} mice on high fat (Fig. 12a and b). In these models, we observed a relative increase in plasma glucose levels and a significant change in blood glucose levels (Table 3). Furthermore, ApoE^{-/-} mice showed a direct correlation between atherosclerotic plaque area and vasa expansion (Fig. 12b). These findings are consistent with those reported by other groups in normoglycemic models, and thus validate the quantification methods.

Table 3. Metabolic parameters and DLR in ApoE fed Control or high-fat Western diet

Plasma	ApoE		LDLR	
	Control	Western	Control	Western
Blood Glu (mM)	8.53 ± 0	9.05 ± 1	8.50 ± 0	8.800 ± 0.2
Triglyceride (mM)	0.40 ± 0	0.74 ± 0.1*	0.28 ± 0	1.05 ± 0.1*
Cholesterol (mM)	4.69 ± 0	9.44 ± 1*	2.85 ± 0	11.47 ± 0*
Tissues				
Body Weight (g)	21.68 ± 0.1	23.18 ± 0.1	20.00 ± 0.1	23.43 ± 0.1*
Lesion Area (10mm ²)	5.86 ± 1	37.51 ± 2**	0.34 ± 0	13.94 ± 2*
Vv Density	7.83 ± 1	15.83 ± 0*	3.25 ± 0	8.33 ± 0.1*
N	4-6	4-6	3	3

Western; fatig Western diet

Vv Density, total number of vasa vasorum sections on vessels per

* P<0.05, P<0.01, P<0.001 relative to the age control mice

Figure 1. Western and ApoE and LDLR mice have accelerated atherosclerosis accompanied by vasa vasorum proliferation of lesions and is a normal area at the aortic root in ApoE standard chow (control) (n=46) versus ApoE LDLR mice fed standard chow (control) or Western diet (n=46 mice per group) (p<0.05; **p<0.01 (Student's t-test)). Quantification of vasa vasorum density at root in ApoE LDLR mice fed standard chow (control) or Western diet (n=46 mice per group) (p<0.05; **p<0.01 (Student's t-test)). Aortic cross section from a 15 week old ApoE LDLR mouse, unstained with an antibody against vWF (red) and counterstain (blue). Atherosclerotic lesion (asterisk) and microvessel within the lesion cap (arrow) in

4.3 MARKERS OF ANGIOGENESIS AND APOPTOSIS IN HYPERGLYCEMIC APOLIPOPROTEIN E DEFICIENT MICE

4.3 Hyperglycemic mice have elevated levels of hypoxia and at the aortic root

Regional hypoxia (Fig. 13a) and apoptosis (Fig. 13b) were qualitatively assessed on sections from 15 week old normoglycemic and hyperglycemic mice. Compared to normoglycemic controls, hyperglycemic mice had more hypoxic cells within the adventitia (Fig. 13a). Regions staining most intensely for hypoxia were directly adjacent to atherosclerotic lesions where the vessel wall was thickest. Hyperglycemic mice had increased apoptosis (Fig. 13b) relative to normoglycemic mice, which is consistent with stabilization under conditions of hypoxia.

Figure 13. Hyperglycemia is associated with elevated levels of HIF1 α at the aortic root in 15-week-old ApoE^{-/-} mice. Aortic sections from 15 week old normoglycemic and hyperglycemic mice with ApoE^{-/-} an antibody against pimonidazole (HypoxyProbe Inc.). Orange arrows indicate hypoxic cells, which are located specifically surrounding atherosclerotic plaque (boxed). Representative (left, scale=100 μ m) and high (right, scale=20 μ m) magnification of the aortic root from normoglycemic and hyperglycemic mice immunostained with an antibody against HIF1 α . The intima lamina (dashed line) and atherosclerotic lesion (asterisk) are marked. Scale

4.3.2 Hyperglycemic mice have increased endothelial cell activation in the aortic root.

Hypoxia-induced endothelial cell activation was examined in the aortic root in normoglycemic and hyperglycemic mice. Staining for endoglin (Fig. 14a), a type II receptor expressed by active endothelium. Data are presented as the total number of endoglin-positive microvessels residing within the intima, media, and adventitia. Relative to normoglycemic controls, hyperglycemic mice had an increase in endoglin-positive or active Vv microvessels at 15 weeks of age for hyperglycemic and normoglycemic). Differences between groups were no longer significant by the 20 week time point.

Figure 14. Hyperglycemia is associated with increased endoglin at the aortic root in ApoE^{-/-} mice. Endoglin immunohistochemistry was performed on aortic root sections from 15 week old ApoE^{-/-} mice with hyperglycemia. Mice were treated with an antibody against endoglin and taken at low (left, scale=50µm) and high (right, scale=20µm) magnification. Endoglin positive microvessels are indicated by arrows. The number of endoglin positive microvessels at the aortic root in 5, 10, 15, and 20 week old normoglycemic (NG) and hyperglycemic (HG) mice is shown in Table 1. Data are mean ± SEM (Student's t-test). *p < 0.05.

4.3.3 Hyperglycemic ApoE mice have a relative deficiency of VEGF VEGF receptors at the aortic root

We assessed the relative expression of VEGF and VEGFR1 and VEGFR2 protein at the aortic root in 15 week old normoglycemic and hyperglycemic ApoE mice using immunofluorescence (Fig. 15a) as well as VEGF mRNA levels in atherosclerotic plaques. Hyperglycemic ApoE mice had significantly lower VEGF mRNA levels compared to normoglycemic controls (Fig. 15b). VEGFR1 protein levels, which are indirectly regulated by hypoxic conditions, were also reduced in hyperglycemic mice relative to normoglycemic controls (Fig. 15a). Similarly, VEGFR2 expression, which is regulated in an autocrine manner, was significantly reduced within the lesions of hyperglycemic mice compared to controls (Fig. 15a). Collectively, these observations indicate a relative deficiency of VEGF and VEGFR1 and VEGFR2 expression.

Figure 15. Hyperglycemia associated with reduced VEGF receptor expression at the aortic root from 15 week old normoglycemic and hyperglycemic mice stained against VEGF-A, VEGF-B and VEGF-C as indicated by the line (dashed line) and lesion (asterisk) are shown. Quantification of VEGF density within the lesion, media, and adventitia of normoglycemic (HG) and hyperglycemic (HGG) mice at 15 weeks of age. \pm (SEM). * $p < 0.05$ (Student's t).

4.3.4 Hyperglycemic ApoE reduced expression of cleaved caspase at the aortic root

Cellular apoptosis was assessed at the aortic root in normoglycemic and hyperglycemic ApoE mice by staining for cleaved (activated) caspase-3 (Fig. 16a). At 10 and 15 weeks of age, hyperglycemic mice had lower expression within their atherosclerotic lesions than normoglycemic mice (Fig. 16b). By 20 weeks of age, differences were no longer apparent. However, 20 week old hyperglycemic mice expressed positive caspase-3 in medial smooth muscle cells directly adjacent to atherosclerotic lesions, which normoglycemic controls did not (Fig. 16a).

Figure 16. Cleavage expression within the intima of ApoE Aortic sections from 15 and 20 week old normoglycemic and hyperglycemic mice. Stained with an antibody against cleaved Internal elastic lamina (IEL) and atherosclerotic plaque (yellow asterisk) indicated. Positive staining was also noted in medial SM 20 week old hyperglycemic mice (white arrows) cleaved caspase staining area within the intima (NG) and the Z induced hyperglycemic mice (HG) at 15, and 20 weeks of age are normalized to total IEL area (arrows) per group; * (Student's t test)

4.4 EFFECT OF BENFOTIAMINE ON THE DEVELOPMENT OF MICROVASCULAR AND MACROVASCULAR COMPLICATIONS IN HYPERGLYCEMIC APOE^{-/-} MICE

4.4.1 Benfotiamine supplementation reduces atherosclerosis in normoglycemic and hyperglycemic ApoE^{-/-}

To determine the effect of benfotiamine on the development of atherosclerosis, we measured plaque area and plaque volume at the aorta in normoglycemic and hyperglycemic ApoE^{-/-} mice fed a standard chow or benfotiamine supplemented diet. At 15 weeks of age, hyperglycemic ApoE^{-/-} mice on benfotiamine supplemented diet had plaques that were smaller in cross-sectional area than fed controls (Fig 17a). In addition, benfotiamine supplementation reduced plaque volume in standard chow in both normoglycemic and hyperglycemic mice (Fig. 17b).

Figure 17. Benfotiamine supplementation reduces atherosclerosis in normoglycemic and hyperglycemic ApoE^{-/-} mice. Cross-sectional area at the aortic root (0.1 mm) was measured after 15 weeks in normoglycemic (NG) or hyperglycemic (HG) ApoE^{-/-} mice fed control diet or control diet supplemented with benfotiamine (+BNF). Statistical analysis of 3 mice per group (n=3 mice per group, 5 mice per treatment group) (Student's t-test, relative SEM). Relative plaque volume in NG and HG ApoE^{-/-} mice fed control diet or control diet supplemented with (+BNF). Statistical analysis of 3 mice per group (n=3 mice SEM).

5.0 DISCUSSION

Atherosclerosis, a macrovascular complication of DM, is a major cause of CVD and the primary mediator of mortality in people with DM. Much effort has been focused on delineating the cellular and molecular mechanisms by which hyperglycemia contributes to atherosclerosis, but the role of Vv in this relationship has not been explored.

Here, we show that chronic hyperglycemia in ApoE^{-/-} mice with classical diabetic microvascular and macrovascular complications demonstrate that Vv density is reduced at the aortic root in hyperglycemic ApoE^{-/-} mice and show that such deficiency directly correlates to accelerated atherosclerosis. Altered expression of hypoxic markers and key angiogenic factors are associated with these morphological changes. Lastly, preliminary data suggest that benfotiamine, a drug used to treat diabetic microvascular complications, may attenuate atherosclerosis in hyperglycemic ApoE^{-/-} mice.

5.1 Classical Micro and Macro Vascular Complications in Hyperglycemic ApoE^{-/-} Mice

Consistent with previously reported findings, hyperglycemic ApoE^{-/-} mice develop significantly larger atherosclerotic lesions at the aortic root than normoglycemic controls by 15 weeks of age. These lesions are characterized by an increase in lesion area, but also in necrotic content.

that hyperglycemic mice have had more advanced lesions than control. These vascular changes appear to be directly attributable to hyperglycemia, because they occur prior to the onset of diabetes and are attenuated when glucose levels are normalized. Plasma lipid parameters in both groups plateau at 20 weeks of age, likely because high lipids within the aorta induce a physiological threshold on inward remodeling and luminal narrowing.

In addition to changes in the aorta, hyperglycemic ApoE^{-/-} mice show indications of retinal vessel deficiency in the retina, from significant capillary neovascularisation at later time points to also seen retinal capillary changes as early as one week after diabetes and vasoregression, a well known clinical feature of proliferative retinopathy. Capillary dropout leads to ischemia and increased protein expression in the retina, which is thought to stimulate neovascularisation and proliferative retinopathy. The temporal sequence of vascular changes in our hyperglycemic ApoE^{-/-} mice are consistent with these reported clinical findings.

5.2 Hyperglycemia and Vasa Vasorum Deficiency

Using this model, we investigated the effects of chronic hyperglycemia on the microvessels of the Vv. We found that hyperglycemic ApoE^{-/-} mice show a significant expansion of the Vv at any time point examined, des

increased lesion size. Hyperglycemia in Akita mice also had significant reductions in Vv density, indicating microvascular changes and insulin deficiency can occur in the absence of atherosclerosis. Normalization of blood glucose restored Vv density, further supporting a direct role for hyperglycemia effect.

Progressive vasodysregulation and impaired endothelial growth of microvessels are recognized as major underlying factors in the initiation and progression of diabetic complications, including retinopathy, nephropathy, and neuropathy. Diabetic retinopathy is characterized by pericyte loss and capillary non-perfusion, followed by EC death and aberrant vessel growth. Endothelial damage in the glomeruli of diabetic kidneys results in intrarenal capillary basement membrane thickening, tubulointerstitial fibrosis, hypoxia, and progressive renal dysfunction. In the peripheral nervous system, structural changes in the nerve microvasculature, which include basement membrane thickening, pericyte loss, and vessel occlusion, lead to vasoregression, reduced nerve blood flow, and endoneurial hypoxia. Thus, early Vv deficiency in our hyperglycemic Akita mice may represent an early microvascular process in the course of diabetic microvascular disease. Given the temporal pattern of Vv loss in the retina, it is possible that this Vv deficiency is an early event in hyperglycemia, and may precede microvascular disease at a later time point.

5.3 Vasa Vasorum Deficiency and Accelerated Atherogenesis

To validate our quantification techniques, we analyzed the aortic root in normoglycemic ApoE^{-/-} mice on a Western diet.

We found that Vv expansion directly correlated to atherosclerosis and dyslipidemia in ApoE^{-/-} mice. This observation is consistent with what is reported by other groups in human atherosclerosis and lipid

models is thought to facilitate plaque progression by delivering lipids and inflammatory cells to arterial wall. Newly formed microvessels are prone to rupture, and may contribute to necrotic core expansion and destabilization via intraplaque hemorrhage.

The fact that Vv density is correlated to plaque progression in hyperglycemic ApoE^{-/-} mice means that Vv neovascularisation is not sufficient for accelerated atherosclerosis to occur in this model. It is possible that microvessel density could directly contribute to atherogenesis via removal via the reverse cholesterol transport (RCT) system. Accumulation of lipids and inflammatory cells, accelerated necrosis, indeed, the venous and lymphatic arms of the Vv are important for HDL and low Vv densities correlate with inflammation and subintimal thickening in the aorta. Reduced Vv blood flow and ischemic injury also induce VSMC proliferation and lipid deposition, which may further exacerbate the process of atherosclerosis.

Barker et al reported that the occlusion of adventitial Vv in
intimal hyperplasia and after¹⁴² Table would be hyperoxic correlation
between adventitial hyperplasia and atherosclerosis in our hyper
mice is consistent with this hypothesis.

5.4 Hypoxia Induced Expression of Endoglin, VEGF, and VEGF R 1 and 2

In our hyperglycemic mice we observed increased hypoxia,
elevated HIF-1 protein, and increased endothelial cell
activation in the aortic root microvessels at 15 weeks of age,
consistent with an angiogenic response. However, VEGF,
VEG-R2 levels were lower in the hyperglycemic mice compared to
normoglycemic controls. This discrepancy between angiogenic
response likely explains the reduced Vv density seen in 15
hyperglycemic mice. These findings are consistent with those of
Barker et al (2009), who reported that diabetic fibroblasts and db/db mice
are defective in their capacity to upregulate VEGF in response to
ischemia. They attributed this impaired VEGF upregulation to
methylglyoxal mediated modification of histone tails (H3 and H4) in the
region of transcriptional coactivator, p300-1, which is essential for
HIF-1 binding. This mechanism could explain the downregulation
of VEGF and its receptors in our hyperglycemic mice.

Although VEGF and endoglin induce both hypoxia and both contain the same HRE functional consensus sequence with report differential expression in context of hyperglycemia: VEGF is suppressed, while endoglin is upregulated. The reason for differential expression is probably multifactorial. The endoglin and VEGF promoters are synergistically activated by hypoxia and TGF β 1. The endoglin promoter is more sensitive to TGF β stimulation, while hypoxia is a strong VEGF promoter. Furthermore, the activity of the HIF-1 α on the recruitment of CBP/p300 transcription factors and p300 exhibit varying degrees of specificity for HIF target genes, and coregulation on the VEGF and endoglin promoters. The CH1 domains of CBP and p300 are indispensable for HIF-1 α and are only required for an average of 13.5% of HIF-responsive gene expression. Additional studies are required to elucidate the relevant mechanisms that underlie this effect.

5.5 Benfotiamine and Atherosclerosis

Benfotiamine attenuates hyperglycemia-induced vascular complications in rodents and in patients with DM. The effect on the Vv and atherosclerotic progression are unknown. In a hyperglycemic ApoE $^{-/-}$ model, we examined atherosclerosis at root in mice fed standard or benfotiamine supplemented chow. Early

preliminary data indicate that benfotiamine reduces plaque in hyperglycemic and normoglycemic animals, however, the role of benfotiamine in this effect has yet to be explored. The ability of benfotiamine to reduce plaque in hyperglycemic animals has been documented in microvascular cells has been documented^{113,116,149} and it is possible that benfotiamine may have a protective effect on Vv in hyperglycemic mice. The fact that atherosclerosis was reduced in normoglycemic mice on a benfotiamine diet suggests that the effect of benfotiamine on atherosclerosis is independent of glycemic status. Such an effect may complicate the interpretation of these interventions.

5.6 Critical Appraisal and Significance of Work

Conclusions drawn from this work are subject to a number of limitations relating to the model used and to the role of angiogenesis in atherosclerosis. Firstly, it is virtually impossible to separate the effects of hyperglycemia and hypoinsulinemia in animal models of hyperglycemia, which is why insulin is used to induce hyperglycemia. As such, the effects that we have ascribed to hyperglycemia in B6/6J and Akita mice may be equally attributable to the lack of insulin in these models. The association between Vv neovascularization and atherosclerosis has not been established, direct evidence for the role of Vv in atherosclerosis in this effect is lacking. Lastly, the interpretation of data supporting the role of angiogenesis in atherosclerosis is complicated by our relationship

understanding of the mechanisms underlying both of these pleiotropic nature of many angiogenic proteins, including VEGF complexity⁴²

Despite these concerns, the worldwide prevalence of DM is steadily increasing, and the cardiovascular complications of DM account for the majority of morbidity and mortality in patients. Thus, understanding how diabetes and hyperglycemia promote atherosclerosis is critical to the identification of novel therapeutic targets and strategies.

5.6 Future Directions

The following experiments would extend the findings of this project and provide further insight into the role of the vasa vasorum in atherosclerosis:

A. Characterize structural and morphological changes in the vasa vasorum of hyperglycemic mice. Efficiency at the aortic root should be compared and expanded upon using various CT contrast agents. CT should be used to characterize Vv branching morphology, vessel tortuosity, vessel endothelial surface exchange, among other outcome measurements. Capillary ultrastructure should further light on the integrity of cell

junctions, BM and pericyte abnormalities, and other markers. The presence of classical features of diabetic microvascular disease, such as the presence of acellular capillaries, microhaemorrhages, would further support the findings of this work.

B. Extend vasa vasorum analysis to longer time points and vascular beds. Early Vv deficiency in hyperglycemic mice may represent an evolutionary progression of diabetic microvascular disease. Vv deficiency may precede neovascularisation at later stages, as in the case of wound vessel growth, as in diabetic wounds. Carrying mice out to longer time points would allow us to further explore the role of Vv changes at the aortic root. Correlation of these findings to atherosclerotic progression at the aortic root. The fact that plaque parameters at the aortic root plateau as early as such, temporal Vv studies may have been done in other vascular beds, such as the coronary arteries or descending aorta, where plaque does not plateau as early.

C. Further examine the role of angiogenic factors and methoxyflavanols in vasa vasorum deficiency. The current findings suggest that altered expression of hypoxic markers and angiogenic proteins coincide with structural changes in the aortic Vv. Further quantification of angiogenesis markers and factors using multiple techniques (next hybridization, plasma ELISA)

would strengthen this work. Investigation into the potential for insulin-induced modification of p300 in impaired VEGF expression would also provide further mechanistic insight into our results (e.g. of angiogenesis using genetically controllable mouse strains (e.g. floxed mice) or administration of pro-angiogenic proteins could clarify the role of Vv neovascularisation in diabetic atherosclerosis.

D. Extend vasa vasorum data to include development of effective therapeutic interventions - studies are currently being performed in the human disease state. Extending Vv studies into diabetic mice would enhance the clinical significance of the work and provide further insight into the effect of glucose intolerance on Vv dysfunction and atherosclerotic progression. The presence of other abnormalities in human forms of DM, including dyslipidemia and insulin resistance, may complicate the interpretation of results.

6.0 CONCLUSIONS

Hyperglycemia significantly increases the risk of microvascular complications in DM, and microvascular dysfunction can explain the relationship between hyperglycemia and cardiovascular disease. Using an in vivo model of induced hyperglycemia, we have demonstrated that chronically elevated blood glucose levels are associated with accelerated development of atherosclerosis in the aortic root. Accelerated development of atherosclerosis occurs in mice despite this Vv deficiency, and impaired neovascularization contributes to atherosclerotic necrosis and core expansion. These findings appear to be directly attributable to chronic hyperglycemia, independent of dyslipidemia, and can be attenuated when glucose is normalized by insulin. A localized deficiency of VEGF and impaired neovascularization in the aortic root may explain the neovascularisation defect seen in this model. Lastly, preliminary data that benfotiamine, a drug used to treat diabetic neuropathy, may reduce atherosclerosis in hyperglycemic mice. In knowledge, this is the first evidence to suggest a potential role for neovascularisation in diabetes. The next challenge lies in determining whether temporal changes in Vv neovascularisation actively contribute to the development and progression of atherosclerosis.

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